

Be Inspired

LAKE BARRINGTON WOODS | NEIGHBORHOOD | a Senior Lifestyle community | LAKE BARRINGTON, IL 60010 | 847-842-8900

THIS MONTH'S silver star

MARILYN

When Marilyn moved into Lake Barrington Woods over a month ago, a collection of her most loved china dolls accompanied her.

She and her husband started to collect dolls shortly after they got married 65 years ago. When her husband died in February, she decided to leave their big Lakewood home, but not her dolls. She, and around 50 of them, are now comfortably settled in Lake Barrington Woods.

After two stays in the hospital, Marilyn is glad to be back at LBW. She likes to play Bingo and participates in singalongs with Bonnie. She is a former member of the United Methodist Church Choir in McHenry and is still singing to this day!

Marilyn is planning an estate sale of her house, furniture and her doll collection in the near future. "My daughter who lives nearby decorated my LBW apartment with my most favorite dolls," she said, "but unfortunately there is not enough room for all of them."



JOIN US THIS MONTH FOR featured events

Last year, we took our residents for Adventure Camp at Sunrise Lake in Bartlet. Everyone had a chance to go fishing, practice archery, go paddle boating, make S'mores and much, much more.

This year, we've decided to invite other senior lifestyle communities to join us! It will be a great opportunity to meet residents from our sister properties and make new friends. Mark the date on your calendar — Wednesday, Aug. 30. If you're interested in joining us, please sign up at the front desk.



IT'S OUR PLEASURE TO SERVE YOU ... word from your executive director

Mark your calendars for the Lake Barrington Woods Annual Family Appreciation Night! Wednesday, Sept. 13, please join us for food and fun. This year our theme is Oktoberfest!



Ever wonder why Oktoberfest is called Oktoberfest but yet it begins in September? The historical background: The first Oktoberfest was held in the year 1810 in honor of the Bavarian Crown Prince Ludwig's marriage to Princess Therese von Sachsen-Hildburghausen. The festivities began on Oct. 12, 1810 and ended on Oct. 17 with a horse race. In the following years, the celebrations were repeated and, later, the festival was prolonged and moved forward into September.

By moving the festivities up, it allowed for better weather conditions. Because the September nights were warmer, the visitors were able to enjoy the gardens outside the tents and the stroll over "die Wiesen" or the fields much longer without feeling chilly. Historically, the last Oktoberfest weekend was in October and this tradition continues into present times.

TRAIN YOUR BRAIN look for money (new & old) from around the world

M	C	D	P	P	E	S	E	T	A	G	O
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P	M	H	L	N	E	O	K	E	G	I	D
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- DIME
- DINAR
- DOLLAR
- DRACHMA
- EURO
- FRANC
- GUILDER
- KRONA
- LIRA
- MARK
- NICKEL
- PENNY
- PESETA
- PESO
- POUND
- QUARTER
- RUPEE
- SHEKEL
- SHILLING
- YEN

neighborhood

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ART STUDIO — AS
- BUS — Bus
- CARD ROOM — CR
- CLUB LOUNGE — CL
- COMMUNITY ROOM — CM
- COMPUTER ROOM — CPR
- COUNTRY KITCHEN — CK
- DINING ROOM — ALDR
- FITNESS ROOM — FR
- FRONT LOBBY — FL
- LIPOFSKY'S GRILL — GR
- LIVING ROOM — LR
- MILLER GROVE ROOM — MGR
- PATIO — PA
- SWIMMING POOL — SP

TRANSPORTATION SCHEDULE

MONDAY, WEDNESDAY & FRIDAY
8:15 a.m.
Walk For Health

TUESDAY & THURSDAY
8 a.m.-3:30 p.m.
Doctor Appointments

SUNDAY
8:30 and 10:30 a.m.
Church Transportation

COUNTRY STORE

MONDAY-FRIDAY
11:30 a.m.-1 p.m.

