

Be Inspired

AUTUMN GREEN AT MIDWAY VILLAGE | a Senior Lifestyle community | CHICAGO, IL, 60629 | 773-582-2888

THIS MONTH'S *silver star*

ELIZABETH RORABACK

NAME: Elizabeth Roraback

BORN: Dec. 6, 1934

WHAT CITY: Seattle, Wash.

ANY SIBLINGS? One brother (William)

WHAT KINDS OF ACTIVITIES DID YOU PARTICIPATE IN AS A CHILD? Roller skating, badminton. My brother was on a football team and I was the only girl on the team.

AS A TEEN? I was involved in ice skating competitions. I was also a champion of badminton.

AS AN ADULT? I really enjoyed ice skating. Also I really loved football. Go, Mariners!

WHAT WAS THE FIRST JOB YOU HAD? I was a clerk at Meier and Frank.

WHAT WAS YOUR LAST JOB? I was a charge nurse in Radiology at the University of Washington.

WHAT WAS THE PROUDEST MOMENT IN YOUR LIFE? When I got married and I had five wonderful children.

WHAT WAS YOUR MOST MEMORABLE "ADVENTURE" YOU HAD? I went on a Alaskan cruise.

MARRIED? Yes



Elizabeth Roraback

CHILDREN? Yes

FUNNIEST THING THAT HAPPENED TO YOU? When I started teaching at a school in Washington at the age of 19. I would always get in the employee line for lunch. Well, one day this woman says to me, "Excuse me, you do not belong in this line. It's for employees only!" I proceeded to say, "I am a teacher" and I had to show my ID to stay in line.

FAVORITE MUSIC: Classical

FAVORITE BOOK: "Twilight" series

FAVORITE SPORT: Ice skating

FAVORITE FOOD: Pizza

ANYTHING ELSE YOU WOULD LIKE US TO TRY TO INCLUDE IN THIS ARTICLE? Autumn Green has not only become my home, but I have met a lot of really nice people. I would like to thank the staff for always being so kind and helpful.

JOIN US THIS MONTH FOR

chicago gaelic park

IRISH QUOTE:

May your troubles be less and your blessings be more. And nothing but happiness come through your front door.



Chicago Gaelic Park,

Happy Saint Patrick's Day, Autumn Green! We have a special outing planned to go to Chicago Gaelic Park for a traditional luncheon. Along with some Irish dancing and live Irish music, they will also be having a raffle drawing with some great prizes. You don't want to miss out on this great opportunity!

This outing will take place Wednesday, March 7; the bus will be departing at 11 a.m. The cost per person will be \$20. I will put a sign-up sheet in the Front Lobby located on the half moon table.

TRAIN YOUR BRAIN *sudoku solution on back*

	2			8	9	
9		6		1		2
	6				1	5
		2	9		3	4
8				5		9
7	1		6			
2	9		8		4	
5		4		9		1
	4	1			8	

IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

MS. TAYLOR

I'm so happy to have joined a lovely Community. I'm excited about our endless possibilities and future here at Autumn Green Midway. I look forward to getting to know each of you. Please know that I'm here for you and my door is always open.

Ms. Taylor

BE INSPIRED

- CONNECT
- GROW
- CONTRIBUTE
- MOVE
- FEEL
- REFLECT

LOCATIONS

- ARTS AND CRAFTS ROOM — AC
- COURTYARD PATIO — CP
- DINING ROOM — DR
- FITNESS ROOM — FR
- GAME LOUNGE — GL
- GENESIS OFFICE (APT. #108) — GO
- LIBRARY — LIB
- LOBBY — LB
- LOOP LOUNGE — LL
- MEDIA ROOM — MR
- ORCHARD ROOM (AL) — OR

TRANSPORTATION SCHEDULE

- TUESDAY 10 a.m.
Grocery Shopping: Jewel or Cermak Produce
- WEDNESDAY 10 a.m.
Aldi and Second Run to Walmart (Every Other Wednesday)
- THURSDAY 10 a.m.
Walmart or Target

ADDITIONAL SERVICES

- MONDAY: BY APPOINTMENT
Community Representative Barb Ziegler is available for notary, senior services, registering to vote. Please call her at 708-269-8833 to schedule an appointment.
- THURSDAY 9 A.M.-?
Dr. Kim, the podiatrist, is here the 2nd & 4th Thursday of the month to see residents who need to treat their feet in the privacy of their apartments! Appointments can be made by signing your name in the binder in the lobby.
- FRIDAY 2-4 P.M.
Marquette Bank is here for your banking needs the second, third and fourth Friday of the month. Need change or stamps? Stop by the Art Room.

