

Be Inspired

PARKSIDE | ASSISTED LIVING | a Senior Lifestyle community | DEFOREST, WI 53532 | 608-846-2101

THIS MONTH'S *silver star*

GORDY PEDERSON

This month, our Silver Star is Gordy Peterson. Gordy was born on his parents' farm in Mt. Horeb. Gordy had one brother and six sisters, but he is currently the last living of his siblings. During his youth, his parents worked on different farms, and his father also worked at a cheese factory. After high school, Gordy worked on several farms for about five years until he joined the U.S. Navy. After serving for years, he moved back to the Madison area and started working for the Madison Bus Company as a diesel mechanic, where he stayed for 38 years. He met his wife, Alice, at a dance at Club 18, and they were married for 49 years. They had two sons and one daughter together. After retirement, Gordy started his own lawn care company, which he ran for the next four years.

Gordy loves traveling and has been all over the world. He has visited all 50 states and also Australia, New Zealand, Switzerland, UK, Portugal, Turkey and Greece.



WE'RE LOOKING FORWARD TO

parkside's valentine's day badger party

Valentine's Day is on Game Day this year. Help us celebrate by coming to our party. We will have two party locations, the main room and the movie theater; you will sign up for whichever location works best for you. Be sure to sign up soon, because we only have eight movie theater spots and 10 main room spots, with no wiggle room!

Be sure to keep your eyes peeled around the building for more information about what time the party and game will be.



IT'S OUR PLEASURE TO SERVE YOU ... *word from your leadership team*

Happy Valentine's Day

We are so glad that long January is over and done with and we are in to February. As you look around the building, you will see a few of our new residents. Please be sure to help them feel welcome and comfortable.

Parkside management team would like to congratulate our Team Leads, Riley and Alyssa. They have done outstanding work and deserve extra recognition this month for all they do.

Happy Valentine's Day!

TRAIN YOUR BRAIN *search for months & birthstones*

Y A M D O D L A R E M E	January
S J D P D T D S G G T D	February
D Z A P O T S A D U D L	March
F L R N C J R U R S R S	April
E D E D U N D Q G A G Y	May
R F B F E A U D E U L R	June
I Y M T S O R P S U A A	July
H B E D I S S Y J S P U	August
P U C S O C T O B E R R	September
P R E B M E V O N N I B	October
A D D (M A R C H) D U L E	November
S E P T E M B E R J D F	December
	Emerald
	Garnet
	Opal
	Pearl
	Ruby
	Sapphire
	Topaz
	Turquoise

assisted living

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ACTIVITIES ROOM — AR
- CHAPEL — CH
- DINING ROOM — DR
- LIBRARY — LB
- LOUNGE — LNG
- MAIN ROOM — MR
- OFF GROUNDS — OG
- OUTSIDE PATIO — Patio
- PRIVATE DINING ROOM — PDR
- THEATER 3RD FLOOR — TR

BIRTHDAYS THIS MONTH

- DAVID K. — 9th
- ADELINE — 16th
- ROBERT O. — 16th

SENIOR LIFESTYLE

EMBRACE *life.*

- EMBRACE *moments.*
- EMBRACE *connection.*

TRANSPORTATION SCHEDULE

- MONDAY, TUESDAY & WEDNESDAY
8 a.m.-3 p.m.
Appointments
- THURSDAY
8-11 a.m.
Appointments
- FRIDAY
Based on Availability Appointments



10:00 ● Crochet and Chat | MR 7
11:00 ● Resident Led Exercise | MR
2:00 ● Euchre Club (Sign-up) | MR

VALENTINE'S DAY 14
● HAPPY VALENTINE'S DAY
● V-DAY BADGER PARTY
TREAT CART — OPEN ROOM DOOR
10:00 ● Crochet and Chat | MR
11:00 ● Resident Led Exercise | MR
2:00 ● Euchre Club (Sign-up) | MR

10:00 ● Crochet and Chat | MR 21
11:00 ● Resident Led Exercise | MR
2:00 ● Euchre Club (Sign-up) | MR

10:00 ● Crochet and Chat | MR 28
11:00 ● Resident Led Exercise | MR
2:00 ● Euchre Club (Sign-up) | MR

