

Be Inspired

LAKE BARRINGTON WOODS | INDEPENDENT LIVING | a Senior Lifestyle community | LAKE BARRINGTON, IL 60010 | 847-842-8900

JOIN US THIS MONTH FOR *june events*

What a great month we had, and we just hope you're ready for more! June 21 is marked as The Longest Day, and to highlight this day, we are hosting a picnic with music by Edison Dayo. Also in June, we will be raising money for the Alzheimer's Association. Our goal is \$600. Can we make it? Sure we can!

We have a very special entertainer scheduled for June 25, cowboy Randy Erwin, who will entertain you by showing some rope tricks, talking about cowboy origins and yodeling! Yes, you read that right, yodeling! So, don't miss it!

THIS MONTH'S *silver star*

THIS MONTH'S SILVER STAR RESIDENT IS ANTON (BUD) WEBER.

Bud, as he prefers to be called, was born on July 30, 1940 in Milwaukee, Wis. He and his wife, Joan, moved from their home in Wheeling to LBW on Feb. 15, 2017. Bud took care of his wife until she passed away on March 31, 2017.



A 'bachelor' again, Bud is trying to get better acquainted with the community and have time for his prior hobbies: Reading, working on his coin collection, solving crossword puzzles, raising heirloom tomatoes, and getting acquainted with LBW residents. He now can also spend more time with the families of his son, Paul, and daughter, Lisa, and their four children.

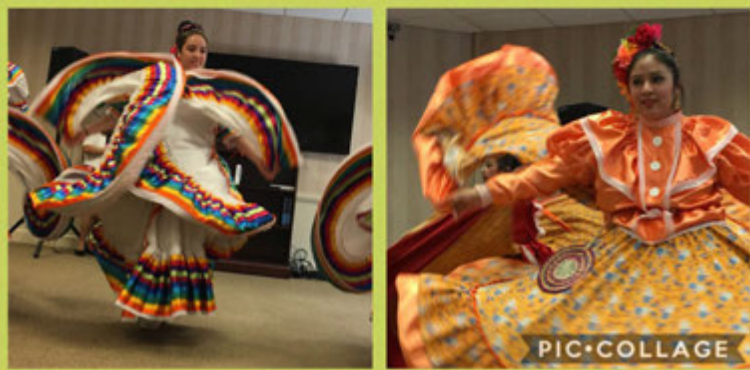
Bud attended St. Olaf College in Northfield, Minn., and decided to become a minister because he liked people and wanted to help them spiritually. After four years of seminary in Minneapolis, he headed two Lutheran congregations in Illinois before being appointed assistant to the Bishop of the Illinois Synod in Chicago. For 8 years, he counseled 70 congregations and 170 pastors in an area stretching from the Illinois border to Dekalb. He dealt with challenges and problems, such as closing churches with declining congregations or designing new buildings.

Before he retired, he was minister of a parish in Northbrook, Ill.

Welcome to LBW, Bud!

TRAIN YOUR BRAIN *men named james*

M	I	C	H	E	N	E	R	H	Q	M	F	ARNESS
D	B	R	O	D	E	R	I	C	K	A	H	BELUSHI
N	S	U	B	R	O	W	N	B	R	D	B	BRODERICK
D	I	G	C	G	A	R	N	E	R	I	H	BROLIN
C	D	L	G	H	U	D	N	B	N	S	G	BROWN
R	F	M	O	B	A	T	G	A	T	O	A	BUCHANAN
E	Y	E	O	R	I	N	A	R	D	N	R	CAAN
B	E	C	P	N	B	C	A	P	E	G	F	CAGNEY
R	N	Y	O	S	R	W	X	N	A	H	I	COBURN
U	G	O	L	C	E	O	C	D	N	C	E	DEAN
H	A	J	K	T	S	S	E	N	R	A	L	FARENTINO
T	C	X	S	B	E	L	U	S	H	I	D	GARFIELD



PIC•COLLAGE

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ART STUDIO — AS
- BEAUTY SALON — BS
- BUS — Bus
- CARD ROOM — CR
- CLUB LOUNGE — CL
- COMMUNITY ROOM — CM
- COMPUTER ROOM — CPR
- COUNTRY KITCHEN — CK
- DINING ROOM — MDR
- FITNESS ROOM — FR
- FRONT LOBBY — FL
- GENESIS REHAB OFFICE — GRO
- LIBRARY — LIB
- LIPOFSKY'S GRILL — GR
- MAIL ROOM — MR
- MILLER GROVE ROOM — MGR
- PATIO — PA
- PRIVATE DINING ROOM — PDR
- SWIMMING POOL — SP

