

# Be Inspired

LAKE WYLIE | a Senior Lifestyle community | LAKE WYLIE, SC 29710 | 803-831-9900

## THIS MONTH'S *silver star*

### EMILY SUTTON

Our Silver Star for June is Emily Sutton. Emily was born in Charlotte, N.C. She graduated from Berry Hill, and she met her husband, Carl, in the fifth grade. They began dating in the 10th grade and were married on Feb. 24, 1952.



Interestingly enough, they did not get to go on their honeymoon because Emily had the flu. Her husband worked for a family business, and he eventually became the owner. After closing the store, he worked for another company but started a new business until retirement.

They have three children (all sons), eight grandchildren and three great-grandchildren. Emily was very active in church, teaching Sunday School, singing in the choir, etc. She was very involved in the school with PTO, substitute teaching and serving on the board.

Emily has a heart for the mission field and those in need. She is part of our mission project, making sleeping mats for children in Haiti who are homeless. When you visit the community, you can find Emily outside enjoying the outdoors and chatting with other residents.

We are so thankful to have Emily as part of our Lake Wylie family and all the ways she contributes to the community!

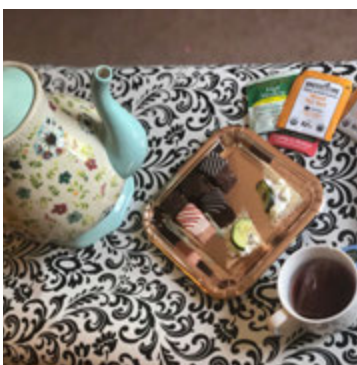
WE'RE LOOKING FORWARD TO

## *superheroes don't always wear capes!*

Our event for June will tie into the "Longest Day," which is recognized by the Alzheimer's Association. Individuals across the world come together to combat the fight against Alzheimer's through an event/activity. Together, we will be having a cookout to raise funds and awareness for the efforts made by the Alzheimer's Association. Our event will take place, Friday, June 19, from 11 a.m.-1 p.m. If you have any questions, please reach out to marketing at [ashleym@seniorlifestyle.com](mailto:ashleym@seniorlifestyle.com) or programming at [sbrown@seniorlifestyle.com](mailto:sbrown@seniorlifestyle.com).

## RECAP: HOW WE HAVE STAYED CONNECTED THIS MONTH *mother's day tea*

Our residents had a wonderful time celebrating Mother's Day Tea virtually with their families. We even had family members from overseas join in. The residents enjoyed family time, along with assorted hot teas, cucumber sandwiches and mini desserts.



### TRAIN YOUR BRAIN *search for words whose first letter is silent*

T A E S T H E T I C O M  
W S H D **W R E N** G G E C  
H D U R D G G N A W D V  
O C O N G K D D P D I K  
G N D G A D N S S F P N  
G G P T O M A I N E U O  
K D N C X L I K G S S C  
N G C O M C E L O H W K  
O H V K M V G N U H T X  
W K N I F E S C E C D C  
D J I B O U T I C W R Y  
C X T C Z A R X V G C Z

AESTHETIC	GNU	KNOW	WHO
CZAR	HEIR	OEDIPUS	WHOLE
DJIBOUTI	KNIFE	PSALM	<del>WREN</del>
GNAW	KNIGHT	PTOMAINE	WRONG
GNOME	KNOCK	TSUNAMI	WRY



BE INSPIRED

- CONNECT
- GROW
- CONTRIBUTE
- MOVE
- FEEL
- REFLECT

LOCATIONS

- 2ND FLOOR- TV AREA — TV
- BEAUTY PARLOR — BP
- BINGO ROOM — BR
- COUNTRY KITCHEN — CK
- COURTYARD — CTY
- EACH FLOOR — Common A
- MAIN DINING ROOM — MDR
- PARLOR — P
- PRIVATE DINING ROOM — PDR
- SIGN UP — SU
- THEATER ROOM — TR

