

# Be Inspired

ATRIUM VILLAGE | LEGACY COURT | a senior lifestyle community | OWINGS MILLS, MD 21117 | 410-363-0330

## IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

### REUBEN'S CORNER

The holiday season is here! Where did the year go? As I look back and reflect on all of the success that we have had this year, it is astounding. We have been filled in our Memory Care Unit for over five months — that speaks volumes. Vernee and her team have done a fantastic job creating wonderful experiences for the residents in Memory Care. Did you know that Memory Care and Assisted Living goes out every week on trips? They go to nature centers, out to lunch at different restaurants, country rides, and so many other places. Our Assisted Living is also on a waiting list now. Diana and her team have done a fabulous job while Kelly has been on maternity leave. Our census is the highest it has ever been, so we must be doing something right! Our Independent Living will be filled by the end of December for the first time in our 17 year history. We owe all of this to our extraordinary staff here at Atrium Village. They give 100 percent of themselves and really care about the residents of Atrium Village.



Our building has also gone through major upgrades this year including new furniture for the Lobby and Dining Room. Also, a new roof has been put on, so no more leaks. We have installed a new security system in the building. We are on a monthly maintenance schedule changing out water heaters.

As we head into 2018, it promises to be a continuum of successes. We will enhance the Gardening Program to include the Friendship Circle Group and the Play Date Group. We will add a music/speaker system in the building in our Lobby.

Our Resident Council will begin a New Year with a new President and Vice President, who will be working hard on getting a crosswalk on Lakeside Blvd. for safety reasons. We still have lots of work ahead of us in 2018 to make Atrium Village the premiere place of choice.

I wish everyone a happy holiday season and a healthy New Year!

## JOIN US THIS MONTH FOR *december*

“A month of lights, snow and feasts; time to make amends and tie loose ends; finish off what you started and hope your wishes come true.”

“I believe this beautiful month will bring us more love, happiness, good health, prosperity and blessing.” — Nur B.

Legacy will celebrate Holidays Around the World, Spiritual Literacy, and Falling Into Winter Month. Also, we will be celebrating Bingo's Birthday, Dice Rolling, and Gift Giving. Living life with a little spice, Legacy will celebrate Candy Cane and Peppermint Month. We will enjoy homemade cookies, sweets, and a Sugar and Spice Social with candy canes.



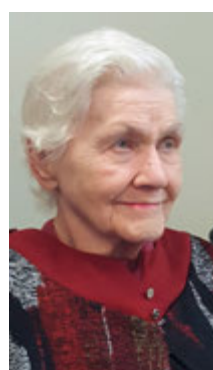
### TRAIN YOUR BRAIN *search for games*

L	L	A	B	T	O	O	F	H	X	M	D	BASEBALL
M	B	C	C	D	I	A	M	D	L	O	G	BRIDGE
A	R	L	G	R	D	H	G	C	M	Y	P	CHECKERS
H	I	U	R	Y	O	C	H	I	B	I	B	CHES
J	D	E	E	C	L	Q	N	G	N	A	G	CLUE
O	G	T	K	H	S	O	U	G	S	R	I	CROQUET
N	E	E	O	E	E	R	P	E	D	E	N	DOMINOES
G	Y	N	P	S	C	O	B	O	T	C	R	FOOTBALL
G	C	N	K	S	N	A	N	S	N	C	U	GIN RUMMY
D	V	I	H	G	L	D	P	O	L	O	M	HOCKEY
S	B	S	E	L	B	B	A	R	C	S	M	MAHJONG
C	H	E	C	K	E	R	S	X	E	C	Y	MONOPOLY
												OLD MAID
												PING-PONG
												POKER
												POLO
												RUGBY
												SCRABBLE
												SOCCER
												TENNIS

## THIS MONTH'S *silver star*

### MS. MARY

A very affectionate and caring individual, Ms. Mary loves animals, babies, and spending time with her daughters. She enjoys singing songs from the 1950s, sensory activities, and most of all, great scenery. Vanilla ice cream with Coke is her favorite float.



“A change of scenery can help everything.” — Drew Pomeranz

## legacy court

### BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

### LOCATIONS

- BISTRO — BT
- CONFERENCE HALL — CH
- COUNTRY KITCHEN — CK
- DINING ROOM — DR
- FOURTH FLOOR — 4FL
- LOBBY — LY
- OUTSIDE — Out
- PATIO — PT
- THEATER ROOM — TR
- THIRD FLOOR — 3FL

### TRANSPORTATION SCHEDULE

- MONDAY  
8:30 a.m.-2:30 p.m.  
Medical Appointments
- TUESDAY  
8:30 a.m.-2:30 p.m.  
Medical Appointments
- WEDNESDAY  
8:30 a.m.-2:30 p.m.  
Medical Appointments
- FRIDAY  
8:30 a.m.-2:30 p.m.  
Medical Appointments

### BANK

MONDAY, WEDNESDAY, FRIDAY  
9 a.m.-2 p.m.

