

assisted living

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- AL LOBBY — AL/LY
- BISTRO — BT
- CONFERENCE HALL — CH
- COUNTRY KITCHEN — CK
- DINING ROOM — DR
- FOURTH FLOOR — 4FL
- LOBBY — LY
- OUTSIDE — Out
- PATIO — PT
- THEATER ROOM — TR
- THIRD FLOOR — 3FL

TRANSPORTATION SCHEDULE

MONDAY, TUESDAY,
WEDNESDAY & FRIDAY
8:30 a.m.-2:30 p.m.
Medical Appointments

BANK

MONDAY, WEDNESDAY
& FRIDAY
9 a.m.-2 p.m.

STAMPS/CONCIERGE

MONDAY-FRIDAY
9 a.m.-4 p.m.

SALON

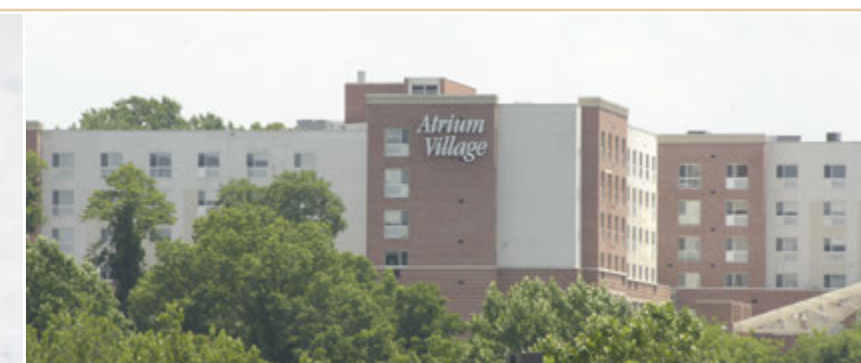
TUESDAY-SATURDAY
9 a.m.-4 p.m.

