

the **DECEMBER 2017** newsletter

Be *Inspired*

LAKE BARRINGTON WOODS | NEIGHBORHOOD | a Senior Lifestyle community | LAKE BARRINGTON, IL 60010 | 847-842-8900

THIS MONTH'S *silver star*

Carol Jane Owen, the youngest of three children, was born in 1943 on the far north side of Chicago. When she was 13 years old, she met Earl Schaffnit and in 1962, their romance turned into a 55-year marriage with nine children and 23 grandchildren. Carol graduated from Northwestern University and worked as a dental hygienist for 50 years while raising their family. Her main interest was and still is volunteer work. She worked at the PADS Shelter for the Homeless and the PHD Women's Pregnancy Help Center, as well as teaching religion classes for grade schoolers. Carol has performed over 50 years of service for St. Thomas of Villanova Church Women's Club, including vice president. In 2001, she was honored at an ACCW Vicariate luncheon as Woman of the Year. Now Carol is enjoying life at Lake Barrington Woods with its many activities, shows, crafts, card and board games, Wii bowling, puzzles and Bible study. Earl, 79, is an only child and was born in Chicago. He earned his MBA from the University of Chicago and started his career in 1960 in public accounting. In 1963, he entered management in the fastener industry. In 1999, he became a real estate appraiser and continues to work in this field. He is participating in many LBW activities such as the Book Club, Writers Circle, Bible study and bridge. His volunteer work includes being a Scout leader, a reader at church, working in prison ministry and together with Carol, working and witnessing at over 10 church Cursillo retreats and over 30 marriage encounter weekends. Carol recently had wrist surgery and a knee replacement, but she is ready to enjoy her hobbies and spend time with Earl and their family.



JOIN US THIS MONTH FOR *featured events*

New Year's Eve Celebration will start at 8 p.m. and run until 10 p.m. with music by the one and only, Dave Majestic! Dave enjoys crooning the standards of Sinatra, Engelbert, Bennett, Martin, Darin and more.



TRAIN YOUR BRAIN *search for games*

L	L	A	B	T	O	O	F	H	X	M	D	BASEBALL
M	B	C	C	D	I	A	M	D	L	O	G	BRIDGE
A	R	L	G	R	D	H	G	C	M	Y	P	CHECKERS
H	I	U	R	Y	O	C	H	I	B	I	B	CHES
J	D	E	E	C	L	Q	N	G	N	A	G	CLUE
O	G	T	K	H	S	O	U	G	S	R	I	CROQUET
N	E	E	O	E	E	R	P	E	D	E	N	DOMINOES
G	Y	N	P	S	C	O	B	O	T	C	R	FOOTBALL
G	C	N	K	S	N	A	N	S	N	C	U	GIN RUMMY
D	V	I	H	G	L	D	P	O	L	O	M	HOCKEY
S	B	S	E	L	B	B	A	R	C	S	M	MAHJONG
C	H	E	C	K	E	R	S	X	E	C	Y	MONOPOLY
												OLD MAID
												PING-PONG
												POKER
												POLO
												RUGBY
												SCRABBLE
												SOCCER
												TENNIS

IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

Happy Holidays to you and yours! Please remember to check the program schedule, as we have many great events planned to celebrate the season. As a reminder, we are in flu season. If you are not feeling well, we would be happy to deliver meals to your apartment or provide you with any additional assistance you may need. Please don't hesitate to call the Front Desk for help. I look forward to spending a happy, healthy holiday season with all of our residents and families.



neighborhood

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ART STUDIO — AS
- BUS — Bus
- CARD ROOM — CR
- CLUB LOUNGE — CL
- COMMUNITY ROOM — CM
- COMPUTER ROOM — CPR
- COUNTRY KITCHEN — CK
- DINING ROOM — ALDR
- FITNESS ROOM — FR
- FRONT LOBBY — FL
- LIPOFSKY'S GRILL — GR
- LIVING ROOM — LR
- MILLER GROVE ROOM — MGR
- PATIO — PA
- SWIMMING POOL — SP

TRANSPORTATION SCHEDULE

- MONDAY, WEDNESDAY & FRIDAY
8:15 a.m.
Walk For Health
- TUESDAY & THURSDAY
8 a.m.-3:30 p.m.
Doctor Appointments
- SUNDAY
8:30 and 10:30 a.m.
Church Transportation

COUNTRY STORE

- MONDAY-FRIDAY
11:30 a.m.-1 p.m.

