

Be Inspired

ATRIUM VILLAGE | LEGACY COURT | a senior lifestyle community | OWINGS MILLS, MD 21117 | 410-363-0330

JOIN US THIS MONTH FOR *march*

Hello, March,
spring is
almost here!

“May good luck
be with you
wherever you go,
and your blessings
outnumber the
shamrocks that
grow.” — *Unknown*

Legacy will be celebrating Irish American Heritage, Luck of the Irish, Shamrock, Going Green, Springing Into spring, Stamping Crafts and Dominoes Month. To celebrate Nutrition Month, starting the first week of spring Atrium Village will promote health and wellness by participating in daily Community walks, color therapy, daily spiritual wellness, listening awareness and creative art.



THIS MONTH'S *silver star*

MRS. SONYA

Mrs. Sonya is a delightful, quiet resident who enjoys spending time with her daughter. She loves to play bingo and watch her favorite shows on television.



“It’s not about the cards you’re dealt, but how you play the hand,” said Randy Pausch. One card game you will find her playing every day is poker.

IT'S OUR PLEASURE TO SERVE YOU ...

word from your executive director

REUBEN'S CORNER

On behalf of SLC, I would like to take this opportunity to thank the residents and staff for being so cooperative during our norovirus quarantine. Because this was an unforeseen event, I especially appreciate the teamwork and resourcefulness of the entire Atrium staff. This includes our housekeeping team and maintenance crews for their hands-on cleaning and sanitizing our whole entire Community; the dining staff for delivery service to each and every room twice a day in Independent Living; and the commitment and care that Assisted Living CNAs (caregivers) and the nursing staff provided during that period. Actually, that is every day! Thank you, Robert Miller and the maintenance team and Shonta Brown and her housekeeping team. Exceptional work! I extend a special thank-you to you, our residents! Thank you for your patience and cooperation during this unwelcome event. Because of your cooperation, we were able to prevent the spread as best we could and have Atrium declared virus-free. Atrium Assisted Living quality of care during these times speaks volumes to our service. Thank you to all!



TRAIN YOUR BRAIN *sudoku solution on back*

	2			8	9	
9		6		1		2
	6				1	5
		2	9		3	4
8				5		9
7	1		6			
2	9		8			4
5		4		9		1
	4	1				8

legacy court

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- BISTRO — BT
- CONFERENCE HALL — CH
- COUNTRY KITCHEN — CK
- DINING ROOM — DR
- FOURTH FLOOR — 4FL
- LOBBY — LY
- OUTSIDE — Out
- PATIO — PT
- THEATER ROOM — TR
- THIRD FLOOR — 3FL

TRANSPORTATION SCHEDULE

- MONDAY
8:30 a.m.-2:30 p.m.
Medical Appointments
- TUESDAY
8:30 a.m.-2:30 p.m.
Medical Appointments
- WEDNESDAY
8:30 a.m.-2:30 p.m.
Medical Appointments
- FRIDAY
8:30 a.m.-2:30 p.m.
Medical Appointments

BANK


- MONDAY, WEDNESDAY, FRIDAY
9 a.m.-2 p.m.

STAMPS/CONCIERGE

- MONDAY - FRIDAY
9 a.m.-4 p.m.

SALON

- TUESDAY - SATURDAY
9 a.m.-4 p.m.

