

# Be Inspired

## THIS MONTH'S silver star

### OUR SILVER STAR

Anthony (Tony) Carnevale was born in 1918 in Pittsfield, Mass. Tony has one brother and three sisters. He graduated from Pittsfield High School and then attended the University of Michigan. Tony acquired a bachelor's degree in engineering. Tony worked as an engineer at General Electric for more than 40 years before he retired.

Tony joined the Navy during World War II. He traveled all over the Pacific front during the war. His time in the Navy was the greatest challenge he had to overcome. Tony did not enjoy being away from home for months at a time. Tony said his favorite song is "Anchors Aweigh." The three traits that describe Tony are kind, caring and friendly. The one thing Tony could not live without is his TV; he enjoys watching sports and old movies. Tony loves eating Italian food and has been described as a true Italian. He can demonstrate the correct way to use fork and spoon to eat spaghetti. When asked, "What is one thing most people do not know about you?" Tony's response was "What I did after the war." Tony did not give any more details about what he did so I guess that will remain a mystery.



## JOIN US THIS MONTH FOR gratitude

Feeling grateful? This month we celebrate gratitude and all we are thankful for. So join in the fun as we explore gratitude through our programs and our lives.



Grateful for our residents

## TRAIN YOUR BRAIN sudoku solution on back

	8		6			9	3	
			7	8			6	
6								
5								3
	3	4	2		1	6	7	
9				3				1
7								
	9			5	3			
	2	1			6		4	

## IT'S OUR PLEASURE TO SERVE YOU ... word from your executive director

### THANKSGIVING DINNER

Please join us on Sunday, Nov. 18, for our annual Resident and Family Thanksgiving Dinner. Dinner will be served from 3 to 6 p.m. RSVP at the front desk. We hope to see you all for a gobbling good time!

BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- BAR/LOBBY — BL
- COMMUNITY-WIDE — CW
- DINING ROOM — DR
- FITNESS CENTER — FC
- FOURTH FLOOR LIBRARY — L
- FOURTH FLOOR THEATER — T
- FRONT DESK — FD
- OUTING — O
- PATIO — P
- PRIVATE DINING ROOM — PDR
- SECOND FLOOR — SF
- SECOND FLOOR CLINIC — C
- SECOND FLOOR COMMON AREA — SCA
- THIRD FLOOR — TF
- THIRD FLOOR ARTS AND CRAFTS ROOM — AR
- THIRD FLOOR HOBBY ROOM — HR

TRANSPORTATION SCHEDULE

- TUESDAY & THURSDAY  
9 a.m.-4 p.m.  
Doctor Appointments and Errands
- WEDNESDAY & FRIDAY  
1-4 p.m.  
Doctor Appointments and Errands

BIRTHDAYS THIS MONTH

- GENE MCCORMICK — 11th
- CAROL FOREMAN — 18th
- FRED HASZELBART — 19th
- JANE MORAGHAN — 20th
- MARILYN BAILEY — 23rd
- ELIZABETH DOCTER — 23rd
- JEAN RING — 26th
- PHYLLIS KIRBABAS — 27th
- RICHARD VERKET — 30th

www.SeniorLifestyle.com  
Activities are subject to change



“Holidays — any holiday — are such a great opportunity to focus on bringing the family together.”  
—Lidia Bastianich



**DAYLIGHT SAVING TIME ENDS 4**

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up: Independent Exercise | FC
- 2:00 ● Church Service | T
- 3:00 ● Midday Matinee | T
- 3:00 ● Ice Cream Social | BL
- 6:30 ● Night at the Movies | T

**5**

- 9:00 ● Coffee Social | BL
- 10:45 ● Lunch at Chuy's Mexican: Sign Up | O
- 11:15 ● Moving Forward with Parkinson's, Exercise Class | HR
- 1:00 ● Muscle Max | HR
- 1:45 ● Shopping at Meijer, Sign Up | O
- 2:30 ● Bingo: .50 Cents to Play | HR
- 4:00 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

**ELECTION DAY 6**

- 9:00 ● Coffee Social | BL
- 9:00 ● Voting at the Polls: Sign Up | O
- 10:00 ● Kroger, Sign Up | O
- 10:00 ● Muscle Max | HR
- 11:00 ● Mid Pointe Library Craft, Sign Up | AR
- 1:15 ● Sunshine Club Flower Arranging | AR
- 1:30 ● Kroger, Sign Up | O
- 2:30 ● Culinary Creations: Sign Up | BL
- 4:00 ● Happy Hour with Mr. Chris | BL
- 6:30 ● Euchre | HR
- 6:30 ● You Gussed It! Trivia | BL
- 6:30 ● Documentary Movie Night | T

