

Be Inspired

LAKE BARRINGTON WOODS | NEIGHBORHOOD | a Senior Lifestyle community | LAKE BARRINGTON, IL 60010 | 847-842-8900

THIS MONTH'S *silver stars*

ROBERT (BOB) AND JOSEPHINE (JO) SCHWARTZ

This month's Silver Stars are Robert (Bob) and Josephine (Jo) Schwartz, who moved to LBW in January 2018. Bob's story is an unusual one. He was born in 1931, in Manila, the Philippines. His father was a U.S. citizen and soldier stationed there; his mother a Filipino schoolteacher. They had four children.



During World War II, his father fought with American and Filipino forces against the Japanese. When on Dec. 24, 1941, American and Filipino combat units were ordered to leave Manila, his father told him, "We'll be back in a month." However, it was not until Oct. 24, 1944, that American and Filipino troops, led by General MacArthur, started the re-conquest of the Philippines. "I waved to him when he drove through Manila," Bob recalls. "He kept his promise of 'I will return'."

During the Japanese occupation, American citizens, including Bob, his mother and his siblings were detained at Santa Thomas University. They survived the month-long battle of Manila and the massacre by the Japanese of more than 100,000 Filipinos. Bob's father did not. On his way to a Japanese prison camp, he was killed.

After World War II ended, the U.S. government transported U.S. citizens, including Bob and his family, on a troop ship full of wounded soldiers to San Francisco. From there, it was to Chicago to live with his father's aunt. After she died, the family lived in the 31st and Halsted Projects where Bob met Jo. They both graduated from Marshall High School. In 1955, Bob and Jo married and moved to Evanston and then to Cary.

Jo and Bob have four children — two boys and two girls — and 10 grandchildren. Bob's father was Jewish, but Bob and Jo are Catholics as are most Filipinos; however, one of their sons is a Lutheran minister in Henderson, Nev.

In his life, Bob followed a motto he learned in the Philippines: "What you need to do to succeed is work hard," and he did all his life.

As it is said in the scriptures: Anyone not willing to work, should not eat. Thessalonians 3:10

JOIN US THIS MONTH FOR *featured events*

Please join us for "Golden Age of Hollywood," featuring Martina Mathisen as Luella Parsons, on March 4 at 2 p.m.

The scintillating stories and scandals of Hollywood's Golden Age are the topics of this captivating performance. Martina Mathisen is Luella Parsons, Hollywood's most dynamic and powerful gossip columnist. Called the Queen of Hollywood, Luella could make or break a career with a few taps of her typewriter.



TRAIN YOUR BRAIN *sudoku solution on back*

	2			8		9	
9			6	1			2
	6					1	5
		2		9		3	4
8				5			9
7	1		6				
2	9		8			4	
5			4		9		1
	4		1			8	

neighborhood

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ART STUDIO — AS
- BUS — Bus
- CARD ROOM — CR
- CLUB LOUNGE — CL
- COMMUNITY ROOM — CM
- COMPUTER ROOM — CPR
- COUNTRY KITCHEN — CK
- DINING ROOM — ALDR
- FITNESS ROOM — FR
- FRONT LOBBY — FL
- LIPOFSKY'S GRILL — GR
- LIVING ROOM — LR
- MILLER GROVE ROOM — MGR
- PATIO — PA
- SWIMMING POOL — SP

TRANSPORTATION SCHEDULE

MONDAY, WEDNESDAY & FRIDAY
 8:15 a.m.
 Walk For Health

TUESDAY & THURSDAY
 8 a.m.-3:30 p.m.
 Doctor Appointments

SUNDAY
 8:30 and 10:30 a.m.
 Church Transportation

COUNTRY STORE
 MONDAY-FRIDAY
 11:30 a.m.-1 p.m.