www.SeniorLifestyle.com
Activities are subject to change

BIRTHDAYS THIS MONTH

- | | |
|---------------------------|--------------------------|
| JACQUELINE BUTLER — 1st | FRANCES HARMON — 17th |
| DONALD URBAN — 5th | PATRICIA LAFFEY — 19th |
| HERBERT JOHNSON — 6th | EDWARD BARTCZAK — 22nd |
| ROBERT SMITH — 10th | FLORA FOUNTAIN — 23rd |
| GLENN BURRELL — 11th | KATHRYN DAUGHERTY — 23rd |
| JANIE REEDER — 14th | LEVA SHELTON — 29th |
| LONNIE ROBERTS — 14th | ANN SLAY — 30th |
| CHARLOTTE HANKOSKY — 15th | |



<p>9:00 ● Sit and Stretch Exercise Class MR 4</p> <p>10:00 ● Mind Benders LB</p> <p>4:00 ● Open Wii Bowling MR</p> <p>5:00 ● Rev Randy & Angie AC</p> <p>6:15 ● Sunday Movie MR</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 5</p> <p>10:00 ● Aromatherapy Relaxing Class OR</p> <p>11:00 ● Influences and Inspirations AC</p> <p>2:00 ● Program Meeting with Lana MR</p> <p>3:00 ● UNO Card Game GL</p> <p>6:00 ● Residents' Bingo AC</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 6</p> <p>10:00 ● Jewel Food Store LB</p> <p>10:00 ● Manicures AC</p> <p>11:00 ● Learn to Wii Bowl MR</p> <p>1:00 ● Brain Health University Class with Wendy AC</p> <p>1:30 ● Food Discussion Group with Antonio AC</p> <p>6:00 ● Canasta Card Game GL</p> <p>6:00 ● Fireside Chat LIB</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 7</p> <p>10:00 ● News & Views AC</p> <p>11:30 ● Chicago Gaelic Park Luncheon LB</p> <p>12:45 ● Trivia/Brain Health University Class with Wendy OR</p> <p>2:30 ● Bible Study AC</p> <p>6:00 ● Pokeno AC</p>	<p>9:00 ● DR. KIM (PODIATRIST) HERE 8</p> <p>9:00 ● Sit and Stretch Exercise Class MR</p> <p>10:00 ● Walmart/Target LB</p> <p>10:00 ● Wear Green Contest MR</p> <p>11:00 ● Learn to Wii Bowl MR</p> <p>1:00 ● Senior Fit Exercise & Bible Study FR</p> <p>3:00 ● Saint Patrick's Day Trivia AC</p> <p>6:00 ● Fireside Chat LIB</p> <p>6:00 ● Variety Game Night: Residents' Pick! GL</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 9</p> <p>10:00 ● Chicago Ridge Mall Outing LB</p> <p>11:00 ● Cookie Decorating Contest AC</p> <p>1:30 ● Bingo AC</p> <p>3:00 ● Solo Dramatist (Stars of the Silver Screen) MR</p> <p>6:00 ● Fireside Chat LIB</p> <p>6:15 ● Movie Night MR</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 10</p> <p>10:00 ● Holy Communion Service with Barb AC</p> <p>12:00 ● Wii Wheel of Fortune LB</p> <p>1:00 ● Poker Social GL</p> <p>2:00 ● Matinee Movie & Popcorn MR</p> <p>6:30 ● Movie Night MR</p>
<p>DAYLIGHT SAVING TIME BEGINS 11</p> <p>8:30 ● Mass at St. Benedict the African Catholic Church LB</p> <p>9:00 ● Sit and Stretch Exercise Class MR</p> <p>4:00 ● Open Wii Bowling MR</p> <p>5:00 ● Rev Randy & Angie AC</p> <p>6:15 ● Sunday Movie MR</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 12</p> <p>10:00 ● Influences and Inspirations AC</p> <p>11:00 ● Meditation Coloring AC</p> <p>2:00 ● Chocolate Mint Cookies and Tea Social OR</p> <p>3:00 ● UNO Card Game GL</p> <p>6:00 ● Residents' Bingo AC</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 13</p> <p>10:00 ● Jewel Food Store LB</p> <p>10:00 ● Manicures OR</p> <p>11:00 ● Learn to Wii Bowl MR</p> <p>1:00 ● Brain Health University Class with Wendy AC</p> <p>2:00 ● Resident Town Hall MR</p> <p>6:00 ● Canasta Card Game GL</p> <p>6:00 ● Fireside Chat LIB</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 14</p> <p>10:00 ● Horseshoe Casino Outing LB</p> <p>11:00 ● Ball Toss Exercise OR</p> <p>12:45 ● Trivia/Brain Health University Class with Wendy OR</p> <p>2:30 ● Bible Study AC</p> <p>6:00 ● Pokeno AC</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 15</p> <p>10:00 ● Walmart/Target LB</p> <p>11:00 ● Learn to Wii Bowl MR</p> <p>1:00 ● Senior Fit Exercise & Bible Study FR</p> <p>3:00 ● Sip & Paint Class AC</p> <p>6:00 ● Fireside Chat LIB</p> <p>6:00 ● Variety Game Night: Residents' Pick! GL</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 16</p> <p>10:00 ● News & Views AC</p> <p>1:30 ● Bingo AC</p> <p>3:15 ● Happy Hour MR</p> <p>6:00 ● Fireside Chat LIB</p> <p>6:15 ● Movie Night MR</p>	<p>ST. PATRICK'S DAY 17</p> <p>9:00 ● Sit and Stretch Exercise Class MR</p> <p>10:00 ● Holy Communion Service with Barb AC</p> <p>12:00 ● Wii Wheel of Fortune LB</p> <p>1:00 ● Poker Social GL</p> <p>2:00 ● Matinee Movie & Popcorn MR</p> <p>6:00 ● Saint Patrick's Day Entertainment MR</p> <p>6:30 ● Movie Night MR</p>