### STAMPS/CONCIERGE

MONDAY - FRIDAY  
9 a.m.-4 p.m.

### SALON

TUESDAY - SATURDAY  
9 a.m.-4 p.m.

### SENIOR LIFESTYLE

EMBRACE *life.*

EMBRACE *moments.*

EMBRACE *connection.*

www.SeniorLifestyle.com  
Activities are subject to change

																												
<p>10:00 ● Church Service <b>3</b></p> <p>10:30 ● Holiday Card Making</p> <p>11:00 ● Holiday Rhyming Words</p> <p>11:30 ● Move to Music</p> <p>2:00 ● "Family Feud"</p> <p>3:00 ● Finish the phrase</p> <p>4:00 ● Holiday Matching</p> <p>6:00 ● Nightly Singalong</p>	<p>10:00 ● Daily Chronicle <b>4</b></p> <p>10:30 ● Lacing</p> <p>11:00 ● arts &amp; crafts</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Travel Club</p> <p>3:00 ● Finish the Sentence</p> <p>4:00 ● Holiday Poetry Reading</p> <p>6:00 ● Alphabet Soup</p>	<p>10:00 ● Holiday Poetry Reading <b>5</b></p> <p>10:30 ● Tunes for Tuesdays   DR</p> <p>11:00 ● Candy Cane Bingo</p> <p>11:30 ● Cooking in the Kitchen</p> <p>2:00 ● Sorting</p> <p>3:00 ● Naughty or Nice List</p> <p>4:00 ● Bowling</p> <p>6:00 ● Hallmark Holiday Movies</p>	<p>10:00 ● What Makes a Great Winter Wonderland <b>6</b></p> <p>10:30 ● Winter Wonderland Detective</p> <p>11:00 ● Work of Art Wednesdays</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Call out the answer</p> <p>3:00 ● Snowball Toss</p> <p>6:00 ● Alphabet Soup</p>	<p>10:00 ● Holiday Poetry Reading <b>7</b></p> <p>10:30 ● Ornament making</p> <p>11:00 ● Toy "Price Is Right"</p> <p>11:30 ● Holiday Photo sorting</p> <p>2:00 ● Do you hear what I hear</p> <p>3:00 ● Happy Hour</p> <p>4:00 ● Horseshoes</p> <p>6:00 ● News Time</p>	<p>10:00 ● Morning Greetings <b>8</b></p> <p>10:30 ● Opposites</p> <p>11:00 ● Candy Cane Social</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Sorting</p> <p>3:00 ● Holiday Singalong</p> <p>4:00 ● 12 Months of Trivia</p> <p>6:00 ● Reflection &amp; Prayer</p>	<p>10:00 ● Daily Faith Reading <b>9</b></p> <p>10:30 ● Bean Bag Toss</p> <p>11:00 ● Sweet Tooth Social</p> <p>11:30 ● What's That Holiday Song</p> <p>2:00 ● Travel Club</p> <p>3:00 ● Checkers/Games</p> <p>4:00 ● Table Topics</p> <p>6:00 ● Reflection &amp; Prayer</p>	<p>10:00 ● Church Service <b>10</b></p> <p>10:30 ● Dominoes</p> <p>11:00 ● Holiday Trivia</p> <p>11:30 ● Move to Music</p> <p>2:00 ● Guess the Answer with The Game Show</p> <p>3:00 ● Rhyming Words</p> <p>4:00 ● Storylines</p> <p>6:00 ● Moments of Joy</p>	<p>10:00 ● Meditation <b>11</b></p> <p>10:30 ● Jingle Bell Toss</p> <p>11:00 ● Art with Anne</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Travel Club</p> <p>3:00 ● Tic Tac Toe</p> <p>4:00 ● Bowling</p> <p>6:00 ● Singalong "O'Christmas Tree"</p>	<p>HANUKKAH STARTS AT SUNSET <b>12</b></p> <p>10:00 ● Daily Faith Reading</p> <p>10:30 ● Tunes for Tuesdays   DR</p> <p>11:00 ● Bingo with Peppermint Candy</p> <p>11:30 ● Cooking in the Kitchen</p> <p>2:00 ● Sorting</p> <p>3:00 ● Pamper Me Time</p> <p>4:00 ● Question Ball</p> <p>6:00 ● Joggin Your Noggin</p>	<p>10:30 ● Dominoes <b>13</b></p> <p>11:00 ● Work of Art Wednesdays</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Call out the answer</p> <p>3:00 ● Reindeer Card Toss</p> <p>4:00 ● Cookies &amp; Candy Trivia</p> <p>6:00 ● Alphabet