

# Be Inspired

CHANCELLOR'S VILLAGE | INDEPENDENT LIVING | a Senior Lifestyle community | FREDERICKSBURG, VA 22407 | 540-786-5000

## THIS MONTH'S *silver star*

### EDWARD FAHEY

Edward Fahey was born in Brooklyn, N.Y. At the age of two, Edward moved to Newfoundland, Canada so his mother could take care of her parents for seven years. They moved to Boston for one year and then returned to Brooklyn. Edward's father was a fisherman. Edward graduated from St. Francis Prep High School in 1948. He joined the United States Air Force for four years. After the Korean War, he attended R.C.A. Institute for Advanced Technology and then took a job with Colonial Airlines as an Operation Agent for a couple of years. He then took a job with the Structural Ironworkers in 1954 and worked there until he was injured on the job. He went back to the airlines and took a job with Flying Tigers Airline and moved to Tokyo, Japan, working the inter-island run as an Operational Manager. The airline was named after the Flying Tigers fighter unit of World War II, officially the First American Volunteer Group. Ten former AVG pilots formed the Flying Tiger Line. The airline moved him to Calcutta, India for a few months and then back to Tokyo for six years. During his time in India, Flying Tigers Airline was part of the inter-governmental committee for European migrants, transporting Hungarian refugees to other countries. In the six years Edward was in Japan, he was sent to various countries throughout Asia. In 1963, he returned to the United States and took a job with Ironworkers Local 40 for more than 26 years until he retired in 1989. Edward bought land and built a house north of New York City where he lived for 50 years. He married his wife, Christina, in 1972 and they had three children, two daughters and a son. A year ago, Edward moved from his house north of New York to Chancellor's Village to live closer to one of his daughters.



IT'S OUR PLEASURE TO SERVE YOU ...

## *word from your executive director*

HAPPY SPRING!

We've had an interestingly mild winter this year, and spring seems to be coming early with the daffodils blooming in February. In March, we had a beauty shop update and activity room refreshes. We are also looking forward to everyone enjoying the new furniture and fire pit on the patio, too. We hope you'll enjoy the new additions and spend some time in the courtyard taking advantage of the new furniture or sitting under the trees by the water feature as the weather warms up. We look forward to hosting socials and special events outside this spring to take advantage of our new additions!

In March, we started our roof replacement project, which is a large project, as you know. We appreciate your support as we undertake this large endeavor. We have some more exciting things that will be happening in the near future, and we hope you'll enjoy the additions as they are introduced!

It's interesting that Easter is on April 1 this year. Maybe we should designate April 2 as "April Fool's Day" instead of April 1; it seems like that would be appropriate under the circumstances. The theme for this month is "Humor," so keep your eyes open for fun-filled programs geared around this theme!

## JOIN US THIS MONTH FOR *humor month*

April is National Humor Month and we hope you'll join us in making it a laughing matter! Although everyone's "funny bone" is slightly different, many things make us all laugh or smile. The medical benefits of laughter are well-documented. Laughter strengthens your immune system, boosts mood, diminishes pain and protects you from the damaging effects of stress. By seeking out opportunities for humor and laughter, you can improve your emotional health, strengthen your relationships, find greater happiness and even add years to your life.



## TRAIN YOUR BRAIN *search for peters and pauls*

U	E	B	E	R	R	O	T	H	J	B	M	<i>peter</i> FALK
D	R	O	F	W	A	L	S	K	H	C	A	<i>peter</i> FINCH
L	O	R	R	E	S	G	K	L	C	S	R	<i>peter</i> FONDA
H	D	D	W	U	N	D	H	A	E	R	S	<i>peter</i> JENNINGS
O	A	S	D	I	S	F	R	F	L	E	H	<i>peter</i> LAWFORD
G	S	R	N	S	L	T	G	D	O	L	A	<i>peter</i> LORRE
A	N	N	V	D	N	L	I	G	O	L	L	<i>peter</i> MARSHALL
N	E	O	S	E	D	C	I	N	T	E	L	<i>peter</i> O'TOOLE
J	W	M	Y	D	Y	V	S	A	O	S	A	<i>peter</i> SELLERS
D	M	I	L	Y	N	D	E	C	M	V	N	<i>peter</i> UEBERROTH
F	A	S	D	O	N	I	V	R	O	S	K	<i>peter</i> USTINOV
G	N	A	D	N	O	F	I	N	C	H	A	<i>paul</i> ANKA