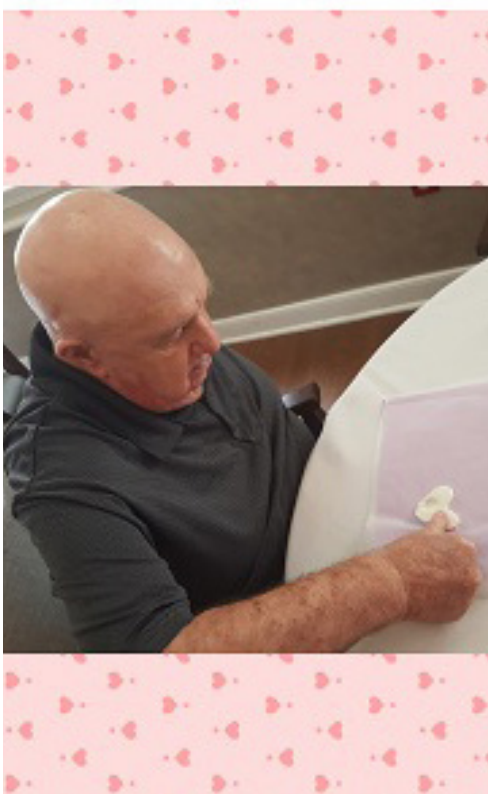
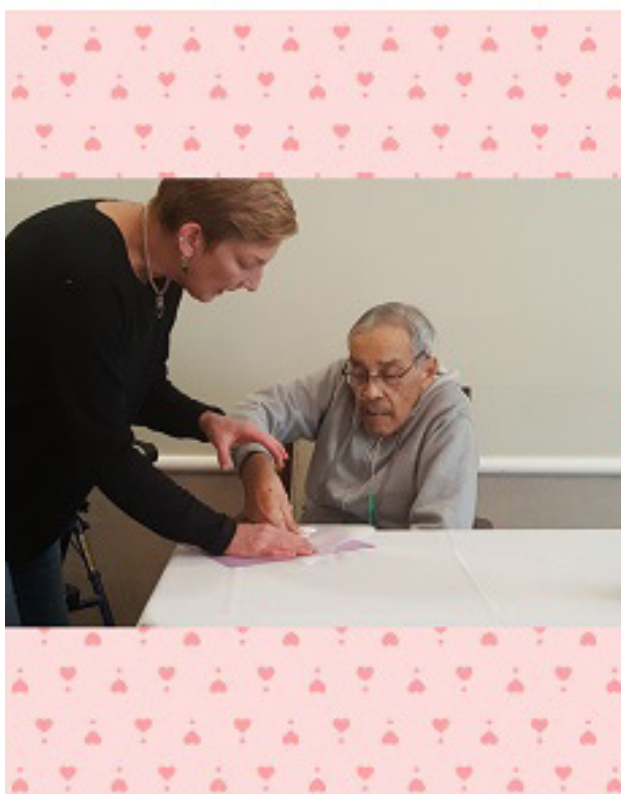
<p>“The man who treasures his friends is usually solid gold himself.” —Marjorie Holmes</p>				<p>10:00 ● Poetry Reading 10:30 ● Dominoes Month 11:00 ● Make a PBJ Sandwich (Peanut Butter Lovers Day) 11:30 ● Bingo 2:00 ● Community Helpers 3:00 ● Happy Hour 4:00 ● National Pig Day Facts 6:00 ● Moments of Joy</p>	<p>9:00 ● Dress in Blue (for Colon Cancer Awareness) 10:00 ● Spiritual Wellness Month 11:00 ● Lantern Trivia 11:30 ● Exercise with Genesis 2:00 ● Sorting 3:00 ● Shamrock Bean Bag Toss 6:00 ● World Prayer Day</p>	<p>10:00 ● Creative Thoughts 10:30 ● Moments of Joy 11:00 ● Good Things Come in Threes 11:30 ● Color and Shapes Bingo 2:00 ● Listing Awareness 3:00 ● Call Out the Answers 4:00 ● Table Topics 6:00 ● Which Came First?</p>
<p>10:00 ● Church Service 10:30 ● Namesake Day: Names We Love 11:00 ● Color Therapy 11:30 ● Move to Music 2:00 ● Listing Awareness 3:00 ● Horseshoes 4:00 ● Book Covering 6:00 ● Movie Quote Puzzle</p>	<p>10:00 ● Creative Thoughts 10:30 ● Toe-Tapping Music 11:00 ● arts & crafts 11:30 ● Exercise with Genesis 2:00 ● Art with Anne 4:00 ● Fun Facts About Names 6:00 ● Charades</p>	<p>10:00 ● Poetry Reading 10:30 ● Unique Names Day 11:00 ● Dunking Oreos 11:30 ● Cooking in the Kitchen 2:00 ● Sorting 3:00 ● Reminiscing: 1900, 1950 4:00 ● Balloon Volleyball 6:00 ● Frozen Food List</p>	<p>10:00 ● Meditation 10:30 ● Bean Bag Toss 11:00 ● Gardening with Jake 11:30 ● Exercise with Genesis 2:00 ● Call out the answer 3:00 ● Can You Name That Cereal? 4:00 ● Retro Bingo 6:00 ● Alphabet Soup</p>	<p>10:00 ● Working Women's Day 10:30 ● Dominoes Month 11:00 ● What Is the Meaning of Your Name? 2:00 ● Community Helpers 3:00 ● Happy Hour 4:00 ● Pamper Me Thursday (Hand Massage/Nails) 6:00 ● What's in Your Purse?</p>	<p>10:00 ● Spiritual Wellness Month 10:30 ● So, what do you taste? DR 11:00 ● Middle Name Pride 11:30 ● Exercise with Genesis 2:00 ● Sorting 3:00 ● Bullseye Darts 4:00 ● Joggin' Your Noggin 6:00 ● Hallmark Movie</p>	<p>10:00 ● Daily Chronicle 10:30 ● Toe-Tapping Music 11:00 ● Fanny Pack Decorating 11:30 ● Sponge Painting 2:00 ● Listing Awareness 3:00 ● Call Out the Answers 4:00 ● Table Topics 6:00 ● Bible Reading</p>
<p>DAYLIGHT SAVING TIME BEGINS</p>		<p>10:00 ● Current Events 10:30 ● '70s Tunes & Greatest Hits 11:00 ● Lemonade & Laughter 11:30 ● Exercise with Genesis 2:00 ● Travel Club 3:00 ● Daytime Snoozing Habits 4:00 ● Ring Toss 6:00 ● Charades</p>	<p>10:00 ● Daily Reading of Faith 10:30 ● Mosaic Art 11:00 ● Build the Last Snowman 11:30 ● Cooking in the Kitchen 2:00 ● Sorting 3:00 ● Baseball Top Players 6:00 ● Singalong & Prayer</p>	<p>10:00 ● Meditation 10:30 ● Where Is ...? 11:00 ● Bookmarks: Thoughts in the Garden 11:30 ● Exercise with Genesis 11:30 ● Create Your Own Spider 2:00 ● Call out the answer 3:00 ● Roll the Potato 4:00 ● Which Is Better for You 6:00 ● Alphabet Soup</p>	<p>10:00 ● Poetry Reading 10:30 ● Dominoes Month 11:00 ● Bingo with Peppermint Candy 11:30 ● Bingo 2:00 ● Community Helpers 3:00 ● Happy Hour 6:00 ● Customers' Rights Discussion</p>	<p>10:00 ● Spiritual Wellness Month 10:30 ● So, what do you taste? DR 11:00 ● Panda Balloons 11:30 ● Exercise with Genesis 2:00 ● Sorting 3:00 ● Kickball 4:00 ● Shamrock Questions 6:00 ● Hallmark Movie</p>
