

Be Inspired

AUTUMN GREEN AT MIDWAY VILLAGE | a Senior Lifestyle community | CHICAGO, IL, 60629 | 773-582-2888

THIS MONTH'S *silver star*

MR. LAWRENCE SHEPARD, JR.

NAME: Lawrence Shepard, Jr.

DATE OF BIRTH: Feb. 16

BORN: The great state of Georgia and migrated with his family to Chicago in 1931 at the age of 4 years old.

ANY SIBLINGS: One sister who is an Attorney; she graduated from Howard University.

CHILDHOOD ACTIVITIES: Some of my favorite sports activities were playing baseball, football and softball.

TEEN ACTIVITIES: I was a member of the All-Star Junior Football Team in 1946, where we played at Soldier's Field in Chicago. I held some of the best ranking scores. In addition, I enjoyed roller skating.

ADULT ACTIVITIES: I enjoyed dancing. I made sure to learn all of the latest dance moves. Plus, I found a great interest in running and completed several marathons — about three during my lifetime.

FIRST JOB: My first paid job was when I was around the age of 18. I worked at the United States Post Office as a mail clerk.

LAST JOB: My last job before retirement was an Assistant Principal with the Chicago Public Schools (CPS). I worked with CPS from 1970-1995.

PROUD MOMENT: My proudest moment was when my daughter Diana received her Bachelor's of Science Degree from Florida Agricultural and Mechanical University (FAMU)

ADVENTURE: When I arrived in Munich, Germany as a soldier in 1955

MARRIED: I was married, but divorced

CHILDREN: One daughter, named Diana

MUSIC: I am huge fan of Jazz music. I had a collection of over 300 CDs. My favorite singer is Miles Davis, who was an American jazz trumpeter, bandleader, and composer.

BOOK: Not a big book reader.

MOVIE: Uptown Saturday Night

FOOD: Homemade fried chicken or Popeyes. One of my good friends started the first Popeyes Chicken in Chicago from New Orleans, Louisiana

ANYTHING ELSE TO INCLUDE: I am very interesting and outspoken with many stories to tell.



EVENT RECAP *musical dance review*

The dance performance from CSU Musical Dance Review was a wonderful experience! What an incredible show to watch!



IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

RESIDENT REFERRALS

Refer a friend and/or family member to Autumn Green of Midway Village and you could receive a referral bonus credited to your account. Please tell the Executive Director the name of the person you referred and make sure your friends and family indicate your name as the person who referred them to ensure that you receive the referral bonus.

TRAIN YOUR BRAIN *sudoku solution on back*

7	1					5
	3	4	6			2
	6	9	7			
4	8	3		9	6	
	5	3	9	8		1
		6	8	5		
	6		7	4		3
5					2	6

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ARTS AND CRAFTS ROOM — AC
- COURTYARD PATIO — CP
- DINING ROOM — DR
- FITNESS ROOM — FR
- GAME LOUNGE — GL
- GENESIS OFFICE (APT. #108) — GO
- LIBRARY — LIB
- LOBBY — LB
- LOOP LOUNGE — LL
- MEDIA ROOM — MR
- ORCHARD ROOM (AL) — OR

TRANSPORTATION SCHEDULE

- TUESDAY 10 a.m.
Grocery Shopping: Jewel or Cermak Produce
- WEDNESDAY 10 a.m.
Aldi and Second Run to Walmart (Every Other Wednesday)
- THURSDAY 10 a.m.
Walmart or Target

ADDITIONAL SERVICES

- MONDAY, BY APPOINTMENT
Community Representative Barb Ziegler is available for notary, senior services, registering to vote. Please call her at 708-269-8833 to schedule an appointment.
- THURSDAY, 9 A.M.-?
Dr. Kim, the podiatrist, is here the 2nd & 4th Thursday of the month to see residents who need to treat their feet in the privacy of their apartments! Appointments can be made by signing your name in the binder in the lobby.
- FRIDAY, 2-3:30 P.M.
Marquette Bank is here for your banking needs the second, third and fourth Friday of the month. Need change or stamps? Stop by the Art Room.

