

the **DECEMBER 2017** newsletter

# Be Inspired

LAKE BARRINGTON WOODS | INDEPENDENT LIVING | a Senior Lifestyle community | LAKE BARRINGTON, IL 60010 | 847-842-8900

## THIS MONTH'S *silver star*

CAROL JANE OWEN

Carol Jane Owen, the youngest of three children, was born in 1943 on the far north side of Chicago. When she was 13 years old, she met Earl Schaffnit, and in 1962, their romance turned into a 55-year marriage with nine children and 23 grandchildren. Carol graduated from Northwestern University and worked as a dental hygienist for 50 years while raising their family. Her main interest was and still is volunteer work. She worked at the PADS Shelter for the Homeless and the PHD Women's Pregnancy Help Center, as well as teaching religion classes for grade schoolers. Carol has performed over 50 years of service for St. Thomas of Villanova Church Women's Club, including vice president. In 2001, she was honored at an ACCW Vicariate luncheon as Woman of the Year. Now Carol is enjoying life at Lake Barrington Woods with its many activities, shows, crafts, card and board games, Wii bowling, puzzles and Bible study. Earl, 79, an only child, was born in Chicago. He earned his MBA from the University of Chicago and started his career in 1960 in public accounting. In 1963, he entered management in the fastener industry. In 1999, he became a real estate appraiser and continues to work in this field. He is participating in many LBW activities, such as the Book Club, Writers Circle, Bible study and bridge. His volunteer work includes being a Scout leader, a reader at church, working in prison ministry, and together with Carol, working and witnessing at over 10 church Cursillo retreats and over 30 marriage encounter weekends. Carol recently had wrist surgery and a knee replacement, but she is up and about, ready to enjoy her hobbies and spending time with Earl and their family.



## JOIN US THIS MONTH FOR *featured events*

New Year's Eve Celebration will start at 8 p.m. and run until 10 p.m., with music by the one and only, Dave Majestic! Dave was here last year and oh boy, doesn't he put on a great show? Dave enjoys crooning the standards of Sinatra, Engelbert, Bennett, Martin, Darin and more.



## TRAIN YOUR BRAIN *search for games*

|   |   |   |   |   |   |   |   |   |   |   |   |           |
|---|---|---|---|---|---|---|---|---|---|---|---|-----------|
| L | L | A | B | T | O | O | F | H | X | M | D | BASEBALL  |
| M | B | C | C | D | I | A | M | D | L | O | G | BRIDGE    |
| A | R | L | G | R | D | H | G | C | M | Y | P | CHECKERS  |
| H | I | U | R | Y | O | C | H | I | B | I | B | CHES      |
| J | D | E | E | C | L | Q | N | G | N | A | G | CLUE      |
| O | G | T | K | H | S | O | U | G | S | R | I | CROQUET   |
| N | E | E | O | E | E | R | P | E | D | E | N | DOMINOES  |
| G | Y | N | P | S | C | O | B | O | T | C | R | FOOTBALL  |
| G | C | N | K | S | N | A | N | S | N | C | U | GIN RUMMY |
| D | V | I | H | G | L | D | P | O | L | O | M | HOCKEY    |
| S | B | S | E | L | B | B | A | R | C | S | M | MAHJONG   |
| C | H | E | C | K | E | R | S | X | E | C | Y | MONOPOLY  |
|   |   |   |   |   |   |   |   |   |   |   |   | OLD MAID  |
|   |   |   |   |   |   |   |   |   |   |   |   | PING-PONG |
|   |   |   |   |   |   |   |   |   |   |   |   | POKER     |
|   |   |   |   |   |   |   |   |   |   |   |   | POLO      |
|   |   |   |   |   |   |   |   |   |   |   |   | RUGBY     |
|   |   |   |   |   |   |   |   |   |   |   |   | SCRABBLE  |
|   |   |   |   |   |   |   |   |   |   |   |   | SOCCER    |
|   |   |   |   |   |   |   |   |   |   |   |   | TENNIS    |

## IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

Happy Holidays to you and yours! Please remember to check the program schedule, as we have many great events planned to celebrate the season. As a reminder, we are in flu season. If you are not feeling well, we would be happy to deliver meals to your apartment or provide you with any additional assistance you may need. Please don't hesitate to call the Front Desk for help. I look forward to spending a happy, healthy holiday season with all of our residents and families.



BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- ART STUDIO — AS
- BEAUTY SALON — BS
- BUS — Bus
- CARD ROOM — CR
- CLUB LOUNGE — CL
- COMMUNITY ROOM — CM
- COMPUTER ROOM — CPR
- COUNTRY KITCHEN — CK
- DINING ROOM — MDR
- FITNESS ROOM — FR
- FRONT LOBBY — FL
- GENESIS REHAB OFFICE — GRO
- LIBRARY — LIB
- LIPOFSKY'S GRILL — GR
- MAIL ROOM — MR
- MILLER GROVE ROOM — MGR
- PATIO — PA
- PRIVATE DINING ROOM — PDR
- SWIMMING POOL — SP

TRANSPORTATION SCHEDULE

MONDAY, WEDNESDAY & FRIDAY  
8:15 a.m.  
Walk for Health

TUESDAY & THURSDAY  
8 a.m.-3:30 p.m.  
Doctor Appointments

SUNDAY  
8:30 and 10:30 a.m.  
Church Transportation

SENIOR LIFESTYLE MISSION

*"To become the trusted leader in senior living services by creating great places to work and great places to live."*

www.SeniorLifestyle.com  
Activities are subject to change

|   |  |   |
|---|--|---|
|   |   |    |
| <p><b>8:30</b> ● Church Transportation (Also 10:30 a.m.)   Bus <b>3</b></p> <p><b>9:15</b> ● Exercise with Mirka Video   CM</p> <p><b>10:00</b> ● St. Anne's Communion   CM</p> <p><b>10:30</b> ● Sunday Sermon   MGR</p> <p><b>10:30</b> ● St. Mark's Church Service   CM</p> <p><b>2:00</b> ● Harry Warren: The greatest Songwriter/J. Boda   CM</p> <p><b>3:15</b> ● Bingo with Lilly   AS</p>   | <p><b>8:15</b> ● Trip: Walk for Health   FL <b>4</b></p> <p><b>9:20</b> ● Trip: Shopping at Jewel &amp; Walgreens, Banks   FL</p> <p><b>9:30</b> ● Men's Water Aerobics with Mirka   SP</p> <p><b>10:30</b> ● Exercise with Mirka   CM</p> <p><b>12:30</b> ● Trip: Shopping at Dollar Tree   FL</p> <p><b>1:00</b> ● Whammo   CM</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>7:30</b> ● Scrabble   CR</p>   | <p><b>9:00</b> ● Exercise with Genesis   CM <b>5</b></p> <p><b>9:30</b> ● Women's Water Aerobics/Bonnie   SP</p> <p><b>9:45</b> ● Category Puzzle   MGR</p> <p><b>10:00</b> ● Exercise on Your Feet with Genesis   CM</p> <p><b>10:00</b> ● Mandala Coloring (Adult Coloring Books)   AS</p> <p><b>10:00</b> ● Craft: Stained Glass Art, Part 1   AS</p> <p><b>1:00</b> ● Mah-Jongg   CR</p> <p><b>1:30</b> ● Fireside Chat with Mike   CM</p> <p><b>2:30</b> ● Bible Study   CM</p> <p><b>3:15</b> ● Dave the Watch Guy   CM</p> <p><b>3:30</b> ● Happy 1/2 Hour</p> <p><b>7:15</b> ● Poker Club   AS</p>                    |
| <p><b>8:30</b> ● Church Transportation (Also 10:30 a.m.)   Bus <b>10</b></p> <p><b>9:15</b> ● Exercise with Mirka Video   CM</p> <p><b>10:00</b> ● St. Anne's Communion   CM</p> <p><b>10:30</b> ● Sunday Sermon   MGR</p> <p><b>10:30</b> ● St. Mark's Church Service   CM</p> <p><b>1:00</b> ● Christmas Caroling/Elementary School (40 Students)   CM</p> <p><b>2:00</b> ● Pearl Harbor a Day of Infamy/French Battlefields   CM</p> <p><b>3:15</b> ● Bingo with Lilly   AS</p>  | <p><b>8:15</b> ● Trip: Walk for Health   FL <b>11</b></p> <p><b>9:20</b> ● Trip: Shopping at Jewel &amp; Walgreens, Banks   FL</p> <p><b>9:30</b> ● Men's Water Aerobics with Mirka   SP</p> <p><b>10:30</b> ● Exercise with Mirka   CM</p> <p><b>12:30</b> ● Trip: Shopping at Bed Bath &amp; Beyond in Cl   FL</p> <p><b>1:00</b> ● Whammo   CM</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:00</b> ● Craft: Hat &amp; Cookie Tray, Part 2   AS</p> <p><b>7:30</b> ● Scrabble   CR</p>  | <p><b>HANUKKAH STARTS AT SUNSET 12</b></p> <p><b>9:00</b> ● Exercise with Genesis   