

# Be Inspired

ATRIUM VILLAGE | INDEPENDENT LIVING | a senior lifestyle community | OWINGS MILLS, MD 21117 | 410-363-0330

## JOIN US THIS MONTH FOR *st. patrick's day*

“Top of the Mornin’ to ya!”

Please join us in the Lobby for a St. Patrick’s Day Trivia and Social on Thursday, March 15, at 3 p.m. It will be a Special Happy Hour. Be prepared and catch up on your knowledge for the Trivia. We are looking forward to a great time with everybody. Please everyone try to wear green that day.



## BIRTHDAY/CENTENARIAN CLUB

If you would like to have us recognize your birthday, please see Concierge and give her your birthday and anniversary date.

Also, let Norma Levin know if you are turning 100 this year.

## IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

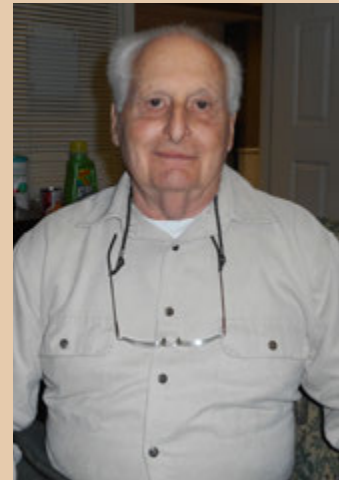
A NOTE FROM REUBEN ROSENFELD

On behalf of SLC, I would like to take this opportunity to thank the residents and staff for being so cooperative during our Norovirus quarantine. Because this was an unforeseen event, I especially appreciate the teamwork and resourcefulness of the entire Atrium staff. This includes our Housekeeping team and Maintenance crews for their hands-on cleaning and sanitizing of our entire community; the Dining staff for delivery service to each and every room twice a day in Independent Living; and the commitment and care that Assisted Living CNAs (Caregivers) and the Nursing staff provided during that period. Actually, that is every day! Thank you, Robert Miller and the Maintenance team and Shonta Brown and her Housekeeping team. Exceptional work! I extend a special thank you to you, our residents! Thank you for your patience and cooperation during this unwelcome event. Because of your cooperation, we were able to prevent the spread as best we could and have Atrium declared virus-free. Atrium Assisted Living quality of care during these times speaks volumes to our service. Thank you to all!

## THIS MONTH'S *silver star*

PHILIP SCHINDLER

Philip Schindler is our President of the Resident Council. He was employed at Social Security Administration for over 40 years. He is married to his lovely wife, Sonia Schindler. Philip is filled with encouragement and excitement, and



will make a huge difference during his term in Office. He is currently working on improving our Veterans Group, with Marvin Sakin assisting him. He wants to tackle the traffic light at the top of Lakeside Blvd. He wants residents to become more involved in their community and to volunteer where needed. He wants everyone to take pride in where they live and work together to make Atrium Village an extraordinary place to live.

## TRAIN YOUR BRAIN *sudoku solution on back*

	2			8		9	
9			6		1		2
	6					1	5
		2		9		3	4
8				5			9
7	1		6				
2		9		8			4
5			4		9		1
	4		1				8

independent living

BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- BISTRO — BT
- CONFERENCE HALL — CH
- COUNTRY KITCHEN — CK
- DINING ROOM — DR
- FOURTH FLOOR — 4FL
- HEALTH SUITE — HS
- LIBRARY — LBY
- LOBBY — LY
- OUTSIDE — Out
- PATIO — PT
- PRIVATE DINING ROOM — PDR
- SECOND FLOOR — 2FL
- THEATER ROOM — TR
- THIRD FLOOR — 3FL

TRANSPORTATION SCHEDULE

MONDAY, TUESDAY, WEDNESDAY & FRIDAY  
8:30 a.m.-2:30 p.m.  
Medical Appointments

ADDITIONAL SERVICES

MONDAY  
Bank (Monday, Wednesday, Friday) 9 a.m.-2 p.m.  
Monday  
Stamps/Concierge (Monday-Friday) 9 a.m.-4 p.m.  
TUESDAY  
Salon (Tuesday-Saturday) 9 a.m.-4 p.m.



