

JOIN US THIS MONTH FOR *that's the spirit!*

Take a trip back to your high school days during SLC Spirit Week. Each day will have a special theme and a number of special activities including a community cheer. Go, Lincolnwood Place!

THIS MONTH'S *silver star*

ROSE SIMONS

Rose Simons is a Texas native who brings her southern charm and values to her life at The Manor of Lincolnwood Place. She has been a part of The Village of Lincolnwood for many years. She made a home with her husband for 61 years. They had two children — a daughter, Lee, and son, Howard. Now she has two grandsons she is very fond of, of course. Rose was a bookkeeper and volunteered locally for years.

In fact, Rose volunteered as a bingo caller for Lincolnwood Place for 12 years before moving here herself in 2012. After moving to The Manor, Rose enjoys visiting her old friends and new on a regular basis. She enjoys many of the programs here at Lincolnwood Place like Get Fit, intergenerational programs like Senior Sidekicks, or when the local school groups come and visit. She has recently gotten involved with the Low Vision Support Group. Even though Rose's bingo calling days are over, she finds joining in on a bingo game each week as a good way to stay in touch with her past and to get a bit of chocolate!

Rose Simons is our newest member of the 100 Club! Throughout her life, Rose has learned that you must be true to yourself and to please yourself first. "Of course," she added, "my children and my husband were the most important." Rose loves to exercise and being active. Her favorite activity at LWP is Senior Sidekicks where she can inspire the young children.



THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

Please congratulate our May 2019 Employee of the Month, MARIE DORMIL. Marie has worked at Lincolnwood Place as a Certified Nursing Assistant for 13 years. She is originally from Haiti and moved to the United States in 1988. Marie speaks four languages (English, French, Creole and a little Spanish). Marie is one of 10 children. December is Marie's favorite month because she enjoys shopping and holiday lights. When Marie isn't working at Lincolnwood Place, she enjoys dancing, cooking and getting quality rest. She loves to make all types of food as she has been known to make anything and everything. She spends time with her family members in the area. Marie has lovingly cared for thousands of residents who have lived at Lincolnwood Place. Her dependability and friendly spirit are noticed by many residents and families she assists each day at Lincolnwood Place. When you see Marie, please thank her for a job well done!



WORD FROM YOUR *executive director*

MEET OUR NEW DIRECTOR OF MEMORY CARE

I'd like to take this opportunity to introduce you to our new Director of Memory Care. She is someone many of you know and love — Jessica Jonckheere. Jessica has been with Lincolnwood Place for nearly 4 years. Last summer, she went to Phoenix to receive several days of training in SLC's "Embrace" Memory Care program. Jessica has a bachelor's degree in Exercise Science and a master's degree in Exercise Physiology. Please take a minute to congratulate Jessica on this well-deserved promotion.



MANAGEMENT TEAM

Autumn Fuesz, *Executive Director*
Mike Fehland, *Director of Resident Programs*
Victor Rios, *Director of Resident Services*
Amy Kraabel, *Director of Sales & Marketing*
Alice Han, *Director of Nursing Wellness*
Doreen Baccay, *Dining Room Manager*
Jessica Jonckheere, *Memory Care Director*
Andrew Burke, *Administrator*
Gary Resis, *Human Resource Director*



SENIOR
LIFESTYLE
your life, your style



assisted living

BE INSPIRED

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

- ACTIVITY ROOM ON 2ND FLOOR — A2
- COURTYARD PATIO — CP
- DINING ROOM ON THE 1ST FLOOR — D1
- DINING ROOM ON THE 2ND FLOOR — D2
- LIBRARY ON THE 2ND FLOOR — Lib
- LINCOLNWOOD PLACE -INDEPENDENT LIVING — LWP
- LOBBY AREA ON 2ND FLOOR — L2
- TV ROOM ON 1ST FLOOR — TV1
- TV ROOM ON 2ND FLOOR — TV2

SENIOR LIFESTYLE VALUES & MISSION

Hospitality, Excellence, Appreciation, Respect, & Teamwork

“To become the trusted leader in senior living services by creating great places to work and great places to live.”

