

JOIN US THIS MONTH FOR march events

MARCH 1: NATIONAL WEAR BLUE DAY:

In an effort to knock out one of the top cancers causing death, Dress in Blue Day on the first Friday in March encourages everyone to learn about the causes of colon cancer and raise awareness by wearing blue. Check your closet and wear something blue.

MARCH 10: Daylight Saving Time begins. (Don't forget to spring forward and set your clocks an hour ahead.)

MARCH 17: Saint Patrick's Day (also known as the Feast of St. Patrick). Remember to wear green! Watch for more details coming your way.

MARCH 20: FIRST DAY OF SPRING — Granville will be welcoming the new season by planting seeds that we will be using in our raised gardens. If you'd like to share in and be a part of our residents' gardening, please contact Luz.

MARCH 23: NATIONAL PUPPY DAY — Let's celebrate the magic and unconditional love that puppies bring to our lives with an invitation to Bring Your Pet to Granville Day.

For more details and information about Granville's events, please visit us on Facebook or call us at this number 402-933-6405. Thank you!



THIS MONTH'S *silver star*

LOIS MARIE HOAGLUND

Lois was born on Dec. 23, 1931, on the family farm about 7 miles outside Brady, Neb. Lois had two older sisters, Margaret and Doris, and a younger brother, Donald. Lois attended school in the same little town of Brady, Neb. and she recalls that the school bus would only run 2 miles outside of town, so her father would have to take her and her siblings to school each day.

Some of Lois' earliest memories include riding the Shetland Pony around the farm while her father milked the cows. She also had to gather eggs from 30 old hens (what fun) and sell the eggs in Gothenburg.

Lois married in 1951. She and her husband have three children: Mary Ann, Janet and Thomas. Lois recalls that her family, including her grandkids, all get along together very well. According to Lois, "My children are my life and my happiness. My grandchildren cannot be replaced. They mean so much to me. They are my everything." Lois also mentioned how much she adores the family's pets.

Daniel O'Donnell's music was her all time favorite. She loves to sit and listen to people sing and enjoys "people watching" as well. In her spare time, she enjoys watching game show networks like "Family Feud" and Steve Harvey is her favorite.

When asked, "What do you want people to remember about you?" Lois replied without hesitation. "I hope that they would say that I was a good mother and leader of the family. I hope that they would recognize that we, as a family, always try and help others out and make things easier for them."

Lois, it is our pleasure having you as a member of our Granville Family. Thank you!

THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

SHANDA BUCKINGHAM was born and grew up in Council Bluffs, Iowa on June 4, 1993. Aside from Iowa, she lived in Texas and Nebraska. She has two sisters and six brothers. She likes pandas and dogs. Her family and friends call her Panda — it rhymes with her name. She has a Blue Heeler (Australian Cattle dog). She enjoys spending time with her family and friends — hanging out, exploring new places and chatting with them. She love all kinds of music and depending on the weather, she loves to go out and have some time with her friends. She finds her strength in faith.

She likes to listen to residents' stories about their lives and that's the reason why she enjoys working at Granville.

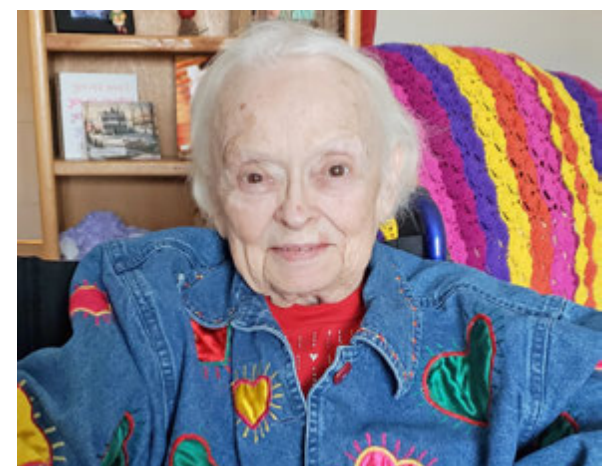
Shanda, it's our pleasure to have you as part of Granville. Thank you!



WORD FROM YOUR *executive director*

IMPORTANCE OF THE RSVP

There is nothing more unnerving than planning a party only to be unsure about who is actually coming. RSVP, "Répondez s'il vous plaît," is a French phrase that translates to "please respond." When Granville Villa is hosting a party we often mark our invitations with RSVP by a certain date. I encourage you to RSVP. It is important to us in order to plan the seating, order the food and supplies, and prepare for the event. We strive to make our events enjoyable for you and thank you for your consideration in helping us by RSVPing. Best Regards, Jaci



MANAGEMENT TEAM

Jaci Ryan, *Executive Director*

Luz Bystrek, *Director of Resident Programs*

Traci Armbrust, *Director of Sales & Marketing*

Amy McNatt, *Dining Services Director*

Eric Madcharo, *Director of Plant Operations*

Paula DeJesus, *Health and Wellness Director*



SENIOR LIFESTYLE

your life, your style



PET FRIENDLY

BE INSPIRED

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

BIRTHDAYS THIS MONTH

TERRY KLOCKER — 3rd
WILLIAM BROADHURST — 19th
MARY STANBRO — 24th

SENIOR LIFESTYLE MISSION


“To become the trusted leader in senior living services by creating great places to work and great places to live.”

