

Be Inspired

ATRIUM VILLAGE | INDEPENDENT LIVING | a senior lifestyle community | OWINGS MILLS, MD 21117 | 410-363-0330

IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

REUBEN'S CORNER

Dear Friends:

I just returned from a wonderful vacation in Las Vegas.

My family and I enjoyed some wonderful day trips visiting the Hoover Dam and Red Rock Canyon. We ate at some wonderful restaurants and we enjoyed some amazing shows.

We saw the bright lights of the Las Vegas strip and even won a few dollars in the casino.

While I enjoyed all of these fun activities, they were not the highlight of the trip.

After our return, my wife and I discussed the trip, and tried to determine what we each found to be the highlight.

Interestingly, we both agreed that it was not one specific outing or show. Rather, we agreed it was our sons' desire to want to travel with us and spend time with us.

I offer this story to you, as I frequently watch our residents gain a similar level of satisfaction and joy each time one of their family members comes to visit them. Our residents treasure those regular Sunday morning brunch dates, the Wednesday afternoon trips to a local museum, or simply sharing a cup of tea in their apartments.

I hope that these regular visits will bring as much joy to you as our trip did for us.

Best,
Reuben



JOIN US THIS MONTH FOR *fourth of july*

Every year, we picnic on the Fourth of July in the Dining Room. In the morning, you will be able to pick up your breakfast and take it to your apartment. The purpose for that is so we can have a chance to set up the Dining Room and be



ready for the lunchtime picnic. So much goes into a Dining Room setup. We decorate the Dining Room in the theme for the holiday. We appreciate the residents' cooperation so that we can have a fun day. You may wish to eat on our lovely patio with your family or tablemates. There is a guest fee for all holiday meals, which is \$12.84, and they are welcome to stay for the concert. We have a special afternoon concert given by our very own Gary Alesandra in the Lobby, at 11 a.m.

Have a safe and healthy holiday from The Atrium family.

TRAIN YOUR BRAIN *sudoku solution on back*

7		4	1				5	
		2			8	1		
				6	5			8
3		1		4			9	
8			5		2			1
	2			3				6
9			7	5				
	3		2			9		
	1				9	4		5

BINGO *volunteers*

Come and meet Sully Towe on July 2, as he continues to volunteer with Philip Schindler on Bingo. We are so very grateful to have him here with us. Sully goes to Mount St. Joseph High School in Catonsville. He will be a senior starting in September — his last year of high school before he goes off to college.

independent living

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- BISTRO — BT
- CONFERENCE HALL — CH
- COUNTRY KITCHEN — CK
- DINING ROOM — DR
- FOURTH FLOOR — 4FL
- HEALTH SUITE — HS
- LIBRARY — LBY
- LOBBY — LY
- OUTSIDE — Out
- PATIO — PT
- PRIVATE DINING ROOM — PDR
- SECOND FLOOR — 2FL
- THEATER ROOM — TR
- THIRD FLOOR — 3FL

TRANSPORTATION SCHEDULE

MONDAY, TUESDAY,
WEDNESDAY & FRIDAY
8:30 a.m.-2:30 p.m.
Medical Appointments

ADDITIONAL SERVICES

- BANK
Monday, Wednesday &
Friday 9 a.m.-2 p.m.
- STAMPS/CONCIERGE
Monday-Friday
9 a.m.-4 p.m.
- SALON
Tuesday-Saturday
9 a.m.-4 p.m.

