

Be Inspired

THE POINTE AT CEDAR PARK | a Senior Lifestyle community | CEDAR PARK, TX 78613 | 512-259-6525

THIS MONTH'S *silver star*

BARBARA: OUR VERY OWN RAY OF SUNSHINE!

Barbara brightens our world with her happy disposition and cheerfulness. Barbara participates in all of our activities. Her skill at our balloon game makes us think she was a volleyball star in her younger days, even though she says she wasn't. She also says she was not an artist, but her paintings and drawings are so good — she even surprises herself! Barbara actually worked for the airline, Braniff International, as a baggage handler.

She loved her job; especially the free travel perk. She has been blessed to travel to South America, Asia and Europe.

Barbara is the oldest of three children. She was very close to her dad and stepmother. Her stepmother was an excellent seamstress and taught Barbara to sew so well she made clothes for herself and for her two daughters.

Barbara has made lots of new friends here and is always ready to lend a hand to others. She is an amazing helper for me (Anne Marie). She helps me set up for activities and clean up afterwards and helps me organize supplies and decorations.

Another talent and joy of Barbara's is dancing! One morning, she did a "happy dance" for me that definitely made me happy! She likes to dance with some of our wheelchair-bound residents bringing smiles to their faces. Barbara also gets us all laughing with her clever sense of humor — often catching us by surprise with a comment that no one saw coming.

If you don't know Barbara yet, make sure to get to know her as she is a wonderfully happy and delightful woman with a great sense of humor and you will be blessed by her friendship.



Barbara showing off her suncatcher



Happy dance



Barbara dancing

WE'RE LOOKING FORWARD TO

dads and doug ditch the kitchen

We are looking forward to Doug's annual Barbecue for the dads. Well, at least all the guys are! Doug gave the guys a taste of his grilling skills at the Weinerfest in April, where he grilled German sausages served with potato salad and, of course, German beer.

TRAIN YOUR BRAIN

search for nations of europe

K Y H P C U F E B O X S
 R A D U V I C U N P W P
 A W I K N N L E O I D A
 M R E L A G D L T C P I
 N O A R A E A Z C E O N
 E N F R W N E R S L R Y
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 I A **B E L G I U M** N U A
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 A I N A B L A T V I A R
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 Y A U S T R I A X C S G

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|----------|---------|---------|----------|-------------|
| Albania | Denmark | Hungary | Latvia | Scotland |
| Austria | Finland | Iceland | Norway | Spain |
| Belgium | France | Ireland | Poland | Sweden |
| Bulgaria | Germany | Italy | Portugal | Switzerland |

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ACTIVITY ROOM — AR
- BACK LIVING ROOM — BLR
- BEAUTY SALON — BS
- COURTYARD — CY
- DINING ROOM — DR
- FRONT LIVING ROOM — FLR
- FRONT PORCH — FP
- RESIDENT APARTMENTS — RA
- WHOLE BUILDING — WB

BIRTHDAYS THIS MONTH

- JOYCELYN PEARSON — 1st
- STANLEY "CHAPPY" HULSEY — 4th
- CECILIA ZUNIGA — 4th (Employee)
- DORIS "DOTTIE" MCBRIDE — 10th
- PATRICIA RUSSELL — 14th (Employee)
- DOUG CORBETT — 19th (Employee)
- JENNIFER JOHNSON-DURHAM — 21st (Employee)
- BOBBIE WOODS — 23rd
- SHANTANIQUE FOSTER — 27th (Employee)

TRANSPORTATION SCHEDULE

MONDAY
9 a.m.-4 p.m.
Medical Appointments

TUESDAY
9 a.m.-4 p.m.
Medical Appointments

OFFICE HOURS

MONDAY-SUNDAY
9:30 a.m. to 6 p.m.