**7**

- 9:00 ● Coffee Social | BL
- 10:00 ● Muscle Max | HR
- 11:00 ● Art for Everyone, Sign Up | AR
- 1:00 ● Chair Volleyball with Gem City | BL
- 2:00 ● "Did You Know" With Mike Connelly | T
- 3:00 ● Veterans Poppy Pin Craft: Sign Up | AR
- 4:00 ● Happy Hour | BL
- 6:30 ● Mexican Train Dominoes | BL
- 6:30 ● Night at the Movies | T

**8**

- 9:00 ● Graeter's Coffee Social | BL
- 10:00 ● Muscle Max | AR
- 11:00 ● Brain Health | HR
- 1:45 ● Communion | T
- 2:00 ● Bridge | L
- 2:30 ● Compliment Bingo: .50 Cents to Play | HR
- 4:00 ● Happy Hour with Edde Osborne | BL
- 6:15 ● You Gussed It! Trivia | BL
- 6:30 ● Thankful Thursday Movie Night | T

**9**

- 9:00 ● Coffee Social | BL
- 10:00 ● That's a Wrap News Talk | BL
- 11:00 ● Chair Yoga | AR
- 2:00 ● Mexican Train | HR
- 3:00 ● Card Making with Sarah, Sign Up | AR
- 4:00 ● Veterans Day Social with the Queen City Sisters | BL
- 6:30 ● Barrington Movie Club | T
- 7:00 ● Resident-Led Bingo: 50 Cents to Play | HR

**10**

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up, Independent Exercise | FC
- 2:00 ● Midday Matinee | T
- 2:00 ● Resident-Led Bingo: 50 Cents to Play | HR
- 4:00 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

**VETERANS DAY 11**

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up: Independent Exercise | FC
- 12:00 ● Catholic Communion and Rosary | AR
- 1:00 ● Sentimental Journey: A Salute to the USO | O
- 2:00 ● Church Service | T
- 3:00 ● Midday Matinee | T
- 3:00 ● Ice Cream Social | BL
- 6:30 ● Night at the Movies | T

**12**

- 9:00 ● Coffee Social | BL
- 11:15 ● Moving Forward with Parkinson's, Exercise Class | HR
- 1:00 ● Muscle Max | HR
- 1:45 ● Shopping at Walmart: Sign Up | O
- 2:30 ● Bingo: .50 Cents to Play | HR
- 4:00 ● Happy Hour | BL
- 6:30 ● Evening Entertainment with Mike Pendell | BL
- 6:30 ● Night at the Movies | T

**13**

- 9:00 ● Coffee Social | BL
- 9:30 ● Kroger: Sign Up | O
- 10:00 ● Muscle Max | HR
- 1:30 ● Kroger, Sign Up | O
- 1:30 ● Gardening with Jeanne: Sign Up | AR
- 2:30 ● Cincinnati Zoo Presents "Birds" | T
- 4:00 ● Happy Hour with Richard Scott | BL
- 6:30 ● Euchre | HR
- 6:30 ● You Gussed It! Trivia | BL
- 6:30 ● Documentary Movie Night | T

**14**

- 9:00 ● Coffee Social | BL
- 10:00 ● Muscle Max | HR
- 10:00 ● War Birds Museum and Lunch: Sign Up | O
- 11:00 ● Bible Study | AR
- 1:00 ● Chair Volleyball with Gem City | BL
- 2:00 ● Popular Music Through the Ages | T
- 4:00 ● Happy Hour | BL
- 6:30 ● Mexican Train Dominoes | BL
- 6:30 ● Night at the Movies | T

**15**

- 9:00 ● Servatii Coffee Social | BL
- 10:00 ● Muscle Max | AR
- 11:00 ● Brain Health | HR
- 1:45 ● Communion | T
- 2:00 ● Bridge | L
- 2:30 ● Bingo | HR
- 4:00 ● Happy Hour | BL
- 6:15 ● You Gussed It! Trivia | BL
- 6:30 ● Thankful Thursday Movie Night | T

**16**

- 9:00 ● Coffee Social | BL
- 10:00 ● That's a Wrap News Talk | BL
- 11:00 ● Chair Yoga | AR
- 2:00 ● Mexican Train | HR
- 3:00 ● Gratitude Gab Game | HR
- 4:00 ● Happy Hour | BL
- 6:30 ● Barrington Movie Club | T
- 7:00 ● Resident-Led Bingo: 50 Cents to Play | HR