<p>10:00 ● Church Service 10:30 ● Group Storytelling 11:00 ● Lacing Shapes 11:30 ● Move to Music 2:00 ● Listing Awareness 3:00 ● Awarded Moments Day 4:00 ● Vanessa Williams Day 6:00 ● Prayer and Singalong</p>	<p>10:00 ● Women History Month 11:00 ● arts & crafts 11:30 ● Exercise with Genesis 2:00 ● Art with Anne 3:00 ● A Yolk a Day 4:00 ● History of Cake Mix 6:00 ● Charades</p>	<p>SPRING BEGINS</p>		<p>10:00 ● Horoscope Signs Discussion 10:30 ● World Poetry Day 11:00 ● Gardening with Jake 11:30 ● Exercise with Genesis 12:00 ● Veterans' Luncheon DR 2:00 ● Call out the answer 6:00 ● Charades</p>	<p>10:00 ● Puppy Love 10:30 ● Dominoes Month 11:00 ● Celebrate Anything Day 2:00 ● Community Helpers 3:00 ● Happy Hour 4:00 ● Pamper Me Thursday (Hand Massage/Nails) 6:00 ● Singalong & Prayer</p>	<p>10:00 ● Spiritual Wellness Month 10:30 ● So, what do you taste? DR 11:00 ● Paint with Dots 11:30 ● Exercise with Genesis 2:00 ● Sorting 4:00 ● Ring Toss 6:00 ● Hallmark Movie</p>
<p>PALM SUNDAY</p>		<p>10:00 ● Daily Reading of Faith 11:00 ● arts & crafts 11:00 ● Lemonade & Laughter 11:30 ● Exercise with Genesis 2:00 ● Travel Club 3:00 ● Bowling 4:00 ● Question Ball 6:00 ● Charades</p>	<p>10:30 ● Meditation 10:30 ● About Face Game 11:00 ● Puzzle Time 11:30 ● Cooking in the Kitchen 2:00 ● Sorting 4:00 ● Sorting by Size 6:00 ● Singalong & Prayer</p>	<p>10:00 ● Singalong 11:00 ● Gardening with Jake 11:30 ● Exercise with Genesis 2:00 ● Call out the answer 3:00 ● Hot Potato Question 4:00 ● Toe Tapping Music 6:00 ● Charades</p>	<p>10:00 ● In the News 10:30 ● Dominoes Month 11:00 ● Lacing Shapes 2:00 ● Community Helpers 3:00 ● Happy Hour 4:00 ● Complete the Sentence 6:00 ● Singalong & Prayer</p>	<p>GOOD FRIDAY PASSOVER starts at sunset 10:00 ● Spiritual Wellness Month 10:30 ● So, what do you taste? DR 11:00 ● Retro Bingo 11:30 ● Exercise with Genesis 2:00 ● Sorting 4:00 ● Pamper Me 6:00 ● Hallmark Movie</p>
<p>10:00 ● Church Service 11:00 ● Colors & Shapes Bingo 11:30 ● Move to Music 2:00 ● Listing Awareness 3:00 ● Finish the phrase 6:00 ● Words That Describe Spring</p>		<p>10:00 ● Daily Reading of Faith 11:00 ● arts & crafts 11:00 ● Lemonade & Laughter 11:30 ● Exercise with Genesis 2:00 ● Travel Club 3:00 ● Bowling 4:00 ● Question Ball 6:00 ● Charades</p>	<p>10:30 ● Meditation 10:30 ● About Face Game 11:00 ● Puzzle Time 11:30 ● Cooking in the Kitchen 2:00 ● Sorting 4:00 ● Sorting by Size 6:00 ● Singalong & Prayer</p>	<p>10:00 ● Singalong 11:00 ● Gardening with Jake 11:30 ● Exercise with Genesis 2:00 ● Call out the answer 3:00 ● Hot Potato Question 4:00 ● Toe Tapping Music 6:00 ● Charades</p>	<p>10:00 ● In the News 10:30 ● Dominoes Month 11:00 ● Lacing Shapes 2:00 ● Community Helpers 3:00 ● Happy Hour 4:00 ● Complete the Sentence 6:00 ● Singalong & Prayer</p>	<p>GOOD FRIDAY PASSOVER starts at sunset 10:00 ● Spiritual Wellness Month 10:30 ● So, what do you taste? DR 11:00 ● Retro Bingo 11:30 ● Exercise with Genesis 2:00 ● Sorting 4:00 ● Pamper Me 6:00 ● Hallmark Movie</p>

