the JUNE 2019 newsletter

Inspired

HERITAGE OF BROOKSTONE | PERSONAL CARE | a Senior Lifestyle community | KENNESAW, GA 30152 | 770-423-0080

THIS MONTH'S silver star

GEORGE

George was born in Marietta, Ga. He has been a resident here with us for almost 6 months. George was married to his lovely wife, Barbara, for nearly 60 years. They loved to attend theater and musical shows. Together



they raised a son. George enjoys visits from his son and grandaughter. In his career, he served in the Army National Guard. Some of his hobbies are collecting Civil War relics, enjoying a great performance here in the community, and spending time with friends. His favorite food is steak and says he loves a good, hearty breakfast. George can often be seen telling someone a good story or a funny joke or two. He is always very kind and always has something good to say to everyone.

JOIN US THIS MONTH FOR

father's day party

We are celebrating our wonderful fathers on June 13. Do not miss out on the good food, fun and music as we celebrate our dads. It's nice to show them they are appreciated not just this day, but every day.



THE NEW FACE OF THE MONTH at brookstone

SHIRLEY!

Shirley has been in the Health Care Industry for over 30 years, working with seniors. She is a LPN, with 25 years of experience under her belt. Her passion is helping seniors live out their best days to the fullest.

She was born and raised in Tampa, Fla. until 2006, when she moved to Georgia. Now 13 years in Georgia, Shirley considers herself an Orange-Peach.



She has two kids — a boy, 30 and a girl, 25. Her hobby is shopping and bargain hunting for clothes, shoes, and purses. She is big on traveling and enjoys wild adventures.

TRAIN YOUR BRAIN search for birds

UNBSWALLOWCM N E D D W E D (C R O W)C IRGFLAPARROT UWBGSSNGERDG GDALLARKNAXH NEDDUGCWOPCC ELPCDEFAOSCV POSIPGJHLUAK SIDDGRDACCNR DROSDECKYVAO FOFGFTODGHRT WCNIBORNHJYS

BLUFJAY CANARY CROW CUCKOO EAGLE **EGRET** HAWK LARK LOON ORIOLE PARROT PENGUIN PIGEON ROBIN SPARROW STORK SWALLOW SWAN WOODPECKER WREN

JUNE 2019

SUNDAY

MONDAY

TUFSDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

personal care

BE INSPIRED

- CONNECT GROW
- CONTRIBUTE MOVE
- FEEL REFLECT

LOCATIONS

BISTRO -BCLUB ROOM -CRDOWNSTAIRS TV ROOM -TV

GARDEN - G

LIBRARY - LLOWER LOBBY -LL

MOVIE ROOM -MRTOWN HALL -TH

BIRTHDAYS THIS MONTH

PEGGY W. -22nd

TRANSPORTATION SCHEDULE

TUESDAY 9:30 a.m.-2:30 p.m. **Doctors**

DISCLAIMER

ACTIVITIES ARE SUBJECT TO CHANGE.

www.SeniorLifestyle.com Activities are subject to change



"When you go on a road trip, the trip itself becomes part of the story."



10:00 • Coffee with Friends | B

11:00 • Table Games/ Rummikub Group | CR

1:30 • Prize Bingo | CR

3:00 • Chit Chat with Your Neighbor | LL

8

22

6:00 ● Movie Night | MR

Friends | B

| 10:00 | | Conversations | 2 |
|-------|---|----------------|------|
| | | with Your | 2 |
| | | Neighbor B | |
| 11:00 | • | Catholic Commu | nior |

- 2:00 Movie Time | MR
- 4:00 Snack Surprise at the Bistro B
- 6:00 Candy Bingo with Judy, Josh and Breanna
- 10:00 Conversations with Your Neighbor | B
- 11:00 Catholic Communion 2:00 • Movie Time | MR
- 3:00 Let's Get Entertained
- with Walter | TH 4:00 • Play Tic Tac Toe with a Friend | CR

