

personal care

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- BISTRO — B
- CLUB ROOM — CR
- DOWNSTAIRS TV ROOM — TV
- GARDEN — G
- LIBRARY — L
- LOWER LOBBY — LL
- MOVIE ROOM — MR
- TOWN HALL — TH

BIRTHDAYS THIS MONTH

PEGGY W. — 22nd

TRANSPORTATION SCHEDULE

TUESDAY
9:30 a.m.-2:30 p.m.
Doctors

DISCLAIMER

ACTIVITIES ARE SUBJECT TO CHANGE.



“When you go on a road trip, the trip itself becomes part of the story.”
—Steve Rushin



10:00 ● Coffee with Friends | B 1
11:00 ● Table Games/Rummikub Group | CR
1:30 ● Prize Bingo | CR
3:00 ● Chit Chat with Your Neighbor | LL
6:00 ● Movie Night | MR

10:00 ● Conversations with Your Neighbor | B 2
11:00 ● Catholic Communion
2:00 ● Movie Time | MR
4:00 ● Snack Surprise at the Bistro | B
6:00 ● Candy Bingo with Judy, Josh and Breanna

10:00 ● Words of Hope | MR 3
10:30 ● Bible Trivia | CR
11:00 ● BHU Social | CR
2:00 ● Quarter Bingo | CR
3:30 ● Margarita Monday & Movie | MR
6:00 ● Music Appreciation | MR

9:00 ● Doctor Visits/Appointments 4
10:00 ● Yoga Stretch and Meditation with Jackie | TH
10:30 ● Bible Study and Church Hymns | TH
1:15 ● .Com for Seniors | MR
2:00 ● Bunco Dice | CR
3:30 ● Coffee & Cookie Talk Tuesday | B
4:00 ● Discover Your Mark | CR

10:00 ● Stretching Exercise | TH 5
10:30 ● Prize Bingo | CR
1:30 ● Kroger Shopping
3:30 ● Wine Down Wednesday | CR
4:00 ● Discover Your Mark | CR
6:00 ● Board Games | CR

10:00 ● Words of Hope | MR 6
10:30 ● Bible Trivia | CR
11:00 ● BHU Social | CR
1:30 ● Quarter Bingo | CR
2:00 ● Book Club | CR
3:30 ● Iced Tea Thursday Trivia | CR
6:00 ● Music Appreciation | MR

10:00 ● Words of Hope | MR 7
10:30 ● Bible Trivia | CR
11:00 ● BHU Social | CR
1:30 ● What's Going on Talk with Stella | CR
3:00 ● Happy Hour and Pictionary | LL
6:00 ● Music Appreciation | MR

10:00 ● Coffee with Friends | B 8
11:00 ● Table Games/Rummikub Group | CR
1:30 ● Prize Bingo | CR
3:00 ● Chit Chat with Your Neighbor | LL
6:00 ● Movie Night | MR

10:00 ● Conversations with Your Neighbor | B 9
11:00 ● Catholic Communion
2:00 ● Movie Time | MR
3:00 ● Let's Get Entertained with Walter | TH
4:00 ● Play Tic Tac Toe with a Friend | CR
6:00 ● Candy Bingo with Judy, Josh and Breanna

10:00 ● Words of Hope | MR 10
10:30 ● Bible Trivia | CR
11:00 ● BHU Physical | CR
2:00 ● Quarter Bingo | CR
3:30 ● Margarita Monday & Movie | MR
6:00 ● Music Appreciation | MR

9:00 ● Doctor Visits/Appointments 11
10:00 ● Yoga Stretch and Meditation with Jackie | TH
10:30 ● Bible Study and Church Hymns | TH
1:15 ● .Com for Seniors | MR
2:00 ● Bunco Dice | CR
3:30 ● Coffee & Cookie Talk Tuesday | B
4:00 ● Discover Your Mark | CR
6:00 ● Men's Group Current Events & Discussions | CR

10:00 ● Stretching Exercise | TH 12
10:30 ● Prize Bingo | CR
1:30 ● Publix Shopping
3:30 ● Wine Down Wednesday | CR
4:00 ● Discover Your Mark | CR
6:00 ● Board Games | CR