CM</p> <p><b>9:30</b> ● Women's Water Aerobics/Bonnie   SP</p> <p><b>9:45</b> ● Category Puzzle   MGR</p> <p><b>10:00</b> ● Exercise on Your Feet with Genesis   CM</p> <p><b>10:00</b> ● Mandala Coloring (Adult Coloring Books)   AS</p> <p><b>10:30</b> ● Craft: Paint Brush Door Decor   AS</p> <p><b>1:00</b> ● Mah-Jongg   CR</p> <p><b>1:00</b> ● Pokeno   AS</p> <p><b>1:30</b> ● Fireside Chat with Mike   CM</p> <p><b>2:30</b> ● Bible Study   CM</p> <p><b>3:30</b> ● Happy 1/2 Hour</p> <p><b>7:15</b> ● Poker Club   AS</p> |
| <p><b>8:30</b> ● Church Transportation (Also 10:30 a.m.)   Bus <b>17</b></p> <p><b>9:15</b> ● Exercise with Mirka Video   CM</p> <p><b>10:00</b> ● St. Anne's Communion   CM</p> <p><b>10:30</b> ● Sunday Sermon   MGR</p> <p><b>10:30</b> ● St. Mark's Church Service   CM</p> <p><b>1:30</b> ● Entertainment: Piano Music by Daniel Souvigny   CM</p> <p><b>3:00</b> ● Christmas Caroling/Children 4th Floor</p> <p><b>3:15</b> ● Bingo with Lilly   AS</p>   | <p><b>8:15</b> ● Trip: Walk for Health   FL <b>18</b></p> <p><b>9:20</b> ● Trip: Shopping at Jewel &amp; Walgreens, Banks   FL</p> <p><b>10:00</b> ● Bingo &amp; Lunch at Bacoa</p> <p><b>10:30</b> ● Exercise with Mirka   CM</p> <p><b>1:00</b> ● Whammo   CM</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>7:30</b> ● Scrabble   CR</p>  | <p><b>9:00</b> ● Exercise with Genesis   CM <b>19</b></p> <p><b>9:30</b> ● Women's Water Aerobics/Bonnie   SP</p> <p><b>9:45</b> ● Category Puzzle   MGR</p> <p><b>10:00</b> ● Exercise on Your Feet with Genesis   CM</p> <p><b>10:00</b> ● Mandala Coloring (Adult Coloring Books)   AS</p> <p><b>1:00</b> ● Mah-Jongg   CR</p> <p><b>1:00</b> ● Pokeno   AS</p> <p><b>1:30</b> ● Fireside Chat with Mike   CM</p> <p><b>2:30</b> ● Bible Study   CM</p> <p><b>3:30</b> ● Happy 1/2 Hour</p> <p><b>7:15</b> ● Poker Club   AS</p>   |
| <p><b>CHRISTMAS EVE 24</b></p> <p><b>8:30</b> ● Church Transportation (Also 10:30 a.m.)   Bus</p> <p><b>9:15</b> ● Exercise with Mirka Video   CM</p> <p><b>10:00</b> ● St. Anne's Communion   CM</p> <p><b>10:30</b> ● Sunday Sermon   MGR</p> <p><b>10:30</b> ● St. Mark's Church Service   CM</p> <p><b>2:00</b> ● Opera &amp; Piano Performance/Michelle &amp; Steve Hackman   CM</p> <p><b>3:15</b> ● Bingo with Lilly   AS</p>  | <p><b>CHRISTMAS 25</b></p> <p><b>10:00</b> ● Walt Disney's Christmas Parade   CL</p> <p><b>10:30</b> ● Exercise with Mirka Video   CM</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>7:30</b> ● Scrabble   CR</p>  | <p><b>26</b></p> <p><b>9:00</b> ● Exercise with Genesis   CM</p> <p><b>9:30</b> ● Women's Water Aerobics/Bonnie   SP</p> <p><b>9:45</b> ● Category Puzzle   MGR</p> <p><b>10:00</b> ● Exercise on Your Feet with Genesis   CM</p> <p><b>10:00</b> ● Mandala Coloring (Adult Coloring Books)   AS</p> <p><b>1:00</b> ● Pokeno with Savannah   AS</p> <p><b>1:00</b> ● Mah-Jongg   CR</p> <p><b>1:30</b> ● Fireside Chat with Mike   CM</p> <p><b>2:30</b> ● Bible Study   CM</p> <p><b>3:30</b> ● Happy 1/2 Hour</p> <p><b>7:15</b> ● Poker Club   AS</p>  |
