

BE INSPIRED

- CONNECT ● GROW
- CONTRIBUTE ● MOVE
- FEEL ● REFLECT

LOCATIONS

- ATRIUM — ATR
- AUDITORIUM — ADT
- BE FIT STUDIO — FS
- BILLIARDS ROOM — BR
- CHAPEL — CPL
- CONFERENCE ROOM — CR
- CREATIVE STUDIO — CS
- DINING ROOM — DR
- LIBRARY — LB
- POOL LAWN — PL
- SOCIAL HOUR AREA — SHA
- TERRACE LOUNGE — TL
- THEATER ROOM — TR

TRANSPORTATION SCHEDULE

- TUESDAY:
9 and 11 a.m.
Madeira Kroger and CVS
- TUESDAY
Leave at 1 p.m., pickup from Mall at 2 and 3 p.m.
Kenwood Towne Centre
- TUESDAY
2:30 p.m.
Banks In Madeira and Kenwood
- WEDNESDAY
First Wednesday at 10 a.m.
Walmart
- WEDNESDAY
Second Wednesday at 10 a.m.
Dillonvale Shopping Center
- WEDNESDAY
Third Wednesday at 10 a.m.
Kohl's, JCPenney, Michaels
- WEDNESDAY
Fourth Wednesday at 10 a.m.
Target and Meijer
- FRIDAY
9:30 a.m.
Montgomery Kroger
- SATURDAY
12:45 and 1:45 p.m.
Madeira Kroger and CVS
- SUNDAY
12:45 and 1:45 p.m.
Kenwood Towne Centre

