

Be Inspired

THE BREAKERS AT EDGEWATER BEACH | a Senior Lifestyle community | CHICAGO, IL 60640 | 773-878-5333

THIS MONTH'S *silver star*

CATHY ROCHE

Cathy has been a resident at The Breakers for almost three years and is a lifelong (local) Chicagoan! She was born in California and moved to Chicago as a baby, and was raised right here in Edgewater all the way through high school. Later in life, she lived in Lincoln Park and Uptown as well. She never dreamed she would end up retiring in the same area that she grew up in ... but she found The Breakers to be a perfect fit for her shortly after retiring.



Cathy went to Harold Washington College and spent the majority of her career as a secretary in the Social Work Department at the University of Chicago Medical Center. She retired from there after 30 years.

In her free time, Cathy's favorite hobby is tap dancing. As a young girl, her parents put her in ballet classes, which she thought were okay, though they interfered with playing on Saturday afternoons. But she was exposed to tap through ballet lessons, too, and got to learn a little of it. After retirement, she decided she wanted to really pursue tapping so she signed herself up for lessons and has continued with it over the last nine years!

She still takes lessons once a week at an Andersonville studio, Joel Hall, and loves it! She is currently taking improv dance classes where they follow an improvisational tap and music theory, so every week is a different style which keeps her constantly learning and trying new things. She loves to listen to music, too, and has a large collection of records that she loves to turn up and move to, just having fun. Aside from dance and music, Cathy also enjoys reading.

Cathy's favorite things about living at The Breakers are the people (socializing at dinner and meeting new people every day is something she enjoys), the location (being near the lake) and the live performances. Cathy is a member of our new residents welcoming committee and enjoys helping new residents get acclimated to The Breakers. You may also hear from her with a friendly call about the scheduled birthday party during your birthday month.

Cathy is also a "great sport" when it comes to trying new things and participating in programs! She taps at all of our variety shows and open mic nights, successfully went horseback riding with us last year, played our Olympic games and won a gold medal, and always has a smile on her face.

Being a "good sport" to her means being helpful and pitching in when she can. One way she remains content in her daily life is that she "looks past the small stuff." She's wonderful about saying hi or waving to everyone she sees. Our thanks to Cathy for being such an amazing team player!

JOIN US THIS MONTH FOR *third annual mini golf game!*

Tuesday,
May 15 at 1 p.m. in
the Showroom

For the last couple of years, our programming team has created our very own version of a miniature golf course right here in our Showroom! This year, our third year, will be bigger and better than ever! All are welcome to join in the fun and play ... even if you have never played mini-golf before! It is fun



Breakers two-time mini golf champion, Christine Marshall, taking on our Cubs themed hole!

to try it out and also just watch your neighbors and friends play to cheer them on! We will have several different themed holes all on the 3rd floor and encourage everyone to come, "be a good sport" and have some fun with us!

TRAIN YOUR BRAIN *sudoku solution on back*

7		1					5
	3		4	6			2
		6	9		7		
4		8		3		9	6
	5	3		9		8	1
			6		8	5	
	6			7	4		3
5						2	6

BE INSPIRED

- CONNECT
- GROW
- CONTRIBUTE
- MOVE
- FEEL
- REFLECT

LOCATIONS

- CONFERENCE ROOM
THIRD FLOOR — *CF*
- CRAFT ROOM THIRD FLOOR — *CR*
- DINING ROOM — *DR*
- FITNESS CENTER THIRD
FLOOR — *FC*
- GAME ROOM SECOND FLOOR — *GR*
- LIBRARY SECOND FLOOR — *LIB*
- LIVING ROOM FIRST FLOOR — *LR*
- MARINE ROOM 34TH FLOOR — *MR*
- MEDITATION ROOM
SECOND FLOOR — *MTR*
- SECOND FLOOR LOBBY — *2L*
- SHOW ROOM THIRD FLOOR — *SR*
- VIDEO ROOM SECOND FLOOR — *VR*