SENIOR LIFESTYLE

EMBRACE *life.*

EMBRACE *moments.*
EMBRACE *connection.*

www.SeniorLifestyle.com
Activities are subject to change



<p>10:00 ● Episcopal Services, St. Thomas 3</p> <p>10:00 ● Morning Greetings</p> <p>10:30 ● Fun and Games Fitness CK</p> <p>1:30 ● Holidays Around the World: Advent Tradition CK</p> <p>2:30 ● Happy Birthday Andy Williams CK</p> <p>3:00 ● Holiday Greeting Card Club CK</p> <p>5:00 ● Communion Service with Rev. Wright CH</p> <p>7:00 ● Cinema Night CH</p>	<p>9:00 ● Morning Greetings CK 4</p> <p>10:30 ● Genesis Fitness Class CH</p> <p>1:30 ● Toy "Price Is Right" Game CK</p> <p>2:30 ● Jewish Studies</p> <p>3:00 ● Culture Club: Holiday Traditions around the world CK</p> <p>7:30 ● Bingo Blast CH</p>	<p>9:00 ● Morning Greetings CK 5</p> <p>10:30 ● The Village Voices Chorus: All Are Welcome CH</p> <p>1:30 ● Arts and Crafts with Anne CK</p> <p>3:00 ● Wellness Program: Adults Need Recess, Too CK</p> <p>7:30 ● Klesmer Practice LY</p> <p>7:30 ● Observing Ballroom Dancing with Carol CH</p>	<p>9:00 ● Morning Greetings CK 6</p> <p>10:30 ● Genesis Fitness Class CH</p> <p>1:30 ● Baltimore County Book Mobile Out</p> <p>1:30 ● Spiritual Readings and Writings Discussion CK</p> <p>2:00 ● Gardening with Jake LY</p> <p>3:00 ● Culture Club: Holiday Traditions around the world CK</p> <p>7:30 ● Bingo Blast CH</p>	<p>9:00 ● Morning Greetings CK 7</p> <p>10:30 ● Current Events Discussion with Marlene CK</p> <p>1:30 ● Vintage Entertainment LY</p> <p>2:30 ● Living Arts Music Program with Dr. David Cohen CH</p> <p>3:30 ● Humor Me Jokes and Riddles CK</p> <p>7:30 ● Movie Night TR</p>	<p>9:00 ● Morning Greetings CK 8</p> <p>10:30 ● Genesis Fitness Class CK</p> <p>1:30 ● Do You Believe in Magic Discussion CK</p> <p>3:00 ● Friday Linked Senior Trivia Challenge CK</p> <p>7:30 ● Shabbat Services CH</p>	<p>9:30 ● Synagogue Trip Out 2</p> <p>10:00 ● Morning Greetings</p> <p>10:15 ● Fun and Fit Games CK</p> <p>1:15 ● Country Kitchen Cooking Club CK</p> <p>2:30 ● December Warm Welcome Social CK</p> <p>7:30 ● Music by John Oliver LY</p>
<p>10:00 ● Episcopal Services, St. Thomas 10</p> <p>10:00 ● Morning Greetings</p> <p>10:30 ● Fun and Games Fitness CK</p> <p>2:00 ● Friendship Circle Intergenerational Program LY</p> <p>3:15 ● Holiday Trivia AL/LY</p> <p>7:00 ● Cinema Night CH</p>	<p>9:00 ● Morning Greetings CK 11</p> <p>10:30 ● Genesis Fitness Class CH</p> <p>1:30 ● Come Get Your Punny Presents! CK</p> <p>2:30 ● Jewish Studies</p> <p>3:00 ● Musical Favorites by Gary Alessandro LY</p> <p>7:30 ● Bingo Blast CH</p>	<p>HANUKKAH STARTS AT SUNSET 12</p> <p>9:00 ● Morning Greetings CK</p> <p>10:30 ● The Village Voices Chorus: All Are Welcome CH</p> <p>1:30 ● Hanukkah Traditions CK</p> <p>3:00 ● The Twelve Days of Christmas CK</p> <p>7:30 ● Movie Night TR</p> <p>7:30 ● Klesmer Practice LY</p> <p>7:30 ● Observing Ballroom Dancing with Carol CH</p>	<p>9:00 ● Morning Greetings CK 13</p> <p>10:30 ● Genesis Fitness Class CH</p> <p>1:30 ● Shelley's Ceramics Class CH</p> <p>2:00 ● Gardening with Jake LY</p> <p>3:00 ● Holiday Carolers with Bernie Killet LY</p> <p>7:30 ● Bingo Blast CH</p>	<p>9:00 ● Morning Greetings CK 14</p> <p>10:15 ● Zumba Fun and Fit with Jocelyn LY</p> <p>11:30 ● Lunch Bunch Outing CK</p> <p>1:30 ● Holiday Cheer and Origins of Holiday Songs CK</p> <p>3:00 ● Mike Smith Stories and Songs LY</p> <p>7:00 ● Hanukkah Games with Miriam and Kids LY</p> <p>7:30 ● Movie Night TR</p>	<p>9:00 ● Morning Greetings CK 15</p> <p>10:30 ● Genesis Fitness Class CK</p> <p>1:30 ● Ugly Sweater Social CK</p> <p>3:00 ● Culture Club: Holiday Traditions around the world CK</p> <p>7:30 ● Shabbat Services CH</p>	<p>9:30 ● Synagogue Trip Out 16</p> <p>10:00 ● Morning Greetings</p> <p>10:15 ● Fun and Fit Games CK</p> <p>1:30 ● Bingo CK</p> <p>3:00 ● Holiday Singalong CK</p> <p>7:30 ● Saturday Night Bingo CH</p>
<p>10:00 ● Episcopal Services, St. Thomas 17</p> <p>10:00 ● Morning Greetings</p> <p>10:30 ● BHU Fitness Class CK</p> <p>10:30 ● Fun and Games Fitness CK</p> <p>2:00 ● Music by Chic Szborg LY</p> <p>7:00 ● Cinema Night CH</p>	<p>9:00 ● Morning Greetings CK 18</p> <p>10:30 ● Genesis Fitness Class CH</p> <p>1:30 ● Music by Helmut Licht LY</p> <p>2:30 ● Jewish Studies</p> <p>3:00 ● Culture Club: Holiday Traditions around the world CK</p> <p>7:30 ● Bingo Blast CH</p>	<p>9:00 ● Morning Greetings CK 19</p> <p>10:30 ● The Village Voices Holiday Presentation LY</p> <p>1:30 ● Arts and Crafts with Anne CK</p> <p>7:30 ● Movie Night TR</p> <p>7:30 ● Klesmer Practice LY</p> <p>7:30 ● Observing Ballroom Dancing with Carol CH</p>	<p>CERAMICS WITH SHELLEY CH 20</p> <p>9:00 ● Morning Greetings CK</p> <p>10:30 ● Genesis Fitness Class CH</p> <p>12:30 ● Men's and Veterans' Luncheon DR</p> <p>1:30 ● Shelley's Ceramics Class CH</p> <p>1:30 ● Baltimore County Book Mobile Out</p> <p>2:00 ● Gardening with Jake LY</p> <p>3:00 ● Culture Club: Holiday Traditions around the world CK</p> <p>7:30 ● Bingo Blast CH</p>	<p>WINTER BEGINS 21</p> <p>9:00 ● Morning Greetings CK</p> <p>10:30 ● Current Events Discussion with Marlene CK</p> <p>1:30 ● Brain Health University: Neighborly Nuggets CK</p> <p>2:30 ● Living Arts Music Program with Dr. David Cohen CH</p> <p>7:30 ● Movie Night TR</p>	<p>9:00 ● Morning Greetings CK 22</p> <p>10:30 ● Genesis Fitness Class CK</p> <p>1:00 ● Hoilday Movie Matinee CK</p> <p>3:00 ● Friday Linked Senior Trivia Challenge CK</p> <p>7:30 ● Shabbat Services CH</p>	<p>9:30 ● Synagogue Trip Out 23</p> <p>10:00 ● Morning Greetings</p> <p>10:15 ● Fun and Fit Games CK</p> <p>1:30 ● Bingo CK</p> <p>3:00 ● Fun with Linked Senior CK</p> <p>7:30 ● Saturday Night Bingo CH</p>
<p>CHRISTMAS EVE 24</p> <p>10:00 ● Episcopal Services, St. Thomas</p> <p>10:00 ● Morning Greetings</p> <p>10:30 ● Fun and Games Fitness CK</p> <p>1:30 ● Who, What and Where Am I? CK</p> <p>4:00 ● Holiday Music with Pianist Joi Ford LY</p> <p>7:00 ● Cinema Night CH</p>	<p>CHRISTMAS 25</p> <p>9:00 ● Morning Greetings CK</p> <p>10:30 ● Genesis Fitness Class CH</p> <p>2:30 ● Jewish Studies</p> <p>3:30 ● Healthy Hearts Patio Stroll</p> <p>7:30 ● Bingo Blast CH</p>	<p>9:00 ● Morning Greetings CK 26</p> <p>10:30 ● The Village Voices Chorus: All Are Welcome CH</p> <p>3:30 ● Healthy Hearts Patio Stroll</p> <p>7:30 ● Movie Night TR</p> <p>7:30 ● Klesmer Practice LY</p> <p>7:30 ● Observing Ballroom Dancing with Carol CH</p>	<p>9:00 ● Morning Greetings CK 27</p> <p>10:30 ● Genesis Fitness Class CH</p> <p>2:00 ● Gardening with Jake LY</p> <p>3:30 ● Healthy Hearts Patio Stroll</p> <p>7:30 ● Bingo Blast CH</p>	<p>9:00 ● Morning Greetings CK 28</p> <p>11:30 ● Lunch Bunch Outing CK</p> <p>2:00 ● Music by Bernie LY</p> <p>3:00 ● Mike Smith Stories and Songs LY</p> <p>3:30 ● Healthy Hearts Patio Stroll</p> <p>7:30 ● Movie Night TR</p>	<p>9:00 ● Morning Greetings CK 29</p> <p>10:30 ● Genesis Fitness Class CK</p> <p>1:30 ● New Year's Resolutions and Humor CK</p> <p>3:30 ● Healthy Hearts Patio Stroll</p> <p>7:30 ● Shabbat Services CH</p>	<p>9:30 ● Synagogue Trip Out 30</p> <p>10:00 ● Morning Greetings</p> <p>10:15 ● Fun and Fit Games CK</p> <p>1:30 ● Resident Birthday Celebration CK</p> <p>3:30 ● Healthy Hearts Patio Stroll</p> <p>7:30 ● Saturday Night Bingo CH</p>
<p>NEW YEAR'S EVE 31</p> <p>10:00 ● Episcopal Services, St. Thomas</p> <p>10:00 ● Morning Greetings</p> <p>10:30 ● Fun and Games Fitness CK</p> <p>2:00 ● New Year's Eve Party LY</p> <p>3:30 ● Healthy Hearts Patio Stroll</p> <p>7:00 ● Cinema Night CH</p>						<p>9:30 ● Synagogue Trip Out 30</p>

