the AUGUST 2019 newsletter

Remington House

INDEPENDENT LIVING & PERSONAL CARE

1504 RENAISSANCE DRIVE | CONYERS, GA 30012 | 770-761-4888

IT'S OUR PLEASURE TO SERVE YOU word from your executive director

MAKE JOY YOUR COMPANION

The value of a smile is often underestimated. If you agree that it is quite important to smile even when you just wake up each day, it may change your outlook on your life and those around you. Consider the fact that you woke up! This is not a small thing, because so many others did not wake up today. Isn't it great that you woke up? So smile. Then look around and if someone is there, smile at them. For so many people, someone dear to them did not wake up today. Wow, it's a great day. Then go out and look at the trees and other things nature has provided us. How wonderful! A smile is a sign of joy, so let's make joy our companion and share it with others as we embrace it for ourselves. Our Remington House staff is committed to helping you find reason to smile each day.



THIS MONTH'S silver stars

MR. AND MRS. LELAND AND MARIE DAVIS

Mr. Davis was born in Atlanta, Ga. and Mrs. Davis was born in Pinehurst, Ga. Marie was raised in the Georgia Baptist Children's Home, in Atlanta, Ga., and Lee was raised on a Dairy Farm in Atlanta, Ga. They met in Hapeville High School. They married in August 1953 at the Georgia Baptist Children's Home. Leland has one sister who is 90 and a brother who is 83. Marie had two sisters and one brother, all of them are deceased. Mr. and Mrs. Davis will celebrate



Mr. and Mrs. Leland and Marie Davis

their 66th wedding anniversary on Aug. 7, 2019. They have lived in New Orleans; Miami, Fla.; Atlanta, Ga.; New London, Conn.; Port Angeles, Wash., Seattle, Wash.; Astoria, Ore.; Honolulu, Hawaii; Governors Island, N.Y.; and Panama City Beach, Fla. Mr. and Mrs. Davis have two daughters, Donna and Karen, and one son, Terrell, and they live in Dubuque, Iowa; Conyers, Ga.; and Pensacola, Fla. They are the proud grandparents of 12 grandchildren and 12 great-grandchildren. Lee retired as a Medical Administrator from active duty in the Coast Guard after 25 years of service. Lee also retired from St. Paul Insurance as a safety inspector. Marie worked at Southern Bell, was a bank secretary and was also a homemaker. Their travels included cruises to the Caribbean Islands and a visit to Hawaii. Marie's favorite destination was Connecticut, while Lee's favorite was Governors Island, N.Y. While they both sang in choral groups, Marie plays the clarinet and the violin, and Lee plays the piano. They both enjoy listening to church hymns. Their daughter, Karen, has been a volunteer with us for several years and conducts our Gospel Singalong each month. We are happy to have her parents join our family.

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TRAIN YOUR BRAIN search for bugs

