

the FEBRUARY 2021 newsletter

Be Inspired

FOUNTAIN VIEW VILLAGE | a Senior Lifestyle community | FOUNTAIN HILLS, AZ 85268 | 480-836-5000

THIS MONTH'S *silver star*

SHANNON MCGINNIS

Shannon McGinnis was born in Brooklyn, N.Y. After high school, she worked for IBM as a secretary. She married her first husband soon after and moved to Germany. Their son, Brian, was born in Germany in what once was a Nazi hospital. This same building is now a U.S. Embassy. The family returned to the United States and their daughter, Tara was born in New York. Shannon didn't want to raise her family in a large city, so she started researching other places to live. She was drawn to Arizona even though she had no family or friends here. The family took a trip to explore Arizona and moved here four months after that. Shannon said her family teased her about the "wild west." Shannon had always wanted to be a nurse. While living in North Phoenix, she decided to go back to school and pursue a degree to become a RN. This led to a passion to work in the mental health field. Shannon worked at a psychiatric hospital and did home care for people with psychiatric care needs. Shannon met Gene in 1992 through a friend who introduced them. Gene was retired from the Air Force and loved fishing and being outdoors. Shannon, with her adventurous spirit, seemed to have found her match. She also loved to fish for trout and salmon. She enjoyed traveling and had always wanted to visit Ireland, where her family was from. She and Gene spent weeks exploring the area on their honeymoon and learning her family history. They built a dream home in Christopher Creek. The home took some time to come together, so she and Gene spent one year living in their RV. During this time, Shannon spent a lot of time making jewelry and water coloring. She even spent six months making a wedding dress for her daughter, Tara. Shannon is still busy as ever shopping for the General Store, reading, participating in book club, making art and as a member of the community chorus here in town. She is a grandmother and says her Aunt Mary was a huge inspiration in her life. If you haven't met Shannon, make the effort because she has some fantastic stories and a fun spirit!



WE'RE LOOKING FORWARD TO *live, laugh, love*

Live, Laugh, Love is from Bessie Anderson Stanley's 1904 poem, "Success." Stanley originally submitted this in the form of an essay for a contest held by Brown Book magazine that asked entrants to define success. You'll likely recognize more of the contest-winning piece. He achieved success who has lived well, laughed often, and loved much; Who has enjoyed the trust of pure women, the respect of intelligent men and the love of little children; Who has filled his niche and accomplished his task; Who has never lacked appreciation of Earth's beauty or failed to express it; Who has left the world better than he found it, Whether an improved poppy, a perfect poem, or a rescued soul; Who has always looked for the best in others and given them the best he had; Whose life was an inspiration; Whose memory a benediction.

TRAIN YOUR BRAIN *search for months & birthstones*

Y A M D O D L A R E M E	January
S J D P D T D S G G T D	February
D Z A P O T S A D U D L	March
F L R N C J R U R S R S	April
E D E D U N D Q G A G Y	May
R F B F E A U D E U L R	June
I Y M T S O R P S U A A	July
H B E D I S S Y J S P U	August
P U C S O C T O B E R R	September
P R E B M E V O N N I B	October
A D D (M A R C H) D U L E	November
S E P T E M B E R J D F	December
	Emerald
	Garnet
	Opal
	Pearl
	Ruby
	Sapphire
	Topaz
	Turquoise

BE INSPIRED

- CONNECT
- GROW
- CONTRIBUTE
- MOVE
- FEEL
- REFLECT

LOCATIONS

- **REQUIRES SIGN-UP — **
 *MEET IN LOBBY — L
 AL ACTIVITY ROOM — AL
 AL CHAPEL — ALC
 AL COURTYARD — C
 AL FOUNTAIN TEA ROOM — ALF
 AL SITTING ROOM — ALS
 AL TRAINING ROOM — ALT
 BISTRO — B
 CONFERENCE ROOM — Conf
 FITNESS CENTER — F
 FOUNTAIN (AL) DINING ROOM — FDR
 FOUNTAIN TEA ROOM — FTR
 FOUR PEAKS (IL) ART ROOM — IL
 FOUR PEAKS (IL) DINING ROOM — FPDR
 GALLERY — G
 GENERAL STORE — GS
 IL CHAPEL — ILC
 IL COURTYARD — Pool
 IL PUZZLE ROOM — ILP
 IL SITTING ROOM — ILS
 LIBRARY — Lib
 MARICOPA ROOM — M
 PUB — P
 RESIDENT APARTMENT — RA
 THEATRE — T
 TOWN SQUARE — TS
 WEST—Game Room, IL 1st Floor — CR

