

Be Inspired

EVERGREEN RETIREMENT COMMUNITY | a Senior Lifestyle community | CINCINNATI, OH 45215 | 513-948-2308

JOIN US THIS MONTH FOR *the halloween dance*

It's Halloween season and time for our annual Halloween Dance celebration on Tuesday, Oct. 24, from 7 to 8:30 p.m., in the Auditorium. Come dressed in your favorite spooky, kooky, creepy or silly costume and be prepared to have a great time dancing to the sounds of the Sociables Band. Refreshments and beverages will be served. If ghosts and goblins and witches with wild hair give you delight, then be sure to come to our dance on Halloween night!



Evergreen residents Al and Joann Fluegeman

IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

HAPPY FALL TO ALL THE RESIDENTS AND FAMILIES OF EVERGREEN!

Wow! Has there been a lot of changes around here lately or what? (Whew, I'm wiping the sweat off of my brow!) I wanted to update you on all of the changes that have happened over the past month or so. First, our beloved Janet has moved up north to be with the love of her life. We will all miss her dearly. Please remember that work orders are now to be reported to Melissa at the front desk. Moving forward, we will also be adding evening and weekend front desk coverage at both Evergreen and Wellspring. This means that you have extended times to call in work orders and have extra assistance! Isn't that nice? Michelle (Posey) Thomas (Living Well Director), has made a life change to better assist her mother and Crystal Smith-Carter has taken her place. I just know you all are going to love her. Her office is where Janet used to sit and she is looking forward to assisting you! Robert Robinson is now the Supervisor of Security. Robert has worked at Evergreen/Wellspring for many years and is an outstanding, bright, kind, young man. Many of you already know that. The Northside Bank office has moved to just across from the popcorn machine. We will be converting the old bank space to an office for our Sales Counsellors. That will be a nice, quiet place for potential residents to discuss their individual situations with more privacy and discretion.

On a fun note, don't forget to check your Newsletter for the article explaining our first Annual Heroes Brunch to be held on Thursday, Oct. 19! We will be inviting the local police department, fire department and EMTs for a free meal in our Main Dining Room. Please sign up to volunteer to thank our local heroes for their service! We are also offering a Cuban Caribbean Cruise that sails away on Feb. 20. Be sure to let Jenny know if you are interested. It sounds like an amazing trip!

Another update: I have added some candy selections to my desk, so I encourage you to stop into my Office, say hello and grab a treat! I look forward to enjoying the pumpkins and fall leaves with all of you!

Sincerely,
Liz Dinnesen, EXECUTIVE DIRECTOR

THIS MONTH'S *silver star*

GRACE THIELEMANN

This month's Silver Star is awarded to Evergreen resident Grace Thielemann. Grace volunteers in our Kindervelt Gift Shop. Stop by and check out all the lovely items we have for sale in the Gift Shop. All sale proceeds are donated to Cincinnati Children's Hospital. Grace is also very active with the programs offered at Evergreen, such as exercise classes, swim class, games, and trips. Thank you, Grace, your help is greatly appreciated. (The Gift Shop is always looking for additional volunteers. If you are interested and have a few hours each month to volunteer, please contact the Activities Office.)



Gift Shop Volunteer
Grace Thielemann

TRAIN YOUR BRAIN *search for rivers, lakes, seas & oceans*

M	V	O	L	G	A	E	B	U	N	A	D	AEGEAN sea
I	D	E	N	I	H	R	K	D	T	C	Y	ARCTIC ocean
C	Q	E	L	I	N	R	H	L	A	E	E	ATLANTIC ocean
H	S	A	D	G	E	D	A	G	H	R	L	BERING sea
I	C	E	C	D	G	N	I	C	O	I	L	BLACK sea
G	B	G	G	F	T	G	S	A	E	E	O	DANUBE river
A	L	E	H	I	I	H	R	S	N	N	W	lake ERIE
N	A	A	C	H	D	C	H	D	T	S	G	lake HURON
S	C	N	U	S	T	T	H	A	M	E	S	lake INDIAN
D	K	R	G	I	B	E	R	I	N	G	C	lake MICHIGAN
F	O	G	C	Y	C	I	F	I	C	A	P	NILE river
N	T	H	T	R	O	I	R	E	P	U	S	lake ONTARIO
												PACIFIC ocean
												RED sea
												RHINE river
												lake SUPERIOR
												lake TAHOE
												river THAMES
												VOLGA river
												YELLOW sea