Trunetta Reese

calendar&activities AUG 2019	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<pre>independent living & personal care BE INSPIRED Output Output</pre>			BINGO MONDAY 9:30-10 a.m. Activities Room TUESDAY 2-2:45 p.m. Activities Room	STORE THURSDAY 10:15-10:45 a.m. Activities Room FRIDAY 1:30-1:45 p.m. Activities Room	10:00 Crafts AAR 1 11:00 Chair Toning RDR 11:35 Chair Toning KDR 1:30 Card Game 21 AGR 2:40 Rummikub RDR 4:00 Word in a Word RTVR 6:00 Movie T 6:15 Bingo KDR	9:15 • Walmart Store 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • 21 Card Game AGR 2:00 • X Game ADR 3:15 • De-Stress Coloring RDR 4:00 • Wii Bowling ATVR 4:00 • Rummikub RDR	9:30 • The Barista ADR 3 2:00 • T Game ADR 2:00 • Poker R2FL 3:15 • Wii Bowling ATVR 3:30 • Wii Bowling KTVR
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ROOM — <i>ATVR</i> COURTYARD — <i>CY</i> DIPLOMAT CHAPEL — <i>DC</i> KINGSTON DINING ROOM — <i>KDR</i> KINGSTON TV ROOM — <i>KTVR</i> REGENCY 2ND FLOOR LOBBY — <i>R</i> 2 <i>FL</i> RENAISSANCE DINING ROOM — <i>RDR</i> RENAISSANCE TV	10:00 • Chapel Service DC 11 1:30 • Worship Service RTVR 2:00 • Wii Bowling ATVR 2:30 • Movie T 3:00 • Trivia RTVR	9:15 • The Barista ATVR 12 10:00 • Four Corners RDR 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • Card Game 21 AGR 3:00 • Wii Bowling ATVR 4:00 • What Am I? Trivia ATVR	10:00 Bible Study RTVR 13 11:00 Chair Toning RDR 11:35 Chair Toning KDR 1:30 21 Card Game AGR 2:00 Crafts AAR 3:00 Welcome New Residents' Reception ADR 4:00 "Family Feud" T 6:00 Big Picture Frame ADR	 9:15 • Kroger/ Dollar Tree 10:00 • The Barista ATVR 10:00 • Independent Residents' Council Meeting CR 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • Card Game 21 AGR 2:30 • Rummikub KTVR 3:00 • Gospel Singalong DC 4:00 • Word in a Word KTVR 	10:00 Crafts AAR 15 11:00 Chair Toning RDR 11:35 Chair Toning KDR 1:30 Card Game 21 AGR 2:40 Rummikub RDR 4:00 Word in a Word RTVR 6:00 Movie T 6:15 Bingo KDR	9:15 • Walmart Store 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • 21 Card Game AGR 2:00 • X Game ADR 3:15 • De-Stress Coloring RDR 4:00 • Wii Bowling ATVR 4:00 • Rummikub RDR	9:30 • The Barista ADR 2:00 • T Game ADR 2:00 • Poker R2FL 3:15 • Wii Bowling ATVR 3:30 • Wii Bowling KTVR
ROOM – <i>RTVR</i> THEATER IN REGENCY BUILDING – <i>T</i> TRANSPORTATION SCHEDULE MONDAY & WEDNESDAY g a.m1 p.m. Medical Transportation	 10:00 • Chapel Service DC 10:30 • Sunday Morning Service KTVR 1:30 • Worship Service RTVR 2:00 • Wii Bowling ATVR 2:30 • Movie T 3:00 • Trivia RTVR 	9:15 • The Barista ATVR 10:00 • Four Corners RDR 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • Card Game 21 AGR 2:00 • Music with Kathy RTVR 3:00 • Wii Bowling ATVR 4:00 • Who Am I? ATVR	10:00 Bible Study RTVR 20 11:00 Chair Toning RDR 11:35 Chair Toning KDR 1:30 21 Card Game AGR 2:00 Crafts AAR 3:00 Kingston Town Hall Meeting KTVR 4:00 "Family Feud" T 6:00 Big Picture Frame ADR	9:15 • Publix Store on Milstead 21 10:00 • The Barista ATVR 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • Card Game 21 AGR 2:30 • Rummikub KTVR 3:00 • Gospel Singalong DC 4:00 • Word in a Word KTVR	10:00 Crafts AAR 22 11:00 Chair Toning RDR 11:35 Chair Toning KDR 1:30 Card Game 21 AGR 2:40 Rummikub RDR 4:00 Word in a Word RTVR 6:00 Movie T 6:15 Bingo KDR	9:15 • Walmart Store 23 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • 21 Card Game AGR 2:00 • X Game ADR 3:15 • De-Stress Coloring RDR 4:00 • Wii Bowling ATVR 4:00 • Rummikub RDR	9:30 • The Barista ADR 24 11:00 • UNO Game KTVR 2:00 • T Game ADR 3:15 • Wii Bowling ATVR 3:30 • Wii Bowling KTVR
WEDNESDAY 9:15 a.m. Shopping At Publix Or Kroger FRIDAY 9:15 a.m. Walmart Activities are subject to change	10:00Chapel Service DC251:30Worship Service RTVR2:00Wii Bowling ATVR2:30Movie T3:00Trivia RTVR	9:15 • The Barista ATVR 26 10:00 • Four Corners RDR 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • Card Game 21 AGR 3:00 • Wii Bowling ATVR 4:00 • What Am I? Trivia ATVR	10:00 Bible Study RTVR 27 11:00 Chair Toning RDR 11:35 Chair Toning KDR 1:30 21 Card Game AGR 2:00 Crafts AAR 3:00 Renaissance Town Hall Meeting RTVR 4:00 "Family Feud" T 6:00 Big Picture Frame AAR	9:15 • Kroger/ Dollar Tree 28 10:00 • The Barista ATVR 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • Card Game 21 AGR 2:30 • Rummikub KTVR 4:00 • Word in a Word KTVR	10:00 Crafts AAR 29 11:00 Chair Toning RDR 11:35 Chair Toning KDR 1:30 Card Game 21 AGR 2:40 Rummikub RDR 4:00 Word in a Word RTVR 6:00 Movie T 6:15 Bingo KDR	 9:15 • Walmart Store 30 11:00 • Chair Toning RDR 11:35 • Chair Toning KDR 1:30 • 21 Card Game AGR 2:00 • X Game ADR 3:15 • De-Stress Coloring RDR 4:00 • Wii Bowling ATVR 4:00 • Rummikub RDR 	9:30 • The Barista ADR 31 2:00 • T Game ADR 2:00 • Poker R2FL 3:15 • Wii Bowling ATVR 3:30 • Wii Bowling KTVR

