

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ARTS AND CRAFTS STUDIO — AC
- ATRIUM — ATR
- AUDITORIUM — ADT
- BILLIARDS ROOM — BR
- CHAPEL — CPL
- CONFERENCE ROOM — CR
- DINING ROOM — DR
- FITNESS CENTER — FC
- LIBRARY — LB
- POOL LAWN — PL
- SOCIAL HOUR AREA — SHA
- TERRACE LOUNGE — TL
- TV ROOM — TV

TRANSPORTATION SCHEDULE

- TUESDAY 9 AND 11 A.M.
Madeira Kroger and CVS
- TUESDAY 2:30 P.M.
Banks in Madeira & Kenwood
- TUESDAY LEAVE AT 1 P.M., PICKUP FROM MALL AT 2 AND 3 P.M.
Kenwood Towne Centre
- WEDNESDAY JUNE 28 AT 10 A.M.
Target and Meijer
- WEDNESDAY JUNE 14 AT 10 A.M.
Dillonvale Shopping Center
- WEDNESDAY JUNE 7 AT 10 A.M.
Walmart
- WEDNESDAY JUNE 21 AT 10 A.M.
Kohl's, JCPenney, Michaels
- FRIDAY 9:30 A.M.
Montgomery Kroger
- SATURDAY 12:45 AND 1:45 P.M.
Madeira Kroger and CVS
- SUNDAY 12:45 AND 1:45 P.M.
Kenwood Towne Centre

CHANGING SEASON STYLING SALON

TUESDAY - SATURDAY
 8:30 a.m.-5 p.m., 791-0222

www.SeniorLifestyle.com
 Activities are subject to change



BIRTHDAYS THIS MONTH

EVELYN MARGOLIS — 4th
 JUNE WEINHART — 7th
 CLARENCE HAMMEL — 8th
 KAY CAESAR — 8th
 JOAN DUSEBOUT — 9th
 JEAN POPE — 12th

HARRIET BLUMENTHAL — 13th
 JUANITA STORK — 13th
 MARY EMMERT — 14th
 KATHE KELLAR — 16th
 MARV WICK — 21st
 JAYNE KULLE — 22nd

MARY WINKLER — 23rd
 IRV BASS — 24th
 SANDY ZAFT — 25th
 ILENE NESS — 28th
 BILL PHIPPS — 30th
 MARY PAPADOPETROS — 30th

- 10:30 ● Catholic Service at the Courtyard 4
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● Pinochle and Euchre | SHA
- 2:00 ● Movie Matinee | TV
- 2:30 ● Protestant Service at the Courtyard
- 5:45 ● Pizza Party | ATR
- 6:00 ● Music by Wild Honey Band | ATR
- 7:00 ● Seasons Cinema | TV

- 10:00 ● Pelvic Exercise Class | ADT 5
- 10:00 ● Tour of Rookwood Pottery & Lunch at Taft Ale
- 11:00 ● Protestant Service | CPL
- 12:30 ● Arts and Crafts | AC
- 3:30 ● Social Hour | SHA
- 7:00 ● Classical Music with Vince Phelan & Rick Hagee | ATR

- 9:30 ● Blood Pressure Clinic | SHA 6
- 10:00 ● Catholic Mass at Seasons | ADT
- 11:00 ● Chair Volleyball | ATR
- 1:00 ● Shopping at Rookwood & Whole Foods
- 2:00 ● Bingo | AC
- 4:00 ● Wine and Beer Social | ATR
- 6:30 ● Blue Ash Concert The Klüberheads
- 7:00 ● Game Night Left, Right, Center | SHA

- 10:00 ● Low Impact Exercise | ADT 7
- 10:00 ● News and Views | AC
- 12:00 ● Volunteer at Matthew 25 Ministries
- 1:00 ● Mind Games | ATR
- 2:00 ● Women's Bible Study | AC
- 2:00 ● Pool Sharks for Men | BR
- 2:00 ● Round Robin Social Bridge | TL
- 7:00 ● Mexican Train Dominoes | SHA

- 10:00 ● Low Impact Exercise Class | ADT 1
- 10:30 ● Ladies' Lunch at French Crust Bistro
- 11:00 ● Catholic Communion | CPL
- 1:00 ● Painting Class with Resident Artist Rhea Preschel | AC
- 3:30 ● Social Hour | SHA
- 4:00 ● Choir From Calvary UMC in Tennessee | ATR
- 7:00 ● Eclectic Four Men's Quartet | ATR

