

Be *Inspired*

EVERGREEN RETIREMENT COMMUNITY | a Senior Lifestyle community | CINCINNATI, OH 45215 | 513-948-2308

JOIN US THIS MONTH FOR *dinner at cincinnati prime*

Join us for dinner on Wednesday, May 2, at Prime Restaurant located in downtown Cincinnati. Prime Restaurant invites you to experience steakhouse and seafood dining at its finest, with an extensive wine selection and outstanding service. They use



only the finest, freshest ingredients, masterfully prepared in recipes designed to engage all your senses. We will leave Evergreen at 5 p.m. Dinner is on your own. Please sign up at the Activities Desk.

THIS MONTH'S *silver stars*

This month's Silver Stars are a group of residents who meet each month to help prepare the Evergreen Activities newsletters by stuffing them with all the additional flyers. They also help by delivering the newsletters to everyone's apartments. The Activities Department would like to thank all of them for volunteering. We could not get along without your help. (Missing from photo Carol St. Andre)



Newsletter helpers Marjorie Boie, Marianne McLain, Flo Kraushar, Alice Gordon, Ann Harrigan, Grace Thielemann, and Ginny Neave

INCLINE *theatre*

Join us on Thursday, May 17, to attend the play "Bye Bye Birdie" at the Warsaw Federal Incline Theatre. In this production of a loving send-up of pre-Beatles, 1960's small-town America and Rock & Roll, "Bye Bye Birdie" remains as fresh and vibrant as ever. Teen heartthrob Conrad Birdie gets drafted, so he chooses All-American girl Kim MacAfee for a very public farewell kiss. With



a tuneful high-energy score, riotous teen romance and a hilarious script, "Birdie" continues to thrill audiences around the world. Hit songs include "Put on a Happy Face," "One Last Kiss," "One Boy," "A Lot of Livin' to Do," "Kids!" and "Rosie." We will leave Evergreen at 6:15 p.m. The cost is \$31 and will be charged to your monthly statement. Please sign up at the Activities Desk.

TRAIN YOUR BRAIN *sudoku solution on back*

7		1						5
	3		4	6				2
		6	9		7			
4		8		3		9	6	
	5	3		9		8		1
			6		8	5		
	6			7	4			3
5						2		6

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ARTS AND CRAFTS ROOM — ACR
- ASSISTED LIVING LOUNGE — AL-L
- ATRIUM — ATM
- AUDITORIUM — AUD
- BILLIARDS ROOM — BR
- CHAPEL — CH
- DINING ROOM — DR
- EXERCISE ROOM — ER
- GAME ROOM — GR
- MANSION BAR — BAR
- MANSION LIVING ROOM — MLR
- PRIVATE DINING ROOM — PDR
- SUNROOM — SR
- THIRD FLOOR BUILDING THREE CARD LOUNGE — 3 FL CL
- WELLSPRING — WS

JUNE'S TRANSPORTATION

- AREA I — Mondays
- AREA II — Tuesdays
- AREA III — Wednesdays
- AREA IV — Thursdays
- AREA V — Fridays

*CALL TRANSPORTATION

**MUST SIGN UP

CALENDAR HOTLINE:
948-2316-3

Please sign up at the Activity Desk for Wellness Everyday™ Personal Training Certification.