10:00 ● Words of Hope | MR 13
10:30 ● Bible Trivia | CR
11:00 ● BHU Physical | CR
1:30 ● Quarter Bingo | CR
2:00 ● Book Club | CR
3:30 ● Iced Tea Thursday Trivia | CR
4:00 ● Stitching Craft: Embroidery Patterns | CR
6:00 ● Music Appreciation | MR

FLAG DAY 14
10:00 ● Words of Hope | MR
10:30 ● Bible Trivia | CR
11:00 ● BHU Physical | CR
2:00 ● Pops at the Pub
3:00 ● Happy Hour and Pictionary | LL
6:00 ● Daily Chronicles | B

10:00 ● Coffee with Friends | B 15
11:00 ● Table Games/Rummikub Group | CR
1:30 ● Prize Bingo | CR
3:00 ● Chit Chat with Your Neighbor | LL
6:00 ● Movie Night | MR

FATHER'S DAY 16
10:00 ● Conversations with Your Neighbor | B
11:00 ● Catholic Communion
2:00 ● Movie Time | MR
2:30 ● Church Service with Pastor Hull | TH
4:00 ● Snack Surprise at the Bistro | B
6:00 ● Candy Bingo with Judy, Josh and Breanna

10:00 ● Words of Hope | MR 17
10:30 ● Bible Trivia | CR
11:00 ● BHU Nutrition | CR
2:00 ● Quarter Bingo | CR
3:30 ● Margarita Monday & Movie | MR
6:00 ● Music Appreciation | MR

9:00 ● Doctor Visits/Appointments 18
10:00 ● Yoga Stretch and Meditation with Jackie | TH
10:30 ● Bible Study and Church Hymns | TH
1:15 ● .Com for Seniors | MR
1:30 ● Resident Council/Food Committee Meeting | TH
2:00 ● Bunco Dice | CR
3:30 ● Coffee & Cookie Talk Tuesday | B
4:00 ● Discover Your Mark | CR

10:00 ● Stretching Exercise | TH 19
10:30 ● Prize Bingo | CR
1:30 ● Target Store Shopping
3:30 ● Wine Down Wednesday | CR
4:00 ● Discover Your Mark | CR
6:00 ● Board Games | CR

10:00 ● Words of Hope | MR 20
10:30 ● Bible Trivia | CR
11:00 ● BHU Nutrition | CR
1:30 ● Quarter Bingo | CR
2:00 ● Book Club | CR
2:00 ● Summertime at Acworth Beach
3:30 ● Iced Tea Thursday Trivia | CR
6:00 ● Music Appreciation | MR

SUMMER BEGINS 21
10:00 ● Words of Hope | MR
10:30 ● Bible Trivia | CR
11:00 ● BHU Nutrition | CR
12:30 ● Longest Day Lemonade & Handmade Craft Sale | TH
1:30 ● What's Going on Talk with Stella | CR
3:00 ● Happy Hour and Pictionary | LL
6:00 ● Music Appreciation | MR

10:00 ● Coffee with Friends | B 22
11:00 ● Table Games/Rummikub Group | CR
1:30 ● Prize Bingo | CR
3:00 ● Chit Chat with Your Neighbor | LL
6:00 ● Movie Night | MR

10:00 ● Conversations with Your Neighbor | B 23
11:00 ● Catholic Communion
2:00 ● Movie Time | MR
4:00 ● Brain Teaser | CR
6:00 ● Candy Bingo with Judy, Josh and Breanna

10:00 ● Words of Hope | MR 24
10:30 ● Bible Trivia | CR
11:00 ● BHU Cognitive | CR
2:00 ● Quarter Bingo | CR
3:30 ● Margarita Monday & Movie | MR
6:00 ● Music Appreciation | MR

9:00 ● Doctor Visits/Appointments 25
10:00 ● Yoga Stretch and Meditation with Jackie | TH
10:30 ● Bible Study and Church Hymns | TH
1:15 ● .Com for Seniors | MR
2:00 ● Bunco Dice | CR
3:00 ● Musical Entertainment | TH
3:30 ● Coffee & Cookie Talk Tuesday | B
4:00 ● Discover Your Mark | CR
6:00 ● Men's Group Current Events & Discussions | CR

