



## legacy court

### BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

### LOCATIONS

- BISTRO — BT
- CONFERENCE HALL — CH
- COUNTRY KITCHEN — CK
- DINING ROOM — DR
- FOURTH FLOOR — 4FL
- LOBBY — LY
- OUTSIDE — Out
- PATIO — PT
- THEATER ROOM — TR
- THIRD FLOOR — 3FL

### TRANSPORTATION SCHEDULE

MONDAY, TUESDAY,  
WEDNESDAY & FRIDAY  
8:30 a.m.-2:30 p.m.  
Medical Appointments

### BANK

MONDAY, WEDNESDAY, FRIDAY  
9 a.m.-2 p.m.

### STAMPS/CONCIERGE

MONDAY - FRIDAY  
9 a.m.-4 p.m.

### SALON

TUESDAY - SATURDAY  
9 a.m.-4 p.m.

### SENIOR LIFESTYLE VALUES

*Hospitality,  
Excellence,  
Appreciation,  
Respect, &  
Teamwork*

www.SeniorLifestyle.com  
Activities are subject to change



- 10:00 ● Church Service  
10:30 ● Daily Reading of Faith  
11:00 ● Pumpkin Patch Watercolor  
11:30 ● Move to Music  
2:00 ● Armchair Travel  
3:00 ● Finish the Phrase  
4:00 ● Favorite Memories of Fall  
6:00 ● I Love ...

- 10:00 ● Church Service  
10:30 ● Penmanship  
11:00 ● Painting a Picture  
11:30 ● Move to Music  
2:00 ● Armchair Travel  
3:00 ● "Family Feud"  
4:00 ● 12 Months of Trivia  
6:00 ● I Love ...

- 10:00 ● Church Service  
10:30 ● Poetry Reading  
11:00 ● Yarn Apple Making  
11:30 ● Move to Music  
2:00 ● Armchair Travel  
3:00 ● Finish the Phrase  
6:00 ● I Love ...

- 10:00 ● Church Service  
10:30 ● Matching  
11:30 ● Move to Music  
2:00 ● Armchair Travel  
3:00 ● Things That Happen in the Fall  
6:00 ● I Love ...

- 10:00 ● Daily Faith Reading  
10:30 ● Popsicle Sticks Haunted House  
11:00 ● pick a photo and tell a story  
11:30 ● Exercise with Genesis  
2:00 ● Art with Anne  
3:00 ● Nouns That Begin with T  
4:00 ● Rhyming Words  
6:00 ● Balloon Hits

- COLUMBUS DAY**  
10:00 ● Daily Faith Reading  
10:30 ● Paint by Numbers  
11:00 ● Pre-Lunch Snack  
11:00 ● pick a photo and tell a story  
11:30 ● Exercise with Genesis  
2:00 ● Art with Anne  
3:00 ● Old Wives Tales  
4:00 ● Rhyming Words  
6:00 ● Balloon Hits

- 10:00 ● Daily Faith Reading  
10:30 ● Bookmark Club Apples Laurie Lee  
11:00 ● pick a photo and tell a story  
11:30 ● Exercise with Genesis  
2:00 ● Travel Club  
3:00 ● Darts  
4:00 ● Rhyming Words  
6:00 ● Balloon Hits

- 10:00 ● Daily Faith Reading  
11:00 ● Pre-Lunch Snack  
11:00 ● pick a photo and tell a story  
11:30 ● Exercise with Genesis  
2:00 ● Travel Club  
4:00 ● Rhyming Words  
6:00 ● Balloon Hits

- 10:00 ● Meditation  
11:00 ● pick a photo and tell a story  
11:30 ● Exercise with Genesis  
2:00 ● Travel Club  
3:00 ● Old Wives Tales  
4:00 ● Rhyming Words  
6:00 ● Balloon Hits

- 10:00 ● Meditation  
10:30 ● Fall Bingo  
11:00 ● Texting Tuesday  
11:30 ● Let's Make a Snack  
2:00 ● Seated handball  
3:00 ● Who knows the word?  
4:00 ● Naming Your Baby After Your Car  
6:00 ● Singalong & Prayer

- 10:00 ● Music Down Memory Lane  
10:30 ● Name That Animal  
11:00 ● Sponge Painting  
11:30 ● Let's Make a Snack  
2:00 ● Seated handball  
3:00 ● Who knows the word?  
4:00 ● Popcorn Game  
6:00 ● Singalong & Prayer

- 10:00 ● Meditation  
10:30 ● Fall Bingo  
11:00 ● Autumn Ornaments  
11:30 ● Let's Make a Snack  
2:00 ● Seated handball  
3:00 ● Who knows the word?  
4:00 ● Finish the Bible Quote  
6:00 ● Singalong & Prayer