SENIOR LIFESTYLE VALUES

Hospitality, Excellence, Appreciation, Respect, & Teamwork

www.SeniorLifestyle.com
Activities are subject to change

																												
<p>9:30 ● Singalong with Linda MGR 3</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● Sunday Sermon with Dan, Bob and Music With Glen MGR</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>1:00 ● Animal Facts & Mandala Coloring CK</p> <p>2:00 ● The Greatest Unknown Song Writer, Harry Warren CM</p> <p>3:15 ● Crafts: Skiing Snowman Clay Pots with Renee CK</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 4</p> <p>10:15 ● Exercise with Weights with Linda MGR</p> <p>10:45 ● Pet Therapy with Murphy & Joann MGR</p> <p>1:00 ● Sweet Bingo with Linda CK</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 5</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● The Building of Disney World MGR</p> <p>1:00 ● Craft: Making Door Wreath CK</p> <p>2:00 ● History Where Are They Now? MGR</p> <p>2:30 ● Popcorn & Teasure MGR</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 6</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 ● Bingo CK</p> <p>2:00 ● The Life of the Kennedys MGR</p> <p>3:30 ● Crossword Puzzle MGR</p>	<p>9:15 ● Exercise with Weights with Linda MGR 7</p> <p>9:45 ● Category Puzzle MGR</p> <p>11:00 ● All Resident Meeting CM</p> <p>1:00 ● Cooking Club: Making Christmas Fudge CK</p> <p>1:15 ● LBW Men's Speakeasy CL</p> <p>1:30 ● Hot Chocolate Social CK</p> <p>2:00 ● Music with Jim Sieg MGR</p> <p>3:15 ● Sweet Bingo CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 8</p> <p>9:45 ● Crafts: Foam Gingerbread Houses CK</p> <p>10:30 ● Pet Therapy: Duffy MGR</p> <p>1:00 ● Singalong with Flo MGR</p> <p>2:30 ● Easy Whammo MGR</p> <p>3:30 ● Happy Hour CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 9</p> <p>10:00 ● Exercise with Weights with Linda MGR</p> <p>10:30 ● "Jack Benny" TV show MGR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>2:15 ● Jingo MGR</p> <p>3:30 ● Hot Chocolate Social CL</p>	<p>9:15 ● Singalong with Linda MGR 10</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● Sunday Sermon with Bob MGR</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>1:00 ● Animal Facts & Mandala Coloring CK</p> <p>2:00 ● Pearl Harbor a day of Infamy / French Battlefields CM</p> <p>3:15 ● Crafts: Clay Pot Christmas Tree CK</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 11</p> <p>10:15 ● Exercise with Weights with Linda MGR</p> <p>10:45 ● Pet Therapy with Murphy & Joann MGR</p> <p>1:00 ● Craft: Santa Clay Pot CK</p> <p>3:00 ● Tea and Tales "You Be the Judge" LR</p> <p>3:30 ● Shake Loose a Memory CK</p>	<p>HANUKKAH STARTS AT SUNSET 12</p> <p>9:15 ● Seated Exercise with Jennifer MGR</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● Movie Star Grace Kelly MGR</p> <p>1:00 ● Whammo CK</p> <p>2:30 ● Decorating Cookie Cut Outs CK</p> <p>3:30 ● Christmas Music around the World MGR</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 13</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● The Legend of Jack Benny MGR</p> <p>1:00 ● Bingo CK</p> <p>2:30 ● Cheese, Crackers & Crafts CK</p> <p>3:30 ● Crossword Puzzle MGR</p>	<p>9:15 ● Exercise with Weights with Linda MGR 14</p> <p>9:45 ● Category Puzzle MGR</p> <p>1:00 ● Cooking Club: Christmas Brownies CK</p> <p>1:30 ● Hot Chocolate Social CK</p> <p>2:00 ● Facts About the Wright Brothers CK</p> <p>3:15 ● Sweet Bingo CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 15</p> <p>9:45 ● Craft: Foam Christmas Globes as Tree ornaments CK</p> <p>10:30 ● Pet Therapy: Duffy MGR</p> <p>1:00 ● Balloon Fitness MGR</p> <p>1:30 ● Easy Whammo CK</p> <p>2:30 ● Bunko CK</p> <p>3:30 ● Happy Hour CK</p>	<p>9:15 ● Facts About Hanukkah MGR 16</p> <p>10:00 ● Exercise with Weights with Linda MGR</p> <p>10:30 ● "Jack Benny" TV show MGR</p> <p>10:45 ● Wii "Wheel of Fortune" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>1:30 ● Santa Claus Is Coming to LBW CM</p> <p>3:30 ● Hot Chocolate Social CL</p>	<p>9:00 ● BHS Ensemble MGR 17</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● Sunday Sermon with Bob MGR</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>1:00 ● Animal Facts & Mandala Coloring CK</p> <p>2:00 ● Entertainment: World Wide Christmas CM</p> <p>3:15 ● Craft with Bacoa: Two Elf Clay Pots CK</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 18</p> <p>10:00 ● Lunch and Bingo at Bacoa</p> <p>10:45 ● Pet Therapy with Murphy & Joann MGR</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 19</p> <p>10:15 ● Pony Races MGR</p> <p>11:00 ● How Different Cultures Celebrate Christmas MGR</p> <p>1:00 ● Whammo CK</p> <p>2:30 ● Poetry & Poems MGR</p> <p>3:00 ● Music of the 1940s MGR</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 20</p> <p>9:45 ● Category Puzzles MGR</p> <p>1:00 ● Bingo CK</p> <p>2:30 ● Life of Marlon Brando MGR</p> <p>3:30 ● Crossword Puzzle MGR</p>	<p>WINTER BEGINS 21</p> <p>9:15 ● Exercise with Weights with Linda MGR</p> <p>9:45 ● Category Puzzle MGR</p> <p>1:00 ● Cooking Club: Christmas Cookies CK</p> <p>3:15 ● Sweet Bingo CK</p> <p>3:45 ● Crafts: With Barrington High Schools Students CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 22</p> <p>9:45 ● Crafts: Foam Christmas Trees CK</p> <p>10:30 ● Pet Therapy: Duffy MGR</p> <p>1:00 ● Balloon Fitness MGR</p> <p>1:30 ● Easy Whammo CK</p> <p>2:30 ● Bunko CK</p> <p>3:30 ● Happy Hour CK</p>	<p>9:15 ● Facts About Christmas MGR 23</p> <p>10:00 ● Exercise with Weights with Linda MGR</p> <p>10:30 ● "Jack Benny" TV show MGR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>2:15 ● Jingo MGR</p> <p>3:30 ● Hot Chocolate Social CL</p>	<p>CHRISTMAS EVE 24</p> <p>9:30 ● Singalong with Linda MGR</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● Sunday Sermon with Bob MGR</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>1:00 ● Animal Facts & Mandala Coloring CK</p> <p>2:00 ● Steven & Michelle Hackman CM</p> <p>3:15 ● Crafts: Glitter Mason Jars with Renee CK</p>	<p>CHRISTMAS 25</p> <p>10:00 ● Mirka's Exercise Video CM</p> <p>10:00 ● Walt Disney's Christmas Parade MGR</p> <p>1:00 ● Christmas Music MGR</p> <p>3:30 ● Steelers & Texans CM</p> <p>7:30 ● Raiders & Eagles CM</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 26</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● Music of Liberace MGR</p> <p>1:00 ● Whammo CK</p> <p>2:30 ● New Year's Eve Celebration around the World MGR</p> <p>3:00 ● Popcorn & Puzzles MGR</p>	<p>9:15 ● Seated Exercise with Jennifer MGR 27</p> <p>9:45 ● Category Puzzles MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 ● Bingo CK</p> <p>2:30 ● Crafts: New Year's Eve Hats CK</p> <p>3:30 ● Crossword Puzzle MGR</p>	<p>9:15 ● Exercise with Weights with Linda MGR 28</p> <p>9:45 ● Category Puzzle MGR</p> <p>1:00 ● Cooking Club: Cupcakes CK</p> <p>1:30 ● Hot Chocolate Social CK</p> <p>2:00 ● Facts About New Year's Eve CK</p> <p>3:15 ● Sweet Bingo CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Weights with Linda MGR 29</p> <p>10:30 ● Pet Therapy: Duffy MGR</p> <p>1:00 ● Balloon Fitness MGR</p> <p>1:30 ● Easy Whammo CK</p> <p>2:30 ● Bunko CK</p> <p>3:30 ● Happy Hour CK</p>	<p>9:15 ● New Year's Eve Trivia MGR 30</p> <p>10:00 ● Exercise with Weights with Linda MGR</p> <p>10:30 ● "Jack Benny" TV show MGR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>2:15 ● Jingo MGR</p> <p>3:30 ● Hot Chocolate Social CL</p>	<p>NEW YEAR'S EVE 31</p> <p>9:30 ● Singalong with Linda MGR</p> <p>10:00 ● St. Anne's Communion CM</p> <p>10:30 ● Sunday Sermon with Bob MGR</p> <p>10:30 ● St. Mark's Church Service CM</p> <p>1:00 ● Animal Facts & Mandala Coloring CK</p> <p>3:15 ● Crafts: New Year's Eve Craft CK</p>