**TRANSPORTATION
SCHEDULE**

- MONDAY & THURSDAY
8:45 a.m.-3 p.m.
Neighborhood Shopping and Hospital Runs
- TUESDAY
8:45 a.m.-3 p.m.
Target/Old Orchard/Walmart/Hospital Runs
- WEDNESDAY
10 a.m.-5 p.m.
Special Outside Trips
- FRIDAY
8:45 a.m.-3 p.m.
Neighborhood Shopping, Hospital Runs, Trader Joe's/Mariano's/DSW Shoes/Marshalls
- SATURDAY
10 a.m.-3:30 p.m.
Century Movie Theater in Evanston/Walmart

ALL PROGRAMS LISTED ARE SUBJECT TO CHANGE. PLEASE REFER TO THE BREAKERS BUZZ (WEEKLY CALENDAR) FOR UPDATES.

www.SeniorLifestyle.com
Activities are subject to change

BIRTHDAYS THIS MONTH			MAY DAY 1	2	3	4	5
<p>KAREN SNOW — 1st JULIA SU — 16th GENE OZUK — 23rd</p> <p>DIETER KLAGGE — 4th MICHAEL HILDEBRAND — 17th MARY TSAI LIN — 25th</p> <p>CARTER ROSS — 4th MARTIN SOLOMON — 18th ROSIE LESSER — 27th</p> <p>EDWINA EVANS — 8th LOIS STEIN — 21st CHARLES DOUGLAS — 27th</p> <p>DORIS COLEMAN — 9th DORIS HUEGEL — 21st BARBARA MCINTOSH — 28th</p> <p>SHEILA FINLEY — 10th MARY KIRKLIN — 22nd MARY HOGAN — 31st</p> <p>DONALD GAVEY — 12th NANCY WEISSBRODT — 14th SYLVIA KAPLAN — 31st</p> <p>JAMES DAVIS — 16th JUDY GOUGH — 22nd MARY DOHERTY — 31st</p>			<p>9:15 ● Balance and Weights Class FC</p> <p>10:15 ● Water Fitness with Christine</p> <p>10:15 ● Trip to Target</p> <p>11:00 ● Breakers' Resident Chorus SR</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>1:00 ● Any Book Book Club CR</p> <p>1:00 ● Trip to Lincolnwood Mall</p> <p>2:00 ● News Currents with Jessica VR</p> <p>2:30 ● Catholic Rosary MTR</p> <p>7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Aerobics Class with Jessica FC</p> <p>10:00 ● Mat Class FC</p> <p>11:00 ● Movie VR</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>1:00 ● Play Apples to Apples GR</p> <p>1:15 ● Trip to iFLY: Indoor Skydiving!</p> <p>2:00 ● Rummikub GR</p> <p>7:00 ● Bible Study MTR</p> <p>7:00 ● Performance by Cielito Lindo SR</p>	<p>9:15 ● Core Strength and More FC</p> <p>10:00 ● Computer Class with Buddy GR</p> <p>10:00 ● Get Your State ID! 2L</p> <p>10:15 ● Water Aerobics with Jessica</p> <p>11:00 ● Improvisation with Teri McEvoy SR</p> <p>12:30 ● Play Balloon Volleyball FC</p> <p>1:00 ● Music in Cinema VR</p> <p>2:00 ● Trivia Tea Time 2L</p> <p>3:00 ● Bereavement Group 2L</p> <p>3:30 ● Happy Hour LR</p> <p>7:00 ● Music in Cinema VR</p>	<p>9:15 ● Exercise with Paul Radzki FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>11:00 ● Reader's Theatre with Christine SR</p> <p>11:00 ● Low Vision Support Group MR</p> <p>1:00 ● Musical History Lecture Series: Leonard Bernstein SR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Watercolor Painting Class with Tom CR</p> <p>3:00 ● Beer Club with Jessica 2L</p> <p>7:15 ● Sabbath Service SR</p> <p>8:15 ● Movie VR</p>	<p>9:15 ● Tai Chi with Lin Shook FC</p> <p>10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR</p> <p>10:00 ● Trip to Walmart</p> <p>12:30 ● Menu Chat SR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>1:30 ● Scrabble Players Group GR</p> <p>2:00 ● Trip to Hershey Felder: Our Great Tchaikovsky</p> <p>7:00 ● Performance by Christian Ketter SR</p> <p>8:15 ● Movie VR</p>
