

# Be Inspired

THE PAVILION AT GREAT HILLS | ASSISTED LIVING | a Senior Lifestyle community | AUSTIN, TX 78759 | 512-249-0500

## JOIN US THIS MONTH FOR *st. patrick's day*

This month's Featured Event is the St. Patrick's Day Celebration on Sunday, March 17. We will be having special holiday meals, drinks and activities.

### HISTORY OF SAINT PATRICK:

Saint Patrick was a 5th-century Romano-British Christian missionary and bishop in Ireland. Much of what is known about Saint Patrick comes from the Declaration, which was allegedly written by Patrick himself. It is believed that he was born in Roman Britain in the fourth century, into a wealthy Romano-British family. His father was a deacon and his grandfather was a priest in the Christian church. According to the Declaration, at the age of 16, he was kidnapped by Irish raiders and taken as a slave to Gaelic Ireland. It says that he spent six years there working as a shepherd and that during this time he "found God." The Declaration says that God told Patrick to flee to the coast, where a ship would be waiting to take him home. After

making his way home, Patrick went on to become a priest.

According to tradition, Patrick returned to Ireland to convert the pagan Irish to Christianity. The Declaration says that he spent many years evangelising in the northern half of Ireland and converted thousands. Patrick's efforts against the druids were eventually turned into an allegory in which he drove "snakes" out of Ireland (Ireland never had any snakes).

Tradition holds that he died on March 17 and was buried at Downpatrick. Over the following centuries, many legends grew up around Patrick and he became Ireland's foremost saint.



## THIS MONTH'S *silver star*

### MARCH'S SILVER STAR CHESSLEY MCKENZIE

March's featured resident is Chessley Mckenzie.

Chessley was born in Alexandria, La. and moved later to Ruston, La., which was the center of the Mckenzie clan. Chessley was known as an outdoor type of guy who played football, tennis, basketball and volleyball.

After high school he attended Louisiana Polytechnic Institute (later known as Louisiana Tech). His degree in finance served him well when he was drafted into the Army finance school at the beginning of World War II.

Chessley was assigned to administrative tasks as a ground service component for a B-17 bomber squadron. He has many great stories to tell.

After the war, Chessley was married and had a son and a daughter. He trained as an exploratory geophysicist and worked as the chief geophysicist for an oil company in Midland, Texas for five decades.

Thank you to Chessley for his service and for sharing his story with us.



This month's Silver Star,  
Chessley Mckenzie

### TRAIN YOUR BRAIN *sudoku solution on back*

6					7	8		5
				9			1	
3	4	1					7	
9			2	7				
8		4						7
				5	6			4
	1					9	4	3
	3			8				
7		9	4					8



assisted living

BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- ACTIVITIES ROOM — AR
- ART STUDIO — AS
- BILLIARDS ROOM — BR
- CHAPEL — C
- DINING HALL — DH
- DINING HALL PATIO — DHP
- FORMAL DINING ROOM — FDR
- GAME ROOM — GR
- GROUP EXERCISE — GEX
- LIBRARY — LIB
- LOBBY — LOB
- MEDIA ROOM — MR
- OUTING — O
- SECOND FLOOR LIVING ROOM — 2FLR

BIRTHDAYS THIS MONTH

- RICHARD LYNCH — 11th
- WENDY JONES — 17th
- BILL PENNY — 18th
- CHESSLEY MCKENZIE — 18th
- ISLE PHIPPS — 22nd
- BESS ANDREWS — 22nd
- JACK PRINS — 24th
- STAN STANLEY — 31st

TRANSPORTATION SCHEDULE

- MONDAY  
9:45 a.m.  
One Stop Shopping
- TUESDAY & THURSDAY  
8 a.m.-3 p.m.  
Doctors' Appointments
- WEDNESDAY  
9:45 a.m.  
Open Shopping
- FRIDAY  
11 a.m.-1 p.m.  
Lunch Bunch
- SUNDAY  
9 a.m.  
Church Service