www.SeniorLifestyle.com
Activities are subject to change

“Nature does not hurry, yet everything is accomplished.”
—Lao Tzu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MAY DAY 1</p> <p>● AREA II*</p> <ul style="list-style-type: none"> 6:30 ● Voting All Day AUD 8:30 ● Kroger Shuttle 10:30 ● Catholic Mass WS 10:40 ● Water Works @ Drake** 11:00 ● Pinochle Class** BAR 1:00 ● Pinochle Club GR 1:30 ● Bible Study SR 2:30 ● Flower Arranging ACR 4:00 ● Wellness Center BP Screenings (Outside DR) 4:00 ● Brown Bag Happy Hour BAR 	<p>AREA III* 2</p> <ul style="list-style-type: none"> 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:15 ● Brain Games ACR 2:00 ● Chair Volleyball AUD 5:00 ● Dine Out @ Prime** 	<p>AREA IV* 3</p> <ul style="list-style-type: none"> 8:30 ● Kroger Shuttle 10:00 ● Golf with Susan 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Choir Practice AUD 2:00 ● Artist Studio with J** ACR 7:00 ● Bingo AUD 	<p>AREA V* 4</p> <ul style="list-style-type: none"> 9:45 ● Advanced Exercise AUD 11:00 ● Pray the Rosary CH 11:30 ● Beginning Exercise AUD 12:30 ● Trip to Rahn's Greenhouses** 2:30 ● Card Bingo ACR 4:00 ● Sabbath Eve Services AUD 7:00 ● Miami U. Vocal Students' Performance AUD 	<p>CINCO DE MAYO 5</p> <ul style="list-style-type: none"> 11:00 ● Current Events ACR 1:00 ● Billiards BR 1:00 ● Hand and Foot 3 FL CL 1:00 ● Chess Class** ATM 4:00 ● Catholic Mass AUD 		
<p>9:00 ● St. Vivian</p> <p>10:00 ● Church of Christ Service WS</p> <p>10:00 ● St. James, Northminster and Wyoming Presbyterian</p> <p>11:30 ● Ruth Rubendunst, Piano DR</p> <p>1:30 ● Catholic Service WS</p> <p>2:00 ● Movie Matinee: To Be Announced AUD</p>	<p>AREA I* 6</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Stitch 'n' Chat SR</p> <p>1:15 ● Cornhole AUD</p> <p>7:00 ● One Voice Choir Concert AUD</p>	<p>AREA II* 7</p> <p>8:30 ● Kroger Shuttle</p> <p>9:00 ● Audiologist Visit SR</p> <p>11:00 ● Pinochle Class** BAR</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Pinochle Club GR</p> <p>1:30 ● Bible Study SR</p> <p>2:00 ● The Physiology of Taste with Chef Alex AUD</p> <p>2:30 ● Flower Arranging ACR</p> <p>3:00 ● Resident Council Meeting 3 FL CL</p> <p>4:00 ● Brown Bag Happy Hour BAR</p> <p>7:00 ● Nature Explorer: Wild Edible Plants AUD</p>	<p>AREA III* 8</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:15 ● Brain Games ACR</p> <p>2:00 ● Chair Volleyball AUD</p> <p>7:00 ● Trivia with Carrie AUD</p>	<p>AREA IV* 9</p> <p>8:30 ● Kroger Shuttle</p> <p>10:00 ● Golf with Susan</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Choir Practice AUD</p> <p>7:00 ● Bingo AUD</p>	<p>AREA V* 10</p> <p>● LIBRARY PICKUP AND DELIVERY</p> <ul style="list-style-type: none"> 9:45 ● Advanced Exercise AUD 10:00 ● Symphony Transportation** 11:00 ● Pray the Rosary CH 11:30 ● Beginning Exercise AUD 1:15 ● Diane Shields Jimmy Carter AUD 2:30 ● Card Bingo ACR 4:00 ● Sabbath Eve Services AUD 7:00 ● Movie: To Be Announced AUD 	<p>11:00 ● Current Events ACR</p> <p>1:00 ● Billiards BR</p> <p>1:00 ● Hand and Foot 3 FL CL</p> <p>1:00 ● Chess Class** ATM</p> <p>4:00 ● Catholic Mass AUD</p> <p>7:00 ● Denny Duvall Piano, Guitar, Trumpet, Sings, Uke AUD</p>
<p>MOTHER'S DAY 13</p> <ul style="list-style-type: none"> 9:00 ● St. Vivian 10:00 ● Church of Christ Service WS 10:00 ● St. James, Northminster and Wyoming Presbyterian 11:30 ● Ruth Rubendunst, Piano DR 11:30 ● 1st Seating for Brunch** DR 12:30 ● 2nd Seating for Brunch** DR 1:30 ● Catholic Service WS 2:00 ● Judy Langdon Piano School Concert AUD 	<p>AREA I* 14</p> <ul style="list-style-type: none"> 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 12:00 ● Chef Tasting** DR 1:00 ● Stitch 'n' Chat SR 1:15 ● Cornhole AUD 	<p>RAMADAN STARTS AT SUNSET 15</p> <p>● AREA II*</p> <ul style="list-style-type: none"> 8:30 ● Kroger Shuttle 10:40 ● Water Works @ Drake** 11:00 ● Pinochle Class** BAR 1:00 ● Pinochle Club GR 1:30 ● Bible Study SR 2:30 ● Flower Arranging ACR 4:00 ● Wellness Center BP Screenings (Outside DR) 4:00 ● Newcomers' Meet and Greet MLR 7:00 ● Trivia with Jennifer AUD 	<p>AREA III* 16</p> <ul style="list-style-type: none"> 9:45 ● Advanced Exercise AUD 11:30 ● Beginning Exercise AUD 1:15 ● Brain Games ACR 2:00 ● Chair Volleyball AUD 6:00 ● Steve Featherston Guitar, Ukulele, Dulcimer AUD 	<p>AREA IV* 17</p> <ul style="list-style-type: none"> 8:30 ● Kroger Shuttle 10:00 ● Golf with Susan 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Choir Practice AUD 2:00 ● Artist Studio with J** ACR 3:30 ● Protestant Communion AUD 6:15 ● Incline Theater Trip: "Bye Bye Birdie"*** 7:00 ● Bingo AUD 	<p>AREA V* 18</p> <ul style="list-style-type: none"> 9:45 ● Advanced Exercise AUD 11:00 ● Pray the Rosary CH 11:00 ● Brown Bag America "Depression to Super Power" 11:30 ● Beginning Exercise AUD 2:30 ● Card Bingo ACR 4:00 ● Sabbath Eve Services AUD 7:00 ● Movie: To Be Announced AUD 	<p>11:00 ● Current Events ACR</p> <p>1:00 ● Billiards BR</p> <p>1:00 ● Hand and Foot 3 FL CL</p> <p>1:00 ● Chess Class** ATM</p> <p>4:00 ● Catholic Mass AUD</p> <p>7:00 ● Bill Roth Piano & Sings AUD</p>
<p>9:00 ● St. Vivian</p> <p>10:00 ● Church of Christ Service WS</p> <p>10:00 ● St. James, Northminster and Wyoming Presbyterian</p> <p>11:30 ● Ruth Rubendunst, Piano DR</p> <p>1:30 ● Catholic Service WS</p> <p>2:00 ● Movie Matinee: To Be Announced AUD</p>	<p>AREA I* 20</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:15 ● Lunch Trip to Century Inn**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Stitch 'n' Chat SR</p> <p>1:15 ● Cornhole AUD</p> <p>7:00 ● Phil Degreg Piano AUD</p>	<p>AREA II* 21</p> <p>8:30 ● Kroger Shuttle</p> <p>11:00 ● Pinochle Class** BAR</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Pinochle Club GR</p> <p>1:30 ● Bible Study SR</p> <p>2:00 ● Food Talk with Chef Alex AUD</p> <p>2:30 ● Flower Arranging ACR</p> <p>4:00 ● Town Hall Meeting AUD</p> <p>7:00 ● Trivia with Jennifer AUD</p>	<p>AREA III* 22</p> <p>9:45 ● Advanced Exercise AUD</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:15 ● Brain Games ACR</p> <p>2:00 ● Chair Volleyball AUD</p> <p>7:00 ● The Delta Kings Choir AUD</p>	<p>AREA IV* 23</p> <p>8:30 ● Kroger Shuttle</p> <p>10:00 ● Golf with Susan</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Choir Practice AUD</p> <p>7:00 ● Bingo AUD</p>	<p>AREA V* 24</p> <ul style="list-style-type: none"> 9:45 ● Advanced Exercise AUD 11:00 ● Pray the Rosary CH 11:30 ● Beginning Exercise AUD 1:15 ● Diane Shields Ted Kennedy AUD 2:30 ● Card Bingo ACR 4:00 ● Sabbath Eve Services AUD 7:00 ● Movie: To Be Announced AUD 	<p>11:00 ● Current Events ACR</p> <p>1:00 ● Billiards BR</p> <p>1:00 ● Hand and Foot 3 FL CL</p> <p>1:00 ● Chess Class** ATM</p> <p>4:00 ● Catholic Mass AUD</p> <p>7:00 ● Frank Anthony (Martorana) Singer AUD</p>
<p>9:00 ● St. Vivian</p> <p>10:00 ● Church of Christ Service WS</p> <p>10:00 ● St. James, Northminster and Wyoming Presbyterian</p> <p>11:30 ● Ruth Rubendunst, Piano DR</p> <p>1:30 ● Catholic Service WS</p> <p>2:00 ● Movie Matinee: To Be Announced AUD</p>	<p>MEMORIAL DAY 27</p> <p>● AREA I*</p> <ul style="list-style-type: none"> 11:30-1:30 MEMORIAL DAY PICNIC DR 11:30 ● Beginning Exercise AUD 1:00 ● Stitch 'n' Chat SR 2:00 ● Movie To Be Announced AUD 	<p>AREA II* 28</p> <p>8:30 ● Kroger Shuttle</p> <p>10:40 ● Water Works @ Drake**</p> <p>11:00 ● Pinochle Class** BAR</p> <p>11:30 ● Beginning Exercise AUD</p> <p>1:00 ● Pinochle Club GR</p> <p>1:30 ● Bible Study SR</p> <p>2:30 ● Flower Arranging ACR</p> <p>4:00 ● Wellness Center BP Screenings (Outside DR)</p> <p>4:00 ● Brown Bag Happy Hour BAR</p> <p>7:00 ● Circle Singers Concert AUD</p>	<p>AREA III* 29</p> <ul style="list-style-type: none"> 11:30 ● Beginning Exercise AUD 1:15 ● Brain Games ACR 2:00 ● Chair Volleyball AUD 3:15 ● Book Club 3 FL CL 4:30 ● Birthday Dinner** DR 	<p>AREA IV* 30</p> <ul style="list-style-type: none"> 8:30 ● Kroger Shuttle 10:00 ● Golf with Susan 10:40 ● Water Works @ Drake** 11:30 ● Beginning Exercise AUD 1:00 ● Choir Practice AUD 7:00 ● Bingo AUD 		



