the JUNE 2017 newsletter

Inspired

SEASONS | a Senior Lifestyle community | CINCINNATI, OH 45236 | 513-984-9400

EVENT RECAP

may brought us flowers, horses and the easter bunny



Dinner at Hotel Covington



Bet takers at the Kentucky Derby party



Visit from the Easter Bunny

THIS MONTH'S silver star

AGNES FOGARTY, 100 YEARS STRONG

One hundred years ago, Agnes was born in Walnut Hills and lived there until the 3rd grade when her family moved to Evanston. She was the youngest of three brothers and one sister. She went to Regina High School in Norwood and graduated in 1934. In 1938, she



received a bachelor of arts degree from Mt. St. Joseph College and went to work for American Book Company. While in college, she met her sweetheart, Jack Fogarty, and they married in 1941. They had six children — three boys and three girls. She is the proud grandma of 24 grandchildren, 28 great-children and another on the way. The last family reunion in Cincinnati was when Agnes turned 90 and there's another reunion planned around her 100th birthday.

The secret to living to be 100? Agnes says a lot of it has to do with good genes and a strong constitution. Attitude plays a large part — you have to look at the bright side, role with the punches, take the good with the bad and have a strong faith in God, which is the backbone of life.

Her favorite things to do are spending time with her family and friends. Being with people and staying active are keys to life. Agnes is an avid reader and feels that reading keeps her mind sharp.

TRAIN YOUR **BRAIN** men named james

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ARNESS **BELUSHI** BRODERICK BROLIN BROWN BUCHANAN CAAN CAGNEY COBURN DEAN FARENTINO GARFIELD GARNER JOYCE MADISON MICHENER MONROE POLK STEWART THURBER

SUNDAY

TUFSDAY

WEDNESDAY

THURSDAY

10:00 • Low Impact Exercise

Class | ADT

FRIDAY

Montgomery

Linda Becker | ADT

Doris Day | ADT

1:30 • Everything Strawberries

with Jill AC

Service | CPL

Montgomery

Linda Becker | ADT

7:00 • Seasons Cinema | TV

9:30 • Shopping at

Kroger

10:00 • Yoga Class with

11:15 • Diane Shields

4:15 • Sabbath Eve

9:30 • Shopping at

Kroger

11:30 • Picnic Lunch at

Eden Park

10:00 • Yoga Class with

SATURDAY

3

10:00 • Low Impact

Exercise

11:00 • Chair Volleyball

11:30 • Reds Mascot &

12:45 • Madeira Kroger

1:45 • Madeira Kroger

7:00 • Seasons Cinema | TV

with Cliff ATR

11:00 • Pool Sharks for Men | BR

with Jenny AC

Imitation Game | ADT

17

24

2:00 • Bingo | AC

10:00 • Low Impact

11:00 • Chair Volleyball

11:00 • Create & Learn

12:45 • Madeira Kroger

1:45 • Madeira Kroger

2:00 • Movie & Popcorn

Class | ADT

11:00 • Greeting Card Class

with Cliff ATR

11:00 • Pool Sharks for Men | BR

with Blaise AC

11:00 • Chair Volleyball

Class | ADT

with Cliff ATR

11:00 • Pool Sharks for Men | BR

Picnic Lunch | PL

Exercise Class | ADT 10

BE INSPIRED

- CONNECT GROW
- CONTRIBUTE MOVE
- FEEL REFLECT

LOCATIONS

ARTS AND CRAFTS STUDIO -AC

ATRIUM - ATR

AUDITORIUM -ADTBILLIARDS ROOM -BR

CHAPFI -CPL

CONFERENCE ROOM -CR

DINING ROOM -DR

FITNESS CENTER -FCLIBRARY -LB

POOL LAWN -PL

SOCIAL HOUR AREA -SHATERRACE LOUNGE - TL

TV ROOM -TV

TRANSPORTATION SCHEDULE

TUESDAY 9 AND 11 A.M. Madeira Kroger and CVS

TUESDAY 2:30 P.M. Banks in Madeira & Kenwood

TUESDAY LEAVE AT 1 P.M., PICKUP FROM MALL AT 2 AND 3 P.M.

Kenwood Towne Centre

WEDNESDAY JUNE 28 AT 10 A.M. Target and Meijer

WEDNESDAY JUNE 14 AT 10 A.M.