www.SeniorLifestyle.com
Activities are subject to change

BIRTHDAYS THIS MONTH		MAY DAY 1		2		3		4		5			
HANNAH JACKSON — 10th ELNORA JOHNSON — 15th JOSEPH PHELPS — 16th MARLENE LAKIE — 19th THOMAS BOUSE — 22nd (Employee) WALTER CONKLIN — 25th		DOMINIQUE BROWN — 27th (Employee) MARY HESS — 28th ALBIN GENCIUS — 28th JASMIN DUNLAP — 30th (Employee) BENTON FISHER JR. — 31st		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Jewel Food Store LB 10:00 ● Make Your Own Derby Hat AC 11:00 ● Learn to Wii Bowl MR 1:00 ● Brain Health University Class with Wendy AC 6:00 ● Canasta Card Game GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Make Your Own Derby Hat OR 11:00 ● Manicures AC 12:45 ● Trivia/Brain Health University Class with Wendy OR 2:30 ● Bible Study AC 6:00 ● Pokeno AC		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Walmart/Target LB 11:00 ● Learn to Wii Bowl MR 1:00 ● Senior Fit Exercise & Bible Study FR 1:00 ● Resident Birthday Party DR 6:00 ● Variety Game Night: Residents' Pick! GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 11:00 ● Resident Council Meeting MR 2:00 ● Autumn Green Derby Race CP 3:00 ● Bingo AC 6:15 ● Movie Night MR		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Holy Communion Service with Barb AC 12:00 ● Derby Watch Event & Popcorn MR 1:00 ● Poker Social GL 2:00 ● Matinee Movie & Popcorn MR 6:30 ● Movie Night MR	
9:00 ● Spring Time Sit and Stretch Exercise Class MR 2:00 ● Matinee Movie & Popcorn MR 4:00 ● Open Wii Bowling MR 5:00 ● Rev Randy & Angie AC 6:15 ● Sunday Movie MR		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Learning Sign Language MR 11:00 ● Super Bingo AC 3:00 ● UNO Card Game GL 6:00 ● Residents' Bingo AC		2:00 ● Resident Town Hall Meeting MR 9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Jewel Food Store LB 10:00 ● Post Card Event AC 11:00 ● Learn to Wii Bowl MR 11:00 ● Manicures AC 1:00 ● Brain Health University Class with Wendy AC 6:00 ● Canasta Card Game GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 11:00 ● Chi Tung Outing 12:45 ● Trivia/Brain Health University Class with Wendy OR 2:30 ● Bible Study AC 6:00 ● Pokeno AC		● DR. KIM (PODIATRIST) HERE 9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Walmart/Target LB 10:00 ● Ball Toss OR 11:00 ● Learn to Wii Bowl MR 1:00 ● Senior Fit Exercise & Bible Study FR 6:00 ● Variety Game Night: Residents' Pick! GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Arts & Crafts AC 11:00 ● Aldi Outing LB 1:00 ● Mother's Day Social MR 3:00 ● Bingo AC 6:15 ● Movie Night MR		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Holy Communion Service with Barb AC 12:00 ● Hymn Sing MR 1:00 ● Poker Social GL 2:00 ● Matinee Movie & Popcorn MR 6:30 ● Movie Night MR	
MOTHER'S DAY 13 9:00 ● Spring Time Sit and Stretch Exercise Class MR 2:00 ● Matinee Movie & Popcorn MR 4:00 ● Open Wii Bowling MR 5:00 ● Rev Randy & Angie AC 6:15 ● Sunday Movie MR		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Sign Language Class MR 11:00 ● Arts & Crafts OR 3:00 ● UNO Card Game GL 6:00 ● Residents' Bingo AC		RAMADAN STARTS AT SUNSET 15 9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Jewel Food Store LB 10:00 ● Creative Poetry Writing AC 10:00 ● Nutrition Class LB 11:00 ● Learn to Wii Bowl MR 11:00 ● Manicures AC 1:00 ● Brain Health University Class with Wendy AC 6:00 ● Canasta Card Game GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Horse Casino 10:30 ● Aromatherapy Hand Massage OR 12:45 ● Trivia/Brain Health University Class with Wendy OR 2:30 ● Bible Study AC 6:00 ● Pokeno AC		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Walmart/Target LB 11:00 ● Learn to Wii Bowl MR 1:00 ● Senior Fit Exercise & Bible Study FR 6:00 ● Variety Game Night: Residents' Pick! GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Arts & Crafts AC 11:00 ● Cermak Produce LB 1:00 ● Meditation Painting AC 3:00 ● Bingo AC 6:15 ● Movie Night MR		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Holy Communion Service with Barb AC 11:00 ● Planting with Boy Scouts CP 12:00 ● Wii Wheel of Fortune MR 1:00 ● Poker Social GL 2:00 ● Matinee Movie & Popcorn MR 6:30 ● Movie Night MR	
8:30 ● Mass at St. Benedict the African Catholic Church LB 9:00 ● Spring Time Sit and Stretch Exercise Class MR 2:00 ● Matinee Movie & Popcorn MR 4:00 ● Open Wii Bowling MR 5:00 ● Rev Randy & Angie AC 6:15 ● Sunday Movie MR		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Sign Language Class MR 1:00 ● Bible Study & Prayer with Shorewood Church *New Time* MR 3:00 ● UNO Card Game GL 6:00 ● Residents' Bingo AC		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Jewel Food Store LB 10:00 ● Creative Poetry Writing AC 10:30 ● Chicago Ridge Mall Outing LB 11:00 ● Learn to Wii Bowl MR 1:00 ● Brain Health University Class with Wendy AC 6:00 ● Canasta Card Game GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 11:00 ● Chuck's BBQ Restaurant 12:45 ● Trivia/Brain Health University Class with Wendy OR 2:30 ● Bible Study AC 6:00 ● Pokeno AC		● DR. KIM (PODIATRIST) HERE 9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Walmart/Target LB 10:00 ● Test Your Senses OR 11:00 ● Learn to Wii Bowl MR 11:00 ● Arts and Crafts AC 1:00 ● Senior Fit Exercise & Bible Study FR 6:00 ● Variety Game Night: Residents' Pick! GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Arts and Crafts AC 10:00 ● Dollar Store Outing LB 11:00 ● News and Views CP 3:00 ● Bingo AC 6:15 ● Movie Night MR		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Holy Communion Service with Barb AC 12:00 ● Wii Wheel of Fortune MR 12:30 ● Pray the Rosary with Legion of Mary MR 1:00 ● Poker Social GL 2:00 ● Matinee Movie & Popcorn MR 6:30 ● Movie Night MR	
9:00 ● Spring Time Sit and Stretch Exercise Class MR 2:00 ● Matinee Movie & Popcorn MR 4:00 ● Open Wii Bowling MR 5:00 ● Rev Randy & Angie AC 6:15 ● Sunday Movie MR		MEMORIAL DAY 28 9:00 ● Spring Time Sit and Stretch Exercise Class MR 12:00 ● Memorial Day Barbecue DR 3:00 ● UNO Card Game GL 6:00 ● Residents' Bingo AC 10:00 ● Word Search Located in Front Lobby LB		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Jewel Food Store LB 10:00 ● Creative Poetry Writing AC 11:00 ● Learn to Wii Bowl MR 1:00 ● Brain Health University Class with Wendy AC 6:00 ● Canasta Card Game GL		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Sign Language Class MR 11:00 ● Random Acts of Kindness AC 12:45 ● Trivia/Brain Health University Class with Wendy OR 2:30 ● Bible Study AC 6:00 ● Pokeno AC		9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Walmart/Target LB 10:00 ● News & Views AC 11:00 ● Learn to Wii Bowl MR 1:00 ● Senior Fit Exercise & Bible Study FR 6:00 ● Variety Game Night: Residents' Pick! GL				9:00 ● Spring Time Sit and Stretch Exercise Class MR 10:00 ● Holy Communion Service with Barb AC 12:00 ● Wii Wheel of Fortune MR 1:00 ● Poker Social GL 2:00 ● Matinee Movie & Popcorn MR 6:30 ● Movie Night MR	