SENIOR LIFESTYLE

Unlimited options, Unparalleled services

www.SeniorLifestyle.com
Activities are subject to change



<p>9:15 ● BHS Ensemble MGR 6</p> <p>10:00 St. Anne's Communion CM</p> <p>10:30 St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon with Dan, Bob and Music With Glen MGR</p> <p>1:00 Clay Pot Crafts: Jellyfish CK</p> <p>2:00 Serbian Dance by Sloboda Folk Dance Group CM</p> <p>3:15 Singalong! Oldies Hits MGR</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 7</p> <p>10:15 ● Exercise with Linda MGR</p> <p>11:30 Pizza in the Park Bus</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>
<p>9:15 BHS Ensemble MGR 13</p> <p>10:00 St. Anne's Communion CM</p> <p>10:30 St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon with Bob MGR</p> <p>1:00 Crafts: Mason watermelon Jars CK</p> <p>2:00 Music on the Patio: Great American Songbook/Holly Singalong! Oldies Hits MGR</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 14</p> <p>10:15 ● Exercise with Linda MGR</p> <p>11:30 ● Hot Dog Picnic in the Park Bus</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>
<p>9:30 Exercise with Linda MGR 20</p> <p>10:00 St. Anne's Communion CM</p> <p>10:30 St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon with Bob MGR</p> <p>1:00 Craft: Marble magn. bugs CK</p> <p>2:00 Gene Kelly, Song and Dance Man/John Boda CM</p> <p>3:15 Singalong! Oldies Hits MGR</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 21</p> <p>10:15 ● Exercise with Linda MGR</p> <p>11:30 Hamburger in the Park Bus</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>
<p>9:30 Exercise with Linda MGR 27</p> <p>10:00 St. Anne's Communion CM</p> <p>10:30 St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon with Bob MGR</p> <p>1:00 Crafts: Pineapple pinecones CK</p> <p>2:00 Entertainment: Elvis & Johnny Cash Show CM</p> <p>3:15 Singalong! Oldies Hits MGR</p>	<p>9:15 ● Singalong with Penny and Maryann on the Piano MGR 28</p> <p>10:15 ● Exercise with Linda MGR</p> <p>1:00 Crafts: Seashell Fish CK</p> <p>2:30 ● Tea and Tales "You Be the Judge" MGR</p> <p>3:30 ● Shake Loose a Memory CK</p>

<p>9:15 Seated Exercise MGR 1</p> <p>9:45 Category Puzzle MGR</p> <p>10:45 Big Band Music MGR</p> <p>1:00 Easy Whammo CK</p> <p>2:30 Rock Art MGR</p> <p>3:30 The Sears Tower — Do You Know How It Was Built? MGR</p>	<p>9:15 Seated Exercise MGR 8</p> <p>9:45 Category Puzzle MGR</p> <p>10:45 Do You Know How Homemade Wine Is Made? MGR</p> <p>1:00 Whammo CK</p> <p>2:30 Trivia: Movies of the '30s MGR</p> <p>3:30 Iced Tea Social & Treasure Chest Questions! MGR</p>
<p>9:15 Seated Exercise MGR 15</p> <p>9:45 Category Puzzle MGR</p> <p>10:45 Radio Days Jazz and Blues MGR</p> <p>1:00 Easy Whammo CK</p> <p>2:30 Sand Art MGR</p> <p>3:30 How Money Is Made! MGR</p>	<p>9:15 Seated Exercise MGR 22</p> <p>9:45 Category Puzzle MGR</p> <p>10:45 Fabulous '50s Trivia MGR</p> <p>1:00 Whammo MGR</p> <p>2:30 Famous Artist Paintings MGR</p> <p>3:30 Across America Singalong MGR</p>
<p>9:15 Seated Exercise MGR 29</p> <p>9:45 Category Puzzle MGR</p> <p>10:45 Inventions: How Licorice Is Made! MGR</p> <p>1:00 Whammo MGR</p> <p>2:30 Lemonade Social MGR</p> <p>3:30 Songs to Make You Smile MGR</p>	