EVENT RECAP

newcomers' meet and greet

Each month, the Activities Department hosts a Meet and Greet Reception for new residents in the Mansion Living Room. This is a wonderful opportunity to introduce the newest residents to the community and to enjoy a beverage and light refreshment. Our Meet and Greet Reception in May will be on Tuesday, May 15, at 4 p.m. Remember, we were all new here once, so everyone is invited and encouraged to attend to welcome our new neighbors.



Evergreen residents Grace Thielemann, Kay Williams, and Marge Carey



Evergreen residents Priscilla Gethers, Dot Leiser, Lois Reed, and Loie Young

THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

Congratulations to ADAM TAYLOR, our Employee of the Month for May. Adam is the Wellspring Maintenance Coordinator. He has worked for Senior Lifestyle for the past nine months. Adam takes pride in his responsibilities and has shown such caring toward the residents and staff. He is always diligent in accomplishing his work in a timely manner. He has been praised for his quick response to repairing maintenance issues. He is always willing to help, and can be counted on to get the job done. Thank you Adam, for everything you do and for being a great team player. We are so lucky to have you working at Wellspring.



Wellspring employee Adam Taylor

TRAIN YOUR BRAIN solution

7	4	1	2	8	3	6	9	5
9	3	5	4	6	1	7	2	8
2	8	6	9	5	7	4	1	3
4	2	8	1	3	5	9	6	7
1	9	7	8	4	6	3	5	2
6	5	3	7	9	2	8	4	1
3	1	9	6	2	8	5	7	4
8	6	2	5	7	4	1	3	9
5	7	4	3	1	9	2	8	6



SENIOR LIFESTYLE
your life, your style