

# Be Inspired

REGAL ESTATES OF LEAGUE CITY | a Senior Lifestyle community | LEAGUE CITY, TX 77573 | 281-538-5993

## THIS MONTH'S *silver star*

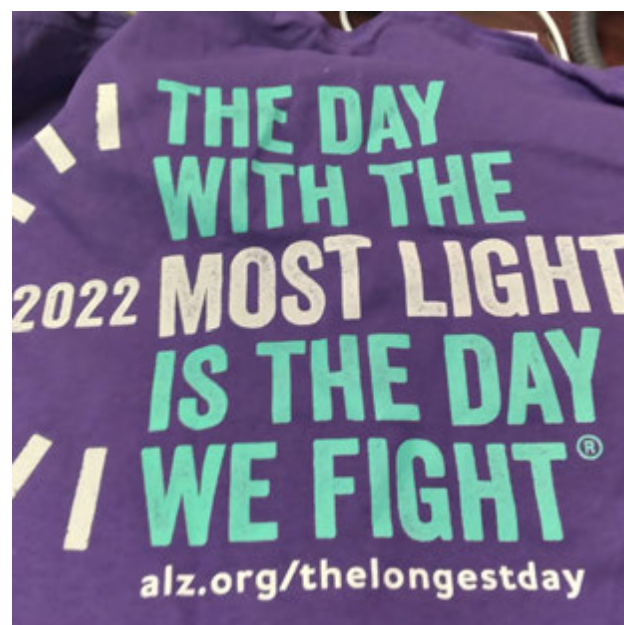
ANGELIA (ANGIE) BOWEN IS OUR SILVER STAR FOR THE MONTH

Regal Estates of League City proudly announces Mrs. Angelia (Angie) Bowen as our Silver Star of the Month of June 2022. Mrs. Bowen is a beautiful resident both inside and out. She enjoys painting, a good book, getting her hair and nails done, spending time with her family and traveling. Her travels have taken her to Italy, Greece, Germany, South America and even Central America just to name a few. Mrs. Bowen has also lived all over Texas. Mrs. Bowen is a legal secretary, bookkeeper and has also owned and operated her own business. Angie has belonged to a Country Club and played the violin; she's owned three dogs and they were all called Babe. Mrs. Angie is a true treasure and we enjoy her here at Regal Estates of League City as our Silver Star of June. So when you see her in the Community give her a round of applause.



## WE'RE LOOKING FORWARD TO *the longest day alzheimer's awareness walk june 2022*

On June 21, we will have our Longest Day Event, where we will walk to show our support for Alzheimer's research. We often have residents, family, friends and even our own selves who are being affected by this disease. This disease does not discriminate and we need to assist and raise funds to assist in doing research and finding cures or ways to slow down the progression of this disease. This disease affects millions of people on a daily basis. Memory loss, dementia, depression and even death are associated with this disease. That is why it is so important for us to raise awareness and help find a cure or at least slow down the progression of this disease. That is why we at Regal Estates of League City will walk and help raise funds to contribute to the Alzheimer's Association..



TRAIN  
YOUR  
BRAIN  
*search for  
nations  
of europe*

K Y H P C U F E B O X S  
R A D U V I C U N P W P  
A W I K N N L E O I D A  
M R E L A G D L T C P I  
N O A R A E A Z C E O N  
E N F R W N E R S L R Y  
D D I S D R C X Y A T N  
I A **B E L G I U M** N U A  
T D N A L E R I S D G M  
A I N A B L A T V I A R  
L D N A L T O C S S L E  
Y A U S T R I A X C S G

Albania  
Austria  
Belgium  
Bulgaria  
Denmark  
Finland  
France  
Germany  
Hungary  
Iceland  
Ireland  
Italy  
Latvia  
Norway  
Poland  
Portugal  
Scotland  
Spain  
Sweden  
Switzerland

BE INSPIRED

- CONNECT    ● GROW
- CONTRIBUTE    ● MOVE
- FEEL    ● REFLECT

LOCATIONS

- ACTIVITIES ROOM — AR
- BILLIARDS ROOM — BR
- BRAIN HEALTH UNIVERSITY — BHU
- COURTYARD DINING ROOM — CDR
- DINING ROOM — DR
- FORMAL DINING ROOM — FDR
- GYM — Gym
- LIBRARY — LB
- LOBBY — L
- MULTIPURPOSE ROOM — MPR
- OUTSIDE — OS
- PERSONAL APARTMENT — PA
- SMALL DINING ROOM — SDR
- THE LANDING — TL
- TRIP — T
- TV LOUNGE — TVL