"Each day offers a reason to celebrate. Find it and experience true bliss."
—Amy Leigh Mercree

EVENT RECAP

ellen fromm and the village voices spreading joy

For several years, we have wanted to form a chorus of residents, so when Ellen Fromm, Genesis' speech therapist approached me with the idea, I was overjoyed! She has an incredible music background and experience teaching piano. Ellen and the residents have really enjoyed going door to door singing and inviting residents to join us. Oh, the joy of being greeted with a song and invitation! The first day, we had 37 people smiling and singing! Our first performance will be Tuesday, Dec. 19, in the Main Lobby. All three communities are together! Everyone is invited and encouraged to join us every Tuesday morning, at 10:30 a.m., in the Conference Hall. See you there!



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

December's HEART Hero is JOELLE CAMPBELL. Joelle has done an outstanding job in Assisted Living, engaging the residents in so many wonderful programs every day. She is very creative and always has the residents' best interests at heart. She was instrumental in the Everybody Grows Program with Jake Ifshin and his team. Joelle runs the multiple volunteers who come into the Community and the outside volunteers who bring families into Atrium Village. Joelle and Genesis' speech therapist, Ellen Fromm, have created a first time Resident Choir called The Village Voices. Joelle has really changed the Programming in Assisted Living to the highest level of activities that we have ever had.



TRAIN YOUR BRAIN *solution*

