

legacy court

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- BISTRO — BT
- CONFERENCE HALL — CH
- COUNTRY KITCHEN — CK
- DINING ROOM — DR
- FOURTH FLOOR — 4FL
- LOBBY — LY
- OUTSIDE — Out
- PATIO — PT
- THEATER ROOM — TR
- THIRD FLOOR — 3FL

TRANSPORTATION SCHEDULE

MONDAY, TUESDAY, WEDNESDAY & FRIDAY
8:30 a.m.-2:30 p.m.
Medical Appointments

BANK

MONDAY, WEDNESDAY, FRIDAY
9 a.m.-2 p.m.

STAMPS/CONCIERGE

MONDAY - FRIDAY
9 a.m.-4 p.m.

SALON

TUESDAY - SATURDAY
9 a.m.-4 p.m.

SENIOR LIFESTYLE VALUES

Hospitality, Excellence, Appreciation, Respect, & Teamwork

<p>10:00 ● Church Service 10:30 ● Famous October Birthdays 11:00 ● Scarf Exercise 11:30 ● Move to Music 2:00 ● Travel Club 3:00 ● Mystery Sunday 4:00 ● 85 Anniversary of Babe Ruth Shot Calling 6:00 ● Alphabet Soup</p>	<p>10:00 ● Daily Reading of Faith 10:30 ● Lipstick Personality 11:00 ● arts & crafts 11:30 ● Exercise with Genesis 2:00 ● Travel Club 3:00 ● 10 Joyous Peanuts Quotes 4:00 ● Music Making 6:00 ● Sorting</p>	<p>10:00 ● Tunes for Tuesdays DR 10:30 ● Bowling 11:00 ● Fall Collage 11:30 ● Cooking in the Kitchen 2:00 ● Garry Sings 3:00 ● What Animal Is This? 4:00 ● Question Ball 6:00 ● Moments of Joy</p>	<p>10:00 ● Daily Reading of Faith 10:30 ● Gardening with Jake 11:00 ● Work of Art Wednesdays 11:30 ● Exercise with Genesis 2:00 ● Mysteries of Alfred Hitchcock 3:00 ● Ring Toss 4:00 ● 52 Weeks of Trivia 6:00 ● Alphabet Soup</p>	<p>10:00 ● Daily Chronicle 10:30 ● Bowling 10:40 ● Outing in the Community 11:00 ● Art with Anne 11:30 ● Zumba 2:00 ● Harvest Reminiscing 3:00 ● Happy Hour 4:00 ● Rhyming 6:00 ● Reminisce: Best Teachers and Why</p>	<p>10:00 ● Morning Greetings 10:30 ● McDonald's Facts 11:00 ● Right Brain vs. Left Brain 11:30 ● Exercise with Genesis 2:00 ● Garry Sings 3:00 ● World Smile Day: What Makes You Smile? 4:00 ● Diversity Day: Guess Who's Coming for Dinner? 6:00 ● Prayer Box</p>	<p>10:00 ● Silly Saturday 10:30 ● Silly Saying 11:00 ● Silly Hat Making 11:30 ● Create a Pumpkin 2:00 ● Which Word Doesn't Belong? 3:00 ● Checkers/Games 4:00 ● Table Topics 6:00 ● Spiritual Music Sharing</p>	
<p>10:00 ● Church Service 10:30 ● Make Lemonade 11:00 ● Dominoes 11:30 ● Move to Music 2:00 ● Singalong 3:00 ● Finish the phrase 4:00 ● Write a Poem Together 6:00 ● Women of the Bible</p>	<p>COLUMBUS DAY 10:00 ● Daily Bread Reading 10:30 ● Color Bingo 11:00 ● arts & crafts 11:30 ● Exercise with Genesis 2:00 ● Travel Club 3:00 ● Bean Bag Toss 4:00 ● Spiritual Songs 6:00 ● Speedy Recall</p>	<p>10:00 ● Tunes for Tuesdays DR 10:30 ● Puzzle Time 11:00 ● Storylines 11:30 ● Cooking in the Kitchen 2:00 ● Garry Sings 3:00 ● Community Helpers 4:00 ● What Do You Love About Fall? 6:00 ● Pamper Me</p>	<p>10:00 ● Daily Faith Reading 10:30 ● Gardening with Jake 11:00 ● Work of Art Wednesdays 11:30 ● Exercise with Genesis 2:00 ● Mysteries of Alfred Hitchcock 3:00 ● Nut Challenge 6:00 ● Alphabet Soup</p>	<p>10:00 ● Daily Events 10:30 ● Matching Clocks 10:40 ● Outing in the Community 11:00 ● Volleyball 11:30 ● Alphabet Soup 2:00 ● Harvest Reminiscing 3:00 ● Happy Hour 4:00 ● A-Z Trivia 6:00 ● Singalong & Prayer</p>	<p>10:00 ● Morning Greetings 10:30 ● Bean Bag Toss 11:30 ● Exercise with Genesis 11:30 ● World Egg Day 2:00 ● Garry Sings 4:00 ● Why Is Friday the 13th Unlucky? 6:00 ● Pamper Me Day</p>	<p>10:05 ● Costume Swap Day 10:30 ● Question Ball 11:00 ● Match the Photos 11:30 ● Dominoes 2:00 ● Fall Collage 3:00 ● Checkers/Games 4:00 ● Table Topics 6:00 ● Dance with Me</p>	