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| <p>10:00 ● Hymns of Faith (YouTube) AR 5</p> <p>11:00 ● Fresh Air on the Front Porch FP</p> <p>1:30 ● Resident-Led Table Games AR</p> <p>2:30 ● Ice Cream Social DR</p> <p>3:00 ● Dominoes, Your Choice Game Time AR</p> | <p>9:30 ● Exercises with Balloons AR 6</p> <p>10:30 ● Crafts with Jennifer AR</p> <p>1:15 ● Manicures BS</p> <p>2:30 ● Bingo AR</p> <p>4:00 ● Funny TikToks & Videos AR</p> | <p>9:30 ● Exercise Class: Light Weights BLR 7</p> <p>10:30 ● Wheel of Fortune AR</p> <p>1:30 ● Worship with New Hope BLR</p> <p>3:00 ● Coloring & Crafts AR</p> <p>4:00 ● Board Games AR</p> | <p>9:30 ● Devotional/Bible Study AR 1</p> <p>11:00 ● Let's Eat Lunch Out!</p> <p>1:00 ● Manicures BS</p> <p>2:30 ● Bingo AR</p> <p>6:30 ● Sleep Well with Jol BLR</p> | <p>9:30 ● Walmart Shopping Trip 2</p> <p>9:30 ● Crossword Puzzles, Word Searches & More AR</p> <p>11:15 ● National Park Virtual Tours AR</p> <p>1:30 ● Stretch Class AR</p> <p>3:00 ● Happy Hour: Sponsored by Kristen with Cedar Pointe DR</p> <p>3:30 ● Flower Power Trivia DR</p> | <p>9:30 ● Fitness Fun AR 3</p> <p>11:00 ● Activity Planning Committee Meeting AR</p> <p>1:00 ● Cool Coloring Creations AR</p> <p>2:00 ● Chef Chat with Frankie BLR</p> <p>3:00 ● Friday Movie & Munchies AR</p> | <p>10:00 ● 1st Saturday Scavenger Hunt AR 4</p> <p>11:00 ● Crafts with Jennifer AR</p> <p>1:00 ● Bingo with Jennifer AR</p> <p>2:30 ● Dominoes AR</p> <p>3:15 ● Minute to Win It AR</p> |
| <p>10:00 ● Hymns of Faith (YouTube) AR 12</p> <p>11:00 ● Fresh Air on the Front Porch FP</p> <p>1:30 ● Resident-Led Table Games AR</p> <p>2:30 ● Ice Cream Social DR</p> <p>3:30 ● Spiritual Happiness with Robert (BH Chaplain) AR</p> | <p>9:30 ● Exercises with Balloons AR 13</p> <p>10:30 ● Crafts with Anne Marie AR</p> <p>1:15 ● Manicures BS</p> <p>2:30 ● Bingo AR</p> <p>4:00 ● Funny TikToks & Videos AR</p> | <p>FLAG DAY 14</p> <p>9:30 ● Exercise Class: Light Weights BLR</p> <p>10:30 ● Word Games AR</p> <p>11:00 ● Let's Eat Out!</p> <p>1:30 ● Manicures AR</p> <p>3:00 ● Flag Day History of Our Flag AR</p> <p>4:00 ● Flag Challenge AR</p> | <p>9:30 ● Devotional/Bible Study AR 15</p> <p>10:45 ● Banagrams/Games AR</p> <p>12:00 ● Birthday Lunch Bunch AR</p> <p>1:00 ● Manicures BS</p> <p>2:30 ● Bingo AR</p> | <p>9:30 ● Walmart Shopping Trip 16</p> <p>9:30 ● Crossword Puzzles, Word Searches & More AR</p> <p>11:15 ● National Park Virtual Tours AR</p> <p>1:00 ● Stretch Class AR</p> <p>3:00 ● Happy Hour Hosted by Michelle with Aspen Hospice DR</p> <p>3:30 ● Team Challenges DR</p> | <p>9:30 ● Fitness Fun AR 17</p> <p>10:30 ● Jewelry Creations with Denise AR</p> <p>12:00 ● Dads & Doug Ditch the Kitchen CY</p> <p>1:30 ● First Responders Appreciation BBQ FP</p> <p>2:00 ● Dominoes, Uno & More AR</p> <p>3:00 ● Friday Movie & Munchies AR</p> | <p>9:15 ● Rene Is in the House AR 18</p> <p>9:30 ● Word Games AR</p> <p>10:00 ● Dominoes AR</p> <p>11:15 ● Fun Tunes with Rene FLR</p> <p>1:00 ● Dominoes AR</p> <p>2:30 ● Bingo AR</p> <p>3:30 ● Spades/Dominoes AR</p> |
| <p>FATHER'S DAY 19</p> <p>10:00 ● Hymns of Faith (YouTube) AR</p> <p>11:00 ● Fresh Air on the Front Porch FP</p> <p>1:30 ● Resident-Led Table Games AR</p> <p>2:30 ● Ice Cream Social DR</p> <p>3:30 ● Spiritual Happiness with Robert (BH Chaplain) AR</p> | <p>9:30 ● Exercises with Balloons AR 20</p> <p>9:30 ● Week of Hope: Autobiography Project AR</p> <p>10:30 ● Grass Skirt Craft AR</p> <p>1:15 ● Manicures BS</p> <p>2:30 ● Bingo AR</p> <p>4:00 ● Funny TikToks & Videos AR</p> | <p>SUMMER BEGINS 21</p> <p>9:30 ● Exercise Class: Light Weights BLR</p> <p>10:30 ● Wheel of Fortune AR</p> <p>1:30 ● Manicures AR</p> <p>3:00 ● Coloring & Crafts AR</p> <p>4:00 ● Board Games AR</p> | <p>9:30 ● Devotional/Bible Study AR 22</p> <p>10:30 ● Paper Creations with Theresa AR</p> <p>1:00 ● Manicures BS</p> <p>2:30 ● Bingo AR</p> <p>4:15 ● Prize Pile Open BS</p> | <p>9:00 ● H-E-B Shopping Trip 23</p> <p>9:30 ● Crossword Puzzles, Word Searches & More AR</p> <p>11:00 ● Eric Jorns on the Piano FLR</p> <p>1:30 ● Stretch Class AR</p> <p>3:00 ● Happy Hour with Lysa From Beacon Hospice DR</p> <p>3:00 ● Live Music with Madison DR</p> | <p>9:30 ● Fitness Fun AR 24</p> <p>10:30 ● Crafts with Anne Marie AR</p> <p>1:00 ● Cool Coloring Creations AR</p> <p>2:00 ● Culinary Creations with Frankie DR</p> <p>3:00 ● Friday Movie & Munchies AR</p> | <p>10:00 ● Let's Get Moving AR 25</p> <p>11:00 ● Crafts with Jennifer AR</p> <p>1:00 ● Bingo with Jennifer AR</p> <p>2:30 ● Dominoes AR</p> <p>3:15 ● Minute to Win It AR</p> |
| <p>10:00 ● Hymns of Faith (YouTube) AR 26</p> <p>11:00 ● Fresh Air on the Front Porch FP</p> <p>1:30 ● Resident-Led Table Games AR</p> <p>2:30 ● Ice Cream Social DR</p> <p>3:30 ● Dominoes AR</p> | <p>9:30 ● Exercises with Balloons AR 27</p> <p>9:30 ● Week of Hope: Autobiography Project AR</p> <p>10:30 ● Hawaiian Mask Craft AR</p> <p>1:15 ● Manicures BS</p> <p>2:30 ● Bingo AR</p> <p>4:00 ● Funny TikToks & Videos AR</p> | <p>9:30 ● Exercise Class: Light Weights BLR 28</p> <p>10:30 ● Hawaiian Jeopardy AR</p> <p>1:30 ● Manicures AR</p> <p>3:00 ● Coloring & Crafts AR</p> <p>4:00 ● Board Games AR</p> | <p>9:30 ● Devotional/Bible Study AR 29</p> <p>10:30 ● Painting with Whitney AR</p> <p>1:00 ● Manicures BS</p> <p>2:30 ● Bingo AR</p> <p>4:00 ● Monopoly AR</p> | <p>9:30 ● Crossword Puzzles, Word Searches & More AR 30</p> <p>9:30 ● Target Shopping Trip</p> <p>1:30 ● Stretch Class AR</p> <p>3:00 ● Hawaiian Luau Happy Hour DR</p> <p>3:30 ● Hawaiian Jeopardy Team Challenge DR</p> | <p>"If you're grateful, you can find happiness in everything." —Pharrell Williams</p> | |