<p>9:00 ● Sit and Stretch Exercise Class MR 18</p> <p>10:00 ● Mind Benders LB</p> <p>4:00 ● Open Wii Bowling MR</p> <p>5:00 ● Rev Randy & Angie AC</p> <p>6:15 ● Sunday Movie MR</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 19</p> <p>10:00 ● Aromatherapy Relaxing Class AC</p> <p>11:00 ● Checkers Game GL</p> <p>1:00 ● Bible Study & Prayer with Shorewood Church *New Time* MR</p> <p>3:00 ● UNO Card Game GL</p> <p>6:00 ● Residents' Bingo AC</p>	<p>SPRING BEGINS 20</p> <p>9:00 ● Sit and Stretch Exercise Class MR</p> <p>10:00 ● Jewel Food Store LB</p> <p>10:00 ● Manicures AC</p> <p>11:00 ● Learn to Wii Bowl MR</p> <p>1:00 ● Brain Health University Class with Wendy AC</p> <p>1:00 ● In-Home Event with Ajay MR</p> <p>6:00 ● Canasta Card Game GL</p> <p>6:00 ● Fireside Chat LIB</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 21</p> <p>11:00 ● Meet Your Neighbor AC</p> <p>11:00 ● Chili's Restaurant Outing</p> <p>12:45 ● Trivia/Brain Health University Class with Wendy OR</p> <p>2:30 ● Bible Study AC</p> <p>6:00 ● Pokeno AC</p>	<p>9:00 ● DR. KIM (PODIATRIST) HERE 22</p> <p>9:00 ● Sit and Stretch Exercise Class MR</p> <p>10:00 ● Walmart/Target LB</p> <p>11:00 ● Learn to Wii Bowl MR</p> <p>1:00 ● Senior Fit Exercise & Bible Study FR</p> <p>3:00 ● New Resident Happy Hour with Lana MR</p> <p>6:00 ● Fireside Chat LIB</p> <p>6:00 ● Variety Game Night: Residents' Pick! GL</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 23</p> <p>10:00 ● Aromatherapy Relaxing Class OR</p> <p>1:30 ● Bingo AC</p> <p>3:15 ● Sip & Paint Class AC</p> <p>6:00 ● Fireside Chat LIB</p> <p>6:15 ● Movie Night MR</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 24</p> <p>10:00 ● Holy Communion Service with Barb AC</p> <p>12:00 ● Wii Wheel of Fortune LB</p> <p>1:00 ● Poker Social GL</p> <p>2:00 ● Matinee Movie & Popcorn MR</p> <p>6:30 ● Movie Night MR</p>
<p>PALM SUNDAY 25</p> <p>9:00 ● Sit and Stretch Exercise Class MR</p> <p>10:00 ● Mind Benders LB</p> <p>4:00 ● Open Wii Bowling MR</p> <p>5:00 ● Rev Randy & Angie AC</p> <p>6:15 ● Sunday Movie MR</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 26</p> <p>10:00 ● Ball Toss Exercise OR</p> <p>11:00 ● Four-Leaf Clover Scavenger Hunt LB</p> <p>3:00 ● UNO Card Game GL</p> <p>6:00 ● Residents' Bingo AC</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 27</p> <p>10:00 ● Jewel Food Store LB</p> <p>10:00 ● Manicures AC</p> <p>11:00 ● Learn to Wii Bowl MR</p> <p>1:00 ● Brain Health University Class with Wendy AC</p> <p>3:00 ● Alexa Game AC</p> <p>6:00 ● Canasta Card Game GL</p> <p>6:00 ● Fireside Chat LIB</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 28</p> <p>10:00 ● News & Views AC</p> <p>11:00 ● Tea & Tales LIB</p> <p>12:45 ● Trivia/Brain Health University Class with Wendy OR</p> <p>2:30 ● Bible Study AC</p> <p>6:00 ● Pokeno AC</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 29</p> <p>10:00 ● Walmart/Target LB</p> <p>11:00 ● Learn to Wii Bowl MR</p> <p>1:00 ● Senior Fit Exercise & Bible Study FR</p> <p>3:00 ● Bunco Dice Game AC</p> <p>6:00 ● Fireside Chat LIB</p> <p>6:00 ● Variety Game Night: Residents' Pick! GL</p>	<p>GOOD FRIDAY 30 PASSOVER starts at sunset</p> <p>9:00 ● Sit and Stretch Exercise Class MR</p> <p>10:00 ● Hula Hoop Exercise Class MR</p> <p>10:00 ● Dollar Store Outing LB</p> <p>11:00 ● Aromatherapy Relaxing Class AC</p> <p>1:30 ● Bingo AC</p> <p>3:15 ● Sip & Paint Class AC</p> <p>6:00 ● Fireside Chat LIB</p> <p>6:15 ● Movie Night MR</p>	<p>9:00 ● Sit and Stretch Exercise Class MR 31</p> <p>10:00 ● Holy Communion Service with Barb AC</p> <p>12:00 ● Wii Wheel of Fortune LB</p> <p>12:30 ● Pray the Rosary with Legion of Mary AC</p> <p>1:00 ● Poker Social GL</p> <p>2:00 ● Matinee Movie & Popcorn MR</p> <p>6:30 ● Movie Night MR</p>

