

# Be Inspired

MISSION CREEK OF WAUKESHA | a Senior Lifestyle community | WAUKESHA, WI 53188 | 262-896-8888

## THIS MONTH'S *silver star*

### MEET DIANE

This month, we are excited to announce that Diane is our Silver Star for the month of June!

Diane is from Milwaukee, Wisc. She was born to a large family on Dec. 23, 1940. Diane is one of five children. Diane told me when she was young she used to love spending time with her grandmother.

She married her husband, John, and together, they have two children. Diane loved working with people and always kept herself busy with different jobs. She was truly the "Jill of all Trades."

In her free time, she enjoys writing, singing along to music and dancing. You can always catch her tapping her toes. Her favorite place to go dance was the Eagles club. She also enjoyed canning; pickles were her favorite.

Diane says her favorite things about living here are the people. She loves everyone because they are truly like her family. She also enjoys playing games, that her meals are already prepared and her friends she has made in the community.

We love that Diane is part of our family.

Thank you, Diane, for being the resident of the month.



## JOIN US THIS MONTH FOR *longest day*

Can you believe it's June already? Summer is upon us, and it's time to celebrate the Longest Day. The longest day will be a great full day to raise awareness for Alzheimer's. I can't believe we have already raised over \$300 with our fundraising efforts. Remember that you can buy candy, soda and chips up front for 50 cents until September.

On June 22, we will have a cookout and bonfire at night. Make sure to make reservations up front. We can't wait to see you!



### TRAIN YOUR BRAIN *search for birds*

U	N	B	S	W	A	L	L	O	W	C	M
N	E	D	D	W	E	D	C	R	O	W	C
I	R	G	F	L	A	P	A	R	R	O	T
U	W	B	G	S	S	N	G	E	R	D	G
G	D	A	L	L	A	R	K	N	A	X	H
N	E	D	D	U	G	C	W	O	P	C	C
E	L	P	C	D	E	F	A	O	S	C	V
P	O	S	I	P	G	J	H	L	U	A	K
S	I	D	D	G	R	D	A	C	C	N	R
D	R	O	S	D	E	C	K	Y	V	A	O
F	O	F	G	F	T	O	D	G	H	R	T
W	C	N	I	B	O	R	N	H	J	Y	S

- BLUEJAY
- CANARY
- CROW
- CUCKOO
- EAGLE
- EGRET
- HAWK
- LARK
- LOON
- ORIOLE
- PARROT
- PENGUIN
- PIGEON
- ROBIN
- SPARROW
- STORK
- SWALLOW
- SWAN
- WOODPECKER
- WREN

BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- 100 DINING ROOM — 100 DR
- ASSISTED LIVING LOUNGE — AL
- LEGACY COURT/100
- SIDE LOUNGE — 100
- MAIN DINING ROOM — DR
- OUTING — OUT
- PATIO — *Patio*
- SUN ROOM — SR

BIRTHDAYS THIS MONTH

- DANIEL SALEM — 21st
- MARIAN VITALE — 27th
- ELDA MILLANE — 28th

SALON

TUESDAY & WEDNESDAY  
9 a.m.-Noon

SENIOR LIFESTYLE

EMBRACE *life.*

EMBRACE *moments.*

EMBRACE *connection.*

www.SeniorLifestyle.com  
Activities are subject to change



“When you go on a road trip, the trip itself becomes part of the story.”  
—Steve Rushin



- 10:00 ● Fitness | DR
- 10:30 ● Moovin' & Groovin' Fitness | 100
- 10:30 ● Bowling Team | 100
- 1:30 ● Bingo | DR
- 3:00 ● Crazy Eights | DR
- 3:30 ● Uno Attack | DR
- 4:00 ● Manicures | DR
- 5:30 ● TV Show Catch Up | 100

- 9:30 ● Let's Move | 100
- 10:00 ● Everyday Life Trivia | 100
- 10:30 ● Singalong | DR
- 11:00 ● Prayer Group | DR
- 1:30 ● Balloon Volleyball | DR
- 2:30 ● Ice Cream Social | DR
- 3:30 ● TV Show Catch Up | DR