SENIOR LIFESTYLE

EMBRACE *life.*
EMBRACE *moments.*
EMBRACE *connection.*

<p>“Age is not how old you are, but how many years of fun you’ve had.” —Matt Maldre</p>		<p>MAY DAY 1</p> <p>9:00 ● Strength & Stretch TV2</p> <p>10:00 ● Scattergory Category Puzzles L2</p> <p>11:00 ● Wednesday Entertainer: TBD L2</p> <p>2:00 ● Let’s Play Cards! A2</p> <p>3:00 ● High Tea: Afternoon Social A2</p> <p>4:00 ● 1:1 Hand Massage</p> <p>6:30 ● Find Your Passion: DIY A2</p>	<p>2</p> <p>9:00 ● Chair Yoga TV2</p> <p>10:00 ● Beach Ball Toss & Kick L2</p> <p>11:00 ● Songs by Heart L2</p> <p>1:30 ● Scenic Drive</p> <p>2:00 ● Thursday Matinee Movie TV2</p> <p>3:20 ● 3:21 Root Beer Floats A2</p> <p>4:00 ● Jigsaw Puzzles A2</p> <p>6:30 ● Words, Words, Words A2</p>	<p>3</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Musical Memories TV2</p> <p>11:00 ● Morning Chat: Who am I? TV2</p> <p>2:00 ● Friday Bingo A2</p> <p>3:00 ● TGIF Social A2</p> <p>3:30 ● “Jeopardy!” Ch. 7 TV2</p> <p>4:00 ● Sabbath Service with Rabbi Bossov L2</p> <p>6:30 ● Friday Night at the Movie! TV2</p>	<p>4</p> <p>● DIY COLOR ME PEACEFUL PAGE A2</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Word Games & Search A2</p> <p>11:00 ● Bingo: Win, Free A2</p> <p>2:30 ● Marina Ozaki: Piano & Singalong L2</p> <p>4:00 ● Saturday Social Hour A2</p> <p>6:30 ● Saturday Night Musical TV2</p>
<p>5</p> <p>9:00 ● Get Fit While You Sit! TV2</p> <p>10:00 ● Word Games & Puzzles A2</p> <p>10:45 ● Catholic Communion Service L2</p> <p>11:00 ● Blackjack: Free to Play A2</p> <p>2:00 ● Ice Cream Cart</p> <p>3:00 ● Sunday Matinee TV2</p> <p>6:30 ● Sunday Documentary TV2</p>	<p>6</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Monday Morning Movie L2</p> <p>2:00 ● BINGO: Free for All! A2</p> <p>3:00 ● Juice & “Jeopardy!” TV2</p> <p>4:05 ● Singalong with Mike TV1</p> <p>6:30 ● Monday Night Movie TV2</p>	<p>7</p> <p>9:00 ● Movement & More TV2</p> <p>10:00 ● Math Bingo A2</p> <p>11:00 ● Arts & Crafts: Door Decor A2</p> <p>2:00 ● Scrabble: 21 Tiles A2</p> <p>3:00 ● Chips & Salsa Social A2</p> <p>4:00 ● Spa Time: Stay Beautiful! TV2</p> <p>6:30 ● “Wheel of Fortune” Ch. 7 TV2</p>	<p>8</p> <p>9:00 ● Strength & Stretch TV2</p> <p>10:00 ● Hangman/Snowman L2</p> <p>11:00 ● Nicko Naidenov: Keyboard L2</p> <p>2:00 ● Dice Games A2</p> <p>3:00 ● High Tea: Afternoon Social A2</p> <p>4:00 ● 1:1 Aromatherapy</p> <p>6:30 ● Find Your Passion: DIY A2</p>	<p>9</p> <p>9:00 ● Chair Yoga TV2</p> <p>10:00 ● Beach Ball Toss & Kick L2</p> <p>11:00 ● Songs by Heart L2</p> <p>12:00 ● Let’s Go Out to Lunch</p> <p>2:00 ● Thursday Matinee Movie TV2</p> <p>3:20 ● 3:21 Root Beer Floats A2</p> <p>4:00 ● Jigsaw Puzzles A2</p> <p>6:30 ● Cranium Crunches: DIY A2</p>	<p>10</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Musical Memories TV2</p> <p>11:00 ● Morning Chat: Short Story TV2</p> <p>2:00 ● Friday Bingo A2</p> <p>3:00 ● TGIF Social A2</p> <p>3:30 ● “Jeopardy!” Ch. 7 TV2</p> <p>4:00 ● Sabbath Service with Rabbi Bossov L2</p> <p>6:30 ● Friday Night at the Movie! TV2</p>