- 9:30 ● Shopping at Montgomery Kroger 2
- 10:00 ● Yoga Class with Linda Becker | ADT
- 11:15 ● Diane Shields Doris Day | ADT
- 1:30 ● Everything Strawberries with Jill | AC
- 4:15 ● Sabbath Eve Service | CPL
- 7:00 ● Seasons Cinema | TV

- 10:00 ● Low Impact Exercise Class | ADT 3
- 11:00 ● Chair Volleyball with Cliff | ATR
- 11:00 ● Pool Sharks for Men | BR
- 11:30 ● Reds Mascot & Picnic Lunch | PL
- 12:45 ● Madeira Kroger
- 1:45 ● Madeira Kroger
- 2:00 ● Bingo | AC
- 7:00 ● Seasons Cinema | TV

- 10:30 ● Catholic Service at the Courtyard 11
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● Movie Matinee | TV
- 2:00 ● Pinochle and Euchre | SHA
- 3:30 ● Protestant Service at the Courtyard
- 6:00 ● Bone Voyage Band | ATR
- 7:00 ● Seasons Cinema | TV

- 10:00 ● Chair Dancing with Kate | ADT 12
- 11:00 ● Protestant Service | CPL
- 12:00 ● Lunch & Learn Comic Strip Dads | ADT
- 12:30 ● Arts and Crafts | AC
- 2:00 ● Writing Group Everyone Welcome! | CR
- 3:30 ● Social Hour | SHA
- 7:00 ● Diane Shields Grandma Moses | ADT

- 9:30 ● Blood Pressure Clinic | SHA 13
- 10:00 ● Low Impact Exercise | ADT
- 11:00 ● Chair Volleyball | ATR
- 2:00 ● Bingo | AC
- 3:00 ● Town Hall Everyone Welcome! | ADT
- 4:00 ● Wine and Beer Social | ATR
- 4:00 ● Music with Julie Clifford | ATR
- 6:30 ● Blue Ash Concert Maple Knoll Big Band
- 7:00 ● Game Night Left, Right, Center | SHA

- FLAG DAY 14
- 10:00 ● Low Impact Exercise | ADT
- 10:00 ● News and Views | AC
- 1:00 ● Mind Games | ATR
- 2:00 ● Women's Bible Study | AC
- 2:00 ● Pool Sharks for Men | BR
- 2:00 ● Round Robin Social Bridge | TL
- 4:00 ● Dinner at the Senate
- 7:00 ● Mexican Train Dominoes | SHA

- 10:00 ● Low Impact Exercise Class | ADT 15
- 11:00 ● Catholic Communion | CPL
- 11:30 ● Tour & Lunch at Findlay Market
- 1:00 ● Painting Class with Resident Artist Rhea Preschel | AC
- 3:30 ● Happy Hour Hosted by the Courtyard | SHA
- 7:00 ● The Sociables | ATR

- 9:30 ● Shopping at Montgomery Kroger 16
- 10:00 ● Yoga Class with Linda Becker | ADT
- 10:00 ● Birthday Brunch | SHA
- 4:15 ● Sabbath Eve Service | CPL
- 5:30 ● Father's Day Dinner & Entertainment | ADT
- 7:00 ● Seasons Cinema | TV

- 10:00 ● Low Impact Exercise Class | ADT 17
- 11:00 ● Chair Volleyball with Cliff | ATR
- 11:00 ● Pool Sharks for Men | BR
- 11:00 ● Greeting Card Class with Blaise | AC
- 12:45 ● Madeira Kroger
- 1:45 ● Madeira Kroger
- 2:00 ● Bingo | AC
- 7:00 ● Seasons Cinema | TV

- FATHER'S DAY 18
- 10:30 ● Catholic Service at the Courtyard
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● Movie Matinee | TV
- 2:00 ● Pinochle and Euchre | SHA
- 2:00 ● College Conservatory of Music Performance | ATR
- 7:00 ● Seasons Cinema | TV

- 10:00 ● Pelvic Exercise Class | ADT 19
- 11:00 ● Protestant Service | CPL
- 12:30 ● Arts and Crafts | AC
- 1:00 ● Graeter's in OTR
- 3:30 ● Social Hour | SHA
- 7:00 ● Music with Jeanne Phillips | ATR