**17**

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up, Independent Exercise | FC
- 2:00 ● Midday Matinee | T
- 2:00 ● Resident-Led Bingo: 50 Cents to Play | HR
- 4:00 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

**18**

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up: Independent Exercise | FC
- 12:00 ● Catholic Communion and Rosary | AR
- 2:00 ● Church Service | T
- 3:00 ● Midday Matinee | T
- 3:00 ● Resident & Family Thanksgiving Dinner | DR
- 6:30 ● Night at the Movies | T

**19**

- 9:00 ● Coffee Social | BL
- 10:40 ● Lunch at Basil's: Sign Up | O
- 11:15 ● Moving Forward with Parkinson's, Exercise Class | HR
- 1:00 ● Muscle Max | HR
- 1:45 ● Shopping at Walmart: Sign Up | O
- 2:30 ● Bingo: .50 Cents to Play | HR
- 4:00 ● Tie One on Happy Hour with Wendell Anderson | BL
- 6:30 ● Night at the Movies | T

**20**

- 9:00 ● Coffee Social | BL
- 10:00 ● Kroger, Sign Up | O
- 10:00 ● Muscle Max | HR
- 11:00 ● Midpointe Library Reading Service | CW
- 1:30 ● Kroger, Sign Up | O
- 1:30 ● Storytelling with James | HR
- 2:30 ● Thankful Tea & Pumpkin Social | BL
- 4:00 ● Happy Hour | BL
- 6:30 ● Euchre | HR
- 6:30 ● You Gussed It! Trivia | BL
- 6:30 ● Documentary Movie Night | T
- 7:30 ● Oola Khan Grotto Band | BL

**21**

- 8:00 ● Mass, Sign Up | O
- 9:00 ● Coffee Social | BL
- 10:00 ● Muscle Max | HR
- 11:00 ● Bible Study | AR
- 12:00 ● Pizza Party | DR
- 1:00 ● Chair Volleyball with Gem City | BL
- 2:00 ● Crafty Creations: Snowman Door Hanger: Sign Up | AR
- 4:00 ● Happy Hour | BL
- 6:30 ● Mexican Train Dominoes | BL
- 6:30 ● Night at the Movies | T

**THANKSGIVING 22**

- 9:00 ● Macy's Day Parade Coffee Social | BL
- 9:00 ● Thanksgiving Word Scramble: Return by 4 p.m. | FD
- 10:25 ● Morning Warmup: Independent Exercise | FC
- 2:00 ● Bridge | L
- 2:00 ● Thanksgiving Matinee: Planes, Trains & Automobiles | T
- 6:15 ● You Gussed It! Trivia | BL
- 6:30 ● Thankful Thursday Movie Night | T

**23**

- 9:00 ● Coffee Social | BL
- 10:00 ● That's a Wrap News Talk | BL
- 11:00 ● Chair Yoga | AR
- 1:00 ● Book Club | AR
- 2:00 ● Mexican Train | HR
- 3:00 ● As the Story Goes with Rita | AR
- 4:00 ● Happy Hour | BL
- 6:30 ● Barrington Movie Club | T
- 7:00 ● Resident-Led Bingo: 50 Cents to Play | HR

**24**

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up, Independent Exercise | FC
- 2:00 ● Midday Matinee | T
- 2:00 ● Resident-Led Bingo: 50 Cents to Play | HR
- 4:00 ● Happy Hour | BL
- 6:30 ● Night at the Movies | T

**25**

- 9:00 ● Coffee Social | BL
- 10:00 ● Morning Warm-Up: Independent Exercise | FC
- 12:00 ● Catholic Communion and Rosary | AR
- 2:00 ● Midday Matinee | T
- 3:00 ● Ice Cream Social | BL
- 6:30 ● Night at the Movies | T

**26**

- 9:00 ● Coffee Social | BL
- 10:30 ● Lunch at MacKenzie River Grill & Pub: Sign Up | O
- 11:15 ● Moving Forward with Parkinson's, Exercise Class | HR
- 1:00 ● Muscle Max | HR
- 1:45 ● Shopping at Walmart: Sign Up | O
- 2:30 ● Bingo: .50 Cents to Play | HR
- 4:00 ● Happy Hour with the Happy Hour Duo | BL
- 6:30 ● Night at the Movies | T