- 9:00 ● Seniorcise | 100
- 10:00 ● Groovin' To the Music Fitness | DR
- 10:30 ● Banana Bread Day | DR
- 10:30 ● Left, Right, Center | DR
- 1:30 ● Bowling League | DR
- 3:00 ● Tempo with Lisa | DR
- 4:00 ● Happy Hour | DR

- 9:00 ● Motivational Monday Fitness | 100
- 9:30 ● Donuts with Chelsey | SR
- 10:00 ● Fitness with Chelsey | DR
- 10:00 ● Noodle Ball | 100
- 10:30 ● Cheese Tasting | DR
- 1:30 ● Bingo | DR
- 3:00 ● Walgreens | OUT

- 9:00 ● Show Stopping Fitness | 100
- 9:00 ● Morning Walks with Joan | OUT
- 10:00 ● Silver Sneaker Fitness | DR
- 10:00 ● Parachute | 100
- 11:00 ● Card Group | DR
- 1:30 ● Bible Study | SR
- 4:00 ● Happy Hour | DR

- 9:00 ● Fitness with Cailin | 100
- 9:30 ● Balloon Volleyball | 100
- 10:00 ● Stepping to the Beat | DR
- 10:30 ● Trivia Questionnaire | DR
- 11:00 ● Baking Club: Cupcakes | DR
- 1:30 ● Bingo | DR
- 3:00 ● Brain Games | DR
- 3:30 ● "I Love Lucy" | DR
- 5:30 ● Calming Hour | 100

- 9:00 ● Sweating to the Oldies | 100
- 9:30 ● Coffee & Donuts | 100
- 10:00 ● Fitness Fridays | DR
- 11:00 ● Skip-Bo | DR
- 1:30 ● Baking Hour | 100
- 1:30 ● Food Committee | SR
- 3:00 ● Pokeno | SR
- 5:30 ● Movie Matinee | 100

- 10:00 ● Fitness | DR
- 10:30 ● Moovin' & Groovin' Fitness | 100
- 10:30 ● Bowling Team | 100
- 1:30 ● Bingo | DR
- 3:00 ● Crazy Eights | DR
- 3:30 ● Uno Attack | DR
- 5:30 ● TV Show Catch Up | 100

- 9:30 ● Let's Move | 100
- 10:00 ● Everyday Life Trivia | 100
- 10:30 ● Singalong | DR
- 11:00 ● Prayer Group | DR
- 1:30 ● Balloon Volleyball | DR
- 2:30 ● Ice Cream Social | DR
- 3:30 ● TV Show Catch Up | DR

- 9:00 ● Seniorcise | 100
- 10:00 ● Groovin' To the Music Fitness | DR
- 10:00 ● Dan Sullivan Entertainment | DR
- 1:30 ● National Black Cow Day | *Patio*
- 3:00 ● Tempo with Lisa | DR
- 4:00 ● Happy Hour | DR

- 9:00 ● Motivational Monday Fitness | 100
- 9:30 ● Donuts with Chelsey | SR
- 10:00 ● Fitness with Chelsey | DR
- 10:00 ● Noodle Ball | 100
- 10:30 ● Bowling League | DR
- 1:30 ● Bingo | DR
- 3:00 ● Summer Fans DIY | DR

- 9:00 ● Show Stopping Fitness | 100
- 9:00 ● Morning Walks with Joan | OUT
- 10:00 ● Silver Sneaker Fitness | DR
- 10:00 ● Parachute | 100
- 11:00 ● Card Group | DR
- 1:30 ● Bible Study | SR
- 2:30 ● Ice Cream Outing | OUT
- 4:00 ● Happy Hour | DR

- 9:00 ● Fitness with Cailin | 100
- 10:00 ● Stepping to the Beat | DR
- 10:30 ● Trivia Questionnaire | DR
- 1:30 ● Bingo | DR
- 3:00 ● Brain Games | DR
- 3:30 ● "I Love Lucy" | DR
- 5:30 ● Calming Hour | 100

- 9:00 ● Sweating to the Oldies | 100
- 10:00 ● Fitness Fridays | DR
- 10:30 ● Catholic Communion Service | DR
- 12:00 ● Lunch Outing | OUT
- 2:30 ● Card Group | DR
- 3:30 ● Guitar with Steven | 100
- 5:30 ● Movie Matinee | 100