CHANGING SEASONS STYLING SALON

WEDNESDAY - SATURDAY
8:30 a.m. - 5 p.m.
791-0222

www.SeniorLifestyle.com
Activities are subject to change



10:30 ● Catholic Service at the Courtyard 7

12:45 ● Kenwood Mall

1:00 ● Puzzle Pages on Program Table

1:45 ● Kenwood Mall

2:00 ● Movie Matinee

2:00 ● Pinochle and Euchre | SHA

2:30 ● Protestant Service at the Courtyard

6:00 ● Music with Ben Levin and Apple Pie Sundaes | ATR

7:00 ● Seasons Cinema

10:30 ● Catholic Service at the Courtyard 14

12:45 ● Kenwood Mall

1:00 ● Puzzle Pages on Program Table

1:00 ● Pops Concert: Ticket Holders Only

1:45 ● Kenwood Mall

2:00 ● Pinochle and Euchre | SHA

2:00 ● Movie Matinee

3:30 ● Protestant Service at the Courtyard

6:00 ● Bone Voyage Band | ATR

7:00 ● Seasons Cinema

10:30 ● Catholic Service at the Courtyard 21

12:45 ● Kenwood Mall

1:00 ● Puzzle Pages on Program Table

1:45 ● Kenwood Mall

2:00 ● Movie Matinee

2:00 ● Pinochle and Euchre | SHA

6:00 ● Music with Wild Honey Band: Pizza & Beer | DR

7:00 ● Seasons Cinema

10:30 ● Catholic Service at the Courtyard 28

12:45 ● Kenwood Mall

1:00 ● Puzzle Pages on Program Table

1:45 ● Kenwood Mall

2:00 ● Movie Matinee

2:00 ● Pinochle and Euchre | SHA

2:00 ● College Conservatory of Music Performance | ATR

5:30 ● "Willy Wonka" At the Aronoff: Ticket Holders Only

7:00 ● Seasons Cinema

9:45 ● Tai Chi Flow Class | ADT 1

10:30 ● Ladies' Lunch at Maplewood

11:00 ● Protestant Service | CPL

3:30 ● Social Hour | SHA

7:00 ● Music with Jeanne Phillips | ATR

COLUMBUS DAY 8

9:45 ● Tai Chi Flow Class | ADT

11:00 ● Protestant Service | CPL

1:00 ● Buckabee Brownies Tasting | CS

1:45 ● Writing Group: Everyone Welcome! | CR

3:30 ● Social Hour | SHA

7:00 ● Diane Shields: Robert E. Lee | ADT

9:45 ● Tai Chi Flow Class | ADT 15

11:00 ● Protestant Service | CPL

12:30 ● Tour of Reds' Hall of Fame

3:30 ● Social Hour | SHA

7:00 ● Music with Dick Watson and Jim McBride | ATR

9:45 ● Tai Chi Flow Class | ADT 22

11:00 ● Protestant Service | CPL

1:45 ● Writing Group: Everyone Welcome! | CR

3:30 ● Social Hour | SHA

7:00 ● Music with Vince Phelan: Great American Songbook | ATR

9:45 ● Tai Chi Flow Class | ADT 29

11:00 ● Protestant Service | CPL

12:00 ● Lunch & Learn: Bricca Family Mystery by Jeff Tesch | ADT

3:30 ● Social Hour | SHA

7:00 ● Seasons Cinema: "Psycho" | TR

9:30 ● Blood Pressure Clinic | SHA 2

10:00 ● Low Impact Exercise Class | ADT

11:00 ● Catholic Mass at Seasons | ADT

1:00 ● Shopping at Rookwood & Whole Foods

2:00 ● Bingo! | CS

4:00 ● Wine and Beer Social | ATR

7:00 ● Game Night: Left, Right, Center | SHA

7:00 ● Rowan & Martin's Laugh in | TR

9:30 ● Blood Pressure Clinic | SHA 9

10:00 ● Low Impact Exercise Class | ADT

11:00 ● Chair Volleyball | ATR

1:00 ● Focus Group Meeting | CR

2:00 ● Bingo! | CS

3:00 ● Town Hall Meeting: Everyone Welcome | ADT

4:00 ● Wine and Beer Social | ATR

7:00 ● Game Night: Left, Right, Center | SHA

7:00 ● Sound Effects Chorus | ATR

7:00 ● Rowan & Martin's Laugh in | TR

9:30 ● Blood Pressure Clinic | SHA 16

10:00 ● Low Impact Exercise Class | ADT

10:30 ● B&B Riverboat: Ticket Holders Only

11:00 ● Chair Volleyball | ATR

2:00 ● Bingo! | CS

4:00 ● Wine and Beer Social | ATR

7:00 ● Game Night: Left, Right, Center | SHA

7:00 ● Rowan & Martin's Laugh in | TR

9:30 ● Blood Pressure Clinic | SHA 23

9:30 ● Seasons Slammers Travel to Reading

10:00 ● Low Impact Exercise Class | ADT

1:30 ● Book Group Everyone Welcome! | CR

2:00 ● Bingo! | CS

4:00 ● Wine and Beer Social | ATR

7:00 ● Game Night: Left, Right, Center | SHA

7:00 ● Dixieland Band | ATR

7:00 ● Rowan & Martin's Laugh in | TR

8:30 ● Men's Breakfast: Bob Evans 30

9:00 ● Hill Hearing: Hearing Aid Checks | SHA

9:30 ● Blood Pressure Clinic | SHA

10:00 ● Low Impact Exercise Class | ADT

11:00 ● Chair Volleyball | ATR

1:00 ● Shopping at Trader Joe's

2:00 ● Bingo with Prizes | CS

4:00 ● Wine and Beer Social | ATR

6:00 ● Trick-or-Treat

10:00 ● Low Impact Exercise | ADT 3

10:00 ● News & Views | CS

12:00 ● Volunteer at Matthew 25 Ministries

1:00 ● Brain Fitness | ATR

2:00 ● Women's Bible Study | CS

2:00 ● Pool Sharks for Men | BR

2:00 ● Round Robin Social Bridge | TL

7:00 ● Mexican Train Dominoes | SHA

10:00 ● Low Impact Exercise | ADT 10

10:00 ● News & Views | CS

11:00 ● Trip to Keeneland: Ticket Holders Only

11:00 ● Medication Disposal in Tricia's Office Until 1p.m.