BIRTHDAYS THIS MONTH

- WILMA MAYFIELD, C313 — 5th
 RUTH SHREVE, A120 — 18th
 MYRA STEWART, A26 — 19th
 JEAN MADJEREC, A119 — 23rd
 JO NELSON, C316 — 25th
 MARIANNE ABRAHAMSON, A118 — 29th

OFFICE HOURS

- MONDAY - FRIDAY
 7 a.m.-7 p.m.
 SATURDAY & SUNDAY
 9 a.m.-6 p.m.
 CONCIERGE
 480-836-5000

www.SeniorLifestyle.com
 Activities are subject to change



9:00 ● Live Stream Church Service on Chnl 1960 | RA 7
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:00 ● Daily Chronicles | RA
 1:00 ● Meditative Coloring | RA
 3:00 ● Journal Writing | RA
 4:00 ● Puzzle Time | ILP

VALENTINE'S DAY 14
 9:00 ● Live Stream Church Service on Chnl 1960 | RA
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:00 ● Daily Chronicles | RA
 1:00 ● Meditative Coloring | RA
 3:00 ● Journal Writing | RA
 4:00 ● Puzzle Time | ILP

9:00 ● Live Stream Church Service on Chnl 1960 | RA 21
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:00 ● Daily Chronicles | RA
 1:00 ● Meditative Coloring | RA
 3:00 ● Journal Writing | RA
 4:00 ● Puzzle Time | ILP

9:00 ● Live Stream Church Service on Chnl 1960 | RA 28
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:00 ● Daily Chronicles | RA
 1:00 ● Meditative Coloring | RA
 3:00 ● Journal Writing | RA
 4:00 ● Puzzle Time | ILP

9:00 ● Exercise with Spiro 100 | RA 1
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Bingo | AL
 1:00 ● Mexican Train | ILP
 1:30 ● Tai Chi for Beginners | ALF
 2:30 ● Spiritual Hour | AL
 3:00 ● Ping Pong Hour

9:00 ● Exercise with Spiro 100 | RA 8
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Bingo | AL
 10:30 ● Book Club | Lib
 1:00 ● Mexican Train | ILP
 1:30 ● Chair Volleyball | F

PRESIDENTS DAY 15
 9:00 ● Exercise with Spiro 100 | RA
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Bingo | AL
 1:00 ● Mexican Train | ILP
 1:30 ● Tai Chi for Beginners | ALF
 2:30 ● Presidents Day Trivia & Treats | AL

9:00 ● Exercise with Spiro 100 | RA 22
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Bingo | AL
 1:00 ● Mexican Train | ILP
 1:30 ● Chair Volleyball | F
 3:00 ● National Margarita Day | P

8:00 ● Tuesday Errands: 8am-Noon | ** 2
 9:00 ● Exercise with Spiro 100 | RA
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Mahjong | ILP
 10:15 ● Coffee & Conversation with Nic | AL
 1:00 ● Rummikub | ILP
 1:30 ● Balance & Stretch Class | ILC
 1:30 ● One-on-One Visits | RA
 2:30 ● Trivia & Treats | AL

8:00 ● Tuesday Errands: 8am-Noon | ** 9
 9:00 ● Exercise with Spiro 100 | RA
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Coffee & New York Times Quiz with Nicole | AL
 10:15 ● Mahjong | ILP
 1:00 ● Rummikub | ILP
 1:30 ● Balance & Stretch Class | ILC
 1:30 ● One-on-One Visits | RA
 1:30 ● Menu Meeting with Chef Brian | P
 2:30 ● Wheel of Fortune | ILP

8:00 ● Tuesday Errands: 8am-Noon | ** 16
 9:00 ● Exercise with Spiro 100 | RA
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Mahjong | ILP
 10:15 ● Pancake Party | AL
 1:00 ● Rummikub | ILP
 1:30 ● Balance & Stretch Class | ILC
 1:30 ● One-on-One Visits | RA
 2:30 ● Mardi Gras Celebration w/the Jazzona Duo | B

8:00 ● Tuesday Errands: 8am-Noon | ** 23
 9:00 ● Exercise with Spiro 100 | RA
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Mahjong | ILP
 10:15 ● Coffee & Conversation with Malinda | AL
 1:00 ● Rummikub | ILP
 1:30 ● Balance & Stretch Class | ILC
 1:30 ● One-on-One Visits | RA
 2:30 ● Wheel of Fortune | ILP