RECAP: HOW WE STAYED CONNECTED THIS MONTH

cinco de mayo happy hour brought everyone together!

We had a fantastic turnout for our Cinco de Mayo Happy Hour! Kristen with Cedar Pointe brought amazing decorations! Our very own Chef Frankie really outdid himself, creating a beautiful array of traditional Mexican appetizers. And Chef Jenn made a salted caramel topping for the churros that was out of this world! Of course their homemade guacamole is always everyone's favorite. We had original and strawberry margaritas along with tequila tasting in the cutest little margarita glasses. ¡Salud!



THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION,
RESPECT, TEAMWORK

We are so excited that NATALIA joined our staff as a caregiver this winter! She consistently goes beyond expectations, works diligently, is helpful to everyone, and has helped create a strong team that supports each other.

Born and raised Texan, Natalia Hernandez spent her youth living all over the state: Alvin, Arlington, Laredo, McAllen are just a few places. She was raised by her mom, Mary Sandoval, with a little help from all nine of her mother's brothers and sisters. Despite having a lot on her shoulders, her mom always made time to encourage Natalia's passions and interests which include being outdoors (camping and hiking); music (choir, saxophone and guitar); and sports (baseball, soccer and basketball)! She still enjoys all of those, but these days she finds herself practicing archery, going to the shooting range (bolt actions are a favorite of hers), relaxing by bowling or watching our own Texas Roller Derby girls! And she enjoys all these with her partner in crime: her fiancé Brett. This Oct. 31 will mark five years together. They met through a merchandising job where they traveled coast to coast. Between the 12-14 hour shifts, plane rides and minimal sleep some days, they found themselves leaning on each other and growing closer. Natalia was able to experience a lot over the years and is so grateful Brett was and is by her side for life. Three and half years ago he pushed Natalia to try working at The Court at Round Rock. On Feb. 7, Natalia transferred to The Pointe and we are so delighted she did! She loves working here because of our great residents and wonderful staff and management.



IT'S OUR
PLEASURE TO
SERVE YOU ...
*word from your
leadership
team*

GETTING BETTER EVERY DAY!

We are so excited about the changes that have been happening at the Pointe. Our facility has been getting some needed updates, some you cannot see, but will enjoy (a new washing machine and a new dishwasher, along with some needed upgrades to other systems), and some you do see, such as the beautiful arrangements of flowers around the common areas.

We are also excited our Executive Director, Jessica, is building a strong team that supports each other, enjoys working with each other and especially enjoys working with our amazing residents.

MANAGEMENT TEAM

Jessica Garza, *Executive Director*
Doug Corbett, *Business Office Manager*
Frankie Torres, *Dining Services Director*
Miguel Montanez, *Director of
Plant Operations*
Anne Marie Ray, *Resident
Program Director*

TRAIN YOUR BRAIN solution



SENIOR
LIFESTYLE



your life, your style