SENIOR LIFESTYLE

EMBRACE *life.*

EMBRACE *moments.*

EMBRACE *connection.*

www.SeniorLifestyle.com
 Activities are subject to change

“The man who treasures his friends is usually solid gold himself.”
 —Marjorie Holmes



<p>9:30 ● Singalong with Linda MGR 4</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon with Dan and Music With Glen MGR</p> <p>1:00 ● Mandala Coloring CK</p> <p>2:00 ● Golden Age of Hollywood by Martina CM</p> <p>3:15 ● Crafts: Pot of Gold with Renee & Lilly CK</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 5</p> <p>10:15 ● Exercise with Weights with Linda MGR</p> <p>10:45 ● Pet Therapy with Murphy & Joann MGR</p> <p>1:00 ● Sweet Bingo with Linda CK</p> <p>2:15 ● Hot Chocolate & Paint 3 Bunnies Art Work CK</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 6</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:15 ● Trivia: How Old Are They Now? MGR</p> <p>11:00 ● America's Got Talent: Opera Singers MGR</p> <p>1:00 ● Whammo CK</p> <p>2:30 ● Bio of Cary Grant MGR</p> <p>3:30 ● Dean Martin Comedy MGR</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 7</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 ● Sweet Bingo CK</p> <p>2:00 ● Crafts: Pots of Gold MGR</p> <p>3:30 ● Crossword Puzzle MGR</p>	<p>9:15 ● Exercise with Weights with Linda MGR 8</p> <p>10:00 ● Category Puzzle MGR</p> <p>1:00 ● Cooking Club: St. Patrick's Marshmallow Pops CK</p> <p>1:15 ● United Nations International Women's Day CK</p> <p>1:30 ● Hot Chocolate Social with Peggy CK</p> <p>1:30 ● Just for Fun Bingo with Peggy CK</p> <p>2:30 ● Game: Table Talk with Peggy & Linda CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 9</p> <p>9:45 ● Crafts: St. Patrick's Craft CK</p> <p>10:30 ● Pet Therapy: Duffy MGR</p> <p>1:00 ● Singalong with Flo MGR</p> <p>2:15 ● Travel with Cindy Around the World MGR</p> <p>2:45 ● Whammo with Cindy CK</p> <p>3:30 ● Happy Hour CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 10</p> <p>10:00 ● Facts: Ragtime Music's Beginnings MGR</p> <p>10:30 ● "Carol Burnett" TV show MGR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>2:15 ● Jingo with Peggy & Linda MGR</p> <p>3:30 ● Hot Chocolate Social with Peggy & Linda CL</p>
<p>DAYLIGHT SAVING TIME BEGINS 11</p> <p>9:30 ● Church Service MGR</p> <p>10:00 ● Singalong with Linda MGR</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>1:00 ● Mandala Coloring CK</p> <p>2:00 ● Irving Berlin Presentation by John Boda CM</p> <p>3:15 ● Crafts: Easter Bunny Wreath with Renee & Lilly CK</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 12</p> <p>10:15 ● Exercise with Weights with Linda MGR</p> <p>10:45 ● Pet Therapy with Murphy & Joann MGR</p> <p>1:00 ● Outing: Shamrock Shakes with Linda Bus</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 13</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:30 ● Music of Irish MGR</p> <p>1:00 ● Whammo CK</p> <p>2:15 ● All About the Riverdance MGR</p> <p>3:00 ● Who is Ginger Rogers? MGR</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 14</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● Special Traditions of St. Patrick's Day MGR</p> <p>1:00 ● Sweet Bingo CK</p> <p>2:30 ● Bio of Clark Gable MGR</p> <p>3:30 ● Crossword Puzzle MGR</p>	<p>9:15 ● Exercise with Weights with Linda MGR 15</p> <p>10:00 ● Category Puzzle MGR</p> <p>1:00 ● Cooking Club: St. Patrick's Bark CK</p> <p>1:30 ● Just for Fun Bingo with Peggy CK</p> <p>3:45 ● Crafts: With Barrington High Schools Students CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 16</p> <p>10:00 ● Craft: St. Pat's Hat Made From Popsicle Sticks CK</p> <p>10:30 ● Pet Therapy: Duffy MGR</p> <p>1:00 ● Balloon Fitness MGR</p> <p>1:30 ● Travel with Cindy Around the World MGR</p> <p>2:00 ● Easy Whammo with Cindy CK</p> <p>3:30 ● Happy Hour CK</p>	<p>ST. PATRICK'S DAY 17</p> <p>9:15 ● Exercise with Weights with Linda MGR</p> <p>10:00 ● Nat King Cole's Birthday MGR</p> <p>10:30 ● "Carol Burnett" TV show MGR</p> <p>10:45 ● Wii "Wheel of Fortune" CM</p> <p>1:00 ● Singalong with Linda MGR</p> <p>2:15 ● Jingo with Peggy & Linda MGR</p> <p>3:30 ● Hot Chocolate Social with Peggy & Linda CL</p>