TRANSPORTATION SCHEDULE

- MONDAY, WEDNESDAY & FRIDAY
8:15 a.m.
Walk for Health
- TUESDAY
8 a.m.-3:30 p.m.
Doctor Appointments
- THURSDAY
8 a.m.-3:30 p.m.
Doctor Appointments
- SUNDAY
8:30 and 10:30 a.m.
Church Transportation

SENIOR LIFESTYLE

Come grow with us!

www.SeniorLifestyle.com
 Activities are subject to change



“My father was my teacher.
 But most importantly
 he was a great dad.”
 —Beau Bridges

<p>8:30 Church Transportation (Also 10:30 a.m.) Bus 4</p> <p>9:15 ● BHA Ensemble MGR</p> <p>10:00 St. Anne's Communion CM</p> <p>10:30 St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon MGR</p> <p>2:00 ● Life & Music of Cole Porter Presentation/J. Boda CM</p> <p>3:15 ● Bingo with Olivia AS</p>	<p>8:15 ● Trip: Walk for Health FL 5</p> <p>9:20 ● Trip: Shopping at Jewel & Walgreens, Banks FL</p> <p>9:30 ● Men's Water Aerobics with Mirka SP</p> <p>10:30 ● Exercise with Mirka CM</p> <p>11:30 ● Breathing & Light Yoga with Lorrie CM</p> <p>11:30 Trip: Lunch at Pablo's Restaurant FL</p> <p>1:00 ● Whammo CM</p> <p>3:00 ● Beginners Wii Bowling with MaryAnn CM</p> <p>7:30 ● Scrabble CR</p>	<p>9:00 ● Exercise with Genesis CM 6</p> <p>9:30 ● Women's Water Aerobics/Bonnie SP</p> <p>10:00 ● Exercise on Your Feet with Genesis CM</p> <p>10:00 ● Mandala Coloring (Adult Coloring Books) AS</p> <p>1:00 ● Mah-Jongg CR</p> <p>1:00 ● Pokeno AS</p> <p>1:30 ● Fireside Chat with Mike CM</p> <p>2:30 ● Bible Study CM</p> <p>3:00 ● Dave the Watch Guy FL</p> <p>3:30 ● Happy 1/2 Hour</p> <p>7:15 ● Poker Club AS</p>	<p>8:15 ● Trip: Walk for Health FL 7</p> <p>9:20 ● Trip: Shopping at Walmart FL</p> <p>9:30 ● Men's Water Aerobics with Mirka SP</p> <p>10:30 ● Exercise with Mirka CM</p> <p>1:00 ● Bingo with Scott CM</p> <p>3:00 ● Wii Bowling with Maryann CM</p> <p>5:00 ● Happy 1/2 Hour for 6 p.m. Dinner GR</p>	<p>9:30 ● Communion CM 1</p> <p>10:00 ● Exercise Sit & Fit with Sue CM</p> <p>11:00 All Resident Meeting CM</p> <p>1:15 LBW Speakeasy CL</p> <p>2:00 ● Rosary</p> <p>3:00 ● Wii Bowling CM</p> <p>3:00 ● Exercise on Your Feet with Genesis CM</p> <p>3:15 ● Trivial Pursuit AS</p>	<p>8:15 ● Trip: Walk for Health FL 2</p> <p>8:30 ● Women's Water Aerobics/Bonnie SP</p> <p>9:00 ● Exercise with Genesis CM</p> <p>9:20 Trip: Garfield Park Conservatory & Lunch FL</p> <p>10:00 ● Exercise on Your Feet/Genesis CM</p> <p>10:30 Pinochle Club CR</p> <p>1:00 Singalong with Flo MGR</p> <p>1:00 ● Bingo CM</p> <p>1:30 Liverpool Rummy CL</p> <p>3:30 ● Happy Half Hour</p>	<p>9:00 ● Volunteer: Making GSH Baby Hats AS 3</p> <p>10:00 ● Exercise with Mirka Video CM</p> <p>10:30 Men's Poker Club CR</p> <p>10:45 ● Wii "Wheel of Fortune" CM</p> <p>11:30 Communion CM</p> <p>1:00 ● Singalong with Bonnie, Come & Join Us! MGR</p> <p>1:00 ● Bingo CM</p> <p>1:00 ● Mah-Jongg CR</p> <p>3:30 ● Iced Tea & Lemonade social PA</p>