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

ARTS AND CRAFTS ROOM — ACR

ASSISTED LIVING LOUNGE — AL-L

ATRIUM — ATM

AUDITORIUM — AUD

BILLIARDS ROOM — BR

CHAPEL — CH

DINING ROOM — DR

EXERCISE ROOM — ER

GAME ROOM — GR

MANSION BAR — BAR

MANSION LIVING ROOM — MLR

PRIVATE DINING ROOM — PDR

SUNROOM — SR

THIRD FLOOR BUILDING THREE

CARD LOUNGE — 3 FL CL

WELLSPRING — WS

NOVEMBER'S TRANSPORTATION

AREA I — 1, 8, 16, 24, 27

AREA II — 2, 9, 17, 20, 28

AREA III — 3, 10, 13, 21, 29

AREA IV — 6, 14, 22, 30

AREA V — 7, 15

*CALL TRANSPORTATION

**MUST SIGN UP

CALENDAR HOTLINE:
948-2316-3

Please sign up at the Activity Desk for Wellness Everyday™ Personal Training Certification.



<p>9:00 ● St. Vivian 10:00 ● Church of Christ Service WS 10:00 ● St. James, Northminster and Wyoming Presbyterian 11:30 ● Ruth Rubendunst, Piano DR 1:30 ● Catholic Service WS 2:00 ● Movie Matinee: To Be Announced AUD</p>	<p>● AREA III* 2 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:00 ● Stitch 'n' Chat SR 1:15 ● Chair Yoga Class AUD 2:00 ● Library Talk The Silk Road AUD 7:15 ● Ed Schmalz and Friends Trio AUD</p>	<p>● AREA IV* 3 8:30 ● Kroger Shuttle 10:30 ● Catholic Mass WS 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Pinochle Class** GR 1:00 ● Bible Study SR 1:00 ● Wellness Center BP Screenings 2:30 ● Flower Arranging ACR 4:00 ● Newcomers' Meet and Greet MLR 7:15 ● Trivia with Jennifer AUD</p>	<p>● AREA V* 4 ● SUKKOT 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:15 ● Brain Games ACR 2:00 ● Chair Volleyball AUD 7:15 ● Phil Degreg Piano & Joe on Clarinet AUD</p>	<p>● AREA I* 5 8:30 ● Kroger Shuttle 9:00 ● 11:30 a.m., Flu Shots** ACR 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Choir Practice AUD 7:00 ● Bingo AUD</p>	<p>● AREA II* 6 9:45 ● Advanced Exercise AUD 11:00 ● Pray the Rosary CH 11:30 ● Beginning Exercise AUD 2:30 ● Card Bingo ACR 4:00 ● Sabbath Eve Services AUD 7:00 ● Movie: To Be Announced AUD</p>	<p>9:30 ● Wii Bowling AUD 7 11:00 ● Current Events ACR 1:00 ● Billiards BR 4:00 ● Catholic Mass AUD 7:00 ● Cards 3 FL CL 7:15 ● Annie Takenii: Piano & Singing AUD</p>	
<p>9:00 ● St. Vivian 10:00 ● Church of Christ Service WS 10:00 ● St. James, Northminster and Wyoming Presbyterian 11:30 ● Ruth Rubendunst, Piano DR 1:30 ● Catholic Service WS 2:00 ● Movie Matinee: To Be Announced AUD</p>	<p>COLUMBUS DAY 9 ● AREA II* 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 12:00 ● Chef Tasting** DR 1:00 ● Stitch 'n' Chat SR 1:15 ● Chair Yoga Class AUD 2:00 ● Resident Council Meeting 3 FL CL 7:15 ● CCM Performance AUD</p>	<p>● AREA III* 10 8:30 ● Kroger Shuttle 9:00 ● Audiologist Visit SR 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Pinochle Class** GR 1:00 ● Bible Study SR 1:00 ● Wellness Center BP Screenings 2:30 ● Flower Arranging ACR 4:00 ● Brown Bag Happy Hour GR 7:15 ● NaturExplorer: Cicadas AUD</p>	<p>● AREA IV* 11 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:15 ● Brain Games ACR 2:00 ● Chair Volleyball AUD 7:15 ● Jack Lightcap Roanoke & The Lost Colony AUD</p>	<p>● AREA V* 12 8:30 ● Kroger Shuttle 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Choir Practice AUD 2:00 ● Artist Studio with J** ACR 7:00 ● Bingo AUD</p>	<p>● AREA I* 13 ● LIBRARY PICKUP AND DELIVERY 9:45 ● Advanced Exercise AUD 11:00 ● Pray the Rosary CH 11:30 ● Beginning Exercise AUD 1:15 ● Diane Shields: Abigail Adams AUD 2:30 ● Card Bingo ACR 2:30 ● What Is P.T. and What Can It Do for Me? AUD 4:00 ● Sabbath Eve Services AUD 7:00 ● Movie: To Be Announced AUD 7:00 ● Pops Transportation**</p>	<p>9:30 ● Wii Bowling AUD 14 11:00 ● Current Events ACR 1:00 ● Billiards BR 4:00 ● Catholic Mass AUD 7:00 ● Cards 3 FL CL 7:15 ● Full Moon Ranch Trio AUD</p>	
<p>9:00 ● St. Vivian 10:00 ● Church of Christ Service WS 10:00 ● St. James, Northminster and Wyoming Presbyterian 11:30 ● Ruth Rubendunst, Piano DR 1:30 ● Catholic Service WS 2:00 ● Movie Matinee: To Be Announced AUD</p>	<p>● AREA I* 16 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:00 ● Stitch 'n' Chat SR 1:15 ● Chair Yoga Class AUD 7:15 ● One Voice Choir Concert AUD</p>	<p>● AREA II* 17 8:30 ● Kroger Shuttle 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Pinochle Class** GR 1:00 ● Bible Study SR 1:00 ● Wellness Center BP Screenings 2:30 ● Flower Arranging ACR 4:00 ● Brown Bag Happy Hour GR 5:00 ● Dine Out @ The Bonefish Grill**</p>	<p>● AREA III* 18 9:45 ● Advanced Exercise AUD 11:15 ● Fall Foliage Drive with Lunch @ The Blue Goose** 11:30 ● Beginning Exercise AUD 1:15 ● Brain Games ACR 11:15 ● Fall Foliage Drive with Lunch @ The Blue Goose**</p>	<p>● AREA IV* 19 8:30 ● Kroger Shuttle 9:00 ● -1 p.m., Heroes Brunch** DR 10:00 ● Indoor Golf with Susan AUD 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Choir Practice AUD 3:30 ● Protestant Communion AUD 7:00 ● Bingo AUD</p>	<p>● AREA V* 20 9:45 ● Advanced Exercise AUD 11:00 ● Pray the Rosary CH 11:00 ● Brown Bag Trip: Bridging the Ohio** 11:30 ● Beginning Exercise AUD 2:30 ● Card Bingo ACR 4:00 ● Sabbath Eve Services AUD 7:00 ● Movie: To Be Announced AUD</p>	<p>9:30 ● Wii Bowling AUD 21 11:00 ● Current Events ACR 1:00 ● Billiards BR 4:00 ● Catholic Mass AUD 7:00 ● Cards 3 FL CL</p>	
<p>9:00 ● St. Vivian 10:00 ● Church of Christ Service WS 10:00 ● St. James, Northminster and Wyoming Presbyterian 11:30 ● Ruth Rubendunst, Piano DR 1:30 ● Catholic Service WS 2:00 ● Movie Matinee: To Be Announced AUD</p>	<p>● AREA V* 23 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:00 ● Stitch 'n' Chat SR 1:15 ● Chair Yoga Class AUD 2:30 ● Flower Arranging ACR 3:15 ● Generations Together with Wyoming HS** MLR 7:15 ● Al Mahan Singer, Music Historian AUD</p>	<p>● AREA I* 24 8:30 ● Kroger Shuttle 10:40 ● Water Works @ Drake** 1:00 ● Wellness Center BP Screenings 1:00 ● Bible Study SR 1:00 ● Pinochle Class** GR 7:00 ● Halloween Dance with The Sociables! AUD</p>	