10:00 ● Stretching Exercise | TH 26
10:30 ● Prize Bingo | CR
1:30 ● Walmart Shopping
3:30 ● Wine Down Wednesday | CR
4:00 ● Discover Your Mark | CR
6:00 ● Board Games | CR

10:00 ● Words of Hope | MR 27
10:30 ● Bible Trivia | CR
11:00 ● BHU Stress | CR
1:30 ● Quarter Bingo | CR
2:00 ● Book Club | CR
3:30 ● Iced Tea Thursday Trivia | CR
4:00 ● Jewelry Making | TH
6:00 ● Music Appreciation | MR

10:00 ● Words of Hope | MR 28
10:30 ● Bible Trivia | CR
11:00 ● BHU Stress | CR
3:00 ● Happy Hour and Pictionary | LL
6:00 ● Bingo Competition with the Locals

10:00 ● Coffee with Friends | B 29
11:00 ● Table Games/Rummikub Group | CR
1:30 ● Prize Bingo | CR
3:00 ● Chit Chat with Your Neighbor | LL
6:00 ● Movie Night | MR

10:00 ● Conversations with Your Neighbor | B 30
11:00 ● Catholic Communion
2:00 ● Movie Time | MR
4:00 ● Crossword Puzzle Fun | CR
6:00 ● Candy Bingo with Judy, Josh and Breanna



EVENT RECAP

mother's day luncheon party

We had a great time at our Mother's Day Celebration! Many families came out to spend a fun-filled time with their lovely moms. We enjoyed delicious food and fabulous decorations. A great time was had by everyone. It was a joy to see all the moms smiling and very happy. We know they had a good time — it truly showed on their faces. We enjoy and appreciate when our families come and spend time with us at the community. If you missed this one, you missed a great time! Stayed tuned for much more to come!



IT'S OUR PLEASURE
TO SERVE YOU ...

word from your executive director

SUMMER, SUMMER, SUMMERTIME ...

Time to sit back and relax! As we move full speed into this month, there are improvements taking place. We have beautiful new doors throughout the building and much more to come. We are excited our residents are noticing the changes and love the difference. Each day we strive to make our residents and families happy. Keeping our residents happy and keeping a smile on their faces is what we aim to do. We are constantly improving to be better at Brookstone.

Stay tuned to see more great things happening here in our community.

We appreciate our families for entrusting us with the care of your loved ones.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE,
APPRECIATION, RESPECT, TEAMWORK

BRITNIE is our HEART Hero this month.

We did a little Q and A with her and here is what she said:

QUESTION: How long have you been at Brookstone?

ANSWER: 1 year and 6 months.

QUESTION: What is your favorite thing about working here?

ANSWER: Engaging with the residents and getting to know their family.

QUESTION: What are your long term future goals?

ANSWER: My long term goal is to further my education and grow my career in the health care field.

QUESTION: What is something about you we should know?

ANSWER: I enjoy watching the Braves games and traveling with my family.

QUESTION: Do you have any siblings?

ANSWER: Yes! Six siblings.

QUESTION: What are some of your greatest strengths?

ANSWER: Caring for others and getting to know people.

QUESTION: Describe yourself in four words:

ANSWER: Honest, friendly, loyal and unique.

QUESTION: How long have you been in the medical field?

ANSWER: 7 years.

QUESTION: Do you see yourself in the medical field long term?

ANSWER: Yes, I do.

QUESTION: What is one thing you are striving to be better at?

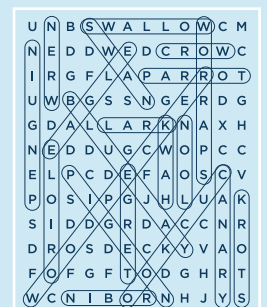
ANSWER: To be a better Christian.



MANAGEMENT TEAM

Kiley Webb, *Business Office Manager*
Nordia Stewart-Butler, *Dining Services Director*
Hiram Taylor, *Director of Plant Operations*
Stella Okeke, *Memory Care Director*
Shirley Nix, *Health and Wellness Director*

TRAIN
YOUR
BRAIN
solution



SENIOR
LIFESTYLE

your life, your style



PET
FRIENDLY