## independent living

### BE INSPIRED

- CONNECT      ● GROW
- CONTRIBUTE   ● MOVE
- FEEL            ● REFLECT

### LOCATIONS

- ACTIVITY ROOM — AL
- CHAPEL — CHPL
- CRAFT ROOM — CR
- DINING ROOM — DRI
- FITNESS CENTER — FC
- IL LOBBY — IL LBY
- LIBRARY — LI
- OUTDOOR ACTIVITY — OD
- THE CHANCELLOR — CH
- THIRD FLOOR, WING FOUR — W4
- TRIP OUTINGS — TO

### TRANSPORTATION SCHEDULE

- MONDAY - FRIDAY
- 8:30 a.m. - 5 p.m.
- Doctor Visits/Grocery Store/Mall/Banks

### BIRTHDAYS THIS MONTH

- BILL SCAIFE — 1st
- BILL FURCHES — 3rd
- AUDREY HARTHAUSEN — 8th
- FRANK JACOBEN — 10th
- HAROLD BOWIE — 12th
- HELEN ULM — 12th
- RUTH BEVERINA — 24th

### SENIOR LIFESTYLE VALUES

*Hospitality, Excellence, Appreciation, Respect, & Teamwork*

www.SeniorLifestyle.com  
Activities are subject to change

<p>EASTER SUNDAY <b>1</b></p> <p>8:30 ● Church Rides   TO</p> <p>9:00 ● Church Rides   TO</p> <p>10:30 ● Church Rides   TO</p> <p>11:00 ● Worship Service in the Chancellor   CH</p> <p>2:00 ● Phase 10 Card Game</p> <p>6:30 ● Evening Movie   CH</p>	<p>10:00 ● Chair Yoga   CH <b>2</b></p> <p>10:00 ● Mah-Jongg</p> <p>10:30 ● Episcopal Holy Communion   CHPL</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:00 ● Canasta</p> <p>1:00 ● Hand and Foot Card Game   CR</p> <p>6:45 ● Bridge</p>	<p>10:30 ● Narrow Road Music Ministry   CH <b>3</b></p> <p>11:00 ● Fitness Center with Stephanie   FC</p> <p>1:00 ● Yoga Class with Stephanie   CH</p> <p>1:00 ● Pinochle</p> <p>2:00 ● Mexican Train Dominoes</p> <p>3:00 ● Bingo   CH</p> <p>7:00 ● Bible Study   CH</p>	<p>10:00 ● Zumba Gold   CH <b>4</b></p> <p>10:00 ● Library Lobby Stop</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:00 ● Weights/Bands Class   CH</p> <p>1:00 ● Mah-Jongg</p> <p>1:00 ● A Stitch in Time   CR</p> <p>2:00 ● Movie Matinee   AL</p> <p>7:00 ● Poker Game   IL LBY</p>	<p>10:00 ● Chair Exercise: Stretch   CH <b>5</b></p> <p>10:00 ● Catholic Communion   CHPL</p> <p>10:30 ● Comfort Keepers: Blood Pressure Checks</p> <p>10:30 ● Nimble Needlers   CR</p> <p>1:30 ● Scrabble Scramblers   CR</p> <p>3:00 ● Drama Club   CH</p> <p>6:45 ● Bridge   W4</p>	<p>10:00 ● Chair Exercise: Strength   CH <b>6</b></p> <p>10:00 ● Canasta</p> <p>11:00 ● Men's Roundtable   CR</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:30 ● Praying the Rosary   CHPL</p> <p>2:00 ● Skip-Bo   CR</p> <p>7:00 ● "I Love Lucy" Movie   CH</p>	<p>10:00 ● Tai Chi Exercise   CH <b>7</b></p> <p>10:00 ● Coffee &amp; Chat   IL LBY</p> <p>11:00 ● Billiards</p> <p>2:00 ● Movie &amp; Munch   CH</p> <p>3:00 ● Rummikub   CR</p>
<p>8:30 ● Church Rides   TO <b>8</b></p> <p>9:00 ● Church Rides   TO</p> <p>10:30 ● Church Rides   TO</p> <p>11:00 ● Worship Service in the Chancellor   CH</p> <p>2:00 ● Phase 10 Card Game</p> <p>6:30 ● Evening Movie   CH</p>	<p>10:00 ● Chair Yoga   CH <b>9</b></p> <p>10:00 ● Mah-Jongg</p> <p>11:00 ● Library Chit Chat   LI</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:00 ● Hand and Foot Card Game   CR</p> <p>1:00 ● Canasta</p> <p>2:00 ● Glass Pendant Making with Susan Sablon   CH</p> <p>3:30 ● Ambassadors' Meeting   CR</p> <p>4:30 ● Wine Club   CH</p> <p>6:45 ● Bridge</p>	<p>10:30 ● Men's Pool/Billiards   W4 <b>10</b></p> <p>11:00 ● Fitness Center with Stephanie   FC</p> <p>1:00 ● Yoga Class with Stephanie   CH</p> <p>1:00 ● Pinochle</p> <p>3:00 ● Bingo   CH</p> <p>6:15 ● Stage Alive Concert: Sidestreet Strutters   TO</p> <p>7:00 ● Bible Study   CH</p>	<p>10:00 ● Zumba Gold   CH <b>11</b></p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>11:30 ● Riverside Theater: "Hunchback of Notre Dame"   TO</p> <p>1:00 ● Weights/Bands Class   CH</p> <p>1:00 ● Mah-Jongg</p> <p>7:00 ● Poker Game   IL LBY</p>	<p>10:00 ● Chair Exercise: Stretch   CH <b>12</b></p> <p>10:00 ● Catholic Communion   CHPL</p> <p>10:30 ● Comfort Keepers: Blood Pressure Checks</p> <p>10:30 ● Nimble Needlers   CR</p> <p>1:30 ● Scrabble Scramblers   CR</p> <p>2:00 ● The Academy's Best Pictures Lecture   CH</p> <p>6:45 ● Bridge   W4</p>	<p>10:00 ● Chair Exercise: Strength   CH <b>13</b></p> <p>10:00 ● Canasta</p> <p>11:00 ● Men's Cornhole Game   CH</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:30 ● Praying the Rosary   CHPL</p> <p>2:00 ● Skip-Bo   CR</p> <p>3:30 ● Resident Social   IL LBY</p> <p>7:00 ● Perform with Purpose   CH</p>	<p>10:00 ● Tai Chi Exercise   CH <b>14</b></p> <p>10:00 ● Coffee &amp; Chat   IL LBY</p> <p>10:00 ● Shred Fest   OD</p> <p>11:00 ● Jukebox with Linked Senior   CR</p> <p>2:00 ● Movie &amp; Munch   CH</p> <p>3:00 ● Rummikub   CR</p>
<p>8:30 ● Church Rides   TO <b>15</b></p> <p>9:00 ● Church Rides   TO</p> <p>10:30 ● Church Rides   TO</p> <p>11:00 ● Worship Service in the Chancellor   CH</p> <p>2:00 ● Phase 10 Card Game</p> <p>3:00 ● Flute Recital   CH</p> <p>6:30 ● Evening Movie   CH</p>	<p>10:00 ● Chair Yoga   CH <b>16</b></p> <p>10:00 ● Mah-Jongg</p> <p>10:00 ● Catholic Mass   CHPL</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:00 ● Canasta</p> <p>1:00 ● Hand and Foot Card Game   CR</p> <p>2:00 ● Laughter Is the Best Medicine Presentation   CH</p> <p>6:45 ● Bridge</p>	<p>TAX DAY <b>17</b></p> <p>9:00 ● Central Park Hearing Center   CR</p> <p>10:00 ● Resident Council Meeting   CH</p> <p>11:00 ● Fitness Center with Stephanie   FC</p> <p>1:00 ● Yoga Class with Stephanie   CH</p> <p>1:00 ● Pinochle</p> <p>2:00 ● Mexican Train Dominoes</p> <p>2:30 ● Flat Run Ramblers   CH</p> <p>6:45 ● Great Lives Lecture: Napoleon   TO</p> <p>7:00 ● Bible Study   CH</p>	<p>10:00 ● Zumba Gold   CH <b>18</b></p> <p>10:00 ● Library Lobby Stop</p> <p>11:00 ● BHU: Humor Me   CH</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:00 ● A Stitch in Time   CR</p> <p>1:00 ● Mah-Jongg</p> <p>1:00 ● Weights/Bands Class   CH</p> <p>2:00 ● Healthful, Quick &amp; Sustainable Snacks Lecture   CH</p> <p>7:00 ● Poker Game   IL LBY</p> <p>7:00 ● Got Science?   