Dillonvale Shopping Center

WEDNESDAY JUNE 7 AT 10 A.M. Walmart

WEDNESDAY JUNE 21 AT 10 A.M. Kohl's, JCPenney, Michaels

FRIDAY 9:30 A.M. Montgomery Kroger

SATURDAY 12:45 AND 1:45 P.M. Madeira Kroger and CVS

SUNDAY 12:45 AND 1:45 P.M. Kenwood Towne Centre

CHANGING SEASON STYLING SALON

TUESDAY - SATURDAY 8:30 a.m.-5 p.m., 791-0222

www.SeniorLifestyle.com Activities are subject to change



Kenwood Mall

• Puzzle Pages on

Kenwood Mall

2:00 • Movie Matinee | TV

5:45 • Pizza Party ATR

1:45

Program Table

2:00 • Pinochle and Euchre | SHA

• Protestant Service at

Honey Band ATR

at the Courtvard

Program Table

the Courtyard

• Music by Wild

7:00 • Seasons Cinema | TV 10:30 • Catholic Service

12:45 • Kenwood Mall

1:00 • Puzzle Pages on

1:45 • Kenwood Mall

2:00 • Pinochle and

2:00 • Movie Matinee | TV

3:30 • Protestant Service

Euchre SHA

at the Courtyard

6:00 • Bone Voyage Band | ATR

7:00 • Seasons Cinema | TV

EVELYN MARGOLIS -4thJUNE WEINHART -7thCLARENCE HAMMEL - 8th KAY CAESAR - 8thJOAN DUSEBOUT - oth

JEAN POPE -12th

Class | ADT

10:00 • Tour of Rookwood

at Taft Ale

12:30 • Arts and Crafts | AC

7:00 • Classical Music with

Vince Phelan &

Rick Hagee | ATR

with Kate ADT

11:00 • Protestant Service | CPL

12:00 • Lunch & Learn Comic

12:30 • Arts and Crafts | AC

Everyone

3:30 • Social Hour | SHA

7:00 • Diane Shields

10:00 • Pelvic Exercise

Welcome! | CR

Grandma Moses | ADT

2:00 • Writing Group

Strip Dads | ADT

3:30 • Social Hour | SHA

10:00 • Chair Dancing

11:00 • Protestant Service | CPL

Pottery & Lunch

MONDAY

BIRTHDAYS THIS MONTH

HARRIET BLUMENTHAL -13thJUANITA STORK - 13th MARY EMMERT - 14th KATHE KELLAR - 16th MARV WICK - 21st

JAYNE KULLE - 22nd

9:30 • Blood Pressure

10:00 • Catholic Mass at

6:30 • Blue Ash Concert

7:00 • Game Night Left,

Clinic | SHA

11:00 • Chair Volleyball | ATR

3:00 • Town Hall Everyone

4:00 • Music with Julie

10:00 • Low Impact Exercise | ADT

Welcome! | ADT

Clifford ATR

6:30 • Blue Ash Concert Maple

Knoll Big Band

Game Night Left,

Right, Center | SHA

4:00 • Wine and Beer Social | ATR

9:30 • Blood Pressure

2:00 • Bingo | AC

7:00

SUMMER BEGINS

2:00 • Bingo | AC

Clinic | SHA

Seasons | ADT

11:00 • Chair Volleyball ATR

& Whole Foods

4:00 • Wine and Beer Social ATR

The Klaberheads

Right, Center | SHA

Shopping at Rookwood

MARY WINKLER -23rdIRV BASS - 24th SANDY ZAFT -25thILENE NESS - 28th BILL PHIPPS — 30th MARY PAPADOPETROS - 30th

10:00 • Low Impact

Exercise ADT

10:00 • News and Views | AC

12:00 • Volunteer at Matthew

1:00 • Mind Games | ATR

2:00 • Round Robin Social

Bridge | TL

7:00 • Mexican Train

10:00 • Low Impact

FLAG DAY

25 Ministries

2:00 • Women's Bible Study | AC

2:00 • Pool Sharks for Men | BR

Dominoes | SHA

Exercise ADT

2:00 • Women's Bible Study | AC

2:00 • Pool Sharks for Men | BR

Dominoes | SHA

Managing Stress | ADT

10:00 • News and Views | AC

1:00 • Mind Games | ATR

2:00 • Round Robin Social

Bridge | TL

4:00 • Dinner at the Senate

Exercise ADT

10:00 • News & Views | AC

1:00 • Mind Games | ATR

2:00 • Women's Bible Study | AC

2:00 • Pool Sharks for Men | BR

12:00 • Genesis Rehab

7:00 • Mexican Train

10:00 • Low Impact

14

• Ladies' Lunch at 10:30 French Crust Bistro Catholic Communion | CPL 1:00 • Painting Class with Resident Artist Rhea Preschel | AC 3:30 • Social Hour | SHA 4:00 • Choir From Calvary UMC in Tennessee ATR 7:00 • Eclectic Four Men's

Quartet | ATR 10:00 • Low Impact Exercise Class | ADT

11:00 • Catholic Communion | CPL 11:15 • Volunteer at Walnut Hills Soup Kitchen 11:30 • Reds Baseball Game **Ticket Holders Only**

1:00 • Painting Class with Resident Artist Rhea Preschel | AC

10:00 • Low Impact

11:00 • Catholic

Exercise

11:30 • Tour & Lunch at

1:00 • Painting Class with

Preschel | AC

7:00 • The Sociables | ATR

10:00 • Low Impact Exercise

Class | ADT

11:15 • Volunteer at Walnut

12:30 • Tour Of Old St.