<p>9:15 Seated Exercise MGR 2</p> <p>9:45 Timeless Trivia; Slogans, Jingles & Taglines MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 Bingo CK</p> <p>2:30 Latest News/Popcorn MGR</p> <p>3:30 Crossword Puzzle</p>	<p>9:15 Seated Exercise MGR 9</p> <p>9:45 Category Puzzle MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 Bingo CK</p> <p>2:30 Biography and Music of Bing Crosby MGR</p> <p>3:30 Crossword Puzzle</p>
<p>9:15 Seated Exercise MGR 16</p> <p>9:45 Guess Who and Where! Faces & Places MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 Bingo CK</p> <p>2:30 Treats & Trials MGR</p> <p>3:30 Crossword Puzzle</p>	<p>9:15 Seated Exercise MGR 23</p> <p>9:45 '30-'40s Female Singers MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 Bingo CK</p> <p>2:30 Are You Ready for Some Poetry? MGR</p> <p>3:30 Crossword Puzzle</p>
<p>9:15 Seated Exercise MGR 30</p> <p>9:45 Hangman MGR</p> <p>10:45 ● Pet Therapy with Charlie & Virginia MGR</p> <p>1:00 Bingo CK</p> <p>2:30 Crafts MGR</p> <p>3:30 Crossword Puzzle</p>	

<p>9:15 ● Exercise with Linda MGR 3</p> <p>9:45 ● Category Puzzle with Linda MGR</p> <p>11:00 All Resident Meeting CM</p> <p>1:00 Cooking Club: National Choc. Chip Cookie Day CK</p> <p>1:15 LBW Men's Speakeasy CL</p> <p>1:30 ● Lemonade Social CK</p> <p>2:00 Trivia From the '30s CK</p> <p>3:15 Sweet Bingo CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Linda MGR 10</p> <p>9:45 ● Category Puzzle with Linda MGR</p> <p>1:00 Music on AL Patio CK</p> <p>2:00 Lake Barrington Woods Ladies' Tea CM</p> <p>3:15 Sweet Bingo CK</p> <p>4:30 ● Communion CK</p>
<p>9:15 ● Exercise with Linda MGR 17</p> <p>9:45 ● Category Puzzle with Linda MGR</p> <p>1:00 Cooking Club: Hungarian Cottage Cheese Donuts CK</p> <p>1:30 ● Lemonade Social CK</p> <p>1:45 Trivia About the State of Illinois CK</p> <p>3:15 Sweet Bingo CK</p> <p>4:30 ● Communion CK</p>	<p>9:15 ● Exercise with Linda MGR 24</p> <p>9:45 ● Category Puzzle with Linda MGR</p> <p>1:00 Cooking Club: Hungarian Cherry Cake CK</p> <p>1:30 ● Lemonade Social CK</p> <p>1:45 Facts About Paul Newman CK</p> <p>3:15 Sweet Bingo CK</p> <p>4:30 ● Communion CK</p>
<p>9:15 ● Exercise with Linda MGR 31</p> <p>9:45 ● Category Puzzle with Linda MGR</p> <p>1:00 Cooking Hawaiian Upside Down Pineapple Cupcakes CK</p> <p>1:30 ● Lemonade Social CK</p> <p>2:00 Facts About Merv Griffin CK</p> <p>3:15 Sweet Bingo CK</p> <p>4:30 ● Communion CK</p>	

<p>9:00 Scenic Bus Ride with Linda Bus 4</p> <p>9:00 The Biggest Oldies Hits Singalong!</p> <p>10:30 ● Pet Therapy: Duffy</p> <p>1:00 ● Balloon Fitness</p> <p>1:30 ● Easy Whammo CK</p> <p>2:45 ● Bunko CK</p> <p>3:30 ● Happy Hour CK</p>	<p>9:00 Scenic Bus Ride with Linda Bus 11</p> <p>9:00 The Biggest Oldies Hits Singalong!</p> <p>10:30 ● Pet Therapy: Duffy</p> <p>1:00 ● Balloon Fitness</p> <p>1:30 ● Easy Whammo CK</p> <p>2:45 ● Bunko CK</p> <p>3:30 ● Happy Hour CK</p>
<p>9:00 Scenic Bus Ride with Linda Bus 18</p> <p>9:00 The Biggest Oldies Hits Singalong!</p> <p>10:30 ● Pet Therapy: Duffy</p> <p>1:00 ● Balloon Fitness</p> <p>1:30 ● Easy Whammo CK</p> <p>2:45 ● Bunko CK</p> <p>3:30 ● Happy Hour CK</p>	<p>9:00 Scenic Bus Ride with Linda Bus 25</p> <p>9:00 The Biggest Oldies Hits Singalong!</p> <p>10:30 ● Pet Therapy: Duffy</p> <p>1:00 ● Balloon Fitness</p> <p>1:30 ● Easy Whammo CK</p> <p>2:45 ● Bunko CK</p> <p>3:30 ● Happy Hour CK</p>

