





independent living

BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- BISTRO — BT
- CONFERENCE HALL — CH
- COUNTRY KITCHEN — CK
- DINING ROOM — DR
- FOURTH FLOOR — 4FL
- HEALTH SUITE — HS
- LIBRARY — LBY
- LOBBY — LY
- OUTSIDE — Out
- PATIO — PT
- PRIVATE DINING ROOM — PDR
- SECOND FLOOR — 2FL
- THEATER ROOM — TR
- THIRD FLOOR — 3FL

TRANSPORTATION SCHEDULE

MONDAY, TUESDAY,  
WEDNESDAY & FRIDAY  
8:30 a.m.-2:30 p.m.  
Medical Appointments

ADDITIONAL SERVICES

- BANK  
Monday, Wednesday &  
Friday 9 a.m.-2 p.m.
- STAMPS/CONCIERGE  
Monday-Friday  
9 a.m.-4 p.m.
- SALON  
Tuesday-Saturday  
9 a.m.-4 p.m.



“Success is what you do  
with your ability. It’s how  
you use your talent.”

—George Allen Sr.



<p>10:00 ● Sacred Heart Catholic Church 3</p> <p>1:45 ● Rummikub   4FL</p> <p>2:00 ● Jewelry with Anne   CH</p> <p>2:45 ● Checker Games   CH</p> <p>5:00 ● Communion with Rev. Brenda White   CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program   CH 4</p> <p>10:00 ● Cranberry Mall Trip</p> <p>1:00 ● Name That Tune with Molly   CH</p> <p>2:30 ● Jewish Studies   LBY</p> <p>3:00 ● Who Am I? Can You Guess Me?   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● Local Bank Trip &amp; Rite Aid 5</p> <p>10:00 ● 30 Minute Walking Class with Reuben   LY</p> <p>10:30 ● Village Voices Choir   LY</p> <p>1:00 ● Ukelele with Harvey Feldman   LY</p> <p>2:00 ● Fables and Folk Tales   CH</p> <p>7:30 ● Observe Ballroom Dancing with Carol   CH</p> <p>7:30 ● Klesmer Practice   LY</p>	<p>9:00 ● Hearing Tests, with Audiologist Miriam 6</p> <p>9:30 ● Genesis Fitness Program   CH</p> <p>10:30 ● Ceramics by Shelly   CH</p> <p>11:45 ● Weis &amp; Wegmans</p> <p>1:00 ● Gardening with Jake   LY</p> <p>3:00 ● Let's Chat with Molly   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:30 ● Crafts with Amy   LY 7</p> <p>11:00 ● Szechuan House Chinese Restaurant</p> <p>12:30 ● Life Changes with Barbara Prince   LBY</p> <p>1:00 ● Chinese Language Class   CH</p> <p>2:30 ● Music Class by David Cohen   LY</p> <p>3:00 ● Happy Hour   LY</p> <p>7:30 ● Cinema Night   TR</p>	<p>9:30 ● Genesis Fitness Program   CH 8</p> <p>10:00 ● Giant Store</p> <p>11:00 ● Men of Great Sports Discussion   CH</p> <p>12:30 ● World Events with Toby Essrog   CH</p> <p>2:00 ● Stars of the Month   CH</p> <p>7:30 ● Shabbat Services   CH</p>	<p>9:30 ● Genesis Fitness Program   CH 11</p> <p>1:00 ● Name That Tune with Molly   CH</p> <p>2:30 ● Jewish Studies   LBY</p> <p>3:00 ● Music by Gary Alesandra   LY</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p> <p>10:00 ● Wal Mart</p>	<p>10:00 ● Sacred Heart Catholic Church 10</p> <p>1:45 ● Rummikub   4FL</p> <p>2:00 ● BSO Classical Concert</p> <p>2:45 ● Checker Games   CH</p> <p>3:00 ● Free Bingo for Prizes   CH</p> <p>7:00 ● Cinema Night</p>	<p>10:00 ● 30 Minute Walking Class with Reuben   LY 12</p> <p>10:30 ● Village Voices Choir   LY</p> <p>11:00 ● 50 Off Fashions by Maryann Priddy   LY</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>2:00 ● "Confucius Says" Program   CH</p> <p>7:30 ● Observe Ballroom Dancing with Carol   CH</p> <p>7:30 ● Klesmer Practice   LY</p>	<p>9:30 ● Genesis Fitness Program   CH 13</p> <p>11:45 ● Wegmans Grocery Store &amp; Weis</p> <p>1:30 ● Bookmobile   Out</p> <p>3:00 ● Let's Chat with Molly   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>VALENTINE'S DAY 14</p> <p>10:15 ● Zumba with Jocelyn   LY</p> <p>10:30 ● Crafts with Amy   LY</p> <p>10:30 ● Pa Dutch Market Hunt Valley</p> <p>11:00 ● Valentine Word Search Games   CH</p> <p>1:30 ● African American