www.SeniorLifestyle.com  
Activities are subject to change

“The man who treasures his friends is usually solid gold himself.”  
—Marjorie Holmes



<p>10:00 ● Sacred Heart Catholic Church 4</p> <p>1:00 ● Bridge Club   3FL</p> <p>1:45 ● Rummikub   4FL</p> <p>2:00 ● Friendship Circle Pesach Theme   LY</p> <p>2:45 ● Checker Games   CH</p> <p>5:00 ● Communion with Rev. Brenda White   CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program   CH 5</p> <p>10:00 ● Cranberry Mall</p> <p>1:00 ● Card Games on 3rd &amp; 4th Floors</p> <p>1:30 ● Jeopardy and Word Search Back with Molly   CH</p> <p>2:30 ● Jewish Studies   LBY</p> <p>3:00 ● Irish Fun and Goodies with Molly   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● Local Bank Trip &amp; Rite Aid 6</p> <p>10:30 ● Village Voices Choir Group   LY</p> <p>10:30 ● Jeopardy &amp; Games with Amy   CH</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>7:30 ● Observe Ballroom Dancing with Carol   CH</p> <p>7:30 ● Klesmer Practice   LY</p>	<p>8:00 ● Blood Pressure Checks   LY 7</p> <p>9:00 ● Hearing Tests, with Audiologist Miriam</p> <p>9:30 ● Genesis Fitness Program   CH</p> <p>11:45 ● Weis &amp; Wegmans</p> <p>1:30 ● Bookmobile   Out</p> <p>2:00 ● Gardening with Jake   Out</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:30 ● Calendar Chat with Molly   CH 1</p> <p>11:15 ● Friendly Farms Restaurant</p> <p>12:30 ● New Resident Life Changes/Barbara Prince   CH</p> <p>1:30 ● Good Old Days/Janet Kurland   CH</p> <p>2:30 ● Music Class by David Cohen   CH</p> <p>3:00 ● Happy Hour   LY</p> <p>7:30 ● Cinema Night   TR</p>	<p>9:30 ● Genesis Fitness Program   CH 2</p> <p>10:00 ● Giant</p> <p>12:30 ● World Events with Toby Essrog   CH</p> <p>1:00 ● Card Games on 3rd &amp; 4th Floors</p> <p>1:45 ● Afternoon Cinema Movie   CH</p> <p>7:30 ● Shabbat Services   CH</p>	<p>9:30 ● Synagogue Trips 3</p> <p>10:30 ● Dollar Store</p> <p>1:00 ● Rummikub   3FL</p> <p>2:00 ● Card Games   3FL</p> <p>3:00 ● Public Affairs with Marvin Sakin   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p>
<p>DAYLIGHT SAVING TIME BEGINS 11</p> <p>10:00 ● Sacred Heart Catholic Church</p> <p>1:00 ● Bridge Club   3FL</p> <p>1:45 ● Rummikub   4FL</p> <p>2:00 ● BSO Super Pops Ticket Holders</p> <p>2:45 ● Checker Games   CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program   CH 12</p> <p>10:00 ● Columbia Mall Trip</p> <p>1:00 ● Card Games on 3rd &amp; 4th Floors</p> <p>1:30 ● Jeopardy and Word Search Back with Molly   CH</p> <p>2:30 ● Jewish Studies   LBY</p> <p>3:00 ● Music by Gary Alesandra   LY</p> <p>3:00 ● Irish Fun and Goodies with Molly   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:30 ● Village Voices Choir Group   LY 13</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>3:00 ● Matt Daniels Band   LY</p> <p>7:30 ● Observe Ballroom Dancing with Carol   CH</p> <p>7:30 ● Klesmer Practice   LY</p>	<p>8:00 ● Blood Pressure Checks   LY 14</p> <p>9:30 ● Genesis Fitness Program   CH</p> <p>11:45 ● Wegmans Grocery Store &amp; Weis</p> <p>2:00 ● Gardening with Jake   Out</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● Crafts with Amy, 5th Fl 15</p> <p>10:30 ● Poetry Readings of Maya Angelou   CH</p> <p>11:00 ● Au Poinit Stiel Irish Restaurant</p> <p>11:00 ● Fashions Sale by Maryanne Priddy   LY</p> <p>2:30 ● Music Class by David Cohen   CH</p> <p>3:00 ● Happy Hour   LY</p> <p>7:30 ● Cinema Night   TR</p>	<p>9:30 ● Genesis Fitness Program   CH 16</p> <p>10:00 ● Giant</p> <p>12:30 ● World Events with Toby Essrog   CH</p> <p>1:00 ● Card Games on 3rd &amp; 4th Floors</p> <p>1:45 ● Afternoon Cinema Movie   CH</p> <p>3:00 ● Musical Concert with Michael   LY</p> <p>7:30 ● Shabbat Services   CH</p>	<p>ST. PATRICK'S DAY 17</p> <p>9:30 ● Synagogue Trips</p> <p>10:30 ● Walmart</p> <p>1:00 ● Rummikub   3FL</p> <p>2:00 ● Card Games   3FL</p> <p>3:00 ● Public Affairs with Marvin Sakin   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Music by the Cherilles   LY</p>