- SUMMER BEGINS 20
- 9:30 ● Blood Pressure Clinic | SHA
- 11:00 ● Chair Volleyball | ATR
- 1:30 ● Book Group | CR
- 2:00 ● Bingo | AC
- 4:00 ● Wine and Beer Social | ATR
- 6:30 ● Blue Ash Concert Sycamore Community Band
- 7:00 ● Game Night Left, Right, Center | SHA

- 10:00 ● Low Impact Exercise | ADT 21
- 10:00 ● News & Views | AC
- 12:00 ● Genesis Rehab Managing Stress | ADT
- 1:00 ● Mind Games | ATR
- 2:00 ● Women's Bible Study | AC
- 2:00 ● Pool Sharks for Men | BR
- 2:00 ● Round Robin Social Bridge | TL
- 7:00 ● Mexican Train Dominoes | SHA
- 7:00 ● Black Tie Bingo Benefit for Alzheimer's | ATR

- 10:00 ● Low Impact Exercise Class | ADT 22
- 11:00 ● Catholic Communion | CPL
- 11:15 ● Volunteer at Walnut Hills Soup Kitchen
- 12:30 ● Tour Of Old St. Mary's Church
- 1:00 ● Painting Class with Resident Artist Rhea Preschel | AC
- 3:30 ● Social Hour | SHA
- 4:00 ● Music with Mike Pendell | ATR
- 7:00 ● Jim Herman One Man Band | ATR

- 9:30 ● Shopping at Montgomery Kroger 23
- 10:00 ● Yoga Class with Linda Becker | ADT
- 10:30 ● Artworks Mural Tour & Lunch in OTR
- 4:15 ● Sabbath Eve Service | CPL
- 7:00 ● Seasons Cinema | TV

- 10:00 ● Low Impact Exercise Class | ADT 24
- 11:00 ● Chair Volleyball with Cliff | ATR
- 11:00 ● Pool Sharks for Men | BR
- 12:00 ● Picnic Lunch Music by Retread Blue Grass Band | PL
- 12:45 ● Madeira Kroger
- 1:45 ● Madeira Kroger
- 2:00 ● Bingo | AC
- 7:00 ● Seasons Cinema | TV

- 10:30 ● Catholic Service at the Courtyard 25
- 12:45 ● Kenwood Mall
- 1:00 ● Puzzle Pages on Program Table
- 1:45 ● Kenwood Mall
- 2:00 ● Movie Matinee | TV
- 2:00 ● Pinochle and Euchre | SHA
- 4:15 ● NKU Dinner Theater: Ticket Holders Only
- 7:00 ● Seasons Cinema | TV

- 10:00 ● Chair Dancing with Kate | ADT 26
- 11:00 ● Protestant Service | CPL
- 12:00 ● Lunch & Learn Evolution of An Icon: Music Hall | ADT
- 12:30 ● Arts and Crafts | AC
- 2:00 ● Writing Group Everyone Welcome | CR
- 3:30 ● Social Hour | SHA
- 7:00 ● Music with Ricky Nye | ATR

- 8:30 ● Men's Breakfast at Bob Evans 27
- 9:00 ● Hill Audiology Hearing Aid Checks | SHA
- 9:30 ● Blood Pressure Clinic | SHA
- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Chair Volleyball | ATR
- 1:00 ● Shopping at Trader Joe's
- 2:00 ● Bingo with Prizes | AC
- 4:00 ● Wine and Beer Social | ATR
- 7:00 ● Game Night Left, Right, Center | SHA
- 7:00 ● Dixieland Band | ATR

- 10:00 ● Low Impact Exercise | ADT 28
- 10:00 ● News & Views | AC
- 1:00 ● Mind Games | ATR
- 2:00 ● Women's Bible Study | AC
- 2:00 ● Pool Sharks for Men | BR
- 2:00 ● Round Robin Social Bridge | TL
- 7:00 ● Mexican Train Dominoes | SHA

- 9:00 ● Fishing At Lake Isabella 29
- 10:00 ● Low Impact Exercise Class | ADT
- 11:00 ● Catholic Communion | CPL
- 1:00 ● Painting Class with Resident Artist Rhea Preschel | AC
- 3:30 ● Social Hour | SHA
- 7:00 ● Spittin Image | ATR