EVENT RECAP

dr. martin luther king jr. day celebration!

Dr. Martin Luther King Jr., one of America's most influential social activists, led the civil rights movement in the 1950s. Dr. Martin Luther King Jr. used peaceful approaches to achieve social change. Residents celebrated this remarkable Nobel Peace Prize winner and his powerful legacy with a rich and vibrant performance from the Proscenium players and group. It was complete with acting, singing, and even a recital of the historic "I Have A Dream" speech. Their performance is always outstanding, leaving audience members moved and inspired.



Proscenium Players and Company

THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION,
RESPECT, TEAMWORK

NAME: ISABEL MARIE RIOS

MONTH: March

DEPARTMENT: Assisted Living

SHIFT/POSITION: Assisted
Living Attendant

**HOW LONG HAVE YOU WORKED
AT AUTUMN GREEN AT MIDWAY
VILLAGE?** One year

WHERE WERE YOU BORN? Saint
Anthony's Hospital, Chicago, Ill.

**HOW LONG HAVE YOU BEEN IN
ILLINOIS?** All of my life.

TELL US ABOUT YOUR FAMILY: I am
the second oldest of five children. I have
three children of my own, two boys and
a girl.

**DO YOU HAVE ANY
PETS?** No, sadly, I
own none.

**WHAT DO YOU
LIKE TO DO IN
YOUR SPARE TIME?**
Spend time with my
kids and mom; family is very important
to me.

**WHAT DO YOU LIKE BEST ABOUT
YOUR JOB?** The residents and people I
work with are wonderful people.

**WHAT WOULD YOU LIKE THE
RESIDENTS TO KNOW ABOUT YOU?**
I like to read and decorate. My kids are
my everything.

**HOW DID YOU FEEL WHEN YOU
WERE TOLD YOU WERE EMPLOYEE
OF THE MONTH?** Happy and surprised.



Isabel Rios

MANAGEMENT TEAM

Gay Wilson, *Business Office Manager*

Thalia Barrow, *Director of Sales
& Marketing*

Antonio Ruiz, *Dining Services Director*

Bill Reader, *Director of Plant Operations*

Rhonda Schofield, *Assisted Living Director*

Lana Wilk, *Resident Program Coordinator*

TRAIN YOUR BRAIN *solution*

1	2	3	5	7	8	4	9	6
9	7	5	6	4	1	8	3	2
4	6	8	9	2	3	1	7	5
6	5	2	8	9	7	3	1	4
8	3	4	2	1	5	7	6	9
7	9	1	3	6	4	2	5	8
2	1	9	7	8	6	5	4	3
5	8	7	4	3	9	6	2	1
3	4	6	1	5	2	9	8	7



**SENIOR
LIFESTYLE**
your *life*, your *style*