<p>MOTHER’S DAY 12</p> <p>9:00 ● Get Fit While You Sit! TV2</p> <p>10:00 ● Word Games & Puzzles A2</p> <p>10:45 ● Catholic Communion Service L2</p> <p>11:00 ● Mental Aerobics A2</p> <p>2:00 ● Ice Cream Cart</p> <p>3:00 ● Sunday Matinee TV2</p> <p>6:30 ● Sunday Documentary TV2</p>	<p>13</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Spelling Bee TV2</p> <p>10:45 ● Sue’s Party Animals TV1</p> <p>1:30 ● Sandi Haynes: Singer & Entertainer LWP</p> <p>2:00 ● Monday Matinee Movie TV2</p> <p>3:00 ● Juice & “Jeopardy!” TV2</p> <p>4:05 ● Singalong with Mike TV1</p> <p>6:30 ● Monday Night Movie TV2</p>	<p>14</p> <p>9:00 ● Movement & More TV2</p> <p>10:00 ● Ted Talks with Mike TV2</p> <p>11:00 ● Arts & Crafts: Color Me TV2</p> <p>12:00 ● Men’s Group Lunch L2</p> <p>2:00 ● Dominos A2</p> <p>3:00 ● Chips & Salsa Social A2</p> <p>4:00 ● Spa Time: Stay Beautiful! TV2</p> <p>6:30 ● “Wheel of Fortune” Ch. 7 TV2</p>	<p>15</p> <p>9:00 ● Strength & Stretch TV2</p> <p>10:00 ● Know Your Vocabulary TV2</p> <p>11:00 ● Steve Justman: Guitar L2</p> <p>2:00 ● Let’s Play Cards! A2</p> <p>3:00 ● High Tea: Afternoon Social A2</p> <p>4:00 ● 1:1 Hand Massage</p> <p>6:30 ● Find Your Passion: DIY A2</p>	<p>16</p> <p>9:00 ● Chair Yoga TV2</p> <p>10:00 ● Beach Ball Toss & Kick L2</p> <p>11:00 ● Songs by Heart L2</p> <p>1:30 ● Scenic Drive</p> <p>2:00 ● Thursday Matinee Movie TV2</p> <p>3:20 ● 3:21 Root Beer Floats A2</p> <p>4:00 ● Jigsaw Puzzles A2</p> <p>6:30 ● Words, Words, Words A2</p>	<p>17</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Musical Memories TV2</p> <p>11:00 ● Morning Chat TV2</p> <p>2:00 ● Friday Bingo A2</p> <p>3:00 ● TGIF Social A2</p> <p>3:30 ● “Jeopardy!” Ch. 7 TV2</p> <p>4:00 ● Sabbath Service with Rabbi Bossov L2</p> <p>6:30 ● Friday Night at the Movie! TV2</p>
<p>19</p> <p>9:00 ● Get Fit While You Sit! TV2</p> <p>10:00 ● Word Games & Puzzles A2</p> <p>10:45 ● Catholic Communion Service L2</p> <p>11:00 ● Blackjack: Free to Play A2</p> <p>2:00 ● Ice Cream Cart</p> <p>3:00 ● Sunday Matinee TV2</p> <p>6:30 ● Sunday Documentary TV2</p>	<p>20</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Group Crossword Puzzles TV2</p> <p>11:30 ● Storytelling with Sandy Bertrand L2</p> <p>2:00 ● BINGO: Free for All! A2</p> <p>3:00 ● Juice & “Jeopardy!” TV2</p> <p>4:05 ● Singalong with Mike TV1</p> <p>6:30 ● Monday Night Movie TV2</p>	<p>21</p> <p>9:00 ● Movement & More TV2</p> <p>10:00 ● Math Quiz L2</p> <p>11:00 ● Drama Club A2</p> <p>2:00 ● Scrabble: 21 Tiles A2</p> <p>3:00 ● Chips & Salsa Social A2</p> <p>4:00 ● Spa Time: Stay Beautiful! TV2</p> <p>6:30 ● “Wheel of Fortune” Ch. 7 TV2</p>	<p>22</p> <p>9:00 ● Strength & Stretch TV2</p> <p>10:00 ● Boogie: Mixed Up Words L2</p> <p>11:00 ● Heather Braoudakis: Singing L2</p> <p>2:00 ● Dice Games A2</p> <p>3:00 ● High Tea: Afternoon Social A2</p> <p>4:00 ● 1:1 Aromatherapy</p> <p>6:30 ● Find Your Passion: DIY A2</p>	<p>23</p> <p>9:00 ● Chair Yoga TV2</p> <p>10:00 ● Seated Line Dancing with Louis L2</p> <p>11:00 ● Songs by Heart L2</p> <p>1:30 ● Scenic Drive</p> <p>2:00 ● Thursday Matinee Movie TV2</p> <p>3:20 ● 3:21 Root Beer Floats A2</p> <p>4:00 ● Jigsaw Puzzles A2</p> <p>6:30 ● Cranium Crunches: DIY A2</p>	<p>24</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Musical Memories TV2</p> <p>11:00 ● Morning Chat TV2</p> <p>2:00 ● Friday Bingo A2</p> <p>3:00 ● TGIF Social A2</p> <p>3:30 ● “Jeopardy!” Ch. 7 TV2</p> <p>4:00 ● Sabbath Service with Rabbi Bossov L2</p> <p>6:30 ● Friday Night at the Movie! TV2</p>
<p>26</p> <p>9:00 ● Get Fit While You Sit! TV2</p> <p>10:00 ● Word Games & Puzzles A2</p> <p>10:45 ● Catholic Communion Service L2</p> <p>11:00 ● Mental Aerobics A2</p> <p>2:00 ● Ice Cream Cart</p> <p>3:00 ● Sunday Matinee TV2</p> <p>6:30 ● Sunday Documentary TV2</p>	<p>MEMORIAL DAY 27</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Rhyme Thyme TV2</p> <p>10:45 ● Sue’s Party Animals L2</p> <p>2:00 ● BINGO: Free for All! A2</p> <p>3:00 ● Juice & “Jeopardy!” TV2</p> <p>4:05 ● Singalong with Mike TV1</p> <p>6:30 ● Monday Night Movie TV2</p>	<p>28</p> <p>9:00 ● Movement & More TV2</p> <p>10:00 ● Ted Talks with Mike TV2</p> <p>11:00 ● Arts & Crafts A2</p> <p>12:00 ● Pizza Party A2</p> <p>2:00 ● Dominos A2</p> <p>3:00 ● Chips & Salsa Social A2</p> <p>4:00 ● Spa Time: Stay Beautiful! TV2</p> <p>6:30 ● “Wheel of Fortune” Ch. 7 TV2</p>	<p>29</p> <p>9:00 ● Strength & Stretch TV2</p> <p>10:00 ● Geography L2</p> <p>11:00 ● Chris Farrell: Guitar L2</p> <p>2:00 ● Let’s Play Cards! A2</p> <p>3:00 ● High Tea: Afternoon Social A2</p> <p>4:00 ● 1:1 Hand Massage</p> <p>6:30 ● Find Your Passion: DIY A2</p>	<p>30</p> <p>9:00 ● Chair Yoga TV2</p> <p>10:00 ● Beach Ball Toss & Kick L2</p> <p>11:00 ● Songs by Heart L2</p> <p>1:30 ● Scenic Drive</p> <p>2:00 ● Thursday Matinee Movie TV2</p> <p>3:20 ● 3:21 Root Beer Floats A2</p> <p>4:00 ● Jigsaw Puzzles A2</p> <p>6:30 ● Words, Words, Words A2</p>	<p>31</p> <p>9:00 ● Morning Exercise TV2</p> <p>10:00 ● Musical Memories TV2</p> <p>11:00 ● Resident Council Meeting L2</p> <p>2:00 ● Friday Bingo A2</p> <p>3:00 ● TGIF Social A2</p> <p>3:30 ● “Jeopardy!” Ch. 7 TV2</p> <p>4:00 ● Sabbath Service with Rabbi Bossov L2</p> <p>6:30 ● Friday Night at the Movie! TV2</p>