"Each day offers a reason to celebrate. Find it and experience true bliss."
—Amy Leigh Mercree

EVENT RECAP

last month

Which one of November's events was your favorite? We started the month with a Norwegian Dance performance by Leikaringen Heimhug. They also happen to be the oldest existing Scandinavian folk dance group in the Chicago area! They did such a fantastic job explaining and performing every dance and they had some wonderful stories to share, too. Also, the Veterans Day Celebration with music by Sandi Haynes was a big success! She always does a great job and the Tribute to Our Veterans Show is one of her best ones.



OUR SNOW VILLAGE

Our beautiful snow village was donated by Dennis Dougherty, former resident of Lake Barrington. He has been collecting snow village figurines his entire life but never had a chance to display it. With the help of residents and the staff here at LBW, we were able to make three 8 foot scenery tables. We started it at the beginning of September and I can tell you, a ton of work went in to this project — a lot of boxes, newspaper, over 40 rolls of tape, paint and a lot of imagination but the tables are finally done! Our residents did an amazing job setting everything up and now it truly feels like Christmas. To highlight this amazing display, we would like to invite residents and their families on Dec. 16, between 1:30 and 3:30 p.m. We'll have some hot cocoa and Christmas cookies. Word is that the real Santa is coming so you'd better bring your camera, too!



THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE,
APPRECIATION, RESPECT, TEAMWORK

LINDA KUMAR was born on March 1, 1961, and grew up a child of the military. Her father served in three Wars: WWII, Korean War and the Vietnam War. As a child, she remembers moving very often, as her father was stationed at different bases. After her father retired as a Lt. Colonel, the family moved back to Iowa and he became a teacher. Linda and her husband, Surinder Kumar, have two daughters and they've lived in Mundelein for 24 years now. Linda's oldest daughter, Katasha, has lived in Kansas City, Kan., since her graduation from Kansas University in 2012. Her youngest daughter, Sabrina, has moved back home after graduating from the University of Iowa in 2014 and is on her way to getting her PhD in nursing. Linda has been working at LBW for more than a year now and her priority has always been making our residents happy. Whether it's playing some fun games, leading group exercise or cooking (which is one of her favorite things to do), she always does her best for the residents of LBW. And I can tell you she bakes the best bread ever! Linda has a great personality, she loves to help others and always has terrific ideas for the Community.



MANAGEMENT TEAM

Mike Ross, *Executive Director*
Janice Stender, *Business Office Manager*
Pam Labuda, *Director of Sales & Marketing*
Mike Danczyk, *Dining Services Director*
Jessica Cork, *Dining Room Manager*
Pat Buttner, *Director of Plant Operations*
(Coco) Glaiza Atta-Dalangin, *Health and Wellness Director*
Mirka Biegunska, *Resident Program Director*

TRAIN
YOUR
BRAIN
solution

SENIOR LIFESTYLE
FAMILY-OWNED COMMUNITIES