CH</p>	<p>9:30 ● Chair Exercise: Stretch   AL <b>19</b></p> <p>10:30 ● Comfort Keepers: Blood Pressure Checks</p> <p>10:30 ● Nimble Needlers   CR</p> <p>11:00 ● Protestant Communion   CHPL</p> <p>11:00 ● Trip to Germanna Foundation Museum   TO</p> <p>1:30 ● Scrabble Scramblers   CR</p> <p>3:00 ● Drama Club   CH</p> <p>6:45 ● Bridge   W4</p>	<p>10:00 ● Chair Exercise: Strength   CH <b>20</b></p> <p>10:00 ● Canasta</p> <p>11:00 ● Men's Roundtable   CR</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:30 ● Praying the Rosary   CHPL</p> <p>2:00 ● Skip-Bo   CR</p> <p>2:00 ● Tech Class with Krista   CH</p> <p>7:00 ● Comedian Simply Shirley Performs   CH</p>	<p>10:00 ● Tai Chi Exercise   CH <b>21</b></p> <p>10:00 ● Coffee &amp; Chat   IL LBY</p> <p>11:00 ● Billiards</p> <p>2:00 ● Movie &amp; Munch   CH</p> <p>3:00 ● Rummikub   CR</p>
<p>EARTH DAY <b>22</b></p> <p>8:30 ● Church Rides   TO</p> <p>9:00 ● Church Rides   TO</p> <p>10:30 ● Church Rides   TO</p> <p>11:00 ● Worship Service in the Chancellor   CH</p> <p>2:00 ● Phase 10 Card Game</p> <p>2:00 ● Roberson Music Studio Recital   CH</p> <p>6:30 ● Evening Movie   CH</p>	<p>10:00 ● Chair Yoga   CH <b>23</b></p> <p>10:00 ● Mah-Jongg</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:00 ● Canasta</p> <p>1:00 ● Hand and Foot Card Game   CR</p> <p>2:00 ● Author Ellen Butler Lecture   CH</p> <p>6:45 ● Bridge</p>	<p>10:30 ● Men's Pool/Billiards   W4 <b>24</b></p> <p>11:00 ● Fitness Center with Stephanie   FC</p> <p>1:00 ● Yoga Class with Stephanie   CH</p> <p>1:00 ● Pinochle</p> <p>2:00 ● Genesis Rehab Presentation   CR</p> <p>3:00 ● Bingo   CH</p> <p>7:00 ● Bible Study   CH</p>	<p>10:00 ● Zumba Gold   CH <b>25</b></p> <p>11:00 ● BHU: Mixed Puzzles   CH</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:00 ● Weights/Bands Class   CH</p> <p>1:00 ● Mah-Jongg</p> <p>2:00 ● My Most Embarrassing Moment Game   CH</p> <p>7:00 ● Poker Game   IL LBY</p>	<p>10:00 ● Chair Exercise: Stretch   CH <b>26</b></p> <p>10:00 ● Catholic Communion   CHPL</p> <p>10:30 ● Comfort Keepers: Blood Pressure Checks</p> <p>10:30 ● Nimble Needlers   CR</p> <p>1:30 ● Scrabble Scramblers   CR</p> <p>3:00 ● Interest Rates Lecture   CH</p> <p>6:45 ● Bridge   W4</p>	<p>10:00 ● Chair Exercise: Strength   CH <b>27</b></p> <p>10:00 ● Canasta</p> <p>11:00 ● Men's Lunch Out   TO</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:30 ● Praying the Rosary   CHPL</p> <p>2:00 ● Skip-Bo   CR</p> <p>3:00 ● Drama Club Performance   CH</p> <p>3:30 ● Resident Social   IL LBY</p> <p>7:00 ● The Carol Burnett Show   CH</p>	<p>10:00 ● Tai Chi Exercise   CH <b>28</b></p> <p>10:00 ● Coffee &amp; Chat   IL LBY</p> <p>11:00 ● Jukebox with Linked Senior   CR</p> <p>2:00 ● Movie &amp; Munch   CH</p> <p>3:00 ● Rummikub   CR</p>
<p>8:30 ● Church Rides   TO <b>29</b></p> <p>9:00 ● Church Rides   TO</p> <p>10:30 ● Church Rides   TO</p> <p>11:00 ● Worship Service in the Chancellor   CH</p> <p>2:00 ● Phase 10 Card Game</p> <p>6:30 ● Evening Movie   CH</p>	<p>10:00 ● Chair Yoga   CH <b>30</b></p> <p>10:00 ● Mah-Jongg</p> <p>11:30 ● Arthritis Aqua Fit at YMCA   TO</p> <p>1:00 ● Canasta</p> <p>1:00 ● Hand and Foot Card Game   CR</p> <p>2:00 ● Birthday Celebration   CH</p> <p>6:45 ● Bridge</p>			<p>"The best thing one can do when it's raining is to let it rain." —Henry Wadsworth Longfellow</p>		