10:15 ● Exercise | AR 1
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Craft: Heart Boxes | AR
3:00 ● King's Corner (Sign-up) | MR

10:15 ● Exercise | AR 8
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Craft: Candy Love Bugs | AR
3:00 ● King's Corner (Sign-up) | MR

PRESIDENTS DAY 15
10:15 ● Exercise | AR
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Craft: Herbal Sachets | AR
3:00 ● King's Corner (Sign-up) | MR

10:15 ● Exercise | AR 22
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Craft: Yarn Flowers | AR
3:00 ● King's Corner (Sign-up) | MR

10:15 ● Exercise | AR
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Craft: Heart Boxes | AR
3:00 ● King's Corner (Sign-up) | MR

● ONLINE ORDERING HELP (SIGN UP) 2
10:15 ● Exercise | AR
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Farkle | AR
2:00 ● Cribbage Club (Sign-up) | MR
2:00 ● Nix the Six | AR

● ONLINE ORDERING HELP (SIGN UP) 9
10:15 ● Exercise | AR
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
2:00 ● Cribbage Club (Sign-up) | MR
2:00 ● Candy Club: Chocolate Covered Cherries | MR
3:15 ● Boggle Word Sequences | AR

● ONLINE ORDERING HELP (SIGN UP) 16
10:15 ● Exercise | AR
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Craft: Mardi Gras Masks | AR
2:00 ● Cribbage Club (Sign-up) | MR
2:00 ● Dice Game | AR
4:30 ● Mardi Gras Masked Dinner | DR

● ONLINE ORDERING HELP (SIGN UP) 23
10:15 ● Exercise | AR
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
2:00 ● Cribbage Club (Sign-up) | MR
2:00 ● Candy Club: Gumdrops Demo | MR
3:15 ● Boggle Word Sequences | AR

10:15 ● Exercise | AR 3
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Resident Council | MR
1:00 ● Fun with Beads | AR
2:00 ● Euchre (Sign-up) | MR
3:00 ● Yahtzee | AR
4:15 ● Dinner Movie (Sign Up) | TR

10:15 ● Exercise | AR 3
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Resident Council | MR
1:00 ● Fun with Beads | AR
2:00 ● Euchre (Sign-up) | MR
3:00 ● Yahtzee | AR
4:15 ● Dinner Movie (Sign Up) | TR

9:45 ● Manicures with Maddy (Sign-up) 10
10:15 ● Resident Led Exercise | AR
1:00 ● Town Hall: All Residents Welcome (Sign up) | MR
1:45 ● Town Hall All Residents Welcome (Sign Up) | MR
2:00 ● Euchre (Sign-up) | MR

ASH WEDNESDAY 17
10:15 ● Exercise | AR
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
1:00 ● Carpetball | AR
2:00 ● Euchre (Sign-up) | MR
3:00 ● Magic Color Art | AR

9:45 ● Manicures with Maddy (Sign-up) 24
10:15 ● Resident Led Exercise | AR
2:00 ● Euchre (Sign-up) | MR

10:15 ● Exercise | AR 4
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
3:00 ● Group Crossword | MR

10:15 ● Exercise | AR 4
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
3:00 ● Group Crossword | MR

10:15 ● Exercise | AR 11
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
2:00 ● Cooking Club: Million Dollar Dip | MR
3:00 ● Love Is in the Air Trivia | MR

10:15 ● Exercise | AR 18
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
2:00 ● Cooking Club: Puffed Caramel Corn | MR
3:00 ● Word Scrambles | MR

10:15 ● Exercise | AR 25
10:45 ● Current Events | AR
11:00 ● Daily Chronicles | AR
2:00 ● Cooking Club: Carrot Cake Muffins | MR
3:00 ● Group Crossword | MR

10:15 ● Coffee and Current Events | AR 5
11:00 ● Catholic Service of the Word with Diane | CH
1:30 ● Afternoon Movie (Sign-up) | TR
2:30 ● Happy Hour: Open Room Door
3:00 ● Game: "Who Wants to Be a Millionaire?" | AR

10:15 ● Coffee and Current Events | AR 5
11:00 ● Catholic Service of the Word with Diane | CH
1:30 ● Afternoon Movie (Sign-up) | TR
2:30 ● Happy Hour: Open Room Door
3:00 ● Game: "Who Wants to Be a Millionaire?" | AR