<p>9:00 ● BHS Ensemble MGR 18</p> <p>10:00 ● Singalong with Linda MGR</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>1:00 ● Mandala Coloring CK</p> <p>2:00 ● Entertainment: Flannery Irish Dance Group CM</p> <p>3:15 ● Craft with BACOA: Clay Pot Easter Bunny & Chick CK</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 19</p> <p>10:15 ● Exercise with Weights with Linda MGR</p> <p>10:45 ● Pet Therapy with Murphy & Joann MGR</p> <p>1:00 ● Sweet Bingo with Linda CK</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>	<p>SPRING BEGINS 20</p> <p>9:15 ● Seated Exercise with Jennifer MGR</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:15 ● LBW Horse Races MGR</p> <p>11:00 ● Music of Andy Williams MGR</p> <p>1:00 ● Whammo CK</p> <p>2:00 ● Bio of "Baby Face" Nelson CK</p> <p>3:00 ● The Invention of the John Deere Tractor MGR</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 21</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 ● Sweet Bingo CK</p> <p>2:15 ● Watercolor Painting MGR</p> <p>3:30 ● Crossword Puzzle MGR</p>	<p>9:15 ● Exercise with Weights with Linda MGR 22</p> <p>10:00 ● Category Puzzle MGR</p> <p>1:00 ● Cooking Club: Peggy's Apple Crisp CK</p> <p>1:30 ● Hot Chocolate Social with Peggy CK</p> <p>2:00 ● Lake Barrington Ladies' Tea CM</p> <p>3:00 ● Tuskegee Airmen Activated Day CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 23</p> <p>10:00 ● Craft: Chicks on Parade CK</p> <p>10:30 ● Pet Therapy: Duffy MGR</p> <p>1:00 ● Balloon Fitness MGR</p> <p>1:30 ● Travel with Cindy Around the World MGR</p> <p>2:00 ● Easy Whammo with Cindy CK</p> <p>3:30 ● Happy Hour CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 24</p> <p>10:00 ● Facts: It Would Be Howard Cosell's 100th Birthday MGR</p> <p>10:30 ● "Carol Burnett" TV show MGR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>2:15 ● Jingo with Peggy & Linda MGR</p> <p>3:30 ● Hot Chocolate Social with Peggy & Linda CL</p>
<p>PALM SUNDAY 25</p> <p>9:30 ● Church Service MGR</p> <p>10:00 ● Singalong with Linda MGR</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>1:00 ● Mandala Coloring CK</p> <p>2:00 ● Around the World Presentation by Bill Helmuth CM</p> <p>3:15 ● Crafts: Chick Egg Cartons with Renee CK</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 26</p> <p>10:15 ● Exercise with Weights with Linda MGR</p> <p>10:45 ● Pet Therapy with Murphy & Joann MGR</p> <p>1:00 ● Sweet Bingo with Linda CK</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 27</p> <p>9:45 ● Category Puzzles MGR</p> <p>1:00 ● Whammo CK</p> <p>2:00 ● Famous People Trivia MGR</p> <p>2:45 ● Short Love Stories MGR</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 28</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● Hangman MGR</p> <p>1:00 ● Sweet Bingo CK</p> <p>2:30 ● Popcorn & Puzzles MGR</p> <p>3:30 ● Crossword Puzzle MGR</p>	<p>9:15 ● Exercise with Weights with Linda MGR 29</p> <p>10:00 ● Making Residents Birthday Cards for Next Month CK</p> <p>1:00 ● Cooking Club: Easter Sugar Cookies with Linda CK</p> <p>1:30 ● Hot Chocolate Social with Peggy CK</p> <p>1:30 ● Just for Fun Bingo with Peggy CK</p> <p>2:00 ● Manatee Appreciation Day: Facts CK</p> <p>2:30 ● Card Game with Peggy CK</p> <p>4:30 ● Communion CK</p>	<p>GOOD FRIDAY 30 PASSOVER starts at sunset</p> <p>9:00 ● Trip: Linda's Scenic Bus Drive Bus</p> <p>10:30 ● Pet Therapy: Duffy MGR</p> <p>1:00 ● Singalong with Flo MGR</p> <p>2:15 ● Easy Whammo MGR</p> <p>3:30 ● Happy Hour CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 31</p> <p>10:00 ● Anniversary of the Eiffel Tower Day MGR</p> <p>10:30 ● "Carol Burnett" TV show MGR</p> <p>10:45 ● Wii Wheel of Fortune CM</p> <p>2:15 ● Jingo with Peggy & Linda MGR</p> <p>3:30 ● Hot Chocolate Social with Peggy & Linda CL</p>