Culture Slides with Denny Lynch   CH</p> <p>3:00 ● Valentine's Day Happy Hour   LY</p> <p>7:30 ● Cinema Night   TR</p>	<p>9:30 ● Genesis Fitness Program   CH 15</p> <p>10:00 ● Giant Store</p> <p>11:00 ● Men of Great Sports Discussion   CH</p> <p>12:30 ● World Events with Toby Essrog   CH</p> <p>2:00 ● Stars of the Month   CH</p> <p>7:30 ● Shabbat Services   CH</p>	<p>9:30 ● Synagogue Trips 16</p> <p>12:00 ● Men's John Wayne Sliders &amp; Movie Day   CH</p> <p>1:30 ● Rummikub   3FL</p> <p>2:00 ● Card Games   3FL</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Music with John Oliver   LY</p>
<p>10:00 ● Sacred Heart Catholic Church 17</p> <p>1:45 ● Rummikub   4FL</p> <p>2:45 ● Checker Games   CH</p> <p>3:00 ● Free Bingo for Prizes   CH</p> <p>7:00 ● Cinema Night</p>	<p>PRESIDENTS DAY 18</p> <p>9:30 ● Genesis Fitness Program   CH</p> <p>10:00 ● Dollar Store Valley Center</p> <p>1:30 ● Bongo Music by Helmut Licht   LY</p> <p>2:30 ● Jewish Studies   LBY</p> <p>3:00 ● Who Am I? Can You Guess Me?   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● Local Bank Trip &amp; Rite Aid 19</p> <p>10:00 ● 30 Minute Walking Class with Reuben   LY</p> <p>10:30 ● Village Voices Choir   LY</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>2:00 ● Travelogue to China   CH</p> <p>3:00 ● Book Club Review   PDR</p> <p>7:30 ● Observe Ballroom Dancing with Carol   CH</p> <p>7:30 ● Klesmer Practice   LY</p>	<p>9:30 ● Genesis Fitness Program   CH 20</p> <p>10:30 ● Ceramics by Shelly   CH</p> <p>11:45 ● Weis &amp; Wegmans</p> <p>12:30 ● Men's/Veterans' Club   DR</p> <p>1:00 ● Gardening with Jake   LY</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● Maryland Live Casino/ Arundel Mills Mall 21</p> <p>10:00 ● Worldhouse Kids: Bingo with Residents   CH</p> <p>10:30 ● Crafts with Amy   LY</p> <p>2:30 ● Music Class by David Cohen   LY</p> <p>3:00 ● Happy Hour   LY</p> <p>7:30 ● Cinema Night   TR</p>	<p>9:30 ● Genesis Fitness Program   CH 22</p> <p>10:00 ● Giant Store</p> <p>11:00 ● Men of Great Sports Discussion   CH</p> <p>12:30 ● World Events with Toby Essrog   CH</p> <p>2:00 ● Stars of the Month   CH</p> <p>7:30 ● Shabbat Services   CH</p>	<p>9:30 ● Synagogue Trips 23</p> <p>1:00 ● Tai Chi with Linda   CH</p> <p>1:30 ● Rummikub   3FL</p> <p>2:00 ● Card Games   3FL</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Netflix Movie: "An Affair to Remember"   CH</p>						
<p>10:00 ● Sacred Heart Catholic Church 24</p> <p>1:45 ● Rummikub   4FL</p> <p>2:00 ● Jewelry with Anne   CH</p> <p>2:45 ● Checker Games   CH</p> <p>7:00 ● Cinema Night</p>	<p>9:30 ● Genesis Fitness Program   CH 25</p> <p>10:00 ● Target Shopping</p> <p>1:00 ● Name That Tune with Molly   CH</p> <p>2:30 ● Jewish Studies   LBY</p> <p>3:00 ● Who Am I? Can You Guess Me?   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● 30 Minute Walking Class with Reuben   LY 26</p> <p>10:30 ● Village Voices Choir   LY</p> <p>1:00 ● Crafts with Amy, 5th Fl</p> <p>2:00 ● Fables and Folk Tales   CH</p> <p>7:30 ● Observe Ballroom Dancing with Carol   CH</p> <p>7:30 ● Klesmer Practice   LY</p>	<p>9:30 ● Genesis Fitness Program   CH 27</p> <p>11:45 ● Wegmans Grocery Store &amp; Weis</p> <p>1:30 ● Town Hall Meeting   CH</p> <p>3:00 ● Let's Chat with Molly   CH</p> <p>7:00 ● Ladies' and Men's Poker Club   3FL</p> <p>7:30 ● Bingo Blast   CH</p>	<p>10:00 ● Sunset Restaurant Glen Burnie 28</p> <p>10:15 ● Zumba with Jocelyn   LY</p> <p>10:30 ● Crafts with Amy   LY</p> <p>2:00 ● Music/Bernie   LY</p> <p>3:00 ● Happy Hour   LY</p> <p>7:30 ● Cinema Night   TR</p>								