9:00 ● Exercise with Spiro 100 | RA 3
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Bingo | AL
 1:00 ● Euchre | ILP
 1:30 ● Pretty Nails | AL
 2:30 ● Happy Hour w/Oly Mann | B

9:00 ● Exercise with Spiro 100 | RA 10
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:00 ● Walk to Sipp for a Coffee | **
 10:15 ● Bingo | AL
 1:00 ● Euchre | ILP
 1:30 ● Pretty Nails | AL
 2:30 ● LOL Trivia and Comedy Hour | T

ASH WEDNESDAY 17
 9:00 ● Exercise with Spiro 100 | RA
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Bingo | AL
 1:00 ● Euchre | ILP
 1:30 ● Pretty Nails | AL
 2:30 ● Craft with Katie | AL
 3:00 ● Fitness Center Tour with the Genesis Team | F

9:00 ● Exercise with Spiro 100 | RA 24
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Bingo | AL
 1:00 ● Euchre | ILP
 1:30 ● Pretty Nails | AL
 2:30 ● Happy Hour w/JR & Diane | B

9:00 ● Exercise with Spiro 100 | RA 4
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Uno Card Game | ILP
 1:00 ● Mystery Ride | **
 1:30 ● Pet Visits | RA
 2:30 ● Valentine's Cards with Katie | AL

9:00 ● Exercise with Spiro 100 | RA 11
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Uno Card Game | ILP
 12:00 ● Men's Caregiver Support Group (Zoom Session) | ALC
 1:30 ● Pet Visits | RA
 2:30 ● Cooking Club with Katie Valentine's Treats | AL
 4:00 ● Special Dining Event (Sign-up Only)

9:00 ● Exercise with Spiro 100 | RA 18
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Uno Card Game | ILP
 10:30 ● Resident Council | P
 1:00 ● Shuffleboard | CR
 1:30 ● Pet Visits | RA
 2:30 ● Nature Talk | AL

9:00 ● Exercise with Spiro 100 | RA 25
 9:30 ● Sit & Fit | ALC
 9:30 ● Daily Movie on Channel 1960, See Insert | RA
 10:15 ● Uno Card Game | ILP
 12:00 ● Men's Caregiver Support Group (Zoom Session) | ALC
 1:30 ● Pet Visits | RA
 2:30 ● PB & J Your Way | AL

9:00 ● Exercise with Spiro 100 | RA 5
 9:30 ● Sit & Fit | ALC
 9:30 ● Chnl 1960 Movie: See Insert | RA
 10:15 ● Sequence | ILP
 10:15 ● Bingo | AL
 1:00 ● Line Dancing for Beginners | TS
 1:30 ● Birthday Bash Celebrate February Birthdays | P

9:00 ● Exercise with Spiro 100 | RA 12
 9:30 ● Sit & Fit | ALC
 9:30 ● Chnl 1960 Classic Movie: See Insert | RA
 10:15 ● Sequence | ILP
 10:15 ● Bingo | AL
 1:00 ● Social Hour | TS
 2:30 ● Chinese New Year Hour (Year of the Ox) | AL

9:00 ● Exercise with Spiro 100 | RA 19
 9:30 ● Sit & Fit | ALC
 9:30 ● Chnl 1960 Movie: See Insert | RA
 10:15 ● Sequence | ILP
 10:15 ● Bingo | AL
 1:00 ● Ice Cream Cart & Conversation | P
 2:00 ● Beer & Billiards | P

9:00 ● Exercise with Spiro 100 | RA 26
 9:30 ● Sit & Fit | ALC
 9:30 ● Chnl 1960 Movie: See Insert | RA
 10:15 ● Sequence | ILP
 10:15 ● Bingo | AL
 1:30 ● Snack Cart | RA
 3:30 ● Scenic Ride & Dinner at Saporì D'italia | **

9:00 ● Exercise with Spiro 100 | RA 6
 9:30 ● Chnl 1960 Movie: See Insert | RA
 9:30 ● Sit & Fit with Katie | ALC
 10:00 ● Daily Chronicles | RA
 10:15 ● Craft with Katie | AL
 1:00 ● Movie — See Insert | T
 3:00 ● Brain Game | RA
 4:00 ● Puzzle Mania, Social Distancing | ILP