<p>“Springtime is the land awakening. The March winds are the morning yawn.” —Lewis Grizzard</p>								<p>9:15 ● Scenic Drive   O 1</p> <p>10:30 ● You Be the Judge   AR</p> <p>11:00 ● Lunch Bunch   O</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Walking Group   LOB</p> <p>3:15 ● Crossword Corner   AR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:00 ● Men's Group   O 2</p> <p>10:15 ● Walking with Ferdinand   O</p> <p>11:00 ● Shopping Outing   O</p> <p>2:30 ● Bible Study with Julia Ford   C</p> <p>2:30 ● Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>
<p>9:00 ● Church Transportation   O 3</p> <p>9:30 ● Resident Hymn Singalong   C</p> <p>9:45 ● Great Hills Baptist Church   C</p> <p>11:00 ● Catholic Service and Communion   C</p> <p>2:00 ● Triumphant Love Lutheran Church   C</p> <p>2:00 ● Chicken Foot Dominoes   GR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:45 ● One-Stop Shopping: Trader Joe's   O 4</p> <p>10:30 ● Crafting Class   AR</p> <p>12:00 ● Pavilion Store   C</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Quarter Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>MARDI GRAS 5</p> <p>9:30 ● Fitness Fun with Shannon   GEX</p> <p>10:30 ● Brain Games   GR</p> <p>1:00 ● Current Events Discussion Group   MR</p> <p>2:00 ● Fresh Popcorn   LOB</p> <p>2:30 ● Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>ASH WEDNESDAY 6</p> <p>9:45 ● Open Shopping &amp; Errands   O</p> <p>10:00 ● Bible Study with Reverend Stone   C</p> <p>10:30 ● Crafting   AR</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Social Hour Sponsored By: Standards Home Health   DH</p> <p>4:00 ● Art Therapy   AR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:30 ● Fitness Fun with Holly   GEX 7</p> <p>9:45 ● Getting to Know You   MR</p> <p>11:00 ● Lunch Bunch   O</p> <p>1:30 ● Painting with a Twist   AR</p> <p>2:00 ● High Stakes Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:15 ● Scenic Drive   O 8</p> <p>10:30 ● You Be the Judge   AR</p> <p>1:00 ● Skip-Bo   LIB</p> <p>1:30 ● Green Thumb   FDR</p> <p>3:15 ● Crossword Corner   AR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>10:15 ● Walking with Ferdinand   O 9</p> <p>11:00 ● Movie Theater Outing   O</p> <p>2:30 ● Bible Study with Julia Ford   C</p> <p>2:30 ● Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>			
<p>DAYLIGHT SAVING TIME BEGINS 10</p>		<p>9:45 ● One-Stop Shop: HEB   O 11</p> <p>10:30 ● Crafting Class   AR</p> <p>12:00 ● Pavilion Store   C</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Quarter Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:30 ● Fitness Fun with Shannon   GEX 12</p> <p>10:30 ● Brain Games   GR</p> <p>1:00 ● Current Events Discussion Group   MR</p> <p>2:00 ● Fresh Popcorn   LOB</p> <p>2:30 ● Bingo   DH</p> <p>3:00 ● Parkinson's Support Group: Encompass HH   FDR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:45 ● Open Shopping &amp; Errands   O 13</p> <p>10:00 ● Bible Study with Reverend Stone   C</p> <p>10:30 ● Crafting   AR</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Social Hour Sponsored By: Accolade Home Care   DH</p> <p>4:00 ● Art Therapy   AR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:30 ● Fitness Fun with Holly   GEX 14</p> <p>10:00 ● Trivia Thursdays   GR</p> <p>2:00 ● High Stakes Bingo   DH</p> <p>3:30 ● Resident Council Meeting   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:15 ● Scenic Drive   O 15</p> <p>10:30 ● You Be the Judge   AR</p> <p>11:00 ● Lunch Bunch   O</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Walking Group   LOB</p> <p>3:15 ● Crossword Corner   AR</p> <p>4:00 ● Wii Sports   MR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:00 ● Men's Group   O 16</p> <p>10:15 ● Walking with Ferdinand   O</p> <p>11:00 ● Shopping Outing   O</p> <p>2:30 ● Bible Study with Julia Ford   C</p> <p>2:30 ● Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>		