**27**

- 9:00 ● Coffee Social | BL
- 10:00 ● Kroger, Sign Up | O
- 10:00 ● Muscle Max | HR
- 1:30 ● Kroger, Sign Up | O
- 1:30 ● Holiday Tree Trimming: All Floors | CW
- 2:45 ● WWI Presentation | T
- 4:00 ● Happy Hour | BL
- 6:30 ● Euchre | HR
- 6:30 ● You Gussed It! Trivia | BL
- 6:30 ● Documentary Movie Night | T

**28**

- 9:00 ● Coffee Social | BL
- 10:00 ● Muscle Max | HR
- 11:00 ● Bible Study | AR
- 1:00 ● Chair Volleyball with Gem City | BL
- 2:00 ● Music Around the World | T
- 4:00 ● Birthday Bash with Spittin' Image | BL
- 6:30 ● Mexican Train Dominoes | BL
- 6:30 ● Night at the Movies | T

**29**

- 9:00 ● Stan the Donut Man Coffee Social | BL
- 10:00 ● Muscle Max | AR
- 11:00 ● Brain Health | HR
- 12:00 ● Cookout | PDR
- 1:30 ● Menu Chat: Everyone Welcome | DR
- 1:45 ● Communion | T
- 2:00 ● Bridge | L
- 2:30 ● Bingo | HR
- 4:00 ● Happy Hour | BL
- 4:30 ● Dinner at the Grand Finale: Sign Up | O
- 6:15 ● You Gussed It! Trivia | BL
- 6:30 ● Thankful Thursday Movie Night | T

**30**

- 9:00 ● Coffee Social | BL
- 10:00 ● That's a Wrap News Talk | BL
- 11:00 ● Chair Yoga | AR
- 2:00 ● Mexican Train | HR
- 4:00 ● Happy Hour | BL
- 6:30 ● Barrington Movie Club | T
- 7:00 ● Resident-Led Bingo: 50 Cents to Play | HR



## THIS MONTH'S *heart heroes*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

We would like to congratulate two staff members of the Barrington of West Chester for receiving caregiver awards.

CONNIE EDWARDS was presented the Caring Like Karen Award. The award was established in memory of the ultimate caregiver, Karen Mason, who lost her battle with pancreatic cancer in 2012. Karen lived her life to make other people happy. In Karen's honor the Caring Like Karen awards recognize caregivers who emulate Karen's love and patience for those in their care. Each year, six recipients are selected from numerous nominations submitted by people in the Greater Cincinnati area who are seeking a special award for their caregiver. A committee of area health

care professionals, nursing home administrators, home care coordinators and other individuals whose background and expertise are in caregiving, reviews all nominations submitted and makes the final decision. Connie was nominated by our maintenance director, Andy Reinhart. His recommendation explained how Connie embodied the characteristics of this award. Connie always goes above and beyond the call of duty to care for the Barrington residents. Connie was awarded a \$1,000 wish gift.

HALONA BOURNE was given the Cheering for Charity Award. Cheering for Charity is a nonprofit organization whose mission statement is "to enhance the quality of life for health care residents and their families, impacted by Alzheimer's disease and other dementias. Every year Cheering for Charity honors a caregiver from their nonprofit corporate sponsors. Halona was recommended by Janay Johnson, Health and Wellness Director. Janay nominated Halona for being an excellent caregiver at the Barrington. Halona stated it was an awesome experience. Halona enjoyed the program and found it interesting learning how Cheering for Charity was founded by Priscilla Goth. Priscilla began the charity based on her experience caring for her mother.

We are proud to honor both of these ladies for their dedication and caring for our Barrington residents.



Connie Edwards



Halona Bourne

## EVENT RECAP

# *making memories*

We are making memories at the Barrington.



Cincinnati Dinner Train



Tony's 100th Birthday Celebration

## MANAGEMENT TEAM

Stephanie Wehrman, *Executive Director*  
Tracy Long, *Director of Resident Programs*  
Julia White, *Business Office Manager*  
Lisa Fey, *Director of Sales & Marketing*  
Ryan Knuth, *Dining Services Director*  
Andrew Reinhart, *Director of Plant Operations*  
Janay Johnson, *Health and Wellness Director*  
Jessica Baker, *Assisted Living Manager*

TRAIN  
YOUR  
BRAIN  
*solution*



1	8	7	6	4	5	9	3	2
2	5	3	7	8	9	1	6	4
6	4	9	3	1	2	8	5	7
5	1	2	8	6	7	4	9	3
8	3	4	2	9	1	6	7	5
9	7	6	5	3	4	2	8	1
7	6	5	4	2	8	3	1	9
4	9	8	1	5	3	7	2	6
3	2	1	9	7	6	5	4	8



SENIOR  
LIFESTYLE

*your life, your style*