9:00 ● Exercise with Spiro 100 | RA 13
 9:30 ● Chnl 1960 Classic Movie: See Insert | RA
 9:30 ● Fitness Walk with Malinda | TS
 10:00 ● Daily Chronicles | RA
 10:30 ● Posture, Breathing & Stretching Class with Malinda | ALC
 1:00 ● Movie — See Insert | T
 3:00 ● Brain Game | RA
 4:00 ● Puzzle Mania, Social Distancing | ILP

9:00 ● Exercise with Spiro 100 | RA 20
 9:30 ● Chnl 1960 Movie: See Insert | RA
 9:30 ● Sit & Fit with Katie | AL
 10:00 ● Daily Chronicles | RA
 10:15 ● Game Hour with Katie | AL
 1:00 ● Movie — See Insert | T
 3:00 ● Brain Game | RA
 4:00 ● Puzzle Mania, Social Distancing | ILP

9:00 ● Exercise with Spiro 100 | RA 27
 9:30 ● Chnl 1960 Movie: See Insert | RA
 10:00 ● Daily Chronicles | RA
 1:00 ● Movie — See Insert | T
 3:00 ● Brain Game | RA
 4:00 ● Puzzle Mania, Social Distancing | ILP

TRANSPORTATION SCHEDULE

MONDAY, WEDNESDAY & FRIDAY
 8 a.m.-5 p.m.
 Doctor Appointments
 48-hour notice for all appointments pending driver availability
 Transportation Will Be Confirmed By The Concierge 24 Hours In Advance

TUESDAY & THURSDAY
 8 a.m.-12 p.m.
 Errands and Outings: Calendar Events Only



RECAP: HOW WE STAYED CONNECTED THIS MONTH

compassion through these times

“Find ways of expressing kindness, patience, and compassion. Be extra kind to yourself. Humans across the world are sharing this experience with you. We are all in this together and we may all emerge with a renewed appreciation for our interconnectedness. Helping others in need is both critical to get through this well, and also creates more purpose to our days and well-being.” — UCSF



IT'S OUR PLEASURE TO SERVE YOU ...
word from your leadership team

FOCUS ON THE GOOD

“When this is over, may we never again take for granted a handshake with a stranger, full shelves at the store, conversations with neighbors, Friday night out, a routine checkup, coffee with a friend, the stadium roaring, each deep breath, a boring Tuesday, or life itself. When this ends, may we find that we have become more like the people we wanted to be, we were called to be, we hoped to be and may we stay that way.” — *Laura Kelly Fanucci*

MANAGEMENT TEAM

- Elisabeth George, *Executive Director*
- Darcy Righello, *Director of Resident Programs*
- Roberta Douglass, *Director of Resident Services*
- Penny McKean, *Business Office Manager*
- Jill Haislip, *Director of Sales & Marketing*
- Brian Ford, *Dining Services Director*
- Nicole Luczak, RN, *Director of Nursing Wellness*
- Julie Hill, *Dining Room Manager*
- Johnie Belville, *Director of Plant Operations*
- Lisa Clark, *Memory Care Director*
- Melanie Stair, RN, *Health and Wellness Director*
- Elisabeth George, *Nursing Home Administrator*
- Jeff Cooper, *Human Resource Director*
- Jared Gardner, *Assisted Living Manager*
- Miguel Valdez, *Executive Chef*

THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

MARIETTA KIM was born in the Philippines. She moved to Canada where she obtained citizenship. She also lived in Dubai for a short time, before moving to Arizona. She has a diverse background with a degree in Journalism from the University of the Philippines. She was also an executive assistant at a law firm. When she moved to Fountain Hills, Ariz., she would drive by FVV and say, “I am going to work there someday.” She applied for a Housekeeping position and went to school to obtain her caregiver license soon after. She passed the state exam in 2013 and has been a Caregiver with FVV ever since. Marietta says that it is a “joy coming to work each day.” She has such a positive attitude and focuses on gratitude for all she has been blessed with. She speaks four languages, loves to read poetry and write short stories. She also has three dogs that she rescued — two Chihuahuas named Georgie and Yoona, and one Dachshund named Bella. Marietta is very close with her parents and two brothers. Her parents instilled a love of education and made academics a priority for all the family. Marietta said her mom is her inspiration for her positive spirit and outlook on life.



TRAIN YOUR BRAIN solution



SENIOR LIFESTYLE

your life, your style



PET FRIENDLY