BIRTHDAYS THIS MONTH

- LINDA HARDISON — 6th
- FLO THOMAS — 10th
- LADINA PACOLA — 10th (Employee)
- PHYLLIS DEARMOND — 10th
- VIOLET MCKAY — 17th
- JENNIFER HAGER — 27th (Employee)
- MAGGIE ZEITVOGEL — 30th (Employee)

TRANSPORTATION SCHEDULE

- TUESDAY  
9 a.m.-2:30 p.m.  
Doctor Appointments
- WEDNESDAY  
9 a.m.-2:30 p.m.  
Doctor Appointments
- THURSDAY  
9 a.m.-2:30 p.m.  
Doctor Appointments



9:00 ● Morning News and Coffee | P 7  
10:00 ● Worship: Lake Wylie Chapel | P  
10:30 ● Redeeming Grace Church: Worship | SU  
11:00 ● Church: All Saints Catholic | P  
2:30 ● Snack & Hydration | P  
6:30 ● Snack & Hydration Cart Rounds | P

FLAG DAY 14  
9:00 ● Morning News and Coffee | P  
10:00 ● Worship: Lake Wylie Chapel | P  
10:30 ● Redeeming Grace Church: Worship | SU  
11:00 ● Church: All Saints Catholic | P  
2:30 ● Snack & Hydration | P  
6:30 ● Snack & Hydration Cart Rounds | P

FATHER'S DAY 21  
8:00 ● Father's Day | Common a  
10:00 ● Worship: Lake Wylie Chapel | P  
10:30 ● Redeeming Grace Church: Worship | SU  
10:30 ● Donuts with Dad | SU  
11:00 ● Church: All Saints Catholic | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Morning News and Coffee | P 28  
10:00 ● Worship: Lake Wylie Chapel | P  
10:30 ● Redeeming Grace Church: Worship | SU  
11:00 ● Church: All Saints Catholic | P  
2:30 ● Snack & Hydration | P

9:00 ● Daily Devotions with Patti and Patrick | P 1  
10:30 ● Hustle to Gain Muscle with Kelly & Jennifer | P  
1:00 ● Bingo | BR  
2:30 ● Superhero Trivia | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 8  
10:00 ● Will Parker | P  
10:30 ● Hustle to Gain Muscle with Kelly & Jennifer | P  
1:00 ● Bingo | BR  
3:30 ● Word within Words | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 15  
10:30 ● Hustle to Gain Muscle with Kelly & Jennifer | P  
1:00 ● Bingo | BR  
3:00 ● Food Committee with Shawn | PDR  
3:30 ● Word within Words | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 22  
10:30 ● Hustle to Gain Muscle with Kelly & Jennifer | P  
1:00 ● Bingo | BR  
3:30 ● Word within Words | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 29  
10:30 ● Hustle to Gain Muscle with Kelly & Jennifer | P  
1:00 ● Bingo | BR  
3:30 ● Word within Words | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 2  
10:00 ● Exercise Class with Therapy | P  
1:30 ● Spa Day & Manicures | BP  
3:30 ● Walking Club | SU  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 9  
10:00 ● Exercise Class with Therapy | P  
1:30 ● Spa Day & Manicures | BP  
2:30 ● Superhero Flavor of the Month with the Ed | P  
3:30 ● Words within Words | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 16  
10:00 ● Exercise Class with Therapy | P  
1:30 ● Ed Sizer Music | P  
1:30 ● Spa Day & Manicures | BP  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 23  
10:00 ● Exercise Class with Therapy | P  
1:30 ● Spa Day & Manicures | BP  
3:30 ● Walking Club | SU  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 30  
10:00 ● Exercise Class with Therapy | P  
1:30 ● Spa Day & Manicures | BP  
3:30 ● Walking Club | SU  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 3  
10:00 ● Use It or Lose It | P  
1:00 ● Bingo | BR  
2:30 ● Superhero Crafts | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 10  
10:00 ● Use It or Lose It | P  
1:00 ● Bingo | BR  
2:30 ● Arts and Crafts with Jennifer | P  
6:30 ● Snack & Hydration | P