10:00 • Conversations with

2:00 • Movie Time | MR

10:00 • Conversations

11:00 • Catholic Communion

2:30 • Church Service with

Pastor Hull | TH

• Snack Surprise at

the Bistro B

6:00 • Candy Bingo with Judy,

with Your

2:00 • Movie Time | **MR**

4:00 • Brain Teaser | CR

10:00 • Conversations

with Your Neighbor | B

Fun | CR

6:00 • Candy Bingo with

Judy, Josh and Breanna

Neighbor | B

11:00 • Catholic Communion

Josh and Breanna

FATHER'S DAY

6:00 • Candy Bingo with Judy, Josh and Breanna

Your Neighbor | B

16

10:00 • Words of Hope | MR

6:00 • Music

10:30 • Bible Trivia | CR 11:00 • BHU Physical | CR

Hope | MR

2:00 • Quarter Bingo | CR

3:30 • Margarita Monday

& Movie | MR

Appreciation | MR

10:30 • Bible Trivia | CR

11:00 • BHU Social | CR

- 2:00 Quarter Bingo | CR **3:30** • Margarita Monday
- & Movie | MR **6:00** • Music Appreciation | MR
- **10:00** Words of Hope | MR
- 10:30 Bible Trivia | CR
- 11:00 BHU Nutrition | CR 11:00 • Belly Dancing | TH
- 2:00 Ouarter Bingo | CR
- 3:30 Margarita Monday & Movie | MR
- **6:00** Music Appreciation | MR
- **10:00** Words of Hope | MR
- 10:30 Bible Trivia | CR
- 11:00 BHU Cognitive | CR 11:00 • BHU Stress | CR
- 2:00 Quarter Bingo | CR
- 3:30 Margarita Monday & Movie | MR
- 6:00 Music Appreciation | MR

- Appointments 10:00 • Yoga Stretch and Meditation with Jackie | TH
- Church Hymns | TH 1:15 • .Com for Seniors | MR
- 3:30 Coffee & Cookie Talk Tuesday | B
- Exercise | TH 10:30 • Prize Bingo | CR 1:30 • Kroger Shopping **3:30** • Wine Down
- Wednesday | CR 4:00 • Discover Your Mark | CR

10:30 • Prize Bingo | CR

3:30 • Wine Down

10:00 • Stretching

6:00 • Board Games | CR

Exercise | TH

- Trivia | CR
- 11:00 BHU Physical | CR 1:30 • Quarter Bingo | CR
- 1:30 Publix Shopping 2:00 • Book Club | CR Wednesday | CR
- 4:00 Discover Your Mark | CR 6:00 • Board Games | CR
- 10:00 Stretching
- Exercise | TH 10:30 • Prize Bingo | CR
- 1:30 Target Store Shopping **3:30** • Wine Down
- Wednesday | CR 4:00 • Discover Your Mark | CR
- 6:00 Board Games | CR
- 10:00 Stretching 26
- 10:30 Prize Bingo | CR
- 1:30 Walmart Shopping
- **3:30** Wine Down Wednesday | CR
- Mark | CR
- 6:00 Board Games | CR

- Hope | MR
- 10:30 Bible Trivia | CR
- 11:00 BHU Social | CR
- 1:30 Quarter Bingo | CR 2:00 • Book Club | CR
- **3:30** Iced Tea Thursday
- **6:00** Music Appreciation | MR
- 10:00 Words of Hope | MR 10:30 • Bible Trivia | CR
- 3:30 Iced Tea Thursday Trivia | CR 4:00 • Stitching Craft:
- Embroidery Patterns | CR 6:00 • Music Appreciation | MR
- **10:00** Words of Hope | **MR** 10:30 • Bible Trivia | CR
- 11:00 BHU Nutrition | CR 1:30 • Quarter Bingo | CR 2:00 • Book Club | CR
- 2:00 Summertime at **Acworth Beach**
- 3:30 Iced Tea Thursday Trivia | CR
- 6:00 Music Appreciation | MR
- 10:00 Words of Hope | MR 10:30 • Bible Trivia | CR
- 11:00 BHU Stress | CR 1:30 • Quarter Bingo | CR
- **2:00** Book Club | **CR**
- Trivia | CR 4:00 • Jewelry Making | TH

- 10:00 Words of Hope | MR 10:30 • Bible Trivia | CR
- 11:00 BHU Social | CR 1:30 • What's Going on Talk
- with Stella CR 3:00 • Happy Hour and Pictionary | LL

11:00 • BHU Physical | CR

2:00 • Pops at the Pub

3:00 • Happy Hour and

6:00 • Daily Chronicles | B

12:30 • Longest Day Lemonade & Handmade Craft Sale | TH

1:30 • What's Going on Talk

3:00 • Happy Hour and

10:00 • Words of

with Stella CR

Pictionary | LL

6:00 • Music Appreciation | MR

Hope | MR

3:00 • Happy Hour and

Pictionary | LL

with the Locals

6:00 ● Bingo Competition

SUMMER BEGINS

10:30 • Bible Trivia | CR

Pictionary | LL

FLAG DAY

- **11:00** Table Games/ Rummikub Group | CR 1:30 • Prize Bingo | CR 3:00 • Chit Chat with
- Your Neighbor | LL 6:00 • Movie Night | MR 6:00 • Music Appreciation | MR
- **10:00** Coffee with 15 14 Friends | B 10:00 • Words of Hope | MR **11:00** • Table Games/ 10:30 • Bible Trivia | CR
 - Rummikub Group | CR
 - 1:30 Prize Bingo | CR 3:00 • Chit Chat with
 - Your Neighbor | LL 6:00 • Movie Night | MR