<p>9:15 National Coast Guard Day Facts MGR 5</p> <p>10:00 ● Exercise with Linda MGR</p> <p>10:30 TV Trivia MGR</p> <p>10:45 ● Wii "Wheel of Fortune" CM</p> <p>1:00 Bingo MGR</p> <p>2:15 ● Pet Therapy: Duffy MGR</p> <p>3:30 ● Iced Tea & Lemonade social PA</p>	<p>9:15 ● Facts About V-J Day MGR 12</p> <p>10:00 ● Exercise with Linda MGR</p> <p>10:30 TV Trivia MGR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>2:15 ● Pet Therapy: Duffy MGR</p> <p>3:30 ● Iced Tea & Lemonade social PA</p>
<p>9:15 Facts About Hawaiian Statehood Day MGR 19</p> <p>10:00 ● Exercise with Linda MGR</p> <p>10:30 TV Trivia MGR</p> <p>10:45 ● Wii "Wheel of Fortune" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>2:15 ● Pet Therapy: Duffy MGR</p> <p>3:30 ● Iced Tea & Lemonade social PA</p>	<p>9:15 Facts About Hungary MGR 26</p> <p>10:00 ● Exercise with Linda MGR</p> <p>10:30 TV Trivia MGR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>1:00 ● Singalong with Bonnie MGR</p> <p>2:15 ● Pet Therapy: Duffy MGR</p> <p>3:30 ● Iced Tea & Lemonade social PA</p>

"When you can't make them see the light, make them feel the heat."
—Ronald Reagan

EVENT RECAP

last month

What a busy month we had! Again, thanks to you, our Fourth of July parade was a big success! I'm not sure what was the biggest hit for all of the kids — a group of happy seniors waving a great big and decorated trolley or the Spider-Man at the front of the trolley? Hopefully it was all of it! We had more than 10 volunteers and 30 residents participating and our group is growing every year! Should we rent two trolleys next year?

On July 21, we hosted The Longest Day Picnic to support the Alzheimer's Association. The music was great, weather was perfect and the food was just fantastic. Thanks to your support, we raised \$360!



THIS MONTH'S chart hero

CARING, HONESTY, APPRECIATION, RESPECT, TEAMWORK

Lake Barrington Woods CHART Hero this month is TONY CALARCO. Tony works in the Maintenance Department and he loves it! Prior to LBW, he owned the Bella Lucks Restaurant in Fox Lake for 12 years. "I always liked to fix things, that's why I'm here. I love the residents. This is such a great place." Before owning the restaurant, he worked in the car business. Cars were always his passion (especially sport cars) and that's what he likes to do in his spare time ... work on his cars. Yes cars, all three of them including a yellow corvette that you might see sometimes here in the parking lot.

He loves to go to Florida with his family and hopes to one day move there permanently. "I just love the weather and the sunshine," he said.

Tony and his wife of 24 years have two kids — Alexis (19) and Nick (22). They live in McHenry with their three rescue dogs: Flash, Gia and Samson. When asked what's most important in his life he said: My family, my dogs and of course, my cars!



MANAGEMENT TEAM

- Mike Ross, *Executive Director*
- Janice Stender, *Business Office Manager*
- Pam Labuda, *Director of Sales & Marketing*
- Mike Danczyk, *Dining Services Director*
- Jessica Cork, *Dining Room Manager*
- Pat Buttner, *Director of Plant Operations*
- (Coco) Glaiza Atta-Dalangin, *Health and Wellness Director*
- Mirka Biegunska, *Resident Program Director*

TRAIN YOUR BRAIN solution