9:00 ● Daily Devotions with Patti and Patrick | P 17  
10:00 ● Use It or Lose It | P  
1:00 ● Bingo | BR  
2:30 ● Arts and Crafts with Jennifer | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 24  
10:00 ● Use It or Lose It | P  
1:00 ● Bingo | BR  
2:30 ● Arts and Crafts with Jennifer | P  
6:30 ● Snack & Hydration | P

"If summer had one defining scent, it'd definitely be the smell of barbecue."  
—Katie Lee

9:00 ● Daily Devotions with Patti and Patrick | P 4  
10:00 ● Commit to Be Fit | P  
11:00 ● Catholic Mass | P  
3:00 ● Wine & Cheese | P  
6:00 ● Bag Time with Emily & Shirley | PDR  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 11  
10:00 ● Commit to Be Fit | P  
12:45 ● Catholic Rosary | P  
2:00 ● Music with Ross | P  
3:00 ● Wine & Cheese | P  
6:00 ● Bag Time with Emily & Shirley | PDR  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 18  
10:00 ● Commit to Be Fit | P  
12:45 ● Catholic Rosary | P  
3:00 ● Wine & Cheese | P  
6:00 ● Bag Time with Emily & Shirley | PDR  
6:30 ● Snack & Hydration Cart Rounds | P

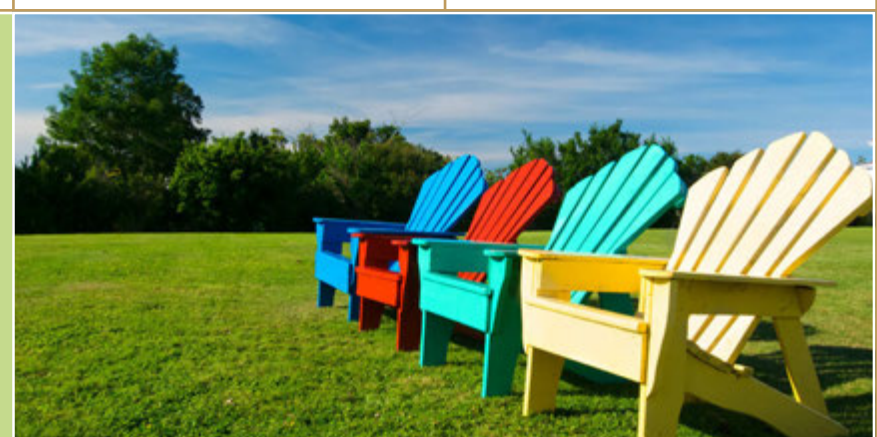
9:00 ● Daily Devotions with Patti and Patrick | P 25  
10:00 ● Commit to Be Fit | P  
12:45 ● Catholic Rosary | P  
2:00 ● Music with Ross | P  
3:00 ● Wine & Cheese | P  
6:00 ● Bag Time with Emily & Shirley | PDR  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 5  
10:00 ● Exercise Class with Therapy | P  
10:30 ● Music with Jerry | P  
1:00 ● Bingo | BR  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 12  
10:00 ● Exercise Class with Therapy | P  
1:00 ● Bingo | BR  
2:30 ● Qi Gong | P  
3:00 ● Who Am I? | P  
3:50 ● Book Mobile | SU  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Daily Devotions with Patti and Patrick | P 19  
10:00 ● Exercise Class with Therapy | P  
1:00 ● Bingo | BR  
2:25 ● Resident Council | P  
6:30 ● Snack & Hydration Cart Rounds | P  
11:00 ● Superhero Cookout for the Longest Day | SU

9:00 ● Daily Devotions with Patti and Patrick | P 26  
10:00 ● Exercise Class with Therapy | P  
1:00 ● Bingo | BR  
2:30 ● Qi Gong | P  
3:00 ● Who Am I? | P  
6:30 ● Snack & Hydration Cart Rounds | P