<p>10:00 ● Sacred Heart Catholic Church 18</p> <p>1:00 ● Bridge Club   3FL</p> <p>1:30 ● Jewelry with Ann   CH</p> <p>1:45 ● Rummikub   4FL</p> <p>2:45 ● Checker Games   CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program   CH 19</p> <p>12:30 ● Trader Joe's</p> <p>1:00 ● Card Games on 3rd &amp; 4th Floors</p> <p>1:30 ● Bongo Music by Helmut Licht   LY</p> <p>2:30 ● Jewish Studies   LBY</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Middle River Band   LY</p>	<p>SPRING BEGINS 20</p> <p>10:00 ● Local Bank Trip &amp; Rite Aid</p> <p>10:30 ● Village Voices Choir Group   LY</p> <p>10:30 ● Jeopardy &amp; Games with Amy   CH</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>1:30 ● The Goodtimers Band   LY</p> <p>2:30 ● "Jeopardy!"   CH</p> <p>3:00 ● Book Club Review with Molly   PDR</p> <p>7:30 ● Observe Ballroom Dancing with Carol   CH</p> <p>7:30 ● Klesmer Practice   LY</p>	<p>8:00 ● Blood Pressure Checks   LY 21</p> <p>9:30 ● Genesis Fitness Program   CH</p> <p>11:45 ● Weis &amp; Wegmans</p> <p>12:30 ● Men's/Veterans' Club   DR</p> <p>1:30 ● Bookmobile   Out</p> <p>2:00 ● Gardening with Jake   Out</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● Crafts with Amy, 5th Fl 22</p> <p>10:00 ● Gettysburg Outlets</p> <p>10:30 ● Person, Place or Thing with Molly   CH</p> <p>3:00 ● Happy Hour   LY</p> <p>7:30 ● Cinema Night   TR</p>	<p>9:30 ● Genesis Fitness Program   CH 23</p> <p>10:00 ● Giant</p> <p>12:30 ● World Events with Toby Essrog   CH</p> <p>1:00 ● Card Games on 3rd &amp; 4th Floors</p> <p>1:45 ● Afternoon Cinema Movie   CH</p> <p>7:30 ● Shabbat Services   CH</p>	<p>9:30 ● Synagogue Trips 24</p> <p>1:00 ● Rummikub   3FL</p> <p>2:00 ● Card Games   3FL</p> <p>3:00 ● Public Affairs with Marvin Sakin   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Magician Liam   LY</p>
<p>PALM SUNDAY 25</p> <p>10:00 ● Sacred Heart Catholic Church</p> <p>1:00 ● Bridge Club   3FL</p> <p>1:45 ● Rummikub   4FL</p> <p>2:00 ● BSO Classical Concert Ticket Holders</p> <p>2:45 ● Checker Games   CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program   CH 26</p> <p>10:00 ● Valley Village Shopping Trip</p> <p>12:30 ● Barnes &amp; Noble/Trader Joe's</p> <p>1:00 ● Card Games on 3rd &amp; 4th Floors</p> <p>1:30 ● Jeopardy and Word Search Back with Molly   CH</p> <p>2:30 ● Jewish Studies   LBY</p> <p>3:00 ● Irish Fun and Goodies with Molly   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:30 ● Village Voices Choir Group   LY 27</p> <p>10:30 ● Jeopardy &amp; Games with Amy   CH</p> <p>1:00 ● Fun Games on Link Senior with Amy   CH</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>7:30 ● Observe Ballroom Dancing with Carol   CH</p> <p>7:30 ● Klesmer Practice   LY</p>	<p>8:00 ● Blood Pressure Checks   LY 28</p> <p>9:30 ● Genesis Fitness Program   CH</p> <p>11:45 ● Wegmans Grocery Store &amp; Weis</p> <p>1:30 ● Town Hall Meeting   DR</p> <p>2:00 ● Gardening with Jake   Out</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● Crafts with Amy, 5th Fl 29</p> <p>11:00 ● Friendly Farms Restaurant</p> <p>2:00 ● Music by Bernie   LY</p> <p>3:00 ● Happy Hour   LY</p> <p>7:30 ● Cinema Night   TR</p>	<p>GOOD FRIDAY PASSOVER starts at sunset 30</p> <p>9:30 ● Genesis Fitness Program   CH</p> <p>10:00 ● Giant</p> <p>12:30 ● World Events with Toby Essrog   CH</p> <p>1:00 ● Card Games on 3rd &amp; 4th Floors</p> <p>1:45 ● Afternoon Cinema Movie   CH</p> <p>7:30 ● Shabbat Services   CH</p>	<p>9:30 ● Synagogue Trips 31</p> <p>10:30 ● Chair Dancing with Carol   LY</p> <p>1:00 ● Rummikub   3FL</p> <p>2:00 ● Card Games   3FL</p> <p>3:00 ● Public Affairs with Marvin Sakin   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p>