 - **10:00** Coffee with Friends | B
- 10:00 Words of Hope | MR 11:00 • Table Games/ Rummikub Group | CR 11:00 • BHU Nutrition | CR
 - 1:30 Prize Bingo | CR 3:00 • Chit Chat with
 - Your Neighbor | LL
 - 6:00 Movie Night | MR
 - 29 Friends | B **11:00** • Table Games/
 - Rummikub Group | CR
 - 1:30 Prize Bingo | CR 3:00 • Chit Chat with
 - 6:00 Movie Night | MR





- -Steve Rushin
- 9:00 Doctor Visits/ 10:00 • Stretching
- 10:30 Bible Study and
- 2:00 Bunco Dice | CR
- 4:00 Discover Your Mark | CR Doctor Visits/
- 10 10:00 Yoga Stretch and Meditation with Jackie | TH Bible Study and Church
 - Hvmns | TH 1:15 • .Com for Seniors | MR 2:00 • Bunco Dice | CR 3:30 • Coffee & Cookie Talk Tuesday | B

4:00 • Discover Your Mark | CR

- Men's Group Current Events & Discussions | CR 9:00 • Doctor Visits/
- Yoga Stretch and Meditation with Jackie | TH 10:00 Bible Study and Church Hymns TH 1:15 • .Com for Seniors | MR

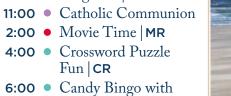
4:00 • Discover Your Mark | CR

- 1:30 Resident Council/Food Committee Meeting | TH 2:00 Bunco Dice CR 3:30 • Coffee & Cookie Talk Tuesday | B
 - Doctor Visits/ Appointments
- Yoga Stretch and Meditation with Jackie | TH Bible Study and Church Hymns | TH
- 1:15 .Com for Seniors | MR 2:00 Bunco Dice CR 3:00 • Musical Entertainment | TH
- 3:30 Coffee & Cookie Talk Tuesday B 4:00 • Discover Your Mark | CR Men's Group Current Events & Discussions | CR
- Exercise | TH
 - 4:00 Discover Your
- **3:30** Iced Tea Thursday
- 6:00 Music Appreciation | MR

28 10:30 • Bible Trivia | CR 11:00 • BHU Stress | CR

10:00 • Coffee with

Your Neighbor | LL



FVFNT RECAP

mother's day luncheon party

We had a great time at our Mother's Day Celebration! Many families came out to spend a fun-filled time with their lovely moms. We enjoyed delicious food and fabulous decorations. A great time was had by everyone. It was a joy to see all the moms smiling and very happy. We know they had a good time — it truly showed on their faces. We enjoy and appreciate when our families come and spend time with us at the community. If you missed this one, you missed a great time! Stayed tuned for much more to come!



THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

BRITNIE is our HEART Hero this month.

We did a little Q and A with her and here is what she said:

QUESTION: How long have you been

at Brookstone?

ANSWER: 1 year and 6 months.

QUESTION: What is your favorite thing about working here?

ANSWER: Engaging with the residents and getting to know their family.

QUESTION: What are your long term future goals?

ANSWER: My long term goal is to further my education and grow my career in

the health care field.

QUESTION: What is something about you we should know?

ANSWER: I enjoy watching the Braves games and traveling with my family.

QUESTION: Do you have any siblings?

ANSWER: Yes! Six siblings.

QUESTION: What are some of your greatest strengths? **ANSWER:** Caring for others and getting to know people.

QUESTION: Describe yourself in four words: **ANSWER:** Honest, friendly, loyal and unique.

QUESTION: How long have you been in the medical field?

ANSWER: 7 years.

QUESTION: Do you see yourself in the medical field long term?

ANSWER: Yes, I do.

QUESTION: What is one thing you are striving to be better at?

ANSWER: To be a better Christian.



IT'S OUR PLEASURE TO SERVE YOU ...

word from your executive director

SUMMER, SUMMER, SUMMERTIME ...

Time to sit back and relax! As we move full speed into this month, there are improvements taking place. We have beautiful new doors throughout the building and much more to come. We are excited our residents are noticing the changes and love the difference. Each day we strive to make our residents and families happy. Keeping our residents happy and keeping a smile on their faces is what we aim to do. We are constantly improving to be better at Brookstone.

Stay tuned to see more great things happening here in our community.

We appreciate our families for entrusting us with the care of your loved ones.



MANAGEMENT TEAM

Kiley Webb, Business Office Manager Nordia Stewart-Butler, Dining Services Director Hiram Taylor, Director of Plant Operations Stella Okeke, Memory Care Director Shirley Nix, Health and Wellness Director