- 10:00 ● Fitness | DR
- 10:30 ● Moovin' & Groovin' Fitness | 100
- 10:30 ● Bowling Team | 100
- 1:30 ● Bingo | DR
- 3:00 ● Crazy Eights | DR
- 3:30 ● Uno Attack | DR
- 5:30 ● TV Show Catch Up | 100

- 9:30 ● Let's Move | 100
- 10:00 ● Everyday Life Trivia | 100
- 10:30 ● Singalong | DR
- 11:00 ● Prayer Group | DR
- 1:30 ● Balloon Volleyball | DR
- 2:30 ● Ice Cream Social | DR
- 3:30 ● TV Show Catch Up | DR

- 9:00 ● Seniorcise | 100
- 10:00 ● Groovin' To the Music Fitness | DR
- 10:30 ● Baking Club: Apple Strudel | DR
- 1:30 ● Balloon Volleyball | DR
- 2:00 ● Root Beer Float Day | DR
- 3:00 ● Tempo with Lisa | DR
- 4:00 ● Happy Hour | DR

- 9:00 ● Motivational Monday Fitness | 100
- 9:30 ● Donuts with Chelsey | SR
- 10:00 ● Fitness with Chelsey | DR
- 10:30 ● Meditation Outside | *Patio*
- 1:30 ● Bingo | DR
- 3:00 ● Paint Craft | *Patio*

- 9:00 ● Show Stopping Fitness | 100
- 9:00 ● Morning Walks with Joan | OUT
- 10:00 ● Silver Sneaker Fitness | DR
- 10:00 ● Parachute | 100
- 11:00 ● Card Group | DR
- 1:30 ● Bible Study | SR
- 4:00 ● Happy Hour | DR

- 9:00 ● Fitness with Cailin | 100
- 9:30 ● Balloon Volleyball | 100
- 10:00 ● Stepping to the Beat | DR
- 10:30 ● Trivia Questionnaire | DR
- 1:30 ● Bingo | DR
- 3:00 ● Vanilla Milkshakes | *Patio*
- 3:30 ● "I Love Lucy" | DR
- 5:30 ● Calming Hour | 100

- 9:00 ● Sweating to the Oldies | 100
- 9:30 ● Coffee & Donuts | 100
- 10:00 ● Fitness Fridays | DR
- 11:00 ● Skip-Bo | DR
- 1:00 ● Easy Days Quartet | DR
- 2:30 ● Ice Cream Social | DR
- 5:30 ● Movie Matinee | 100

- 10:00 ● Fitness | DR
- 10:30 ● Moovin' & Groovin' Fitness | 100
- 10:30 ● Bowling Team | 100
- 1:30 ● Longest Day Celebration | DR
- 3:30 ● Bonfire & S'mores | DR
- 5:30 ● TV Show Catch Up | 100

- 9:30 ● Let's Move | 100
- 10:00 ● Everyday Life Trivia | 100
- 10:30 ● Singalong | DR
- 11:00 ● Prayer Group | DR
- 1:30 ● Balloon Volleyball | DR
- 2:30 ● Ice Cream Social | DR
- 3:30 ● TV Show Catch Up | DR

- 9:00 ● Seniorcise | 100
- 10:00 ● Groovin' To the Music Fitness | DR
- 10:00 ● German Chocolate Cake | 100
- 10:30 ● Flip Flop Wreath | DR
- 3:00 ● Tempo with Lisa | DR
- 4:00 ● Happy Hour | DR

- 9:00 ● Motivational Monday Fitness | 100
- 9:30 ● Donuts with Chelsey | SR
- 10:00 ● Fitness with Chelsey | DR
- 1:30 ● Bingo | DR
- 3:00 ● Dollar Store | OUT

- 9:00 ● Show Stopping Fitness | 100
- 9:00 ● Morning Walks with Joan | OUT
- 10:00 ● Silver Sneaker Fitness | DR
- 10:00 ● Parachute | 100
- 11:00 ● Card Group | DR
- 1:30 ● Bible Study | SR
- 4:00 ● Happy Hour | DR