<p>9:30 ● Catholic Mass with Loyola Clergy MTR</p> <p>10:30 ● Moody Bible Community Worship Service SR</p> <p>1:00 ● Breakers Bingo CF</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>2:00 ● Evening Prayer with All Saints' Episcopal Church MTR</p> <p>7:00 ● Movie VR</p>	<p>9:15 ● Gentle Yoga Class with Ine FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>10:30 ● Judeo-Christian Studies Group MR</p> <p>11:00 ● IMMC Lunch & Learn Presentation SR</p> <p>11:00 ● Classic Movie Monday VR</p> <p>11:00 ● Arts & Crafts with Mary Ann CR</p> <p>1:00 ● Open Bridge Games GR</p> <p>1:00 ● Veterans' Group CF</p> <p>2:00 ● Classic Movie Monday VR</p> <p>2:00 ● Poetry Group with Judith Toler CR</p> <p>7:00 ● Game Night GR</p>	<p>9:15 ● Balance and Weights Class FC</p> <p>10:15 ● Water Fitness with Christine</p> <p>11:00 ● Monthly Community Meeting SR</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>1:00 ● New Life for Old Bags Project CR</p> <p>1:00 ● Presentation on Street Safety SR</p> <p>2:30 ● Catholic Rosary MTR</p> <p>3:00 ● Catholic Mass MTR</p> <p>7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Aerobics Class with Jessica FC</p> <p>9:45 ● Trip to Gethsemane Gardens</p> <p>10:00 ● Mat Class FC</p> <p>11:00 ● Movie VR</p> <p>12:15 ● Trip to Chicago Cubs Game</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>1:00 ● Brain Health University GR</p> <p>2:00 ● Rummikub GR</p> <p>7:00 ● Bible Study MTR</p>	<p>9:15 ● Core Strength and More FC</p> <p>10:15 ● Water Aerobics with Jessica</p> <p>11:00 ● Improvisation with Teri McEvoy SR</p> <p>12:30 ● Play Shuffleboard FC</p> <p>1:00 ● Music in Cinema VR</p> <p>2:00 ● Chico's Spring Fashion Show! SR</p> <p>2:00 ● Trivia Tea Time 2L</p> <p>3:00 ● Bereavement Group 2L</p> <p>3:30 ● Happy Hour LR</p> <p>7:00 ● Music in Cinema VR</p> <p>7:00 ● Performance by Sami and Lori Duo SR</p>	<p>9:15 ● Exercise with Paul Radzki FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>10:30 ● Writing Class with Paul McComas SR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:00 ● Trip to Trader Joe's</p> <p>1:00 ● Musical History Lecture Series: Leonard Bernstein SR</p> <p>7:15 ● Sabbath Service SR</p> <p>8:15 ● Movie VR</p>	<p>10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR</p> <p>10:15 ● Trip to Century Movie Theatre in Evanston</p> <p>11:00 ● Singalong with Margaret LR</p> <p>12:30 ● Menu Chat SR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Scrabble Players Group GR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>8:15 ● Movie VR</p>	
<p>MOTHER'S DAY 13</p> <p>9:30 ● Catholic Mass with Loyola Clergy MTR</p> <p>10:30 ● Moody Bible Community Worship Service SR</p> <p>1:00 ● Breakers Bingo CF</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>2:00 ● Evening Prayer with All Saints' Episcopal Church MTR</p> <p>7:00 ● Travelogue with Joe Cunniff VR</p> <p>8:15 ● Movie VR</p>	<p>9:15 ● Gentle Yoga Class with Ine FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>10:30 ● Judeo-Christian Studies Group MR</p> <p>11:00 ● Arts & Crafts with Mary Ann CR</p> <p>11:00 ● Classic Movie Monday VR</p> <p>1:00 ● Open Bridge Games GR</p> <p>2:00 ● Classic Movie Monday VR</p> <p>2:00 ● Poetry Group with Judith Toler CR</p> <p>7:00 ● Classical Music Lecture with Jim Kendros SR</p>	<p>RAMADAN STARTS AT SUNSET 15</p> <p>9:15 ● Balance and Weights Class FC</p> <p>10:00 ● Weiss Communication Station LR</p> <p>10:15 ● Water Fitness with Christine</p> <p>10:15 ● Trip to Target</p> <p>11:00 ● Breakers' Resident Chorus SR</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>1:00 ● Trip to Lincolnwood Mall</p> <p>1:00 ● Play Mini Golf SR</p> <p>2:30 ● Catholic Rosary MTR</p> <p>7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Aerobics Class with Jessica FC</p> <p>10:30 ● Trip to Horseshoe Casino</p> <p>11:00 ● Movie VR</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>1:00 ● Play Apples to Apples GR</p> <p>2:00 ● Rummikub GR</p> <p>7:00 ● Bible Study MTR</p> <p>7:00 ● Performance by Jim Kellerman SR</p>	<p>9:15 ● Core Strength and More FC</p> <p>9:45 ● Trip to Chappell Elementary For "The Wiz"</p> <p>10:00 ● Computer Class with Buddy GR</p> <p>10:15 ● Water Aerobics with Jessica</p> <p>11:00 ● Improvisation with Teri McEvoy SR</p> <p>1:00 ● Assisted Device "Car" Wash! FC</p> <p>2:00 ● Trivia Tea Time 2L</p> <p>3:00 ● Bereavement Group 2L</p> <p>3:30 ● Happy Hour LR</p> <p>7:00 ● Music in Cinema VR</p>	<p>9:15 ● Exercise with Paul Radzki FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>11:00 ● Reader's Theatre with Christine SR</p> <p>1:00 ● Musical History Lecture Series: Leonard Bernstein SR</p> <p>1:00 ● Trip to DSW Shoes, Marshalls & Michaels Crafts</p> <p>1:00 ● Matinee Movie VR</p> <p>2:00 ● LGBT & Friends Social SR</p> <p>6:30 ● Trip to NWU to See: Theodora</p> <p>7:15 ● Sabbath Service SR</p> <p>8:15 ● Movie VR</p>	<p>9:15 ● Tai Chi with Lin Shook FC</p> <p>10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR</p> <p>10:15 ● Trip to Century Movie Theatre in Evanston</p> <p>12:30 ● Menu Chat SR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Scrabble Players Group GR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>7:00 ● Performance by Prodigy Pianists SR</p> <p>8:15 ● Movie VR</p>	
<p>9:30 ● Catholic Mass with Loyola Clergy MTR</p> <p>10:30 ● Moody Bible Community Worship Service SR</p> <p>1:00 ● Breakers Bingo CF</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>2:00 ● Evening Prayer with All Saints' Episcopal Church MTR</p> <p>7:00 ● Movie VR</p> <p>7:00 ● Video Presentation by Steven Frenzel: Musicals VR</p>	<p>9:15 ● Gentle Yoga Class with Ine FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>10:00 ● Watch and Battery Repairs and Sales CF</p> <p>10:30 ● Judeo-Christian Studies Group MR</p> <p>11:00 ● Arts & Crafts with Mary Ann CR</p> <p>11:00 ● Classic Movie Monday VR</p> <p>1:00 ● Veterans' Group CF</p> <p>1:30 ● Memorial Service SR</p> <p>1:00 ● Open Bridge Games GR</p> <p>2:00 ● Classic Movie Monday VR</p> <p>2:00 ● Poetry Group with Judith Toler CR</p> <p>7:00 ● Game Night GR</p>	<p>9:15 ● Balance and Weights Class FC</p> <p>10:15 ● Water Fitness with Christine</p> <p>10:15 ● Trip to Walmart</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>1:00 ● New Life for Old Bags Project CR</p> <p>2:00 ● Birthday Party SR</p> <p>2:30 ● Catholic Rosary MTR</p> <p>3:00 ● Catholic Mass MTR</p> <p>7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Aerobics Class with Jessica FC</p> <p>10:00 ● Mat Class FC</p> <p>11:00 ● Movie VR</p> <p>11:00 ● Trip to Chicago Architecture Foundation</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>1:00 ● Trip: Walking Tour of Millennium Park</p> <p>1:00 ● Brain Health University GR</p> <p>2:00 ● Rummikub GR</p> <p>7:00 ● Bible Study MTR</p> <p>7:00 ● Performance by