- 10:00 ● Jazz in the Morning  
10:30 ● Apple Expressions  
11:00 ● Apple Tree Painting  
11:30 ● Let's Make a Snack  
2:00 ● Seated handball  
3:00 ● Who knows the word?  
4:00 ● Pumpkin Bowling  
6:00 ● Singalong & Prayer

- 10:00 ● Daily Bread Reading  
10:30 ● Fall Bingo  
11:00 ● Spooky Art  
11:30 ● Let's Make a Snack  
2:00 ● Seated handball  
3:00 ● Who knows the word?  
4:00 ● Spooky Movie  
6:00 ● Singalong & Prayer

- 10:00 ● pumpkin Doodles  
11:00 ● Leaf Collecting & Painting  
11:30 ● Exercise with Genesis  
2:00 ● Shades of color  
3:00 ● Community Helpers  
4:00 ● Pumpkin bean bag toss game  
6:00 ● Balloon Hits

- 10:00 ● pumpkin Doodles  
10:35 ● Gardening with Jake  
11:00 ● Pom Pom Eyeglasses  
11:30 ● Exercise with Genesis  
2:00 ● Shades of color  
3:00 ● Community Helpers  
4:00 ● Pumpkin bean bag toss game  
6:00 ● Balloon Hits

- 10:00 ● pumpkin Doodles  
11:30 ● Exercise with Genesis  
12:00 ● Veterans' Luncheon | DR  
2:00 ● Shades of color  
3:00 ● Community Helpers  
4:00 ● Pumpkin bean bag toss game  
6:00 ● Balloon Hits  
11:00 ● Leaf Wreath

- 10:00 ● pumpkin Doodles  
10:35 ● Gardening with Jake  
11:00 ● Autumn Picture Craft  
11:30 ● Exercise with Genesis  
2:00 ● Shades of color  
3:00 ● Community Helpers  
4:00 ● Pumpkin bean bag toss game  
6:00 ● Balloon Hits

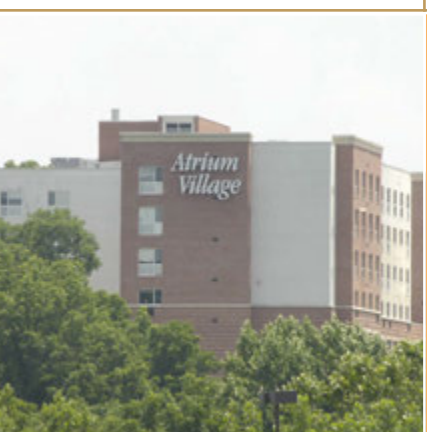
- HALLOWEEN**  
10:00 ● pumpkin Doodles  
10:30 ● Ghost Art  
11:30 ● Exercise with Genesis  
2:00 ● Shades of color  
3:00 ● Community Helpers  
4:00 ● Pumpkin bean bag toss game  
6:00 ● Balloon Hits

- 10:00 ● Meditation  
10:30 ● Puzzles  
10:40 ● Community Outing  
11:00 ● Glitter Acorns  
11:30 ● Colorful Scrape Art  
2:00 ● Toe-Tapping Music  
3:00 ● Happy Hour  
4:00 ● Pamper Me Thursday (Hand Massage/Nails)  
6:00 ● Singalong & Prayer

- 10:00 ● Autumn Poetry Reading  
10:30 ● Puzzles  
10:40 ● Community Outing  
11:00 ● Yarn Fun  
11:30 ● Pasta Hair Clips  
2:00 ● Toe-Tapping Music  
3:00 ● Happy Hour  
6:00 ● Singalong & Prayer

- 10:00 ● Meditation  
10:30 ● Puzzles  
10:40 ● Community Outing  
11:00 ● Bingo  
11:30 ● Colorful Scrape Art  
2:00 ● Toe-Tapping Music  
3:00 ● Happy Hour  
4:00 ● Pamper Me Thursday (Hand Massage/Nails)  
6:00 ● Singalong & Prayer

- 10:00 ● In the News  
10:30 ● Puzzles  
10:40 ● Community Outing  
11:00 ● Sponge Art Creation  
2:00 ● Toe-Tapping Music  
3:00 ● Happy Hour  
6:00 ● Singalong & Prayer



- 10:00 ● Name that Country Music Song  
10:30 ● Autumn Sponge Painting | DR  
11:00 ● Squirrel Scavenger Hunt  
11:30 ● Exercise with Genesis  
2:00 ● Seated handball  
3:00 ● Pumpkin Bowling  
4:00 ● World Smile Day: What Makes You Smile?  
6:00 ● Hallmark Movie