SENIOR LIFESTYLE VALUES

Hospitality, Excellence, Appreciation, Respect, & Teamwork

SENIOR LIFESTYLE

EMBRACE *life.*
EMBRACE *moments.*
EMBRACE *connection.*

<p>“Springtime is the land awakening. The March winds are the morning yawn.” —Lewis Grizzard</p>				<p>● NATIONAL DRESS IN BLUE DAY! 1</p> <p>9:15 ● Calm Exercises (Yoga/Tai Chi)</p> <p>10:00 ● Wii Bowling Team II</p> <p>10:30 ● Morning Walks</p> <p>1:00 ● New Residents: Welcome Party</p> <p>1:30 ● Singalong with Ric</p>		<p>10:00 ● Rosary 2</p> <p>10:30 ● Walking Club</p> <p>1:00 ● Manager on Duty Choice of Activity</p> <p>2:30 ● Games, Coloring, Puzzle (Activity)</p> <p>6:00 ● “The Sound of Music” (Movie)</p>							
<p>9:00 ● TV Religious Services 3</p> <p>10:00 ● Catholic Mass St. Columbkille</p> <p>1:30 ● Manager on Duty Activity of Choice</p> <p>6:00 ● Sunday Movie Night</p>		<p>9:15 ● Morning Stretch 4</p> <p>10:00 ● Arts and Crafts</p> <p>11:00 ● Walking Club</p> <p>2:30 ● Independent Activities/Interest</p> <p>6:00 ● Game Show on TV</p>		<p>MARDI GRAS 5</p> <p>9:15 ● Chair Exercises: Sit and Be Fit</p> <p>10:00 ● Bible Study</p> <p>1:00 ● Vital Clinic</p> <p>2:00 ● Granville Tournament Wii Bowling</p> <p>3:00 ● Walking Club</p> <p>6:00 ● Current Events</p>		<p>ASH WEDNESDAY 6</p> <p>9:15 ● Residents Leading Exercises</p> <p>2:00 ● Adult Coloring</p> <p>3:30 ● Independent Activities/Interest</p> <p>6:00 ● Movie Night/Games</p>		<p>9:15 ● Body Strengthening with Tracy 7</p> <p>10:00 ● Pat’s Arts and Crafts</p> <p>1:00 ● Paper Recycling (Outreach Program)</p> <p>1:30 ● Bingo</p> <p>2:30 ● Ice Cream Social</p> <p>6:30 ● Bible Study</p>		<p>9:15 ● Calm Exercises (Yoga/Tai Chi) 8</p> <p>10:00 ● Wii Bowling Team II</p> <p>10:30 ● Morning Walks</p> <p>1:30 ● Card Game</p> <p>2:30 ● Independent Activities/Interest</p>		<p>10:00 ● Rosary 9</p> <p>10:30 ● Walking Club</p> <p>1:00 ● Manager on Duty Choice of Activity</p> <p>2:30 ● Games, Coloring, Puzzle (Activity)</p> <p>6:00 ● Netflix Movie</p>	
<p>DAYLIGHT SAVING TIME BEGINS 10</p> <p>9:00 ● TV Religious Services</p> <p>10:00 ● Catholic Mass St. Columbkille</p> <p>1:30 ● Manager on Duty Activity of Choice</p> <p>6:00 ● Sunday Movie Night</p>		<p>9:15 ● Morning Stretch 11</p> <p>10:00 ● Arts and Crafts</p> <p>11:00 ● Walking Club</p> <p>12:15 ● Bingo at La Vista City Hall</p> <p>12:45 ● Sing with Chaplain Jerry</p> <p>2:30 ● Independent Activities/Interest</p> <p>6:00 ● Game Show on TV</p>		<p>9:15 ● Chair Exercises: Sit and Be Fit 12</p> <p>10:00 ● Bible Study</p> <p>2:00 ● Granville Tournament Wii Bowling</p> <p>3:00 ● Walking Club</p> <p>6:00 ● Current Events</p>		<p>9:15 ● Residents Leading Exercises 13</p> <p>12:45 ● Book Club</p> <p>2:30 ● Window Shopping/Joyful Ride</p> <p>3:30 ● Independent Activities/Interest</p> <p>6:00 ● Movie Night/Games</p>		<p>9:15 ● Body Strengthening with Tracy 14</p> <p>10:00 ● Pat’s Arts and Crafts</p> <p>11:00 ● Hymn Musical</p> <p>1:00 ● Paper Recycling (Outreach Program)</p> <p>1:30 ● Bingo</p> <p>2:30 ● Ice Cream Social</p> <p>6:30 ● Bible Study</p>		<p>● NAIL CARE DAY 15</p> <p>9:15 ● Calm Exercises (Yoga/Tai Chi)</p> <p>10:00 ● Wii Bowling Team II</p> <p>10:30 ● Morning Walks</p> <p>2:30 ● Independent Activities/Interest</p>		<p>10:00 ● Rosary 16</p> <p>10:30 ● Walking Club</p> <p>1:00 ● Manager on Duty Choice of Activity</p> <p>2:30 ● Games, Coloring, Puzzle (Activity)</p> <p>6:00 ● Netflix Movie</p>	