## EVENT RECAP

# a month filled with affection

Congratulations to Dorothy and Don Barnes for being crowned this year's Valentine's Day King and Queen. Prior to the crowning the resident enjoyed some love songs performed by the Masquerade Quartet. The day after Valentine's Day, the residents and staff displayed their wedding photos for all to enjoy.



Frank and Marion Jacobeen displaying their wedding photo



2018 King and Queen, Dorothy and Don Barnes

## THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION,  
RESPECT, TEAMWORK

FRED KLECAR has been the Dining Services Director for four years. He was born in the Bronx, N.Y. and raised in Rockland County, N.Y. His family owned an Italian restaurant, The Pie Man, in Valley Cottage, N.Y. for 20 years. This is where Fred got his love for cooking. He moved to Orange County in 2000 and started working at Chancellor's Village. He worked at Chancellor's Village for five years and left to pursue other interests. Fred couldn't stay away and returned to Chancellor's Village in 2014. He exemplifies the HEART characteristics by being an integral part of our Chancellor's Village family. Not only is he an amazing cook, he's extremely creative and always has great ideas on how to take events to the next level. Fred works tirelessly to ensure that our residents have great food in a beautiful dining room. He sets a wonderful example for his team and will go above and beyond for the residents and his staff. What Fred likes best about working at Chancellor's Village is the people. He enjoys making a difference in the residents' lives.

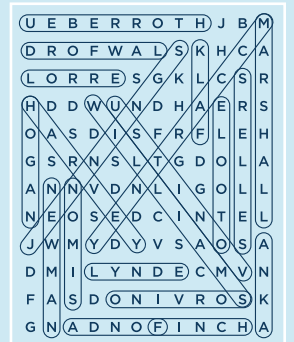
Fred and his wife, Diana, will celebrate 28 years of marriage in August. They have three sons, one daughter and four grandchildren. When Fred is not working, he enjoys fishing, hunting, yard work and fixing cars.



## MANAGEMENT TEAM

Kristen Hansen, *Executive Director*  
Krista Wells, *Director of Resident Programs*  
Lynette Davis, *Business Office Manager*  
Roxanne Milstead, *Director of Sales & Marketing*  
Fred Klecar, *Dining Services Director*  
John James, *Director of Plant Operations*  
Donna Lehman, *Assisted Living Director*

TRAIN  
YOUR  
BRAIN  
*solution*



SENIOR  
LIFESTYLE  
your life, your style