<p>8:30 Church Transportation (Also 10:30 a.m.) Bus 11</p> <p>9:15 ● BHA Ensemble MGR</p> <p>10:00 St. Anne's Communion CM</p> <p>10:30 St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon MGR</p> <p>2:00 Singing in the Rain Presentation/Barry Bradford CM</p> <p>3:15 ● Bingo with Olivia AS</p>	<p>8:15 ● Trip: Walk for Health FL 12</p> <p>9:20 ● Trip: Shopping at Jewel & Walgreens, Banks FL</p> <p>9:30 ● Men's Water Aerobics with Mirka SP</p> <p>10:30 ● Exercise with Mirka CM</p> <p>11:30 ● Breathing & Light Yoga with Lorrie CM</p> <p>11:30 Trip: Shopping at Dollar Tree FL</p> <p>1:00 ● Whammo CM</p> <p>3:00 ● Beginners Wii Bowling with MaryAnn CM</p> <p>7:30 ● Scrabble CR</p>	<p>9:00 ● Exercise with Genesis CM 13</p> <p>9:30 ● Women's Water Aerobics/Bonnie SP</p> <p>10:00 ● Exercise on Your Feet with Genesis CM</p> <p>10:00 ● Mandala Coloring (Adult Coloring Books) AS</p> <p>1:00 ● Mah-Jongg CR</p> <p>1:00 ● Pokeno AS</p> <p>1:30 ● Fireside Chat with Mike CM</p> <p>2:30 ● Bible Study CM</p> <p>3:30 ● Happy 1/2 Hour</p> <p>5:00 ● Piano Performance by Ed CM</p> <p>7:15 ● Poker Club AS</p>	<p>FLAG DAY 14</p> <p>9:30 ● Men's Water Aerobics with Mirka SP</p> <p>10:30 ● Exercise with Mirka CM</p> <p>1:00 Bingo CM</p> <p>3:00 ● Wii Bowling with Maryann CM</p> <p>5:00 ● Happy 1/2 Hour for 6 p.m. Dinner GR</p>	<p>9:30 ● Communion CM 15</p> <p>10:30 ● Exercise Sit & Fit with Sue CM</p> <p>11:30 Residents Birthday Lunch</p> <p>2:00 Suburban Hearing GR</p> <p>2:00 ● Rosary</p> <p>3:00 ● Wii Bowling CM</p> <p>3:00 ● Exercise on Your Feet with Genesis CM</p> <p>3:15 ● Trivial Pursuit AS</p>	<p>8:15 ● Trip: Walk for Health FL 16</p> <p>8:30 ● Women's Water Aerobics/Bonnie SP</p> <p>9:00 ● Exercise with Genesis CM</p> <p>9:20 Trip: Shopping at Walmart FL</p> <p>10:00 ● Exercise on Your Feet/Genesis CM</p> <p>10:30 Pinochle Club CR</p> <p>1:00 Bingo with Scott CM</p> <p>1:00 Lunch and Live Racing at Arlington Race Track FL</p> <p>1:30 Liverpool Rummy CL</p> <p>3:30 ● Happy Half Hour</p>	<p>9:00 ● Volunteer: Making GSH Baby Hats AS 17</p> <p>10:00 ● Exercise with Mirka Video CM</p> <p>10:30 Men's Poker Club CR</p> <p>10:45 ● Wii "Wheel of Fortune" CM</p> <p>11:30 Communion CM</p> <p>1:00 ● Singalong with Bonnie, Come & Join Us! MGR</p> <p>1:00 ● Bingo CM</p> <p>1:00 ● Mah-Jongg CR</p> <p>3:30 ● Iced Tea & Lemonade social PA</p>
<p>FATHER'S DAY 18</p> <p>8:30 Church Transportation (Also 10:30 a.m.) Bus</p> <p>9:15 ● BHA Ensemble MGR</p> <p>10:00 St. Anne's Communion CM</p> <p>10:30 St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon MGR</p> <p>2:00 Entertainment: Music by Maureen Christine CM</p> <p>3:15 ● Bingo with Olivia AS</p>	<p>8:15 ● Trip: Walk for Health FL 19</p> <p>9:20 ● Trip: Shopping at Jewel & Walgreens, Banks FL</p> <p>9:30 ● Men's Water Aerobics with Mirka SP</p> <p>10:30 ● Exercise with Mirka CM</p> <p>11:30 ● Breathing & Light Yoga with Lorrie CM</p> <p>11:30 Trip: Shopping at Aldi FL</p> <p>1:00 ● Whammo CM</p> <p>3:00 ● Beginners Wii Bowling with MaryAnn CM</p> <p>7:30 ● Scrabble CR</p>	<p>SUMMER BEGINS 20</p> <p>9:00 ● Exercise with Genesis CM</p> <p>9:30 ● Women's Water Aerobics/Bonnie SP</p> <p>10:00 ● Exercise on Your Feet with Genesis CM</p> <p>10:00 ● Mandala Coloring (Adult Coloring Books) AS</p> <p>1:00 ● Mah-Jongg CR</p> <p>1:00 ● Pokeno AS</p> <p>1:30 ● Fireside Chat with Mike CM</p> <p>2:30 ● Bible Study CM</p> <p>3:30 ● Happy 1/2 Hour</p> <p>7:15 ● Poker Club AS</p>	<p>8:15 ● Trip: Walk for Health FL 21</p> <p>9:20 ● Trip: Shopping at Walmart FL</p> <p>9:30 ● Men's Water Aerobics with Mirka SP</p> <p>10:30 ● Exercise with Mirka CM</p> <p>11:00 ● The Longest Day Picnic/Music by Edison Dayao PA</p> <p>1:15 Bingo CM</p> <p>3:00 ● Wii Bowling with Maryann CM</p> <p>5:00 ● Happy 1/2 Hour for 6 p.m. Dinner GR</p>	<p>9:30 ● Communion CM 22</p> <p>10:30 ● Exercise Sit & Fit with Sue CM</p> <p>1:00 Paint & Sip AS</p> <p>2:00 ● Rosary</p> <p>3:00 ● Wii Bowling CM</p> <p>3:00 ● Exercise on Your Feet with Genesis CM</p> <p>3:15 ● Trivial Pursuit AS</p> <p>7:30 Movie for Book Club: "Zookeeper's Wife" CM</p>	<p>8:15 ● Trip: Walk for Health FL 23</p> <p>8:30 ● Women's Water Aerobics/Bonnie SP</p> <p>9:00 ● Exercise with Genesis CM</p> <p>9:00 Trip: Driehaus Museum and Lunch FL</p> <p>10:00 ● Exercise on Your Feet/Genesis CM</p> <p>10:30 Pinochle Club CR</p> <p>1:00 ● Bingo CM</p> <p>1:30 Liverpool Rummy CL</p> <p>3:30 ● Happy Half Hour</p>	<p>9:00 ● Volunteer: Making GSH Baby Hats AS 24</p> <p>10:00 ● Exercise with Mirka Video CM</p> <p>10:30 Men's Poker Club CR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>11:30 Communion CM</p> <p>1:00 ● Bingo CM</p> <p>1:00 ● Singalong with Bonnie, Come & Join Us! MGR</p> <p>1:00 ● Mah-Jongg CR</p> <p>3:30 ● Iced Tea & Lemonade social PA</p>
<p>8:30 Church Transportation (Also 10:30 a.m.) Bus 25</p> <p>9:15 ● BHA Ensemble MGR</p> <p>10:00 St. Anne's Communion CM</p> <p>10:30 St. Mark's Church Service CM</p> <p>10:30 ● Sunday Sermon MGR</p> <p>2:00 Music by Randy Erwin CM</p> <p>3:15 ● Bingo with Olivia AS</p>	<p>8:15 ● Trip: Walk for Health FL 26</p> <p>9:20 ● Trip: Shopping at Jewel & Walgreens, Banks FL</p> <p>9:30 ● Men's Water Aerobics with Mirka SP</p> <p>10:30 ● Exercise with Mirka CM</p> <p>11:30 ● Breathing & Light Yoga with Lorrie CM</p> <p>11:30 Trip: Shopping at Dollar Tree FL</p> <p>1:00 ● Whammo CM</p> <p>3:00 ● Beginners Wii Bowling with MaryAnn CM</p> <p>7:30 ● Scrabble CR</p>	<p>9:00 ● Exercise with Genesis CM 27</p> <p>9:30 ● Women's Water Aerobics/Bonnie SP</p> <p>10:00 ● Exercise on Your Feet with Genesis CM</p> <p>10:00 ● Mandala Coloring (Adult Coloring Books) AS</p> <p>1:00 ● Mah-Jongg CR</p> <p>1:00 ● Pokeno AS</p> <p>1:30 ● Fireside Chat with Mike CM</p> <p>2:30 ● Bible Study CM</p> <p>3:30 ● Happy 1/2 Hour</p> <p>7:15 ● Poker Club AS</p>	<p>8:15 ● Trip: Walk for Health FL 28</p> <p>9:20 ● Trip: Shopping at Walmart FL</p> <p>9:30 ● Men's Water Aerobics with Mirka SP</p> <p>10:30 ● Exercise with Mirka CM</p> <p>1:00 ● Bingo with Scott CM</p> <p>3:00 ● Wii Bowling with Maryann CM</p> <p>5:00 ● Happy 1/2 Hour for 6 p.m. Dinner GR</p>	<p>9:30 ● Communion CM 29</p> <p>10:30 ● Exercise Sit & Fit with Sue CM</p> <p>11:00 Book Club Discussion: "Zookeeper's Wife" CM</p> <p>2:00 ● Rosary</p> <p>3:00 ● Wii Bowling CM</p> <p>3:00 ● Exercise on Your Feet with Genesis CM</p> <p>3:15 ● Trivial Pursuit AS</p>	<p>8:15 ● Trip: Walk for Health FL 30</p> <p>8:30 ● Women's Water Aerobics/Bonnie SP</p> <p>9:00 ● Exercise with Genesis CM</p> <p>9:20 Trip: Museum of Broadcast Communications & Lunch FL</p> <p>10:00 ● Exercise on Your Feet/Genesis CM</p> <p>10:30 Pinochle Club CR</p> <p>1:00 ● Bingo CM</p> <p>1:00 Singalong with Flo MGR</p> <p>1:30 Liverpool Rummy CL</p> <p>3:30 ● Happy Half Hour</p>	<p>9:00 ● Volunteer: Making GSH Baby Hats AS 24</p> <p>10:00 ● Exercise with Mirka Video CM</p> <p>10:30 Men's Poker Club CR</p> <p>10:45 ● Wii "Jeopardy!" CM</p> <p>11:30 Communion CM</p> <p>1:00 ● Bingo CM</p> <p>1:00 ● Singalong with Bonnie, Come & Join Us! MGR</p> <p>1:00 ● Mah-Jongg CR</p> <p>3:30 ● Iced Tea & Lemonade social PA</p>