EVENT RECAP

thumbprint necklace

“The little moments that I spend with you, make my life beautiful day by day ... Silently, in my heart I want to thank God for giving me such a wonderful person.” — Unknown

Legacy residents created a thumbprint necklace for someone special. No thumbprint is the same just like the love a parent gives you. So take joy in knowing that this gift is a one-of-a-kind and made with love.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE,
APPRECIATION,
RESPECT, TEAMWORK

MS. BEATRICE is a thoughtful, dedicated, compassionate and reliable caregiver for the Memory Care Unit. She is always early, at least 15 minutes every day, and is ready to work. Beatrice goes above and beyond to make sure every resident is well taken care of. She is always willing to help her colleagues to complete any task to ensure our residents are safe, secure and happy. Having a tenure of more than 16 year, Ms. Beatrice is a passionate and committed caregiver.

“Work hard in silence.
Let your success be the
noise.” — *Frank Ocean*

Thank you Beatrice for being our
HEART Hero for Legacy!



TRAIN
YOUR
BRAIN
solution

1	2	3	5	7	8	4	9	6
9	7	5	6	4	1	8	3	2
4	6	8	9	2	3	1	7	5
6	5	2	8	9	7	3	1	4
8	3	4	2	1	5	7	6	9
7	9	1	3	6	4	2	5	8
2	1	9	7	8	6	5	4	3
5	8	7	4	3	9	6	2	1
3	4	6	1	5	2	9	8	7



SENIOR
LIFESTYLE
your life, your style