- 9:30 ● Shopping at Montgomery Kroger 30
- 10:00 ● Yoga Class with Linda Becker | ADT
- 11:00 ● Strawberry Cutting | AC
- 1:00 ● Strawberry Shortcake Party | ATR
- 4:15 ● Sabbath Eve Service | CPL
- 7:00 ● Seasons Cinema | TV



JOIN US THIS MONTH FOR

rediscovering over the rhine

June is going to find us out and about in Over the Rhine (OTR). The neighborhood is believed to be the largest, most intact urban historic district in the U.S. OTR is undergoing a revitalization with over 175 new businesses opening there since 2006. And this month we're going to see what all the excitement is about.

Ladies, you'll want to join us for our lunch at Jean Roberts French Crust Restaurant located across from Findlay Market. Our monthly dinner out will be at The Senate — please note we're leaving at 4 p.m. for dinner because the restaurant is small and we need to beat the dinner rush. Cincinnati's famous Rookwood Pottery is located in OTR and we'll have a private tour of the studio followed by lunch at Taft Ale House. Taft Ale House has hundreds of Rookwood pottery tiles on display. Chef Dan will lead us on an historic and eating tour of Findlay Market followed by lunch at his shop.

Have you seen some of the murals painted on the buildings downtown? Artworks started this in OTR as a beautification project and it has spread throughout our city. A tour guide from Artworks will lead us on a driving tour of the murals in OTR.

Music Hall is a cornerstone in OTR and we'll learn about the Evolution of an Icon - Music Hall History at our lunch and learn.

Mark your calendars and sign up so you'll be in the know about the renaissance of OTR.



IT'S OUR PLEASURE TO SERVE YOU ...
word from your executive director

NOTE FROM NICK

The day has finally come! The Seasons refresh is actively happening! We have been underway now for a few weeks, with more months to come, but how happy are we that the promise came true. I am so excited to have this happening for you all and I hope you all are as well. We look forward to a lot of needed change and our new look to take full shape by the end of the summer! Here is to a happy renovation!

THIS MONTH'S *chart hero*

CARING, HONESTY, APPRECIATION, RESPECT, TEAMWORK

CHARLOTTE KINDLE

Charlotte has been the shining face you see at breakfast for the past 12 years. Rise and shine for Charlotte is at 3:30 a.m. each morning and she starts her day at Seasons at 5:30 a.m. She gets the breakfast bar ready, cooks the eggs and bacon, and makes sure all this is done with a smile. And don't forget the wonderful pancake Thursday where several residents have bestowed the title of Pancake Queen on Charlotte.

Her day doesn't stop when she leaves Seasons — she delivers the weekly ads door to door for 1,500 houses. She also sells Mary Kay cosmetics. Charlotte, her three grown children, and three grandchildren live in Kentucky.

In her free time she likes visiting the zoo, playing Yahtzee, playing video games, going to the park with her grandchildren and she is an avid movie watcher. Her favorite movie is "Avatar." She has a degree in horticulture from Cincinnati State and loves to garden. This year her garden will be mainly flowers. She holds an associate's degree in accounting and was an accountant for the Cincinnati Airport.

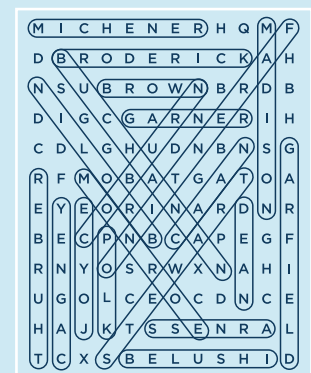
The reason she's always smiling? She loves her job and taking care of everyone who lives at Seasons. Charlotte is one busy lady with her jobs and hobbies, and we're lucky to have her as part of our Seasons family.



MANAGEMENT TEAM

- Nick Carson, *Executive Director*
- Jill James, *Director of Resident Programs*
- Tricia Feitlinger, *Director of Resident Services*
- Staci Fluehr, *Business Office Manager*
- Liz Bangel-Stehlin, *Director of Sales & Marketing*
- Dennis Glosser, *Dining Services Director*
- Tina Smiley, *Director of Housekeeping*
- Shaun Kidd, *Director of Maintenance*

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