| <p><b>8:15</b> ● Trip: Walk for Health   FL <b>6</b></p> <p><b>9:20</b> ● Trip: Shopping at Walmart   FL</p> <p><b>9:30</b> ● Men's Water Aerobics with Mirka   SP</p> <p><b>9:45</b> ● Category Puzzle   MGR</p> <p><b>10:30</b> ● Exercise with Mirka   CM</p> <p><b>12:30</b> ● Trip: Shopping at Aldi   FL</p> <p><b>1:30</b> ● History of Schaumburg Presentation by Jane Rozek   CM</p> <p><b>2:30</b> ● Bingo   AS</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>5:00</b> ● Happy 1/2 Hour for 6 p.m. Dinner   CL</p> | <p><b>8:15</b> ● Trip: Walk for Health   FL <b>7</b></p> <p><b>10:30</b> ● Exercise Fit &amp; Sit with Sue   CM</p> <p><b>11:00</b> ● All Resident Meeting   CM</p> <p><b>1:15</b> ● LBW Gentlemen's Speakeasy   CL</p> <p><b>2:00</b> ● Guitar Performance by Jim Sieg   MGR</p> <p><b>2:00</b> ● Rosary</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:00</b> ● Exercise on Your Feet with Genesis   CM</p> <p><b>3:15</b> ● Trivial Pursuit   AS</p> <p><b>7:15</b> ● Wildlife of Alaska Presentation by Anton Szabados   CM</p> | <p><b>8:15</b> ● Trip: Walk for Health   FL <b>8</b></p> <p><b>8:30</b> ● Women's Water Aerobics/Bonnie   SP</p> <p><b>9:00</b> ● Exercise with Genesis   CM</p> <p><b>9:20</b> ● Trip: Shopping at Target or Kohl's in Cl   FL</p> <p><b>10:00</b> ● Exercise on Your Feet/Genesis   CM</p> <p><b>10:30</b> ● Craft: Stained Glass, Part 2   AS</p> <p><b>10:30</b> ● Pinochle Club   CR</p> <p><b>1:00</b> ● Bingo with Scott   CM</p> <p><b>1:00</b> ● Craft: Hat &amp; Cookie Tray, Part 1   AS</p> <p><b>1:30</b> ● Liverpool Rummy   CL</p> <p><b>3:30</b> ● Happy Half Hour</p>  |
| <p><b>8:15</b> ● Trip: Walk for Health   FL <b>13</b></p> <p><b>9:20</b> ● Trip: Shopping at Walmart   FL</p> <p><b>9:30</b> ● Men's Water Aerobics with Mirka   SP</p> <p><b>9:45</b> ● Category Puzzle   MGR</p> <p><b>10:30</b> ● Exercise with Mirka   CM</p> <p><b>1:00</b> ● Craft: Angel in Yarn Ornament Part 1   AS</p> <p><b>1:00</b> ● Bingo with Scott   CM</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>5:00</b> ● Happy 1/2 Hour for 6 p.m. Dinner   CL</p>   | <p><b>9:30</b> ● Catholic Mass   CM <b>14</b></p> <p><b>9:30</b> ● Communion   CM</p> <p><b>10:30</b> ● Exercise Fit &amp; Sit with Sue   CM</p> <p><b>10:30</b> ● Craft: Scandinavian Christmas Gnome   AS</p> <p><b>1:30</b> ● Diamonds in the Rough (Women's Club) Beer &amp; Pizza   CL</p> <p><b>2:00</b> ● Rosary</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:00</b> ● Exercise on Your Feet with Genesis   CM</p> <p><b>3:15</b> ● Trivial Pursuit   AS</p> <p><b>7:15</b> ● Bingo Night with Savannah   CM</p>           | <p><b>8:15</b> ● Trip: Walk for Health   FL <b>15</b></p> <p><b>8:30</b> ● Women's Water Aerobics/Bonnie   SP</p> <p><b>9:00</b> ● Exercise with Genesis   CM</p> <p><b>9:20</b> ● Trip: Shopping at Jewel &amp; Walgreens   FL</p> <p><b>10:00</b> ● Exercise on Your Feet/Genesis   CM</p> <p><b>10:30</b> ● Pinochle Club   CR</p> <p><b>11:00</b> ● Craft: Angel in Yarn Ornament Part 2   AS</p> <p><b>1:00</b> ● Bingo with Scott   AS</p> <p><b>1:30</b> ● Liverpool Rummy   CL</p> <p><b>3:30</b> ● Happy Half Hour</p>   |
| <p><b>8:15</b> ● Trip: Walk for Health   FL <b>20</b></p> <p><b>9:20</b> ● Trip: Shopping at Walmart   FL</p> <p><b>9:30</b> ● Men's Water Aerobics with Mirka   SP</p> <p><b>9:45</b> ● Category Puzzle   MGR</p> <p><b>10:30</b> ● Exercise with Mirka   CM</p> <p><b>1:00</b> ● Bingo with Scott   CM</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>5:00</b> ● Happy 1/2 Hour for 6 p.m. Dinner   CL</p> <p><b>7:15</b> ● Piano Performance/Miss Maureen's Music Studio   CM</p>  | <p><b>WINTER BEGINS 