EVENT RECAP the fourth of july

Our Fourth of July event kept our residents quite busy beginning with the patriotic music in the morning and the annual Watermelon Seed Spitting Contest in the afternoon.

This year, our 1st Place Winner was Mr. Tom Nesbitt, 2nd Place Winner was Mr. Don Holland and 3rd Place Winner was Ms. Robin Jackson.

Our audience enjoyed the event as they cheered and munched on delicious watermelon. Next, Sylvia served us refreshing snow cones in our choice of flavors. Moving on, we had our Country Front Porch Singalong with a surprise appearance by Mrs. Mary Cone and her happy fingers. After a pause from dinner, we moved to the Theatre to watch a movie and then to the Kingston to play bingo. Wow, it was a Happy Fourth of July.

THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE, APPRECIATION, RESPECT, TEAMWORK

This month's HEART Hero is ALANNA CARR, our new Concierge. Although Alanna has been with us only a short time, she has already proven that she understands the concept of teamwork. Alanna is a native of Brooklyn, N.Y., an only child and has a beautiful three-year-old daughter. Alanna is currently studying



Alanna Carr

to become a medical assistant, then go on to veterinarian school. Alanna enjoys studying classwork for school, taking her daughter to explore new things, and traveling with friends and family. As Concierge, Alanna has an opportunity to interact with the residents and help them at various times. By doing so, she has a chance to do her best and sometimes go beyond what she thought her abilities would allow. Alanna would like for everyone to know that she is a loving and caring person and will always make our residents her number one priority at all times.

Alanna believes it is important to greet everyone with a smile — it is contagious and goes a long way. It can make a difference in someone's day. Alanna believes in always going the extra mile for anyone in need. Alanna wants to make sure the residents feel loved and safe. She also looks forward to being able to spend time with them individually and learn as much as possible from them.

Thank you Alanna, for all you do.



Winners of Watermelon Seed Spitting Contest: Tom 1st., Don 2nd, & Robin 3rd



Old Time Singalong

JOIN US THIS MONTH FOR *picnic at turner lake*

Join us this month for our trip to Turner Lake in Newton County. Our plan is to enjoy the park. More information soon.



Turner Lake Picnic

MANAGEMENT TEAM

Trunetta Reese, Executive Director Soni Browne, Director of Resident Programs Veronica Lindsay, Business Office Manager Leslie Piper, Director of Sales & Marketing Kaye Penn, Dining Services Director Jennifer Williams-Owens, Health and Wellness Director Mario Thomas, Director of Maintenance

TRAIN YOUR **BRAIN** *solution*

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