<p>10:00 ● Church Service 10:30 ● Community Helpers 11:00 ● Rhyming Words 6 11:30 ● Move to Music 2:00 ● What Animals Is This? 3:00 ● 52 Weeks of Trivia 4:00 ● Moments of Joy 6:00 ● Dance with Me</p>	<p>10:00 ● Daily Chronicles 10:30 ● Apple Cider Social 11:00 ● arts & crafts 11:30 ● Exercise with Genesis 2:00 ● Travel Club 3:00 ● Boss Day: What makes a great boss? 4:00 ● Call Out the Answer 6:00 ● Prayer Box</p>	<p>10:00 ● Tunes for Tuesdays DR 10:30 ● Bowling 11:00 ● Decode It 11:30 ● Cooking in the Kitchen 2:00 ● Garry Sings 3:00 ● Ring Toss 6:00 ● Cadillac: 29 Things You Don't Know About Cadillacs</p>	<p>10:00 ● Daily Chronicles 10:30 ● Link Together 11:00 ● Work of Art Wednesdays 11:30 ● Exercise with Genesis 2:00 ● Mysteries of Alfred Hitchcock 3:00 ● Horseshoes 4:00 ● Speedy Recall 6:00 ● Alphabet Soup</p>	<p>10:30 ● Bowling 10:40 ● Outing in the Community 11:00 ● Tissue Paper Fall Art Work 11:30 ● Zumba 2:00 ● Harvest Reminiscing 3:00 ● Happy Hour 4:00 ● Beanbag Toss 6:00 ● News Time</p>	<p>10:00 ● Morning Greetings 10:30 ● Puzzle Fun 11:30 ● Exercise with Genesis 12:30 ● Ladies Luncheon 2:00 ● Garry Sings 3:00 ● Newspaper Darts 6:05 ● Singalong & Prayer</p>	<p>10:00 ● Daily Bread Reading 10:30 ● Things That Happen in the Fall 11:00 ● Opposite 11:30 ● Cinnamon Tea Making 2:00 ● Sing with Me 3:00 ● Checkers/Games 4:00 ● Table Topics</p>	
<p>10:00 ● Church Service 10:30 ● Friendship Circle CK 10:30 ● Sponge Painting 10:30 ● Search and Find 11:30 ● Move to Music 3:00 ● Finish the phrase 4:00 ● Horseshoes 6:00 ● Chicken Soup for the Soul</p>	<p>10:00 ● Breast Cancer Awareness 10:30 ● Mysterious Mondays 11:00 ● arts & crafts 11:30 ● Exercise with Genesis 2:00 ● Travel Club 3:00 ● Pink Contest 4:00 ● Speedy Recall 6:00 ● Sorting</p>	<p>10:00 ● Tunes for Tuesdays DR 10:30 ● Big Dominos 11:30 ● Cooking in the Kitchen 2:00 ● Garry Sings 3:00 ● 52 Weeks of Trivia 6:00 ● Complete the Sentence</p>	<p>10:30 ● Gardening with Jake 11:00 ● Work of Art Wednesdays 11:30 ● Exercise with Genesis 2:00 ● Mysteries of Alfred Hitchcock 3:00 ● 12 Months of Trivia 6:00 ● Alphabet Soup</p>	<p>10:00 ● In the News 10:40 ● Outing in the Community 11:00 ● Link Together 2:00 ● Harvest Reminiscing 3:00 ● Happy Hour 6:00 ● Moments of Joy</p>	<p>10:00 ● Morning Greetings 10:30 ● Community Helpers 11:00 ● Bingo 11:30 ● Exercise with Genesis 2:00 ● Garry Sings 3:00 ● Finish the Phrase 4:00 ● Fall Trivia 6:00 ● Fall Charades</p>	<p>10:00 ● In the News 10:30 ● Lacing Shapes 11:00 ● Mosaic Art 11:30 ● Color Bingo 3:00 ● Checkers/Games 4:00 ● Table Topics 6:00 ● Fun with Numbers</p>	
<p>10:00 ● Church Service 10:30 ● Scarf Exercise 11:00 ● Sandwich Game 11:30 ● Move to Music 2:00 ● Cat trivia 3:00 ● Shake Awake Your Taste 4:00 ● Travel Club 6:00 ● Shout Out the Answer</p>	<p>10:00 ● Painting Pumpkins 10:30 ● Candy Corner Banner 11:00 ● arts & crafts 11:30 ● Exercise with Genesis 2:00 ● Travel Club 3:00 ● Sorting 4:00 ● Did You Have a Time Clock?</p>	<p>HALLOWEEN 10:00 ● Tunes for Tuesdays DR 10:30 ● Halloween Fun 11:30 ● Cooking in the Kitchen 2:00 ● Garry Sings 3:00 ● Candy Corn Bingo 4:00 ● Spooky Trivia 6:00 ● Mystery Movie</p>	<p>"Cats seem to go on the principle that it never does any harm to ask for what you want." —Joseph Wood Krutch</p>				