Ian Stormy Archer SR</p>	<p>9:15 ● Core Strength and More FC</p> <p>10:15 ● Water Aerobics with Jessica</p> <p>11:00 ● News and Views Current Events Lecture with Steve SR</p> <p>12:30 ● Play Ping Pong FC</p> <p>1:00 ● Music in Cinema VR</p> <p>2:00 ● Trivia Tea Time 2L</p> <p>3:00 ● Bereavement Group 2L</p> <p>3:30 ● Happy Hour LR</p> <p>7:00 ● Music in Cinema VR</p> <p>7:00 ● Art History Presentation by Debra Levie SR</p>	<p>9:15 ● Exercise with Paul Radzki FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>11:00 ● Breakers Book Club CR</p> <p>11:00 ● Hearing Health Presentation by Miracle Ear SR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:00 ● Trip to Trader Joe's</p> <p>1:00 ● Musical History Lecture Series: Leonard Bernstein SR</p> <p>7:15 ● Sabbath Service SR</p> <p>8:15 ● Movie VR</p>	<p>10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR</p> <p>11:00 ● Singalong with Margaret LR</p> <p>12:30 ● Menu Chat SR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Scrabble Players Group GR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>8:15 ● Movie VR</p>	
<p>9:30 ● Catholic Mass with Loyola Clergy MTR</p> <p>10:30 ● Moody Bible Community Worship Service SR</p> <p>1:00 ● Breakers Bingo CF</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>2:00 ● Evening Prayer with All Saints' Episcopal Church MTR</p> <p>7:00 ● Travelogue with Joe Cunniff VR</p> <p>8:15 ● Movie VR</p>	<p>MEMORIAL DAY 28</p> <p>9:15 ● Gentle Yoga Class with Ine FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>10:30 ● Judeo-Christian Studies Group MR</p> <p>11:00 ● Arts & Crafts with Mary Ann CR</p> <p>11:00 ● Classic Movie Monday VR</p> <p>1:00 ● Classic Music Lecture with Jim Kendros SR</p> <p>1:00 ● Open Bridge Games GR</p> <p>2:00 ● Classic Movie Monday VR</p> <p>2:00 ● Poetry Group with Judith Toler CR</p> <p>7:00 ● Residents Association Meeting SR</p>	<p>9:15 ● Balance and Weights Class FC</p> <p>10:15 ● Water Fitness with Christine</p> <p>10:15 ● Trip to Elmhurst History Museum</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>2:30 ● Catholic Rosary MTR</p> <p>7:00 ● Breakers' Bingo CF</p>	<p>9:15 ● Aerobics Class with Jessica FC</p> <p>10:45 ● Trip to Elmhurst History Museum</p> <p>11:00 ● Movie VR</p> <p>12:30 ● Exercise Class with Open Arms FC</p> <p>2:00 ● Rummikub GR</p> <p>7:00 ● Bible Study MTR</p> <p>7:00 ● Performance by Martina Mathisen SR</p>	<p>9:15 ● Core Strength and More FC</p> <p>10:15 ● Water Aerobics with Jessica</p> <p>12:30 ● Lawn Bowling!</p> <p>1:00 ● News Currents with Jessica VR</p> <p>1:00 ● Music in Cinema VR</p> <p>2:00 ● Trivia Tea Time 2L</p> <p>3:00 ● Bereavement Group 2L</p> <p>3:30 ● Happy Hour LR</p> <p>7:00 ● Music in Cinema VR</p>	<p>9:15 ● Exercise with Paul Radzki FC</p> <p>10:00 ● Blood Pressure Checks GR</p> <p>11:00 ● Breakers Book Club CR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:00 ● Trip to Trader Joe's</p> <p>1:00 ● Musical History Lecture Series: Leonard Bernstein SR</p> <p>7:15 ● Sabbath Service SR</p> <p>8:15 ● Movie VR</p>	<p>10:00 ● Open Rehearsal by Wild Rumpus Jazz Band SR</p> <p>11:00 ● Singalong with Margaret LR</p> <p>12:30 ● Menu Chat SR</p> <p>1:00 ● Matinee Movie VR</p> <p>1:30 ● Scrabble Players Group GR</p> <p>1:30 ● Coffee and Cookie Social LR</p> <p>8:15 ● Movie VR</p>	