<p>ST. PATRICK'S DAY 17</p>		<p>9:45 ● One-Stop Shopping: Target   O 18</p> <p>10:30 ● Crafting Class   AR</p> <p>12:00 ● Pavilion Store   C</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Quarter Bingo   DH</p> <p>4:00 ● Wii Sports   MR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:30 ● Fitness Fun with Shannon   GEX 19</p> <p>10:30 ● Brain Games   GR</p> <p>1:00 ● Current Events Discussion Group   MR</p> <p>2:00 ● Fresh Popcorn   LOB</p> <p>2:30 ● Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>SPRING BEGINS 20</p>		<p>9:30 ● Fitness Fun with Holly   GEX 21</p> <p>9:45 ● Getting to Know You   MR</p> <p>11:00 ● Lunch Bunch   O</p> <p>1:30 ● Painting with a Twist   AR</p> <p>2:00 ● High Stakes Bingo   DH</p> <p>3:45 ● Food Committee   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:15 ● Scenic Drive   O 22</p> <p>10:30 ● You Be the Judge   AR</p> <p>1:00 ● Skip-Bo   LIB</p> <p>1:30 ● Green Thumb   FDR</p> <p>3:15 ● Crossword Corner   AR</p> <p>4:00 ● Wii Sports   GR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>10:15 ● Walking with Ferdinand   O 23</p> <p>11:00 ● Movie Theater Outing   O</p> <p>2:30 ● Bible Study with Julia Ford   C</p> <p>2:30 ● Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>	
<p>9:00 ● Church Transportation   O 24</p> <p>9:30 ● Resident Hymn Singalong   C</p> <p>9:45 ● Great Hills Baptist Church   C</p> <p>11:00 ● Catholic Service and Communion   C</p> <p>2:00 ● Monopoly   GR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:45 ● One-Stop Shopping: Walmart   O 25</p> <p>10:30 ● Crafting Class   AR</p> <p>12:00 ● Pavilion Store   C</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Quarter Bingo   DH</p> <p>4:00 ● Wii Sports   GR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:30 ● Fitness Fun with Shannon   GEX 26</p> <p>10:30 ● Brain Games   GR</p> <p>1:00 ● Current Events Discussion Group   MR</p> <p>2:00 ● Fresh Popcorn   LOB</p> <p>2:30 ● Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:45 ● Open Shopping &amp; Errands   O 27</p> <p>10:00 ● Bible Study with Reverend Stone   C</p> <p>10:30 ● Crafting   AR</p> <p>1:00 ● Skip-Bo   LIB</p> <p>2:30 ● Birthday Bash Sponsored by Standards Home Health   DH</p> <p>4:00 ● Art Therapy   AR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:30 ● Fitness Fun with Holly   GEX 28</p> <p>10:00 ● Trivia Thursdays   GR</p> <p>1:30 ● Painting with a Twist   AR</p> <p>2:00 ● High Stakes Bingo   DH</p> <p>4:30 ● Family Night   DH</p> <p>6:30 ● Movie of the Day   MR</p>	<p>9:15 ● Scenic Drive   O 29</p> <p>11:00 ● Lunch Bunch   O</p> <p>1:00 ● Skip-Bo   LIB</p> <p>3:15 ● Crossword Corner   AR</p> <p>4:00 ● Wii Sports   MR</p> <p>6:30 ● Movie of the Day   MR</p>	<p>10:15 ● Walking with Ferdinand   O 30</p> <p>11:00 ● Shopping Outing   O</p> <p>2:30 ● Bible Study with Julia Ford   C</p> <p>2:30 ● Bingo   DH</p> <p>6:30 ● Movie of the Day   MR</p>			
<p>9:00 ● Church Transportation   O 31</p>									