21</b></p> <p><b>9:30</b> ● Communion   CM</p> <p><b>10:30</b> ● Exercise Fit &amp; Sit with Sue   CM</p> <p><b>11:00</b> ● Book Club: "Killers of the Flower Moon"   CM</p> <p><b>2:00</b> ● Suburban Hearing   GR</p> <p><b>2:00</b> ● Rosary</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:00</b> ● Exercise on Your Feet with Genesis   CM</p> <p><b>3:15</b> ● Trivial Pursuit   AS</p> <p><b>5:00</b> ● Piano Performance by Ed Connelly   CM</p>  | <p><b>8:15</b> ● Trip: Walk for Health   FL <b>22</b></p> <p><b>8:30</b> ● Women's Water Aerobics/Bonnie   SP</p> <p><b>9:00</b> ● Exercise with Genesis   CM</p> <p><b>9:20</b> ● Trip: Shopping at Jewel &amp; Walgreens   FL</p> <p><b>10:00</b> ● Exercise on Your Feet/Genesis   CM</p> <p><b>10:30</b> ● Pinochle Club   CR</p> <p><b>1:00</b> ● Bingo with Scott   CM</p> <p><b>1:30</b> ● Liverpool Rummy   CL</p> <p><b>3:30</b> ● Happy Half Hour</p>   |
| <p><b>8:15</b> ● Trip: Walk for Health   FL <b>27</b></p> <p><b>9:20</b> ● Trip: Shopping at Walmart   FL</p> <p><b>9:45</b> ● Category Puzzle   MGR</p> <p><b>10:30</b> ● Exercise with Mirka   CM</p> <p><b>1:00</b> ● Bingo with Scott   CM</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>5:00</b> ● Happy 1/2 Hour for 6 p.m. Dinner   CL</p>  | <p><b>9:30</b> ● Communion   CM <b>28</b></p> <p><b>10:30</b> ● Exercise Fit &amp; Sit with Sue   CM</p> <p><b>2:00</b> ● Rosary</p> <p><b>3:00</b> ● Wii Bowling   CM</p> <p><b>3:00</b> ● Exercise on Your Feet with Genesis   CM</p> <p><b>3:15</b> ● Trivial Pursuit   AS</p>  | <p><b>8:15</b> ● Trip: Walk for Health   FL <b>29</b></p> <p><b>8:30</b> ● Women's Water Aerobics/Bonnie   SP</p> <p><b>9:00</b> ● Exercise with Genesis   CM</p> <p><b>9:20</b> ● Trip: Shopping at Jewel &amp; Walgreens   FL</p> <p><b>10:00</b> ● Exercise on Your Feet/Genesis   CM</p> <p><b>10:30</b> ● Pinochle Club   CR</p> <p><b>1:00</b> ● Bingo with Scott   CM</p> <p><b>1:30</b> ● Liverpool Rummy   CL</p> <p><b>3:30</b> ● Happy Half Hour</p>   |
| <p><b>8:30</b> ● Church Transportation (Also 10:30 a.m.)   Bus <b>31</b></p> <p><b>9:15</b> ● Exercise with Mirka Video   CM</p> <p><b>10:00</b> ● St. Anne's Communion   CM</p> <p><b>10:30</b> ● Sunday Sermon   MGR</p> <p><b>10:30</b> ● St. Mark's Church Service   CM</p> <p><b>1:00</b> ● Holiday Concert/Barrington High School Ensemble   CM</p> <p><b>3:15</b> ● Bingo with Lilly   AS</p> <p><b>8:00</b> ● New Year's Eve Celebration/Music by Dave Majestic   CM</p>  | <p><b>23</b></p> <p><b>9:00</b> ● Volunteer: Making GSH Baby Hats   AS</p> <p><b>10:00</b> ● Exercise with Mirka Video   CM</p> <p><b>10:30</b> ● Poker Club   CR</p> <p><b>10:45</b> ● Wii "Jeopardy!"   CM</p> <p><b>1:00</b> ● Bingo   CM</p> <p><b>1:00</b> ● Singalong with Bonnie, Come &amp; Join Us!   MGR</p> <p><b>1:00</b> ● Mah-Jongg   CR</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>3:30</b> ● Hot Chocolate Social   CL</p>   | <p><b>30</b></p> <p><b>9:00</b> ● Volunteer: Making GSH Baby Hats   AS</p> <p><b>10:00</b> ● Exercise with Mirka Video   CM</p> <p><b>10:30</b> ● Poker Club   CR</p> <p><b>10:45</b> ● Wii "Jeopardy!"   CM</p> <p><b>1:00</b> ● Singalong with Bonnie, Come &amp; Join Us!   MGR</p> <p><b>1:00</b> ● Mah-Jongg   CR</p> <p><b>3:15</b> ● Labor of Love: Making Sleeping Mats for Homeless   AS</p> <p><b>3:30</b> ● Hot Chocolate Social   CL</p>  |