EVENT RECAP *ignite your passion*

SEPT. 24-30

During Active Aging Week, we embodied the positive spirit with activities and events that promoted fun, friendships, and wellness in different dimensions. Our goal was to encourage Embrace residents to lead an active life. One way we Ignited Our Passion was trying a ceramics class. We created a ceramic face mask. Embrace residents used their strength to roll the clay, create a face design, and at the end added special touches to resemble something special.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE,
APPRECIATION, RESPECT, TEAMWORK

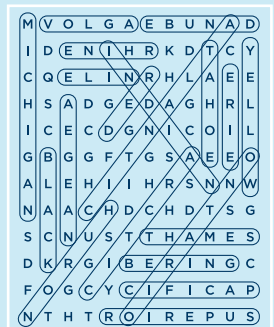
KASI COPELAND is a very caring person and strives to work with the residents to make their experience the best that it can be. Kasi fills in as a Food Runner to get the meals out to the residents quickly and efficiently. She is excellent in guiding the new residents to their tables in the Dining Room. The residents love Kasi because she greets them with a smile, pulls their chairs out, and tries to accommodate their every need. Kasi is in college at Baltimore Community College, studying to pursue her degree in criminal justice.



IT'S THAT TIME OF YEAR AGAIN ... *flu shots*

Just a friendly reminder that we will be giving Flu Shots on Oct. 10. You can obtain and turn in the form at the Concierge Desk. If you have any additional questions, you can contact the Nurses' Station.

TRAIN
YOUR
BRAIN
solution



SENIOR LIFESTYLE
FAMILY-OWNED COMMUNITIES