<p>ST. PATRICK’S DAY 17</p> <p>9:00 ● TV Religious Services</p> <p>10:00 ● Catholic Mass St. Columbkille</p> <p>1:30 ● Manager on Duty Activity of Choice</p> <p>2:00 ● Saint Patrick’s Day Celebration</p> <p>6:00 ● Sunday Movie Night</p>		<p>9:15 ● Morning Stretch 18</p> <p>10:00 ● Arts and Crafts</p> <p>11:00 ● Walking Club</p> <p>12:15 ● Bingo at La Vista City Hall</p> <p>12:45 ● Food Council Meeting</p> <p>2:30 ● Independent Activities/Interest</p> <p>6:00 ● Game Show on TV</p>		<p>9:15 ● Chair Exercises: Sit and Be Fit 19</p> <p>10:00 ● Bible Study</p> <p>2:00 ● Granville Tournament Wii Bowling</p> <p>3:00 ● Walking Club</p> <p>6:00 ● “Romeo and Juliet” (Movie)</p>		<p>SPRING BEGINS 20</p> <p>9:15 ● Residents Leading Exercises</p> <p>12:45 ● Resident Council</p> <p>3:30 ● Independent Activities/Interest</p> <p>6:00 ● Town Hall Meeting</p> <p>6:30 ● Family Night (Entertainment)</p>		<p>9:15 ● Body Strengthening with Tracy 21</p> <p>10:00 ● Pat’s Arts and Crafts</p> <p>11:00 ● World Poetry Day! Make a Poem Day</p> <p>1:00 ● Paper Recycling (Outreach Program)</p> <p>1:30 ● Bingo</p> <p>2:30 ● Ice Cream Social</p> <p>6:30 ● Bible Study</p>		<p>9:15 ● Calm Exercises (Yoga/Tai Chi) 22</p> <p>10:00 ● Wii Bowling Team II</p> <p>10:30 ● Morning Walks</p> <p>2:30 ● Independent Activities/Interest</p> <p>6:00 ● Social Hour (Cocktail)</p>		<p>10:00 ● Rosary 23</p> <p>10:30 ● Walking Club</p> <p>1:00 ● Manager on Duty Choice of Activity</p> <p>1:30 ● National Puppy Day!</p> <p>2:30 ● Games, Coloring, Puzzle (Activity)</p> <p>6:00 ● Netflix Movie</p>	
<p>9:00 ● TV Religious Services 24</p> <p>10:00 ● Catholic Mass St. Columbkille</p> <p>1:30 ● Manager on Duty Activity of Choice</p> <p>6:00 ● Sunday Movie Night</p>		<p>9:15 ● Morning Stretch 25</p> <p>10:00 ● Arts and Crafts</p> <p>11:00 ● Walking Club</p> <p>12:15 ● Bingo at La Vista City Hall</p> <p>2:30 ● Independent Activities/Interest</p> <p>6:00 ● Game Show on TV</p>		<p>9:15 ● Chair Exercises: Sit and Be Fit 26</p> <p>10:00 ● Bible Study</p> <p>2:00 ● Granville Tournament Wii Bowling</p> <p>3:00 ● Walking Club</p> <p>6:00 ● Current Events</p>		<p>9:15 ● Residents Leading Exercises 27</p> <p>12:45 ● Book Club</p> <p>1:30 ● Residents Monthly B-Day Celebration</p> <p>2:30 ● Window Shopping/Joyful Ride</p> <p>3:30 ● Independent Activities/Interest</p> <p>6:00 ● Movie Night/Games</p>		<p>9:15 ● Body Strengthening with Tracy 28</p> <p>10:00 ● Pat’s Arts and Crafts</p> <p>11:00 ● Hymn Musical</p> <p>1:00 ● Paper Recycling (Outreach Program)</p> <p>1:30 ● Bingo</p> <p>2:30 ● Ice Cream Social</p> <p>6:30 ● Bible Study</p>		<p>9:15 ● Calm Exercises (Yoga/Tai Chi) 29</p> <p>10:00 ● Wii Bowling Team II</p> <p>10:30 ● Morning Walks</p> <p>12:00 ● Residents’ Anniversary Luncheon</p> <p>2:00 ● Casino Tour Day</p> <p>2:30 ● Independent Activities/Interest</p>		<p>10:00 ● Rosary 30</p> <p>10:30 ● Walking Club</p> <p>1:00 ● Manager on Duty Choice of Activity</p> <p>2:30 ● Games, Coloring, Puzzle (Activity)</p> <p>6:00 ● Netflix Movie</p>	
<p>9:00 ● TV Religious Services 31</p> <p>10:00 ● Catholic Mass St. Columbkille</p> <p>1:30 ● Manager on Duty Activity of Choice</p> <p>6:00 ● Sunday Movie Night</p>		