"Each day offers a reason to celebrate. Find it and experience true bliss."  
—Amy Leigh Mercree

## EVENT RECAP

# last month

Which one of November's events was your favorite? We started the month with a Norwegian Dance performance by Leikaringen Heimhug. They also happen to be the oldest existing Scandinavian folk dance group in the Chicago area! They did such a fantastic job explaining and performing every dance and they had some wonderful stories to share, too. Also, the Veterans Day Celebration with music by Sandi Haynes was a big success! She always does a great job and the Tribute to Our Veterans Show is one of her best ones.



## OUR SNOW VILLAGE

Our beautiful snow village was donated by Dennis Dougherty, former resident of Lake Barrington. He has been collecting snow village figurines his entire life but never had a chance to display it. With the help of residents and the staff here at LBW, we were able to make three 8 foot scenery tables. We started it at the beginning of September and I can tell you, a ton of work went in to this project — a lot of boxes, newspaper, over 40 rolls of tape, paint and a lot of imagination but the tables are finally done! Our residents did an amazing job setting everything up and now it truly feels like Christmas. To highlight this amazing display, we would like to invite residents and their families on Dec. 16, between 1:30 and 3:30 p.m., and we'll have some hot cocoa and Christmas cookies. Word is that the real Santa is coming, so you'd better bring your camera, too!



## THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE,  
APPRECIATION, RESPECT, TEAMWORK

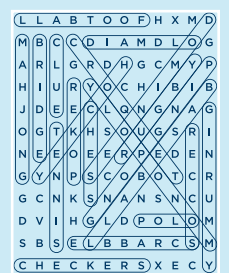
LINDA KUMAR was born on March 1, 1961, and grew up a child of the military. Her father served in three wars: WWII, Korean War and the Vietnam War. As a child, she remembers moving very often, as her father was stationed at different bases. After her father retired as a Lt. Colonel, the family moved back to Iowa and he became a teacher. Linda and her husband, Surinder Kumar, have two daughters and they've lived in Mundelein for 24 years now. Linda's oldest daughter, Katasha, has lived in Kansas City, Kan., since her graduation from Kansas University in 2012. Her youngest daughter, Sabrina, has moved back home after graduating from the University of Iowa in 2014 and is on her way to getting her PhD in nursing. Linda has been working at LBW for more than 3 years now and her priority has always been making our residents happy. Whether it's playing some fun games, leading group exercise, or cooking (which is one of her favorite things to do), she always does her best for the residents of LBW.



## MANAGEMENT TEAM

Mike Ross, *Executive Director*  
Janice Stender, *Business Office Manager*  
Pam Labuda, *Director of Sales & Marketing*  
Mike Danczyk, *Dining Services Director*  
Jessica Cork, *Dining Room Manager*  
Pat Buttner, *Director of Plant Operations*  
(Coco) Glaiza Atta-Dalangan, *Health and Wellness Director*  
Mirka Biegunska, *Resident Program Director*

TRAIN  
YOUR  
BRAIN  
solution



SENIOR LIFESTYLE  
FAMILY-OWNED COMMUNITIES