1:00 ● Brain Fitness | ATR

2:00 ● Women's Bible Study | CS

2:00 ● Pool Sharks for Men | BR

2:00 ● Round Robin Social Bridge | TL

7:00 ● Mexican Train Dominoes | SHA

10:00 ● Low Impact Exercise | ADT 17

10:00 ● News & Views | CS

1:00 ● Brain Fitness | ATR

2:00 ● Women's Bible Study | CS

2:00 ● Pool Sharks for Men | BR

2:00 ● Round Robin Social Bridge | TL

4:30 ● Dinner at Bauer Farm Kitchen

7:00 ● Mexican Train Dominoes | SHA

10:00 ● Low Impact Exercise | ADT 24

10:00 ● News & Views | CS

1:00 ● Brain Fitness | ATR

2:00 ● Women's Bible Study | CS

2:00 ● Pool Sharks for Men | BR

2:00 ● Round Robin Social Bridge | TL

7:00 ● Mexican Train Dominoes | SHA

HALLOWEEN 31

10:00 ● Low Impact Exercise | ADT

10:00 ● News & Views | CS

1:00 ● Brain Fitness | ATR

2:00 ● Women's Bible Study | CS

2:00 ● Pool Sharks for Men | BR

2:00 ● Round Robin Social Bridge | TL

7:00 ● Mexican Train Dominoes | SHA

10:00 ● Low Impact Exercise Class | ADT 4

11:00 ● Catholic Communion | CPL

12:00 ● Lunch & Learn: Reds Player | ADT

1:00 ● Painting Class with Resident Artist Rhea Preschel | CS

3:30 ● Social Hour | SHA

7:00 ● Circle Singers Performance | ATR

10:00 ● Low Impact Exercise Class | ADT 11

11:00 ● Catholic Communion | CPL

11:15 ● Volunteer at Walnut Hills Soup Kitchen

1:00 ● Painting Class with Resident Artist Rhea Preschel | CS

1:00 ● Bottled Water Taste Test with Jill | CS

3:30 ● Social Hour | SHA

7:00 ● Spittin Image Performs | ATR

10:00 ● Low Impact Exercise Class | ADT 18

11:00 ● Catholic Communion | CPL

11:15 ● Lunch & Learn — Dan Blair — Pretty Blue Death | DR

1:00 ● Painting Class with Resident Artist Rhea Preschel | CS

3:30 ● Social Hour | SHA

7:00 ● The Sociables | ATR

10:00 ● Low Impact Exercise Class | ADT 25

11:00 ● Catholic Communion | CPL

11:15 ● Volunteer at Walnut Hills Soup Kitchen

1:00 ● Painting Class with Resident Artist Rhea Preschel | CS

1:00 ● Quilt Program: Bed Turning | TL

3:30 ● Social Hour | SHA

7:00 ● Laney & The Tramps Music Program | ATR

BIRTHDAYS THIS MONTH

JEAN HERSHNER — 3rd

WAYNE KNEPPER — 4th

IRENE VOELLMECKE — 6th

NAOMI KOESTER — 8th

BETTY SCHULENBERG — 10th

JEAN LEARY — 11th

PAUL PESTA — 14th

9:30 ● Shopping at Montgomery Kroger 5

10:00 ● Yoga Class with Linda Becker | ADT

10:00 ● Symphony Ticket Holders Only

11:15 ● Diane Shields: Current Events | ADT

4:15 ● Sabbath Eve Service | CPL

7:00 ● Seasons Cinema

9:30 ● Shopping at Montgomery Kroger 12

10:00 ● Yoga Class with Linda Becker | ADT

10:00 ● Birthday Brunch | TL

4:15 ● Sabbath Eve Service | CPL

7:00 ● Seasons Cinema

9:30 ● Shopping at Montgomery Kroger 19

10:00 ● Yoga Class with Linda Becker | ADT

1:00 ● Cincinnati Zoo: Bird Program | ADT

4:15 ● Sabbath Eve Service | CPL

7:00 ● Seasons Cinema

9:30 ● Shopping at Montgomery Kroger 26

10:00 ● Yoga Class with Linda Becker | ADT

1:00 ● Fiber Arts | CS

4:15 ● Sabbath Eve Service | CPL

7:00 ● Seasons Cinema

BIRTHDAYS THIS MONTH

JOHN COSGROVE — 16th

MYRNA SMITH — 17th

AGNES PESTA — 17th

RHEA PRESCHER — 17th

MARY BEHRMAN — 19th

VELMA CHAMBERS — 20th

DOROTHY CRETCHER — 22nd