<p>● AREA II* 25 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:15 ● Brain Games ACR 2:00 ● Chair Volleyball AUD 3:15 ● Book Club 3 FL CL 4:30 ● Birthday Dinner** DR</p>	<p>● AREA III* 26 8:30 ● Kroger Shuttle 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Choir Practice AUD 2:00 ● Artist Studio with J ACR 7:00 ● Bingo AUD</p>	<p>● AREA IV* 27 7:45 ● New River Gouge Train Trip Leaves at 8:00** ATM 9:45 ● Advanced Exercise AUD 11:00 ● Pray the Rosary CH 11:30 ● Beginning Exercise AUD 1:15 ● Diane Shields Empress Josephine & Napoleon AUD 2:30 ● Card Bingo ACR 4:00 ● Sabbath Eve Services AUD 7:00 ● Movie: To Be Announced AUD</p>	<p>● NEW RIVER GOUGE TRAIN TRIP** 28 9:30 ● Wii Bowling AUD 11:00 ● Current Events ACR 1:00 ● Billiards BR 4:00 ● Catholic Mass AUD 7:00 ● Cards 3 FL CL 7:15 ● The Debray Duo AUD</p>	
<p>● NEW RIVER GOUGE TRAIN TRIP** 29 9:00 ● St. Vivian 10:00 ● Church of Christ Service WS 10:00 ● St. James, Northminster and Wyoming Presbyterian 11:30 ● Ruth Rubendunst, Piano DR 1:30 ● Catholic Service WS 2:00 ● Movie Matinee: To Be Announced AUD</p>	<p>● AREA IV* 30 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:00 ● Stitch 'n' Chat SR 1:15 ● Chair Yoga Class AUD 7:15 ● CCM Performance AUD</p>	<p>HALLOWEEN 31 ● AREA V* 8:30 ● Kroger Shuttle 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Wellness Center BP Screenings 1:00 ● Bible Study SR 1:00 ● Pinochle Class** GR 2:30 ● Flower Arranging ACR 4:00 ● Brown Bag Happy Hour GR</p>	<p>“Cats seem to go on the principle that it never does any harm to ask for what you want.” —Joseph Wood Krutch</p>				



EVENT RECAP

parisian dance

In August, the Activities Department decorated the Evergreen Auditorium using a Paris theme to sweep the residents away to the wonderfully romantic city of Paris. The Sociables Band provided the music to help make it a memorable evening with dancing and socializing with friends. The Dining Room joined in the celebration by serving delicious French cuisine. The Servers all looked great in their berets! Ooh la la! Our annual Halloween Dance is this month, so get ready to have another fantastic evening!



Richard & Rhoda Meyer



Ann Harrigan & Bob Rath



Priscilla Gethers

THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

Congratulations to GREG SCHOTTE, our Employee of the Month for October. Greg is the Assistant Plant Operations Maintenance Manager. Greg is being recognized for his professionalism and dedication to the residents and staff at Evergreen/Wellspring. Greg has proven he always go above and beyond, and can handle every situation given to him with the utmost integrity and professionalism. Thank you Greg, for your continued service and leadership qualities, and for providing outstanding customer services to our residents and staff. Congratulations on receiving the Employee of the Month award. Keep up the good work.



Employee Greg Schotte

TRAIN YOUR BRAIN solution