9:00 ● Morning News and Coffee | P 6  
10:00 ● Church with Mark | P  
10:30 ● Hustle to Gain Muscle | P  
10:30 ● Jigsaw Puzzle | P  
1:00 ● Bingo with Virginia | TV  
2:30 ● Arts and Crafts | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Morning News and Coffee | P 13  
10:30 ● Hustle to Gain Muscle | P  
1:00 ● Bingo with Kerry | TV  
2:30 ● Superhero Happy Hour | P  
6:30 ● Snack & Hydration Cart Rounds | P

SUMMER BEGINS 20  
9:00 ● Morning News and Coffee | P  
10:30 ● Hustle to Gain Muscle | P  
10:30 ● Jigsaw Puzzle | P  
1:00 ● Bingo with Virginia | TV  
2:30 ● Snack & Hydration | P  
2:30 ● Arts and Crafts | P  
6:30 ● Snack & Hydration Cart Rounds | P

9:00 ● Morning News and Coffee | P 27  
10:30 ● Hustle to Gain Muscle | P  
10:30 ● Jigsaw Puzzle | P  
1:00 ● Bingo with Kerry | TV  
2:30 ● Arts and Crafts | P  
3:00 ● Music with Patrick | P  
6:30 ● Snack & Hydration Cart Rounds | P



## IT'S OUR PLEASURE TO SERVE YOU ... *updates from your leadership team*

LEEANN BRAKEFIELD

It's hard to believe it is already June! We have had a lengthy and testing start to 2020, but we continue to persevere for our wonderful residents.

During this challenging time, the health and safety of our residents is, and always will be, our number one priority. Our clinical leadership team has been closely monitoring the Centers for Disease Control and Prevention and World Health Organization updates regarding the Covid-19 coronavirus disease to provide our support teams with weekly updates and current information. We suggest anyone looking for additional information visit the CDC's website at [cdc.gov](http://cdc.gov) where they can find an updated map with confirmed cases and the most current information.

At this time, we are currently following a no visitor policy and locking all doors to visitors. Healthcare providers providing care are permitted to visit the community for essential visits. Additionally, if there are life safety matters requiring third party assistance, those visits will be reviewed and may be allowed. The duration and number of visits may also be minimized.

We highly recommend arranging a virtual visit via FaceTime or Skype. If you or your loved one need assistance with arranging a virtual visit, please contact us so we can assist.

We appreciate each of you for cooperating with us during this time, and if you have any questions, please feel free to reach out to us.

-LeeAnn



## THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE,  
APPRECIATION,  
RESPECT, TEAMWORK

Our HEART Hero for June is SISSY DAVIES. Sissy is our Wellness Manager, but most will agree she is a jack of all trades! She has been in healthcare for over 20 years and has been with Lake Wylie for five years.

Sissy is from Clover, S.C., and graduated from Clover High School. She began her journey in healthcare as a caregiver and never looked back. She enjoys helping seniors, and this is her passion. She has three children, three step-children and four grandchildren.

In her spare time, she enjoys spending time with her grandchildren and family. She loves lounging by the pool and being outside. Sissy enjoys playing with her grandchildren and created an outside courtyard for them to enjoy together. She likes the South Carolina Gamecocks and playing badminton. She enjoys going to the mountains and loves the beach.

Sissy is a vital part of our Lake Wylie family, and we are so grateful to have her! Thank you, Sissy, for all you do for the community.



## MANAGEMENT TEAM

Leeann Brakefield, *Executive Director*

Sandy Brown, *Director of Resident Programs*

Jessica Nolan, *Business Office Manager*

Ashley Moore, *Director of Sales & Marketing*

Shawn Latta, *Dining Services Director*

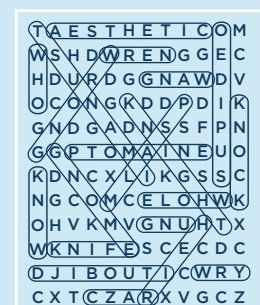
Roger Dishman, *Director of Plant Operations*

Amber Passmore, *Memory Care Director*

La'Tasha Lee, *Health and Wellness Director*

Sissy Davies, *Assisted Living Manager*

## TRAIN YOUR BRAIN *solution*



SENIOR  
LIFESTYLE



your life, your style

PET  
FRIENDLY