- 9:15 ● Exercise with Weights with Linda | MGR **1**
- 10:00 ● Category Puzzle | MGR
- 11:00 ● All Resident Meeting | CM
- 1:00 ● Cooking Club: Irish Cream Truffles | CK
- 1:15 ● LBW Men's Speakeasy | CL
- 1:30 ● Just for Fun Bingo with Peggy | CK
- 1:30 ● Hot Chocolate Social with Peggy | CK
- 2:00 ● Facts about American Red Cross Month | CK
- 2:30 ● Game: Fact or Crap with Peggy & Linda | CK
- 4:30 ● Communion | CK

- 9:15 ● Exercise with Weights with Linda | MGR **2**
- 9:45 ● Crafts: St. Patrick's Shamrock Canvas | CK
- 10:30 ● Pet Therapy: Duffy | MGR
- 1:00 ● Balloon Fitness | MGR
- 1:30 ● Easy Whammo | CK
- 3:30 ● Happy Hour | CK

- 9:15 ● Exercise with Weights with Linda | MGR **3**
- 10:00 ● Alexander Graham Bell's Birthday | MGR
- 10:30 ● "Carol Burnett" TV show | MGR
- 10:45 ● Wii "Wheel of Fortune" | CM
- 1:00 ● Singalong with Bonnie | MGR
- 2:15 ● Jingo with Peggy & Linda | MGR
- 3:30 ● Hot Chocolate Social with Peggy & Linda | CL

EVENT RECAP

last month

I hope all of you felt very loved last month, especially after the special chocolate-dipped strawberries made by our own Mike Ross! Valentine's Day is over now, so put your green on and get ready for St. Patrick's Day!



IT'S OUR PLEASURE TO SERVE YOU ... word from your executive director

As we all know, it is that time of the year again for flu season and the like. I would like for everyone to stay healthy and happy. It's the simplest things that make the biggest impact: Always make sure that you are covering your mouth if you are sneezing or coughing. Most importantly, wash your hands frequently. Approximately 80 percent of all infectious illnesses are transmitted by touch. Thank you, everyone, for keeping our Community safe and healthy.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION,
RESPECT, TEAMWORK

March's month HEART Hero is JARED CHASE. Jared was born March 2, 1999, in Rhode Island and moved to Chicago and then to the suburbs by time he was 6. Lake Barrington Woods has had the fortune to have Jared working in our Dining Rooms for the last two years as a server and a supervisor. This is Jared's first job and he loves coming to work every day and interacting with the residents. Jared describes himself as kind, spontaneous, adventurous and funny ... and I have to concur because he's all of those things. Jared is also attending Elgin Community College where he is studying business and communications. During Jared's spare time he loves to spend time with friends and family, going hiking/traveling and listening to music. Jared's favorite holiday is Thanksgiving because it brings the whole family together and there's always a lot of laughs involved. Jared also owns three dogs that he just loves to spoil. We're so lucky to have Jared as part of our team here at LBW.

Thank you, Jared, for all you do!



MANAGEMENT TEAM

Mike Ross, *Executive Director*
Janice Stender, *Business Office Manager*
Pam Labuda, *Director of Sales & Marketing*
Martin Irgang, *Dining Services Director*
Jessica Cork, *Dining Room Manager*
Pat Buttner, *Director of Plant Operations*
(Coco) Glaiza Atta-Dalangin, *Health and Wellness Director*
Mirka Biegunska, *Resident Program Director*

TRAIN
YOUR
BRAIN
solution

1	2	3	5	7	8	4	9	6
9	7	5	6	4	1	8	3	2
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SENIOR
LIFESTYLE
your life, your style