10:00 ● Low Impact Exercise Class | ADT 6

11:00 ● Chair Volleyball with Cliff | ATR

11:00 ● Pool Sharks for Men | BR

12:00 ● Oktoberfest | DR

12:45 ● Madeira Kroger

1:45 ● Madeira Kroger

2:00 ● Bingo | CS

7:00 ● Rowan & Martin's Laugh in | TR

10:00 ● Low Impact Exercise Class | ADT 13

11:00 ● Chair Volleyball with Cliff | ATR

11:00 ● Pool Sharks for Men | BR

11:00 ● Create and Learn with Jenny | CS

12:45 ● Madeira Kroger

1:45 ● Madeira Kroger

2:00 ● Bingo | CS

7:00 ● Rowan & Martin's Laugh in | TR

10:00 ● Low Impact Exercise Class | ADT 20

11:00 ● Chair Volleyball with Cliff | ATR

11:00 ● Pool Sharks for Men | BR

11:00 ● Greeting Card Class with Blaise | CS

12:45 ● Madeira Kroger

1:45 ● Madeira Kroger

2:00 ● Bingo | CS

7:00 ● Rowan & Martin's Laugh in | TR

10:00 ● Low Impact Exercise Class | ADT 27

11:00 ● Chair Volleyball with Cliff | ATR

11:00 ● Pool Sharks for Men | BR

12:45 ● Madeira Kroger

1:45 ● Madeira Kroger

2:00 ● Bingo | CS

4:00 ● Happy Hour Tell a Joke & Get a Free Drink

7:00 ● Rowan & Martin's Laugh in | TR

BIRTHDAYS THIS MONTH

REBECCA MARTIN — 22nd

TINKA STANISIC — 24th

LYNN COULEHAN — 25th

ELAINE YOUNG — 25th

ET MINGHETTI — 30th

KAY LITTLEFIELD — 31st

JOIN US THIS MONTH FOR

oktoberfest and halloween haunts

Start the month out with our Oktoberfest on Saturday, Oct. 6, with German music by the Fest Meisters, a special German menu and German beer. Start practicing the chicken dance!

We'll keep our Oktoberfest theme going with dinner out at Bauer Farm Kitchen. They feature locally sourced French-German cuisine. Check out the menu outside Jill's Office.

Author Jeff Tesch will be speaking on his newest book about the investigation into the unsolved Bricca Family murders from 1966. The unsolved case still haunts the quiet West Side Cincinnati neighborhood ... more mysterious than the best mystery novel.

Our annual Trick-or-Treat is on Oct. 30, from 6 to 7 p.m. Check your cubbies for detailed information. New this year — we're going to have beer, wine and snacks in the Atrium after the trick-or-treaters have gone home!



EVENT RECAP

snapshots from around the community

Visit from Rosie Red!



THIS MONTH'S heart hero

HOSPITALITY, EXCELLENCE,
APPRECIATION,
RESPECT, TEAMWORK

This month's HEART Hero is our Dining Room Manager, DAVE LEWIS. Dave has been at Seasons for almost four years now and truly enjoys his work. His favorite things about Seasons is the relationships he has with the residents and their families. In his free time, you can find Dave hanging out with his wife and children, or singing with his band The Bourbon Brothers.



MANAGEMENT TEAM

- Nick Carson, *Executive Director*
- Jill James, *Director of Resident Programs*
- Tricia Feitlinger, *Director of Resident Services*
- Staci Fluehr, *Business Office Manager*
- Liz Bangel-Stehlin, *Director of Sales & Marketing*
- Dennis Glosser, *Dining Services Director*
- Dave Lewis, *Dining Room Manager*
- Tina Smiley, *Director of Housekeeping*
- Shaun Kidd, *Director of Maintenance*

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