SENIOR LIFESTYLE

EMBRACE *life.*

EMBRACE *moments.*

EMBRACE *connection.*

www.SeniorLifestyle.com
Activities are subject to change

<p>10:00 ● Sacred Heart Catholic Church 1</p> <p>1:00 ● Bridge Club 3FL</p> <p>1:45 ● Rummikub 4FL</p> <p>2:45 ● Checker Games CH</p> <p>3:00 ● Music by Rear View Mirror LY</p> <p>5:00 ● Communion with Rev. Brenda White CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program CH 2</p> <p>10:00 ● Cranberry Mall</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>1:00 ● The Story of the Mezuzah CH</p> <p>2:30 ● Jewish Studies LBY</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>10:00 ● Local Bank Trip & Rite Aid 3</p> <p>10:30 ● Village Voices Choir Group LY</p> <p>1:00 ● Health Walk with Cydni Out</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>7:30 ● Observe Ballroom Dancing with Carol CH</p> <p>7:30 ● Klesmer Practice LY</p>	<p>INDEPENDENCE DAY 4</p> <p>9:00 ● Hearing Tests, with Audiologist Miriam</p> <p>9:30 ● Genesis Fitness Program CH</p> <p>10:30 ● 4th of July Program with Gary Alesandra LY</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>10:30 ● Dollar Store 5</p> <p>12:00 ● Wegmans</p> <p>12:30 ● New Resident Meet & Greet/Barbara Prince CH</p> <p>1:00 ● Health Walk with Cydni Out</p> <p>1:30 ● Good Old Days/Janet Kurland CH</p> <p>2:30 ● Music Class by David Cohen CK</p> <p>3:00 ● Happy Hour LY</p> <p>7:30 ● Cinema Night TR</p>	<p>9:30 ● Genesis Fitness Program CH 6</p> <p>10:00 ● Giant</p> <p>12:30 ● World Events with Toby Essrog CH</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>7:30 ● Shabbat Services CH</p>	<p>9:30 ● Synagogue Trips 7</p> <p>1:00 ● Rummikub 3FL</p> <p>2:00 ● Card Games 3FL</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Saturday Night Bingo CH</p>	
<p>10:00 ● Sacred Heart Catholic Church 8</p> <p>1:00 ● Bridge Club 3FL</p> <p>1:30 ● Jewelry with Anne CH</p> <p>1:45 ● Rummikub 4FL</p> <p>2:45 ● Checker Games CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program CH 9</p> <p>10:00 ● Columbia Mall</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>2:30 ● Jewish Studies LBY</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>10:30 ● Village Voices Choir Group LY 10</p> <p>1:00 ● Health Walk with Cydni Out</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>1:30 ● Vintage Entertainment LY</p> <p>7:30 ● Observe Ballroom Dancing with Carol CH</p> <p>7:30 ● Klesmer Practice LY</p>	<p>9:30 ● Genesis Fitness Program CH 11</p> <p>11:45 ● Weis & Wegmans</p> <p>1:30 ● Bookmobile Out</p> <p>2:00 ● Gardening with Jake Out</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>10:30 ● Zumba with Jocelyn LY 12</p> <p>11:00 ● Manor Tavern/Stop at Prigel Creamery</p> <p>1:00 ● Health Walk with Cydni Out</p> <p>1:00 ● Canasta Games 3FL</p> <p>3:00 ● Happy Hour LY</p> <p>7:30 ● Cinema Night TR</p>	<p>9:30 ● Genesis Fitness Program CH 13</p> <p>9:30 ● Laughter Is the Best Medicine LY</p> <p>10:00 ● Giant</p> <p>12:30 ● World Events with Toby Essrog CH</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>3:00 ● Music by Michael Brown LY</p> <p>7:30 ● Shabbat Services CH</p>	<p>9:30 ● Synagogue Trips 14</p> <p>10:30 ● Target Shopping</p> <p>1:00 ● Rummikub 3FL</p> <p>2:00 ● Card Games 3FL</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Music by Esther Schumaytska LY</p>	
<p>10:00 ● Sacred Heart Catholic Church 15</p> <p>1:00 ● Bridge Club 3FL</p> <p>1:45 ● Rummikub 4FL</p> <p>2:45 ● Checker Games CH</p> <p>7:00 ● Cinema Night</p> <p>7:00 ● Piano with Irina LY</p>	<p>9:30 ● Genesis Fitness Program CH 16</p> <p>12:45 ● Barnes & Noble/Trader Joe's 4FL</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>1:30 ● Bongo Music by Helmut Licht LY</p> <p>2:30 ● Jewish Studies LBY</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>10:00 ● Local Bank Trip & Rite Aid 17</p> <p>10:30 ● Village Voices Choir Group LY</p> <p>1:00 ● Health Walk with Cydni Out</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>2:30 ● "Jeopardy!" CH</p> <p>3:00 ● Book Club Review PDR</p> <p>7:30 ● Observe Ballroom Dancing with Carol CH</p> <p>7:30 ● Klesmer Practice LY</p>	<p>9:30 ● Genesis Fitness Program CH 18</p> <p>10:30 ● Ceramics by Shelly CH</p> <p>11:45 ● Wegmans Grocery Store & Weis</p> <p>12:30 ● Men's/Veterans' Club DR</p> <p>2:00 ● Gardening with Jake Out</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>1:00 ● Health Walk with Cydni Out 19</p> <p>1:00 ● Canasta Games 3FL</p> <p>2:30 ● Music Class by David Cohen CK</p> <p>3:00 ● Happy Hour LY</p> <p>7:00 ● Music by Steve Earle LY</p> <p>7:30 ● Cinema Night TR</p>	<p>9:30 ● Genesis Fitness Program CH 20</p> <p>10:00 ● Giant</p> <p>12:30 ● World Events with Toby Essrog CH</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>7:30 ● Shabbat Services CH</p>	<p>9:30 ● Synagogue Trips 21</p> <p>1:30 ● Canasta Games 4FL</p> <p>1:00 ● Rummikub 3FL</p> <p>2:00 ● Card Games 3FL</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p>	
<p>10:00 ● Sacred Heart Catholic Church 22</p> <p>1:00 ● Bridge Club 3FL</p> <p>1:30 ● Jewelry with Ann CH</p> <p>1:45 ● Rummikub 4FL</p> <p>2:45 ● Checker Games CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program CH 23</p> <p>10:00 ● Valley Center Shopping</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>2:30 ● Jewish Studies LBY</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>10:30 ● Village Voices Choir Group LY 24</p> <p>1:00 ● Health Walk with Cydni Out</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>7:30 ● Observe Ballroom Dancing with Carol CH</p> <p>7:30 ● Klesmer Practice LY</p>	<p>9:30 ● Genesis Fitness Program CH 25</p> <p>11:45 ● Weis & Wegmans</p> <p>1:30 ● Town Hall Meeting DR</p> <p>1:30 ● Bookmobile Out</p> <p>2:00 ● Gardening with Jake Out</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>10:00 ● Gettysburg Lunch at Tavern 26</p> <p>10:30 ● Zumba with Jocelyn LY</p> <p>1:00 ● Health Walk with Cydni Out</p> <p>1:00 ● Canasta Games 3FL</p> <p>2:00 ● Music by Bernie LY</p> <p>3:00 ● Happy Hour LY</p> <p>7:30 ● Cinema Night TR</p>	<p>9:30 ● Genesis Fitness Program CH 27</p> <p>10:00 ● Giant</p> <p>12:30 ● World Events with Toby Essrog CH</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>7:30 ● Shabbat Services CH</p>	<p>9:30 ● Tai Chi with Linda CH 28</p> <p>9:30 ● Synagogue Trips</p> <p>10:30 ● Walmart 3FL</p> <p>1:00 ● Rummikub 3FL</p> <p>2:00 ● Card Games 3FL</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p>	
<p>10:00 ● Sacred Heart Catholic Church 29</p> <p>1:00 ● Bridge Club 3FL</p> <p>1:45 ● Rummikub 4FL</p> <p>2:45 ● Checker Games CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program CH 30</p> <p>1:00 ● Card Games on 3rd & 4th Floors</p> <p>1:00 ● Think Positive with Uri Feldman LY</p> <p>2:30 ● Jewish Studies LBY</p> <p>7:00 ● Ladies' and Men's Poker Club 3FL</p> <p>7:30 ● Bingo Blast CH</p>	<p>10:30 ● Village Voices Choir Group LY 31</p> <p>1:00 ● Health Walk with Cydni Out</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>7:30 ● Observe Ballroom Dancing with Carol CH</p> <p>7:30 ● Klesmer Practice LY</p>	<p>"Far away in the sunshine are my highest aspirations." —Louisa May Alcott</p>				