3:30 • Social Hour | SHA

Pendell ATR

Man Band ATR

4:00 • Music with Mike

7:00 • Jim Herman One

11:00 • Catholic Communion | CPL

Hills Soup Kitchen

1:00 • Painting Class with Resident

Artist Rhea Preschel | AC

Mary's Church

3:30 • Happy Hour Hosted by

Class | ADT

Communion CPL

Findlay Market

Resident Artist Rhea

the Courtyard | SHA

3:30 • Social Hour | SHA 7:00 • Music with Bob Pollack & Jack Rowekamp | ATR

15

4:15 • Sabbath Eve Service Led by Rabbi Elaina | CPL 7:00 • Seasons Cinema | TV 7:00 • CCM Youth Students | ATR

2:00 • Bingo | AC 7:00 • Seasons Cinema | TV **10:00** • Low Impact 9:30 • Shopping at 16 Exercise Montgomery

2

9

Kroger 10:00 • Yoga Class with Linda Becker | ADT

9:30 • Shopping at

Kroger

10:00 • Yoga Class with

4:15 • Sabbath Eve

10:00 • Birthday Brunch | SHA 4:15 • Sabbath Eve

Service | CPL 5:30 • Father's Day Dinner & Entertainment | ADT

Montgomery

10:30 • Artworks Mural Tour

Service | CPL

7:00 • Seasons Cinema | TV

Linda Becker | ADT

& Lunch in OTR

7:00 • Seasons Cinema | TV

12:45 • Madeira Kroger 1:45 • Madeira Kroger 2:00 • Bingo | AC

7:00 • Seasons Cinema | TV

10:00 • Low Impact

Exercise

11:00 • Chair Volleyball

12:45 • Madeira Kroger

1:45 • Madeira Kroger

Class | ADT

12:00 • Picnic Lunch Music

with Cliff ATR

11:00 • Pool Sharks for Men | BR

by Retread Blue

Grass Band | PL

FATHER'S DAY

10:30 • Catholic Service at the Courtyard 12:45

 Kenwood Mall 1:00 • Puzzle Pages on Program Table

1:45 • Kenwood Mall

2:00 • Movie Matinee | TV 2:00 • Pinochle and Euchre | SHA 2:00 • College Conservatory of

Music Performance | ATR

at the Courtvard

Program Table

7:00 • Seasons Cinema | TV

10:30 • Catholic Service

12:45 • Kenwood Mall

1:00 • Puzzle Pages on

1:45 • Kenwood Mall

2:00 • Pinochle and

2:00 • Movie Matinee | TV

Euchre SHA

4:15 • NKU Dinner Theater:

7:00 • Seasons Cinema | TV

Ticket Holders Only

Class | ADT 11:00 • Protestant

18

Service | CPL 12:30 • Arts and Crafts | AC

1:00 • Graeter's in OTR

3:30 • Social Hour | SHA 7:00 • Music with Jeanne

Phillips | ATR

with Kate | ADT

Music Hall | ADT

Evolution of An Icon:

Everyone Welcome | CR

11:00 • Protestant Service | CPL

10:00 • Chair Dancing

12:00 • Lunch & Learn

2:00 • Writing Group

3:30 • Social Hour | SHA

7:00 • Music with Ricky

Nye ATR

12:30 • Arts and Crafts | AC

Clinic | SHA

9:30 • Blood Pressure

11:00 • Chair Volleyball | ATR 1:30 • Book Group | CR

2:00 • Bingo | AC 4:00 • Wine and Beer Social | ATR 6:30 • Blue Ash Concert

Sycamore Community Band 7:00 • Game Night Left, Right, Center | SHA

8:30 • Men's Breakfast

at Bob Evans

Aid Checks | SHA

9:30 • Blood Pressure Clinic | SHA

10:00 • Low Impact Exercise

Class | ADT

11:00 • Chair Volleyball | ATR

2:00 • Bingo with Prizes | AC

7:00 • Dixieland Band | ATR

1:00 • Shopping at Trader Joe's

4:00 • Wine and Beer Social ATR

Game Night Left,

Right, Center SHA

Hill Audiology Hearing

2:00 • Round Robin Social 7:00 • Mexican Train

20

13

Dominoes SHA 7:00 • Black Tie Bingo Benefit for Alzheimer's ATR

10:00 • News & Views | AC

1:00 • Mind Games | ATR

Study | AC

Men | BR

Social Bridge | TL

Dominoes | SHA

2:00 • Women's Bible

2:00 • Pool Sharks for

2:00 • Round Robin

7:00 • Mexican Train

Bridge | TL

10:00 • Low Impact 28 Exercise | ADT

9:00 • Fishing At Lake Isabella

29 10:00 • Low Impact Exercise Class | ADT

11:00 • Catholic Communion | CPL

1:00 • Painting Class with Resident Artist Rhea Preschel | AC 3:30 • Social Hour | SHA

7:00 • Spittin Image ATR

9:30 • Shopping at 30 Montgomery Kroger

10:00 • Yoga Class with Linda Becker | ADT

11:00 • Strawberry Cutting | AC

Strawberry Shortcake Party ATR 4:15 • Sabbath Eve

Service | CPL 7:00 • Seasons Cinema | TV



JOIN US THIS MONTH FOR

rediscovering ove the rhine

June is going to find us out and about in Over the Rhine (OTR). The neighborhood is believed to be the largest, most intact urban historic district in the U.S. OTR is undergoing a revitalization with over 175 new businesses opening there since 2006. And this month we're going to see what all the excitement is about.



MADE IN THE UNITED STATES SINCE 1880

Ladies, you'll want to join us for our lunch at Jean Roberts French Crust Restaurant located across from Findlay Market. Our monthly dinner out will be at The Senate — please note we're leaving at 4 p.m. for dinner because the restaurant is small and we need to beat the dinner rush. Cincinnati's famous Rookwood Pottery is located in OTR and we'll have a private tour of the studio followed by lunch at Taft Ale House. Taft Ale House has hundreds of Rookwood pottery tiles on display. Chef Dan will lead us on an historic and eating tour of Findlay Market followed by lunch at his shop.

Have you seen some of the murals painted on the buildings downtown? Artworks started this in OTR as a beautification project and it has spread throughout our city. A tour guide from Artworks will lead us on a driving tour of the murals in OTR.

Music Hall is a cornerstone in OTR and we'll learn about the Evolution of an Icon - Music Hall History at our lunch and learn.

Mark your calendars and sign up so you'll be in the know about the renaissance of OTR.

IT'S OUR PLEASURE TO SERVE YOU ... word from your executive director

NOTE FROM NICK

The day has finally come! The Seasons refresh is actively happening! We have been underway now for a few weeks, with more months to come, but how happy are we that the promise came true. I am so excited to have this happening for you all and I hope you all are as well. We look forward to a lot of needed change and our new look to take full shape by the end of the summer! Here is to a happy renovation!

THIS MONTH'S chart hero

CARING, HONESTY, APPRECIATION, RESPECT, TEAMWORK

CHARLOTTE KINDLE

Charlotte has been the shining face you see at breakfast for the past 12 years. Rise and shine for Charlotte is at 3:30 a.m. each morning and she starts her day at Seasons at 5:30 a.m. She gets the breakfast bar ready, cooks the eggs and bacon, and makes sure all this is done with a smile. And don't forget the wonderful pancake Thursday where several residents have bestowed the title of Pancake Queen on Charlotte.



Her day doesn't stop when she leaves Seasons — she delivers the weekly ads door to door for 1,500 houses. She also sells Mary Kay cosmetics. Charlotte, her three grown children, and three grandchildren live in Kentucky.

In her free time she likes visiting the zoo, playing Yahtzee, playing video games, going to the park with her grandchildren and she is an avid movie watcher. Her favorite movie is "Avatar." She has a degree in horticulture from Cincinnati State and loves to garden. This year her garden will be mainly flowers. She holds an associate's degree in accounting and was an accountant for the Cincinnati Airport.

The reason she's always smiling? She loves her job and taking care of everyone who lives at Seasons. Charlotte is one busy lady with her jobs and hobbies, and we're lucky to have her as part of our Seasons family.

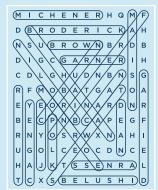
MANAGEMENT TEAM

Nick Carson, Executive Director Jill James, Director of Resident Programs Tricia Feitlinger, Director of Resident Services

Staci Fluehr, Business Office Manager Liz Bangel-Stehlin, Director of Sales & Marketing

Dennis Glosser, Dining Services Director Tina Smiley, Director of Housekeeping Shaun Kidd, Director of Maintenance

TRAIN YOUR BRAIN solution



SENIOR LIFESTYLE FAMILY-OWNED COMMUNITIES