- 9:00 ● Fitness with Cailin | 100
- 10:00 ● Stepping to the Beat | DR
- 10:30 ● Trivia Questionnaire | DR
- 1:30 ● Bingo | DR
- 3:00 ● Brain Games | DR
- 3:30 ● "I Love Lucy" | DR
- 5:30 ● Calming Hour | 100

- 9:00 ● Sweating to the Oldies | 100
- 10:00 ● Fitness Fridays | DR
- 10:30 ● Catholic Communion Service | DR
- 12:00 ● Lunch Outing | OUT
- 2:30 ● Card Group | DR
- 3:30 ● Guitar with Steven | 100
- 5:30 ● Movie Matinee | 100

- 10:00 ● Fitness | DR
- 10:30 ● Moovin' & Groovin' Fitness | 100
- 10:30 ● Bowling Team | 100
- 1:30 ● Bingo | DR
- 3:00 ● Crazy Eights | DR
- 3:30 ● Uno Attack | DR
- 5:30 ● TV Show Catch Up | 100

- 9:30 ● Let's Move | 100
- 9:30 ● Dennis Communion Service | DR
- 10:00 ● Everyday Life Trivia | 100
- 10:30 ● Singalong | DR
- 11:00 ● Prayer Group | DR
- 1:30 ● Balloon Volleyball | DR
- 2:30 ● Ice Cream Social | DR
- 3:30 ● TV Show Catch Up | DR



## EVENT RECAP

# mother's day brunch

Last month, we celebrated Mother's Day with a huge brunch. What a success! The tables looked gorgeous, and the food was delicious. We are so glad you joined us for such a great event. We appreciate and love our mothers so much. It was great seeing you all so happy and looking so nicely dressed. We would like to thank everyone for coming and hope you enjoyed your time at Mission Creek as we have. We are so thankful to have you all in our community. Thank you, mothers, for all you do.



## IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

Greetings,

My husband and I moved here from Colorado, but I grew up in Wisconsin. We have a sweet little dog named Max that we recently adopted. I have a son and daughter-in-law who are the proud parents of my beautiful granddaughter. My daughter and son-in-law live in the Milwaukee area and are newlyweds.

I have been in the Senior Living Industry for approximately 15 years and love it! I started as a caregiver and quickly learned this was my calling. My favorite part of my job is getting to know the residents and listening to their stories. I'm anxious to meet all of you and look forward to hearing your stories.

I am thrilled to join the Mission Creek team and am looking forward to working with everyone, building into our current leaders and adding to our wonderful team. Should you have any questions, please feel free to email or call me, I pride myself on responding quickly.

Sincerely,  
*Kim Kay*

## THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION,  
RESPECT, TEAMWORK

This month, we are excited to announce that VERENICE is our HEART Hero of the month for June.

Verenice was born in Puerto Rico on May 26 and is 19 years old. She moved to Milwaukee in December 2017 after Hurricane Maria hit Puerto Rico. Her parents and brother still reside in Puerto Rico, and she lives with her cousin.

Verenice works in Housekeeping, and you can catch her all around the building.

Verenice enjoys to read and go fishing. She is currently studying to become a Dental Hygienist at MATC in Oak Creek.

She enjoys working here because the people are nice and everyone is respectful of each other. She says it's a happy place to be!

We are so happy you're part of our Family, Verenice. Thank you for all you do!



## MANAGEMENT TEAM

Kim Kay, *Executive Director*

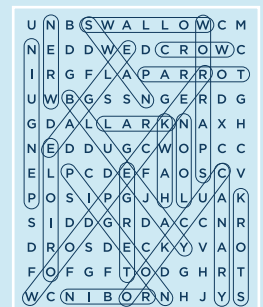
Jenny Erickson, *Business Office Manager*

Nigil Springfield, *Dining Services Director*

Chelsey Guerrero, *Resident Program Director*

Ed Pauer, *Director of Maintenance*

TRAIN  
YOUR  
BRAIN  
*solution*



SENIOR  
LIFESTYLE



PET  
FRIENDLY

your *life*, your *style*