EVENT RECAP

the longest day alzheimer's event

A special thank you to everyone who participated to raise money for the Alzheimer's Association. Everyone had a wonderful time, from Todd selling hot dogs, to the ice cream Eskimo bars. It's such an important event and Atrium Village is a sponsor of the Alzheimer's Association.



THIS MONTH'S *silver star*

ATRIUM VILLAGE CHOIR SILVER STARS

Many thanks to Ellen for inviting members of the Atrium Village Choir to sing on her wedding day. What a huge honor to our choir for being chosen and for Ellen sharing her special day with them. Everything went fantastic and the sound of music was present in each one of them. They were singing to their hearts' content. Ellen looked absolutely gorgeous in her wedding gown. It was a beautiful day for all.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE,
APPRECIATION, RESPECT, TEAMWORK

BEVERLY WARREN, Concierge, has been with Atrium Village for over 15 years. I hired Beverly because she had the most beautiful professional speaking voice I have ever heard on the phone. She takes her time articulating her words. Her voice is pleasant and very friendly, as I have had many compliments from residents, families, and vendors alike.

When Beverly is at the desk, the residents have a comfort knowing that their issues will be resolved and that Beverly always seems to help them. She calls residents who she has not seen in a while just to make sure they are all right. Beverly works full time for a medical office downtown and fights her way through the heavy traffic to get here for her shift. I remember a wicked snowstorm that started early in the day and ended up through the night with 24 inches of snow on the ground. I called Beverly and told her she did not have to come in but she insisted that she would be alright. She got here safely and went home safely. Her commitment to Atrium is extraordinary because of her loving way. She is truly here to support the residents in any way she can. Thank you Beverly, for all the things you do for the residents and supporting the Council by typing their meeting minutes for them. She always takes the extra step to find out information residents request. Beverly does not have "I don't know" in her vocabulary.



TRAIN YOUR BRAIN *solution*

7	8	4	1	2	3	6	5	9
5	6	2	9	7	8	1	3	4
1	9	3	4	6	5	7	2	8
3	5	1	6	4	7	8	9	2
8	7	6	5	9	2	3	4	1
4	2	9	8	3	1	5	7	6
9	4	8	7	5	6	2	1	3
6	3	5	2	1	4	9	8	7
2	1	7	3	8	9	4	6	5



SENIOR
LIFESTYLE

your *life*, your *style*