BIRTHDAYS THIS MONTH

- DONNA S. — 2nd
- BILL M. — 2nd
- ELEANOR S. — 4th
- CAROL R. — 22nd
- CAROL O. — 24th
- NORMA Z. — 25th
- ANNE N. — 26th

TRANSPORTATION SCHEDULE

- TUESDAY  
9:30 a.m.-3 p.m.  
Doctor Appointments
- THURSDAY  
9:30 a.m.-3 p.m.  
Doctor Appointments



<p>9:30 ● Spiro 100   MPR 5</p> <p>10:00 ● Joel Osteen TV Service   TVL</p> <p>1:00 ● Movie: "The Guilt of Janet Ames"   MPR</p> <p>2:30 ● Doggie Playdate   OS</p> <p>3:00 ● Left, Center, Right (Dice Game)   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 6</p> <p>10:00 ● On the Trail Snacks   MPR</p> <p>10:30 ● Meet and Greet with Friends   MPR</p> <p>1:00 ● Shooting Hoops   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 7</p> <p>10:00 ● Community Prayer   MPR</p> <p>1:00 ● Campfire Stories   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:00 ● Bingo From Your Room (Win a Prize)   PA 1</p> <p>9:30 ● Spiro 100   MPR</p> <p>10:00 ● Pop-Up Shop   L</p> <p>1:00 ● Camping Songs   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 2</p> <p>10:00 ● Bible Study with Carolyn   MPR</p> <p>10:00 ● Coffee Talk   L</p> <p>1:00 ● Birthday Celebration/ Music by Steve   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:30 ● All About Activities Meeting   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Walmart   T 3</p> <p>9:30 ● Spiro 100   MPR</p> <p>10:00 ● Boston Blackie (Marathon)   MPR</p> <p>10:00 ● 10 Things to Know About Shavuot Day   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:30 ● Cocktail Hour   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 4</p> <p>1:00 ● Movie: "The Baroness and the Butler"   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:00 ● Chocolate Chip Cookies   L</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>
<p>9:30 ● Spiro 100   MPR 12</p> <p>10:00 ● Joel Osteen TV Service   TVL</p> <p>1:00 ● Show: "Three Stooges"   MPR</p> <p>3:00 ● Left, Center, Right (Dice Game)   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 13</p> <p>10:00 ● On the Trail Snacks   MPR</p> <p>10:30 ● Meet and Greet with Friends   MPR</p> <p>1:00 ● Regal Hunt   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>FLAG DAY 14</p> <p>9:30 ● Spiro 100   MPR</p> <p>10:00 ● Community Prayer   MPR</p> <p>1:00 ● Bean Bag Toss   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:00 ● Resident Council Meeting   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 15</p> <p>9:30 ● Men's Outing (IHOP)   T</p> <p>10:00 ● Pop-Up Shop   L</p> <p>10:30 ● Regal Search   MPR</p> <p>1:00 ● Camping Songs   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 16</p> <p>10:00 ● Bible Study with Carolyn   MPR</p> <p>10:00 ● Coffee Talk   L</p> <p>1:00 ● The Mark Sheppard Hour   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:00 ● Cross-Training Cross Words   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 17</p> <p>9:30 ● H-E-B   T</p> <p>1:00 ● Make Jell-O Shots   AR</p> <p>2:00 ● Bingo   DR</p> <p>3:00 ● Father's Day Celebration   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 18</p> <p>1:00 ● Movie: "Sherlock Holmes: Finger at the Window"   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:00 ● Rigol   MPR</p> <p>3:00 ● Peanut Butter Cookies   L</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>
<p>FATHER'S DAY 19</p> <p>9:30 ● Spiro 100   MPR</p> <p>10:00 ● Joel Osteen TV Service   TVL</p> <p>1:00 ● Movie: "Charlie Chan: Castle in the Desert"   MPR</p> <p>2:30 ● Doggie Playdate   OS</p> <p>3:00 ● Left, Center, Right (Dice Game)   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 20</p> <p>10:00 ● On the Trail Snacks   MPR</p> <p>10:30 ● Meet and Greet with Friends   MPR</p> <p>1:00 ● Shooting Hoops   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>SUMMER BEGINS 21</p> <p>9:30 ● Spiro 100   MPR</p> <p>10:00 ● Community Prayer   MPR</p> <p>10:30 ● Longest Day of the Year Celebration   OS</p> <p>1:00 ● Entertainment: Mark Sheppard   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:15 ● Town Hall Meeting   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 22</p> <p>9:30 ● Outing (Cracker Barrel)   T</p> <p>10:00 ● Pop-Up Shop   L</p> <p>1:00 ● Food Committee Meeting   SDR</p> <p>1:00 ● Camping Songs   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 23</p> <p>10:00 ● Bible Study with Carolyn   MPR</p> <p>10:00 ● Coffee Talk   L</p> <p>1:00 ● Bedazzling Flip-Flops   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:00 ● Horseshoes   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 24</p> <p>9:30 ● Dollar General   T</p> <p>2:00 ● Bingo   DR</p> <p>3:30 ● Cocktail Hour   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 25</p> <p>1:00 ● Movie: "Scotland Yard Investigator"   MPR</p> <p>2:00 ● Bingo   DR</p> <p>3:00 ● White Chocolate Chip Macadamia Nut Cookies   L</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>
<p>9:30 ● Spiro 100   MPR 26</p> <p>10:00 ● Joel Osteen TV Service   TVL</p> <p>1:00 ● Movie: "Boston Blackie Rendezvous"   MPR</p> <p>3:00 ● Left, Center, Right (Dice Game)   MPR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 27</p> <p>10:00 ● On the Trail Snacks   MPR</p> <p>10:30 ● Meet and Greet with Friends   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 28</p> <p>10:00 ● Community Prayer   MPR</p> <p>1:00 ● Painting Vacation Signs   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 29</p> <p>10:00 ● Pop-Up Shop   L</p> <p>1:00 ● Camping Songs   MPR</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>9:30 ● Spiro 100   MPR 30</p> <p>10:00 ● Bible Study with Carolyn   MPR</p> <p>10:00 ● Coffee Talk   L</p> <p>2:00 ● Bingo   DR</p> <p>6:00 ● Mexican Train (Dominoes)   TVL</p>	<p>"If you're grateful, you can find happiness in everything." —Pharrell Williams</p>	