EVENT RECAP

spring bingo spectacular

Researchers have discovered that playing bingo has health benefits, such as enhancing hand-eye coordination, improving cognitive skills, boosting the immune system and increasing socialization! Last month we enjoyed a fun afternoon playing Bingo in our Game Room, with prizes and refreshments sponsored by our Sales and Marketing



team and Open Arms Solutions. A lot of great prizes were won and a good time was had by all. Look forward to this fun version of Bingo on a seasonal basis in the future!

THIS MONTH'S *heart hero*

HOSPITALITY, EXCELLENCE,
APPRECIATION,
RESPECT, TEAMWORK

DORCAS "MOMO" IDOWU

Many of you know her as MoMo, a server in our Dining Room for the last two years. Her full name is Dorcas Moréniké Idowu, and her father nicknamed her MoMo when she was a little girl and it has stuck with her ever since!



She has now started working Concierge and Security two days per week, so you will start seeing her more often and outside of the Dining Room.

MoMo was born and raised here in Chicago and has lived here her whole life as the youngest of three. Her sister is Rebecca Idowu, who also works here at The Breakers. In her free time, MoMo enjoys sleeping, shopping, going to the movies and spending time with her boyfriend of four years and her sister Rebecca. Her favorite thing about working here is interacting with the residents and getting to know people.

IT'S OUR PLEASURE TO SERVE YOU ... *word from your executive director*

BE A GOOD SPORT!

As May begins, Chicago's baseball fans are back to showing their love and support for the city's teams. This month, some of our residents will be going to watch the Cubs play, and in June some will go to see the White Sox. While we watch what our sports teams can accomplish when they work together, it's a great time to think about what we can accomplish here at The Breakers by working together, too. Our Community's strength is owed to every team player we have. Whether staff or resident, by pitching in toward making The Breakers the best it can be, we'll all end up with a standout team. My sincere thanks and appreciation to everyone who contributes toward making our building a great place to live and to work.

MANAGEMENT TEAM

Ted O'Brien, *Executive Director*

Kim Witt, *Associate Executive Director*

Jessica Natale, *Director of Resident Programs*

Lin Loos, *Director of Resident Services*

Donna Pennekamp, *Business Office Manager*

Kristin Milton, *Director of Sales & Marketing*

Adam Muransky, *Dining Services Director*

James Vitson, *Director of Plant Operations*

Liz Villalovos, *Housekeeping Supervisor*

TRAIN YOUR BRAIN *solution*

7	4	1	2	8	3	6	9	5
9	3	5	4	6	1	7	2	8
2	8	6	9	5	7	4	1	3
4	2	8	1	3	5	9	6	7
1	9	7	8	4	6	3	5	2
6	5	3	7	9	2	8	4	1
3	1	9	6	2	8	5	7	4
8	6	2	5	7	4	1	3	9
5	7	4	3	1	9	2	8	6



SENIOR
LIFESTYLE

your life, your style