10:15 ● Coffee and Current Events | AR 12
11:00 ● Catholic Service of the Word with Diane | CH
1:30 ● Afternoon Movie (Sign-up) | TR
2:30 ● Happy Hour: Open Room Door
3:00 ● V-Day Candy Dice Game | AR

10:15 ● Coffee and Current Events | AR 19
11:00 ● Catholic Service of the Word with Diane | CH
1:30 ● Afternoon Movie (Sign-up) | TR
2:30 ● Happy Hour: Open Room Door
3:00 ● Game: Senior Moments | AR

10:15 ● Coffee and Current Events | AR 26
11:00 ● Catholic Service of the Word with Diane | CH
1:30 ● Afternoon Movie (Sign-up) | TR
2:30 ● Happy Hour: Open Room Door

10:00 ● Bingo with Bob (Sign-up) | MR 6
2:00 ● Euchre Club (Sign-up) | MR
5:30 ● Saturday Night Flick (Sign-up) | TR

10:00 ● Bingo with Bob (Sign-up) | MR 6
2:00 ● Euchre Club (Sign-up) | MR
5:30 ● Saturday Night Flick (Sign-up) | TR

10:00 ● Bingo with Bob (Sign-up) | MR 13
2:00 ● Euchre Club (Sign-up) | MR
5:30 ● Saturday Night Flick (Sign-up) | TR

10:00 ● Bingo with Bob (Sign-up) | MR 20
2:00 ● Euchre Club (Sign-up) | MR
5:30 ● Saturday Night Flick (Sign-up) | TR

10:00 ● Bingo with Bob (Sign-up) | MR 27
2:00 ● Euchre Club (Sign-up) | MR
5:30 ● Saturday Night Flick (Sign-up) | TR

10:00 ● Bingo with Bob (Sign-up) | MR 20
2:00 ● Euchre Club (Sign-up) | MR
5:30 ● Saturday Night Flick (Sign-up) | TR

"If you find it in your heart to care for somebody else, you will have succeeded."
—Maya Angelou



RECAP: HOW WE STAYED CONNECTED THIS MONTH

winter beach party

Parkside had many opportunities to stay connected with each other this month; from various activities to communal dining for their meals. We also threw a winter beach party for our residents to beat the winter blues and remember what beach weather is all about. We celebrated by listening to beach music, playing volleyball and eating



THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE,
APPRECIATION,
RESPECT, TEAMWORK

This month's HEART Hero is RON MATRINO-MEURET. Ron was born and raised in the Wausau area. Ron's parents were incredibly hard workers who carried on multiple jobs to support Ron and his brother, Pat. Ron's parents taught him how important respecting his elders is. He was very close to his grandparents. His grandma had a 1965 Mustang convertible, which Ron loved to ride in.



When Ron turned 33, he left Wausau and moved to Madison. He received his CNA license and worked for the State of Wisconsin for 19 years; five years working with the deaf and blind and then he transferred to Mendota Mental Health, where he worked for the next 14 years.

After having health complications, Ron decided it was time for a career change, and that is when he started working housekeeping jobs.

Ron started as a housekeeper for Parkside last April. He absolutely loves being around the residents and truly tries to treat people the way he wants to be treated.

When Ron is not working, he is at home with his two dogs; 12-year-old Neca and three-year-old Chica. He finds so much joy in playing with his dogs and ordering the best dog toys and treats from "Chewy."

Ron also spends a lot of his time watching old movies. He loves Barbra Streisand and Dolly Parton. Ron's favorite movie is "The Wizard of Oz."

Ron loves adventures and has traveled to Venezuela, Nova Scotia and Honduras. His favorite was Honduras. He enjoyed the cuisine of the different cultures and loved the sight-seeing.

MANAGEMENT TEAM

Nicole Degner, *Executive Director*
Maddy Brown, *Director of Resident Programs*
Shannon Francis, *Director of Sales & Marketing*
Susan Wilkerson, *Dining Services Director*
Tom Schroll, *Director of Maintenance*

TRAIN YOUR BRAIN solution



SENIOR LIFESTYLE



your life, your style

PET FRIENDLY