EVENT RECAP

# valentine's social

Valentine's Bingo was a huge success after we had to postpone the original date due to a virus. We had so many people play and everyone was having fun. Beautiful baskets were won and all were happy to win one.



## LOW VISION group

Barbara Floam and Molly Hall are teaming up with the Maryland Blind Industry to bring low vision lectures and products here at Atrium Village to benefit all of our low vision residents.



## THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

CORTEZ TALBERT has been chosen as our HEART Hero. Cortez has been here for close to six months and works as a server in the Dining Room. He is compassionate, polite, funny and very patient with the residents. He is well-liked by his peers and is very efficient. Cortez served the table I was sitting at in the Dining Room and it struck me as to how delightfully funny and kind he was. He is well deserving of this award.



## SPRING HAS sprung

I don't know about you, but I am looking so forward to springtime weather. We have had one of the coldest winters I can recall. Welcome spring in by going on our three-night trip to Ocean City, Md. We have a wonderful time full of laughs and we do so much together. So, look at the board in the Lobby for details. Atrium Village will be going to Ocean City, Md. this spring and we will be staying at the Dunes Manor Hotel located on 29th Street, one block from the boardwalk. Afternoon tea is available every day and the very affordable lodging includes:

- Three nights, ocean-front view
- Three breakfasts in the Dining Room overlooking the ocean
- All taxes, gratuities and baggage handling Transportation.

You can have dinner in the Dining Room for Early Bird Special or go on the bus to a selected restaurant of the evening.

We will listen to music by a guest pianist, Shirley Toms.

Cost is as follows:

- \$295 Double Occupancy
- \$395 Single Occupancy

Please see Molly Hall, Director of Resident Programs to sign up.

TRAIN YOUR BRAIN solution

1	2	3	5	7	8	4	9	6
9	7	5	6	4	1	8	3	2
4	6	8	9	2	3	1	7	5
6	5	2	8	9	7	3	1	4
8	3	4	2	1	5	7	6	9
7	9	1	3	6	4	2	5	8
2	1	9	7	8	6	5	4	3
5	8	7	4	3	9	6	2	1
3	4	6	1	5	2	9	8	7



SENIOR LIFESTYLE  
your life, your style