RECAP: HOW WE STAYED CONNECTED THIS MONTH

# cinco de mayo, mother's day and memorial day! oh my!

This month was full of fun and adventure as we celebrated and remembered our love ones. We had margaritas and nachos for Cinco de Mayo, Mimosas and Moms and then the greatest event of all, Saluting Our Veterans and their families for their contributions, dedication and heroism, which allow us the freedom to be here. All gave some, some gave all.



### IT'S OUR PLEASURE TO SERVE YOU ...

## word from your leadership team

WORDS FROM OUR EXECUTIVE DIRECTOR, LAKEYA PATTERSON

We had so much fun at our senior prom and looking forward to honoring our veterans! Our Mother's Day Tea went well; we enjoyed our super not-so-hard Mother's Day trivia as our residents' answers were correct and swift! We will also celebrate our fathers with a "guys only" event! Again, families please continue to wear your masks to help keep the spread of COVID-19 down. We are super excited to welcome our new residents and staff!

Best regards!



### MANAGEMENT TEAM

- Lakeya Patterson, *Executive Director*
- Lisa L. Porter, *Director of Resident Programs*
- Jonathan Tannehill, *Business Office Manager*
- Veronica Anthony, *Director of Sales & Marketing*
- Gregory Peak, *Dining Services Director*
- Sunday Hernandez, *Director of Plant Operations*
- Andi Perales, *Health and Wellness Director*
- Julie Froese, *Resident Care Coordinator*

### THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

The Regal Estates of League City Heart HEART Hero for June 2022 is GABRIELLA (GABBY) RAMIREZ. Gabby has been with the company for only three months, but she's made a major impact on our lives with her big heart! She helps any and everyone willingly, always smiling, caring, loving, sweet calm spirit and I could just go on for days about how great Gabby is. In her spare time she likes to go out to eat, coloring and spending time with her family. She is loved by the residents and appreciated by the staff. It is for these reasons Gabby has been chosen as Our HEART Hero.

Thank you for all that you do! Thanks for choosing Regal Estates of League City.



### TRAIN YOUR BRAIN solution