JOIN US THIS MONTH FOR *may's events*

Please mark your calendars or save the dates for the following events and activities:

MAY 3: Resident Birthday Party

MAY 4: Autumn Green Derby Race

MAY 4: Cinco De Mayo dinner

MAY 9: Chi Tung restaurant outing

MAY 11: Mother's Day Social

MAY 16: Horseshoe Casino

MAY 23: Chuck's BBQ outing

MAY 28: Memorial Day Barbecue



CSU Musical Dance Review from April 2018 show

THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE,
APPRECIATION, RESPECT, TEAMWORK

NAME: ERICA PRICE

MONTH: Born in January

DEPARTMENT: Housekeeping

SHIFT/POSITION: Housekeeper

YEARS OF SERVICE: Since October 2015, so two and a half years.

BORN: Chicago, Illinois

TIME IN ILLINOIS: I was born and raised in Chicago, Ill., so I've lived here my entire life.

FAMILY: I come from a very large family and I am a mother of five children. I have four girls and one boy (he is the youngest).

PETS: I just bought a Maltese dog. Her name is Sassy.

SPARE TIME: I love to spend time with my children and to make sure they are happy. Movie nights are a big hit when we are together.

BEST PART OF THE JOB: Interacting with the residents.

ANYTHING FOR THE RESIDENTS TO KNOW: I really enjoy spending time with the residents and appreciate the interesting conversations.

FEELING ABOUT RECEIVING THE SILVER STAR NOMINATION: I must say, I was very EXCITED!



MANAGEMENT TEAM

Gay Wilson, *Business Office Manager*

Antonio Ruiz, *Dining Services Director*

Bill Reader, *Director of Plant Operations*

Rhonda Schofield, *Assisted Living Director*

Lana Wilk, *Resident Program Coordinator*

TRAIN YOUR BRAIN *solution*

7	4	1	2	8	3	6	9	5
9	3	5	4	6	1	7	2	8
2	8	6	9	5	7	4	1	3
4	2	8	1	3	5	9	6	7
1	9	7	8	4	6	3	5	2
6	5	3	7	9	2	8	4	1
3	1	9	6	2	8	5	7	4
8	6	2	5	7	4	1	3	9
5	7	4	3	1	9	2	8	6



**SENIOR
LIFESTYLE**
your life, your style