EVENT RECAP

# february's main event: valentine's day celebration

In February, our Valentine's Day Celebration and our Family Night coincided. We had an excellent meal prepared by Chef Tralainna and her wonderful crew, great entertainment was provided by harpist Pamela Brown, and a great time was had by all who attended.

Thank you to all the residents and family members who came and we look forward to seeing you again this month for St. Patrick's Day and Mardi Gras.



Valentine's Day

IT'S OUR PLEASURE TO SERVE YOU ...

## word from your executive director

WORDS FROM THE EXECUTIVE DIRECTOR

Happy March Everyone,

Spring is almost here! We are looking forward to getting out of the winter doldrums and into warm/sunshiny spring weather.

We are always looking for ways to improve your experience at the Pavilion and one of the ways we are doing this now is through the Dining Room refurb. The Dining Room project started with the new paint and will continue through the spring with newer, brighter lighting, new tables and chairs, new wall art and drapes.

We have also brought on to the Pavilion team a brand new Activity Director, Amy Casillas. Amy brings with her a ton of experience from various communities and we look forward to all that she will add to the Pavilion.

As we move throughout the spring, we will also be replacing our current emergency call system and adding additional lighting to the outside.

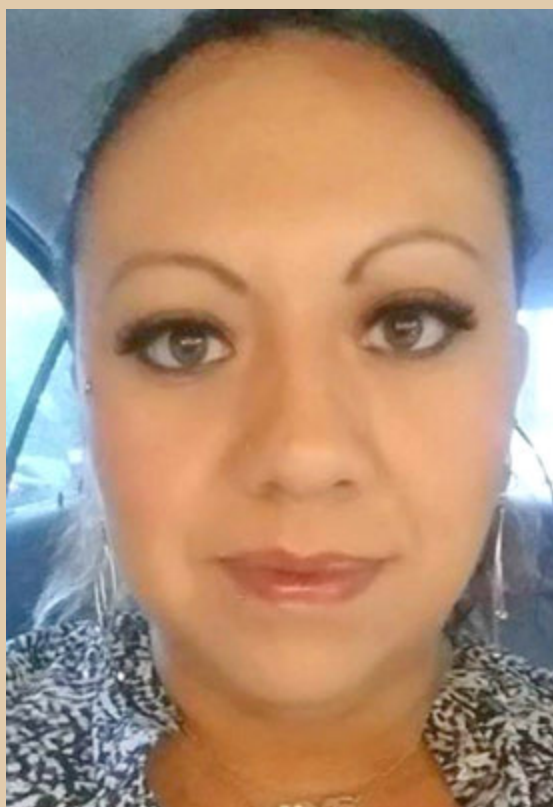
Thank you,  
Matt

## THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

This month's HEART Hero (Employee of the Month) is Med Tech HAYDEE HERMOSO. Haydee has been with The Pavilion for almost 6 years and is a very valued member of our team.

Haydee is originally from California, she is a people person and a huge animal lover. Haydee is a huge asset to our team and we congratulate her on being named March's HEART Hero.



HEART Hero for March, Haydee Hermoso

## MANAGEMENT TEAM

- Matt Ritter, *Executive Director*
- Cynica Taft, *Business Office Manager*
- Sarah Capp, *Director of Sales & Marketing*
- Tralainna Cavazos, *Dining Services Director*
- Esther Lee, *Director of Nursing Wellness*
- Roxie Bennett, *Assisted Living Director*
- Cheryl Rabb, *Memory Care Director*
- Amy Casillas, *Resident Program Director*
- Fernando Rangel, *Director of Maintenance*

TRAIN YOUR BRAIN solution

6	9	2	1	4	7	8	3	5
5	8	7	6	9	3	4	1	2
3	4	1	5	2	8	6	7	9
9	5	6	2	7	4	3	8	1
8	2	4	3	1	9	5	6	7
1	7	3	8	5	6	2	9	4
2	1	8	7	6	5	9	4	3
4	3	5	9	8	1	7	2	6
7	6	9	4	3	2	1	5	8



SENIOR LIFESTYLE



your life, your style