- 10:00 ● Name that Country Music Song  
10:30 ● Autumn Sponge Painting | DR  
11:00 ● Large Dominoes  
11:30 ● Exercise with Genesis  
2:00 ● Seated handball  
3:00 ● Fun with Numbers  
6:00 ● Hallmark Movie

- 10:00 ● Name that Country Music Song  
10:30 ● Autumn Sponge Painting | DR  
11:00 ● Mosaic Art  
11:30 ● Exercise with Genesis  
2:00 ● Famous Sayings  
2:00 ● Scarecrow Stuffing | PT  
6:00 ● Hallmark Movie

- 10:00 ● Name that Country Music Song  
10:00 ● Daily Bread Reading  
10:30 ● Autumn Sponge Painting | DR  
11:30 ● Exercise with Genesis  
2:00 ● French Fry Social  
6:00 ● Hallmark Movie

- 10:00 ● Spiritual Passage  
10:30 ● Community Walk  
11:00 ● Yarn Dolls  
11:30 ● Singalong to the 1920s  
2:00 ● Armchair Travel  
3:00 ● Ring Toss  
4:00 ● Table Topics  
6:00 ● What's This?

- 10:00 ● water painting  
10:30 ● Community Walk  
11:00 ● Story Chain  
11:30 ● Singalong to the 1920s  
2:00 ● Armchair Travel  
3:00 ● Ring Toss  
4:00 ● Table Topics  
6:00 ● What's This?

- 10:00 ● Spiritual Passage  
10:30 ● Community Walk  
11:00 ● Rhyming Words with Fall  
11:30 ● Singalong to the 1920s  
2:00 ● Armchair Travel  
3:00 ● Ring Toss  
4:00 ● Table Topics  
6:00 ● What's This?

- 10:00 ● In the News  
10:00 ● water painting  
10:30 ● Community Walk  
11:00 ● Story Chain  
11:30 ● Singalong to the 1920s  
2:00 ● Armchair Travel  
3:00 ● Ring Toss  
4:00 ● Table Topics  
6:00 ● What's This?

"I often think that the night is more alive and more richly colored than the day."

—Vincent Van Gogh

EVENT RECAP

# family and resident barbecue

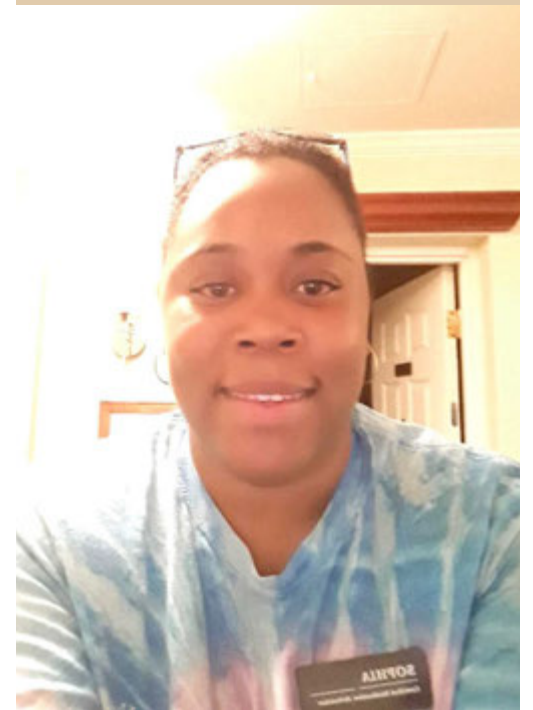
“May you always be surrounded by good friends and great barbecue.” -Unknown author  
Legacy enjoyed a BBQ family event with residents and their loved ones. During the first hour, everyone learned about the natural oils that enhance your health. Demonstrated by Mr. Jake and his team, the products came from our very own garden. After the gardening demonstration, everyone enjoyed a BBQ meal followed by casual conversations.



## THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE,  
APPRECIATION,  
RESPECT, TEAMWORK

SOPHIA joined the Nursing team here at Atrium Village, 4.5 years ago. Sophia works as a full-time CNA and Medication Technician, on the 3-11 p.m. shift. She is kind, compassionate and a truly dedicated member of the Nursing team. Sophia always goes the extra mile. She is often seen sitting with residents, talking with them, taking time out to really get to know each resident and learn their story. We here at Atrium Village, feel lucky to have her as part of our Atrium Village family.



TRAIN  
YOUR  
BRAIN  
solution



SENIOR  
LIFESTYLE  
your life, your style