Soup</p>	<p>10:00 ● Daily Chronicle <b>14</b></p> <p>10:30 ● Ornament making</p> <p>11:00 ● Zumba</p> <p>11:30 ● Sandwich Game</p> <p>2:00 ● Do you hear what I hear</p> <p>3:00 ● Happy Hour</p> <p>4:00 ● Deck the Halls</p> <p>6:00 ● Matching Gingerbread Man</p>	<p>10:00 ● Morning Greetings <b>15</b></p> <p>10:30 ● Spiritual Passage</p> <p>11:00 ● Green &amp; Grinchy Hot Cocoa Social</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Sorting</p> <p>3:00 ● Who's Flag Am I</p> <p>6:00 ● Hallmark Holiday Movies</p>	<p>10:00 ● Current Events Discussion <b>16</b></p> <p>10:30 ● Bean Bag Toss</p> <p>11:00 ● Chocolate Covered Chips</p> <p>11:30 ● Puzzle Time</p> <p>3:00 ● Checkers/Games</p> <p>4:00 ● Table Topics</p> <p>6:00 ● No Color TV and What Was It Like Before That?</p>	<p>10:00 ● Church Service <b>17</b></p> <p>10:30 ● Fun with Numbers</p> <p>11:00 ● Sugar and Spice Social</p> <p>11:30 ● Move to Music</p> <p>2:00 ● Guess the Answer with The Game Show</p> <p>3:00 ● Finish the phrase</p> <p>4:00 ● Wright Brother Day</p> <p>6:00 ● Holiday Singalong</p>	<p>10:00 ● Spiritual Passage <b>18</b></p> <p>10:30 ● Weird News Believe It or Not</p> <p>11:00 ● Art with Anne</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Travel Club</p> <p>3:00 ● "Nutcracker" Story</p> <p>4:00 ● Holiday Feel Bag</p> <p>6:00 ● Prayer Box</p>	<p>10:00 ● Holiday Poetry Reading <b>19</b></p> <p>10:30 ● Tunes for Tuesdays   DR</p> <p>11:00 ● Tissue Paper Art</p> <p>11:30 ● Cooking in the Kitchen</p> <p>2:00 ● Sorting</p> <p>3:00 ● Do You Know Your Tree: Evergreen Day</p> <p>4:00 ● Funny Signs Day</p> <p>6:00 ● Best Hard Candy During the Holiday</p>	<p>10:00 ● Daily Bread Reading <b>20</b></p> <p>10:30 ● Re-Gifting Gifts Discussion</p> <p>11:00 ● Work of Art Wednesdays</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Call out the answer</p> <p>3:00 ● Ways to Keep Warm N the Winter</p> <p>4:00 ● Jingle Bell Toss</p> <p>6:00 ● Alphabet Soup</p>	<p>WINTER BEGINS <b>21</b></p> <p>10:00 ● Holiday Poetry Reading</p> <p>10:30 ● Ornament making</p> <p>11:00 ● Zumba</p> <p>11:30 ● Holiday Photo sorting</p> <p>2:00 ● Do you hear what I hear</p> <p>3:00 ● Happy Hour</p> <p>6:00 ● Bah! Humbug! Day</p>	<p>10:00 ● Morning Greetings <b>22</b></p> <p>10:30 ● Spiritual Music Sharing</p> <p>11:00 ● Scents for the Season Day</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Sorting</p> <p>3:00 ● All the Things You Need for Old Man Winter</p> <p>4:00 ● Bowling</p> <p>6:00 ● Be a Lover of Silence Day</p>	<p>10:00 ● Meditation <b>23</b></p> <p>10:30 ● Holiday Singalong</p> <p>11:00 ● Card Making</p> <p>11:30 ● Dominoes</p> <p>2:00 ● Cookies &amp; Candy Trivia</p> <p>3:00 ● Checkers/Games</p> <p>4:00 ● Table Topics</p> <p>6:00 ● Hallmark Holiday Movies</p>	<p>CHRISTMAS EVE <b>24</b></p> <p>4:00 ● Elf's Ring Toss</p> <p>4:00 ● 12 Months of Trivia</p> <p>10:00 ● Church Service</p> <p>10:00 ● Bible Reading</p> <p>10:30 ● Short Holiday Stories</p> <p>11:00 ● Bingo with Peppermint Candy</p> <p>11:30 ● Move to Music</p> <p>3:00 ● Holiday Charades</p> <p>6:00 ● Hallmark Holiday Movies</p>	<p>CHRISTMAS <b>25</b></p> <p>10:00 ● Spiritual Passage</p> <p>10:30 ● Candy Cane Bingo</p> <p>10:30 ● Show Off Your Holiday Colors Day</p> <p>11:00 ● Gift Giving</p> <p>11:30 ● Singalong with Holiday Songs</p> <p>2:00 ● Travel Club</p> <p>3:00 ● Favorite Holiday Memory</p> <p>6:00 ● Holiday Matching</p>	<p>10:00 ● Daily Chronicle <b>26</b></p> <p>10:30 ● Tunes for Tuesdays   DR</p> <p>11:00 ● Sandwich Game</p> <p>11:30 ● Cooking in the Kitchen</p> <p>2:00 ● Sorting</p> <p>3:00 ● 52 Weeks of Trivia</p> <p>4:00 ● Balloon Toss</p> <p>6:00 ● Kwanzaa Begins</p>	<p>10:00 ● Daily Events <b>27</b></p> <p>11:00 ● Work of Art Wednesdays</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Call out the answer</p> <p>3:00 ● History of Fruitcake</p> <p>4:00 ● Interesting Things That Happen at the Zoo</p> <p>6:00 ● Alphabet Soup</p>	<p>10:00 ● In the News <b>28</b></p> <p>10:30 ● Ornament making</p> <p>10:30 ● Chocolate Candy Trivia</p> <p>11:00 ● Card Games</p> <p>11:30 ● Bowling</p> <p>2:00 ● Do you hear what I hear</p> <p>3:00 ● Happy Hour</p> <p>4:00 ● Rhyming Words</p> <p>6:00 ● Prayer Box</p>	<p>10:00 ● Morning Greetings <b>29</b></p> <p>10:00 ● In the News</p> <p>11:30 ● Exercise with Genesis</p> <p>2:00 ● Sorting</p> <p>4:00 ● Makeover &amp; Pamper Me Day</p> <p>6:00 ● What Things Belong Together</p>	<p>10:00 ● In the News <b>30</b></p> <p>10:30 ● Match the Photo</p> <p>11:00 ● Best Ways to Relax</p> <p>11:30 ● Glove Matching</p> <p>2:00 ● Darts</p> <p>3:00 ● Checkers/Games</p> <p>4:00 ● Table Topics</p> <p>6:00 ● Prayer Box</p>	<p>NEW YEAR'S EVE <b>31</b></p> <p>10:00 ● Church Service</p> <p>10:30 ● That's a Wrap Day</p> <p>11:00 ● New Year's Eve Word Fit</p> <p>11:30 ● Move to Music</p> <p>2:00 ● New Year's Eve Scavenger Hunt</p> <p>3:00 ● Finish the phrase</p> <p>4:00 ● Best New Year's Party</p> <p>6:00 ● New Year's Eve Banished Words List</p> <p>11:50 ● New Year's Eve Countdown Balloon Pop</p>

"Each day offers a reason to celebrate. Find it and experience true bliss."  
—Amy Leigh Mercree

EVENT RECAP

# *trip to buffalo wild wings*

Legacy tried something new; a place where men enjoyed sports and the ladies enjoyed great conversation with friends. Legacy residents decided to join the Assistant Living residents to a new dining destination, Buffalo Wild Wings! There was great food and large screens for the guys to watch football highlights and large screens with trivia questions for the ladies. Both residents enjoyed a day out and tasted a new menu of fun exciting food.



## THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

December's HEART Hero is JOELLE CAMPBELL. Joelle has done an outstanding job in Assisted Living, engaging the residents in so many wonderful programs every day. She is very creative and always has the residents' best interests at heart.

She was instrumental in the Everybody Grows Program with Jake Ifshin and his team. Joelle runs the multiple volunteers who come into the Community and the outside volunteers who bring families into Atrium Village. Joelle and Genesis' speech therapist, Ellen Fromm, have created a first time resident choir called The Village Voices. Joelle has really changed the Programming in Assisted Living to the highest level of activities that we have ever had.



TRAIN YOUR BRAIN *solution*