## EVENT RECAP

# casino and game day

Come one, come all! We are going to break up the February blues by having a Casino Day in the Lobby of the Atrium. We would love to have everyone come out for a day of fun. We will turn the Lobby into a Casino with slot machines, Blackjack tables, and Roulette. All in a day of fun!



## MEN'S *new programs*

John Wayne Western "McClintock" and burger sliders for lunch. Men come join us and have a burger on us! Friday, Feb. 8, at 12 p.m.

**MEN OF GREAT SPORTS:** Every Friday, at 11 a.m., CH

## FEBRUARY 2019 *new programs*

- Fables and Folk Tales With Molly
- Who Am I? Can You Guess Me? With Molly
- Star of the Month With Molly
- Couples of History and Story With Molly
- Valentine's Word Search With Molly
- Managers' Programs Each Month
- Men of Great Sports

Please refer to your calendars for dates and times.

## FLU *prevention tips*

Take everyday preventive actions to stop the spread of germs.

- Try to avoid close contact with sick people.
- While sick, limit contact with others as much as possible to keep from infecting them.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine.)
- Cover your nose and mouth with a tissue when you cough or sneeze. After using a tissue, throw it in the trash and wash your hands.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like flu.

Stay in your apartment if you are sick. Do not come to meals. We will deliver sick meals to you.

## NEW TRAVELOGUE SERIES *with denny lynch*

The following slide-illustrated programs are now being offered:

- Exploring Manhattan
- Philadelphia
- Exploring Historic Places in Baltimore County
- Exploring Italy
- Paris the City of Light
- Ancient Egypt
- Exploring History and Culture of Russia
- Exploring Ireland and Irish Heritage
- African-American History and Culture of Baltimore and Beyond
- Exploring Washington, D.C.
- Historic Maryland
- The Battle of North Point Sept. 12, 1814
- Ellis Island
- Woodstock Then and Now and the 1960s
- And so many more.



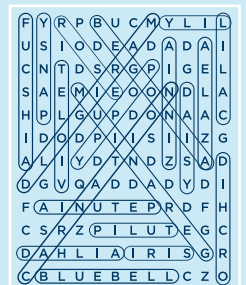
## THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

RONDELL STEWART is one of our newer Servers. We had a situation in the Dining Room, and Rondell was instrumental and very professional in handling the situation. Rondell is very compassionate and caring to our residents. We are blessed to have him here at Atrium Village.



TRAIN YOUR BRAIN *solution*



SENIOR LIFESTYLE

your life, your style



PET FRIENDLY