EVENT RECAP

may highlights

Check out our pictures from last month's events!



IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

I hope everyone had a spectacular Mother's Day celebration. Chef Mike and the team never fail to delight for this always special occasion. With May ending and June racing in, it's time to focus the attention on our dads. Please don't forget to make reservations with our Concierge for our special Father's Day Celebration.

"Father is the noblest title a man can be given. It is more than a biological role. It signifies a leader, an exemplar, a confidant, a teacher, a hero, a friend and ultimately a perfect being" — Elder Robert L. Backman

I would add the only more perfect being is a mom, especially if my wife were to read this.

Thank You,
Mike Ross



THIS MONTH'S *chart hero*

CARING, HONESTY, APPRECIATION, RESPECT, TEAMWORK

This month we are recognizing HELENE REISS. Helene has been here at LBW since the very beginning (17 years) and works full time at the Front Desk as a Concierge for the overnight shift. It's hard not to notice her as she's always smiling and keeps as busy as a bee. She is always cleaning the Front Lobby and still always makes sure our residents are always taken care of.

Helene's favorite hobby is working, but she also loves to write poetry and watch reruns of "Two and a Half Men" on the television.

She also loves birds as evidenced by her two parakeets (a male named Sky and a female named Blue) and two finches (Mr. Finch and Miss Zebra). For her last vacation, she took a drive to Springfield and absolutely loved it! Helene's favorite holiday has always been Thanksgiving because her father was born on Thanksgiving. We are so lucky to have Helene working here at Lake Barrington Woods. Thank you, Helene, for all you do!



MANAGEMENT TEAM

- Mike Ross, *Executive Director*
- Janice Stender, *Business Office Manager*
- Pam Labuda, *Director of Sales & Marketing*
- Mike Danczyk, *Dining Services Director*
- Jessica Cork, *Dining Room Manager*
- Pat Buttner, *Director of Plant Operations*
- Chris Smith, *Assisted Living Director*
- Mirka Biegunska, *Resident Program Director*

TRAIN
YOUR
BRAIN
solution

